



Job Satisfaction Quiz

Take this 5 minute quiz to understand if you're truly satisfied with your current role. The test revolves around four themes:

- **Purpose** – do you believe in your job and that it is providing value?
- **Growth** – are there opportunities for you to develop your skills in your role?
- **Communication** – how well do your team discuss issues and find resolution?
- **Reward and Recognition** – are you sufficiently recognised for what you do by your organisation and colleagues?



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Purpose

1. I enjoy almost every day at this job
2. I see this role as one of the stepping stones in my career, therefore I want to do well for opportunities in the future
3. I believe in my job and that I'm providing value for myself and/or society

Growth

1. I learn things almost every day on this job
2. This is a role where there's so much more to learn in the future
3. I'm working hard to get better and better at this role and some day I hope to master all the elements and move onto the next role.



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Communication

1. My line manager keeps me updated regularly and I feel like they're involved in my career development
2. I enjoy collaborating with my peers and we have a good relationship

Reward and Recognition

1. I enjoy being set goals and feel that I'm recognised for achieving them
2. I feel like I'm well compensated for my job

SCORING

7-10 you're winning at this role, **4-6** room for improvement, **1-3** time for a new job