



**HVCC - TEC SMART, 345 Hermes Road, Malta**

Pre-Reg: \$30 until Sept 1st | \$35 after | \$40 day of  
\$20 for ages 12/under & 70+ | \$25 after

Long-sleeved shirt: \$20.00

Race begins promptly at 8:30am

**SATURDAY  
SEPTEMBER 6th**

Register: **Malta5k.com**

Questions: [info@malta5k.com](mailto:info@malta5k.com)



Presented by:

**ROUNDABOUT  
RUNNERS CLUB**

[www.roundaboutrunnersclub.com](http://www.roundaboutrunnersclub.com)

Proceeds Benefit Town of  
Malta EMS 1st Responders  
and Local Veteran Agencies  
in Honor of 9/11



# THE 16<sup>TH</sup> ANNUAL MALTA 5k

**SATURDAY, SEPTEMBER 6, 2025 MALTA, NY**

## **RACING SAFELY**

**ROUNDBOUT RUNNERS CLUB/MALTA 5K TEAM IS COMMITTED TO PRODUCING SAFE LIVE RACING.**

This handbook provides a complete overview of how the event will be deployed. Please read it fully and remind friends and family participating with you to do the same. We look forward to enjoying a safe and inspiring day with you!

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## **EVENT OVERVIEW**

The Malta 5k starts and finishes at HVCC North 345 Hermes Road in Malta. The 5k is relatively flat and also a USATF certified course. The 1<sup>st</sup> mile will take participants out and back on Rocket drive then up to our Title sponsor Global Foundries campus for about 1 mile. The course then winds downhill back on Hermes Road toward HVCC North. The event at 8:30AM. Race map can be found on our website: <https://malta5k.com/course-map>

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## **EVENT SCHEDULE**

### **Friday, September 5, 2025 (NEW HOURS)**

2PM to 6PM: Packet Pick-Up at Fleet Feet Malta (37 Kendall Way Malta, NY 12020)

### **Saturday, September 6, 2025**

7:30AM to 8:15AM: Packet Pick-Up at HVCC North 345 Hermes Road Malta, NY 12020

We respectfully request that you do your best to retrieve your packet before race day. Others can pick it up for you.

8:00AM: All roads in Luther Forest Technology Campus will be closed, entry only via Hermes Road ***from Dunning***

8:20AM: Opening remarks by title sponsor Global Foundries and National Anthem

8:30AM 5k start

8:45AM expecting 1<sup>st</sup> finishers

## **PACKET PICK-UP (PPU)**

At PPU, you will receive your bib & safety pins, and your race shirt ***if you ordered one***. We are attempting to keep our base entry fees for our event low by removing the merchandise item as being included as part of the base registration fee. During the registration process, you had the option of purchasing event apparel. If picking up on race day, be prepared to leave extra time to pick up your packet and return to your car. If you want exchange for a different size, you can check back on race day after the event. *For those that selected that you did not want a race shirt, your bib will reflect that as well.* If you would like one, you can buy one for \$20 cash or Venmo on site. We will also have previous year's race shirts for sale for \$10. (Cash or Venmo)

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## EVENT SPONSORS



*Title Sponsor:*



ALBANY MED Health System

*Titanium Sponsor:*

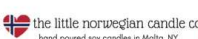
Malta Med Emergent Care

Saturday  
September 6<sup>TH</sup>  
2025

*Platinum Sponsors:*



*Gold Sponsors:*



## ABOUT YOUR BIB

1. Bib must be worn on your front, outermost layer, and be visible throughout the event.
2. The back has a thin sticker on it. This is your timing strip. Please do not bend nor modify it.
3. Bibs can be used for your free beer at Unified Beerworks (21+) . **AND** your free pint glass, while supplies last.
4. **You are the only person allowed to wear your bib.** If you are unable to participate, it is impermissible to give it to someone else. Doing so will result in permanent future disqualification from this event.

## ARRIVING AT THE EVENT

Arrive between 30 minutes prior to your race start time, with the following conditions:

1. **ALL ROAD IN THE LUTHER FOREST TECH PARK CLOSE AT 8:00. THE ONLY WAY TO GET TO PARKING IS OFF HERMES FROM DUNNING STREET. NO EXCEPTIONS**
2. **DO NOT TRY TO COME TO THE RACE THROUGH LUTHER FOREST TECH PARK, IF YOU DO YOU WILL BE DIRECTED BACK TO ROUTE 9 AND DOWN DUNNING TO HERMES.**
3. Do not arrive after 8:15 for the event.
4. Round Lake Fire Department will be directing all vehicles to enter the parking lot via Hermes Road, Follow the directions. There are 400 parking spots available. Other parking available at 10 Hermes Road, a short walk to the start line. As with a huge event like this, parking will be tight. We recommend everyone get there early or carpool. Here's a map: <https://goo.gl/maps/7WLPB>





## **COURSE SAFETY:**

- The entire route is marked by cones.
- Volunteers will be at all intersections, with state police also present at key locations.
- Both courses will be closed to traffic at 8:00AM

## **HEADPHONE USAGE**

It is strongly recommended that you do **not** run with headphones nor any type of sound listening device. If you must, only utilize a headphone in a single ear, and keep the volume low so that you can remain fully alert to the sound/instruction of other runners, event staff, and vehicles.

## **RUNNING WITH DOGS**

We have adopted a “no pets allowed” policy. This “no pets allowed” policy is for volunteers and spectators in the start and finish areas of an event.

## **TIMING AND RESULTS**

- ARE Event Productions is timing the event.
- The results will be posted on our Facebook page [@malta5k](#) and on ARE website.
- All placings and data are based on clock start & finish time. There is no net time.

## **POST RACE PARTY**

Please join us at Unified Beerworks (7 Old Stonebreak Rd #4, Malta) on race day for one Free with you tear off bib tab. If you take advantage of this offer, you will receive a complementary Malta 5k pint glass. UBW will open at 10AM and have their kitchen open serving up some delicious breakfast sandwiches.

## **AWARDS**

The results, posted on the Hannaford truck, will still allow for you to see your placing in our 5-year age groups. There will be in person awards ceremony this year starting at 9:30.

Overall & Masters cash prizes will be provided by Fleet Feet Albany/Malta (to be mailed out after the event)

Hannaford Supermarkets will also be providing baskets for the overall winners as well!!

Age group prizes will be in 5-year increments and courtesy of the Saratoga YMCA Malta branch and Brix Wine & Liquor

## **MEDICAL**

If you need medical assistance after your run/jog or walk our medical director, Dr. Kelley, will be there at the finish line as well. Do not be afraid to stop be for any reason. He is an expert in sports medicine and has worked many big events. We are lucky to have him on our team.

We will also have our friends from Saratoga Hospital PT will be at the finish line for any post-race stretches.

**RACE DAY WEATHER** - [CLICK TO VIEW THE LATEST FORECAST FOR RACE DAY](#)

### **EVENT CANCELLATION POLICY**

We promise to continue to make every effort to offer you a safe and exciting event. It will be held rain or shine. It is possible that the event may need to be further modified or canceled due to the impact of significantly inclement weather and/or temperature, or some other unforeseen reason. In the event of a modification while the race is in progress, we will alert our course marshals who will inform you as you reach them. We will also update our social Media channels and website. Ultimately any decision to modify the event will be made in concert with police, fire & rescue, and medical personnel as appropriate.

### **ADDITIONAL RESOURCES**

Your best resource for staying connected is the event Facebook page. We also encourage you to [follow us on Facebook](#). If you have a question or concern that is not addressed on the event website, email us at [info@malta5k.com](mailto:info@malta5k.com)