

Spring Grove Soccer Association



COVID Safety and Action Plan

In accordance with guidelines set by the Centers for Disease Control and Eastern Pennsylvania Youth Soccer, our organization Spring Grove Soccer Association will return to play with the follow safety and action plan.

a. Communication & Education

- All players and parents will receive communication on our safety and action plan before return to play begins.
- CDC Education materials will be shared with all participants (coaches, players, and parents) on behaviors that reduce the spread of COVID-19 to include but not limited to: hand hygiene, sanitizing equipment, properly covering coughs and sneezes, and staying home when appropriate.
- The COVID-19 Hold Harmless Waiver must be completed for each player. Player participation in any activity at our complex will not be approved without the form being completed. The coach should have the parent complete the form and kept on file with the coach at all times.

b. Steps to Reduce the Spread

Phased reopening plan

1. Stage 1

- County has gone from Yellow to Green
- Training permitted within organization only
- No body contact, social distance during training
- No games, scrimmages or league participation permitted

- Reduced numbers of participants
- No shared equipment
- Spectators not permitted, parents can stay in vehicle
- Adult coaches must wear masks when with participants
- Equipment should only be handled by coaches
- Any pinnie's being used, should be bagged separately by the coach and washed.
- Players are required to wear a mask or face covering to and from the practice field

2. Stage 2

- County remains Green
- Body contact is permitted
- Scrimmages and friendly games with other clubs in same Green county permitted
- No league participation permitted
- Spectators permitted with social distance
- Adult coaches must wear masks when with participants
- Equipment should only be handled by coaches
- Any pinnie's being used should be bagged separately by the coach and washed.
- No goal celebrations involving physical contact with others (no high fives, fist bumps, etc.)
- No pregame/post game line ups, no handshakes, high fives or fist bumps.
- Spectators allowed at the fields and must comply with social distancing from others on sidelines. Maintain 6 feet from Assistant Referee and players.

3. Stage 3

- County remains Green
- Scrimmages and friendly games with other clubs in all Green counties permitted
- No league participation permitted
- Local protocols and procedures should be shared with any visiting team(s).
- Play days with multiple teams/clubs not recommend but if held responsibly must be within the limits of public gathering size (no more than 250).
- Strongly recommended to stay local.
- Limiting travel still recommended.
- No inter-state travel permitted. Must stay within PA.
- Equipment should only be handled by coaches
- Any pinnies being used should be bagged separately by the coach and washed.
- No goal celebrations involving physical contact with others (no high fives, fist bumps, etc.)
- No pregame/post game line ups, no handshakes, high fives or fist bumps.
- Spectators allowed at the fields and must comply with social distancing from others on sidelines. Maintain 6 feet from Assistant Referee and players.

- Adult coaches must wear masks when with participants.

4. Stage 4

- County continues positive progress in Green with most government restrictions lifted
- League participation is permitted
- Scrimmages and friendly games with other clubs in all Green counties permitted
- Local protocols and procedures should be shared with any visiting team(s).
- Play days with multiple teams/clubs not recommend but if held responsibly must be within the limits of public gathering size (no more than 250).
- Strongly recommended to stay local.
- Limiting travel still recommended.
- Equipment should only be handled by coaches
- Any pinnies being used should be bagged separately by the coach and washed.
- No goal celebrations involving physical contact with others (no high fives, fist bumps, etc.)
- No pregame/post game line ups, no handshakes, high fives or fist bumps.
- Spectators allowed at the fields and must comply with social distancing from others on sidelines. Maintain 6 feet from Assistant Referee and players.
- Adult coaches must wear masks when with participants

c. Identification/Reporting of COVID exposure

If a player or immediate family member is tested for COVID, the player should not report to any soccer related activity until one/other is confirmed.

- a.) The family member or player has a negative COVID RNA test.
- b.) If immediate family member or player test positive, the player must quarantine for 14 days from exposure to symptomatic person.
- c.) If player tests positive, the team may be required to quarantine for 14 days. This scenario will be handled on a case by case basis by the board following CDC and the Department of Health guidance.

Parents of participants will notify the Coach and the club President immediately upon undergoing testing for COVID by the player or immediate family member. If the participant or someone in the participant's home is presumptive positive or tests positive and/or if either exhibit any symptoms of COVID.

If a player has a close contact with a COVID positive individual, outside of their immediate household, the player should remove themselves from practice/play immediately and notice the coaching staff and/or Club President. The player should quarantine ideally for 14 days however for individuals who do not develop symptoms,

quarantine can end after Day 10 without testing or after Day 7 if a specimen collected on or after Day 5 tests negative on a diagnostic test. (i.e PCR, antigen). Symptoms should still be monitored for a full 14 days. If the player becomes symptomatic they should remove themselves again from practice/play and alert the coaching staff and/or Club President immediately.

Spring Grove Soccer Association will notify participants who came in contact with the individual of potential exposure following CDC guidelines and HIPAA regulations on confidentiality.

d. COVID Point of Contact

For all Spring Grove Soccer Association COVID related policy questions and concerns, the individual name below will serve as the point of contact.

Tony Culp

tmculp1@gmail.com

This plan is subject to change at any time by the Spring Grove Soccer Association Board based on the most current recommendations from State/County government and/or league/school district feedback.

Effective August 7, 2020, Spring Grove Soccer Complex will be operating in Stage 4 until further notice. Spring Grove Soccer Association Board will determine when the complex will move to the next stage. Communication regarding moving to another stage will be provided via email, social media and our website.

Coaches Addendum

The following guidance/check list is for coaches to ensuring the safety of the coach(es) and the players.

- 1.) No coach or player can attend practices or games if they are feeling ill.
- 2.) Coaches are required to wear a mask during practices and games.
- 3.) Players need to wear a mask to and from the practice fields.
- 4.) No sharing of water bottles
- 5.) No fist bumps, high fives, hugs, shaking of hands, etc.
- 6.) All equipment should only be handled by the coach
- 7.) All equipment (flags, goals, cones, balls, etc) need to be sanitized after every practice and game.
- 8.) Pinnies need to be separately bagged by the coach and washed in hot water with laundry detergent and some Clorox after each practice and game.
- 9.) Only one coach can attend to an injured player. Gloves and mask must be worn when attending to the injured player.

Force of Nature and Clear Gear can be used to disinfect equipment or you can visit <https://www.epa.gov/pesticide-registration/list-n-disinfectants-use-against-sars-cov-2-covid-19> for other products effective against COVID-19.

Parents Addendum

The following information is being provided to parents to assist us in assuring we maintain a safe and healthy environment for all our coaches, players and families. Your cooperation in doing your part to help us, is greatly appreciated.

- 1.) Players feeling ill should not report to practices or games.
- 2.) If a player or immediate family member is tested for COVID, the player should not report to any soccer related activity until one/other is confirmed.
 - a.) The family member or player has a negative COVID RNA test.
 - b.) If immediate family member or player test positive, the player must quarantine for 14 days from exposure to symptomatic person.
- 3.) Parents of participants will notify the Coach and the club President immediately upon undergoing testing for COVID by the player or immediate family member. If the participant or someone in the participant's home is presumptive positive or tests positive and/or if either exhibit any symptoms of COVID.
- 4.) Parents **must** take players temperatures prior to arriving to practices and games.
- 5.) Players are required to wear a mask to and from the practice fields. Once at their designated practice field, players need to put their masks in their bags to prevent being lost or being handled by another player or coach.
- 6.) Players personal equipment (soccer ball, goalie gloves, cleats, shin guards and bag) should be cleaned/disinfected after each practice and game.
- 7.) Players should keep their own personal bottle of hand sanitizer in their bags.
- 8.) Players should bring their own personal, clearly labeled water bottle to practices and games. No sharing of water bottles.
- 9.) Players personal equipment (balls, bags, goalie gloves, etc) should be clearly labeled with their name.

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