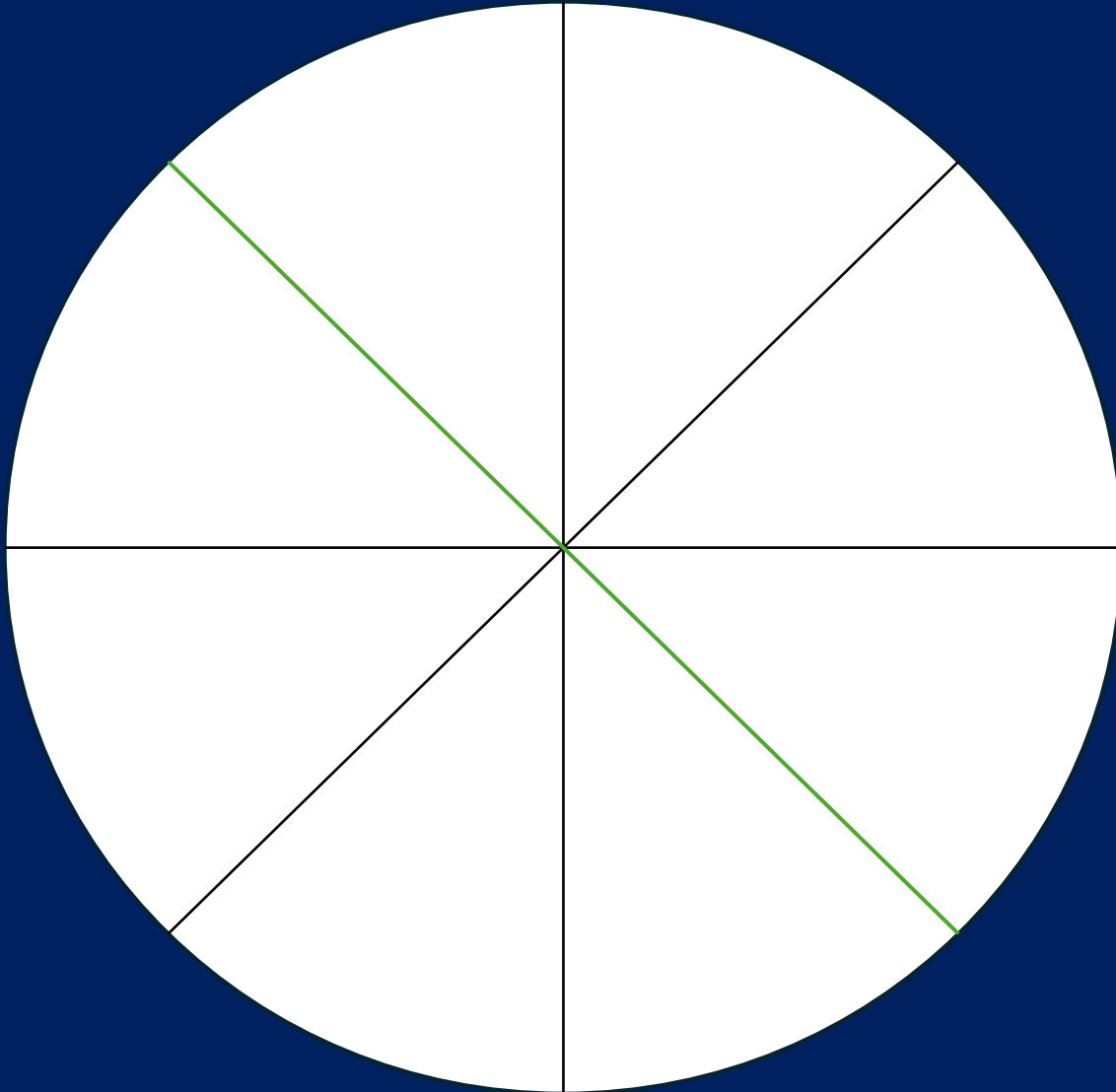


The Wheel of Life



How to create your Wheel of Life:

- 1. First draw a circle**
- 2. The create 8 spokes or 'pizza slices'**



The Wheel of Life



3. Now create another circle around the edge of the pizza to create your 'crust'
4. Add the 8 labels representing the different parts of your life. You can tailor this if one or two aren't relevant.



The Wheel of Life



5. Create a score for each of the segments on a scale going up from the middle so the largest score creates the biggest slice
6. Now you'll start to see a shape to how your balanced your life is.

