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# Welcome to Living in/with/by/ through/under/the Holy Spirit...


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## Part One: The Flesh makes us tired

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**Question:**  
What is the most significant element in your initial encounter with Christ?

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### Living in the Spirit


**Our spiritual DNA**



- 'Then the Lord God formed a man, from the dust of the ground and breathed into his nostrils the breath of life, and the man became a living being.' Gen 2:7
- 'Yet to all who did receive him, to those who believed in his name, he gave the right to become children of God—children born not of natural descent, nor of human decision or a husband's will, but born of God.' John 1:12-13
- 'But you will receive power when the Holy Spirit comes on you; and you will be my witnesses in Jerusalem, and in all Judea and Samaria, and to the ends of the earth.' Act 1:8

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**Question:**  
What elements of your spiritual DNA come through the easiest? What is more difficult?

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## Part Two: The cycle of defeat / The circle of Life

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### Galatians 5: 13-26

**Life by the Spirit**

**13** You, my brothers and sisters, were called to be free. But do not use your freedom to indulge the flesh[a]; rather, serve one another humbly in love. **14** For the entire law is fulfilled in keeping this one command: "Love your neighbour as yourself." **15** If you bite and devour each other, watch out or you will be destroyed by each other. **16** So I say, walk by the Spirit, and you will not gratify the desires of the flesh. **17** For the flesh desires what is contrary to the Spirit, and the Spirit what is contrary to the flesh. They are in conflict with each other, so that you are not to do whatever you want. **18** But if you are led by the Spirit, you are not under the law.

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### Galatians 5: 13-26

**Life by the Spirit**

**19** The acts of the flesh are obvious: sexual immorality, impurity and debauchery; **20** idolatry and witchcraft; hatred, discord, jealousy, fits of rage, selfish ambition, dissensions, factions **21** and envy; drunkenness, orgies, and the like. I warn you, as I did before, that those who live like this will not inherit the kingdom of God. **22** But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, **23** gentleness and self-control. Against such things there is no law. **24** Those who belong to Christ Jesus have crucified the flesh with its passions and desires. **25** Since we live by the Spirit, let us keep in step with the Spirit. **26** Let us not become conceited, provoking and envying each other.

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**Galatians 5:  
choose your  
direction of travel  
wisely; and track the  
Spirit carefully...**

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**Tripwires of the soul**

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**When something else thinks for me!**  
**When I don't think!**  
**When I think I know!**

Temptation                      Neutral                      The Will

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**Question:**  
What are your tripwires to diminish your awareness of the presence of the Holy Spirit?

temptation/neutral/will

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**Part Three:  
Walking the Walk**

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**Discipleship by the Spirit**  
**Becoming aware of His presence**

- in the moment
- encountered as the I AM
- focusing on the 'next' often means we miss the 'now'
- developing an attentive heart

**Question:**  
How do you come back to the Spirit's 'present'?

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**Discipleship by the Spirit**  
**Becoming accessible to His prompting**

- beyond meetings
- the first family in the New Testament
- discerning our spiritual triggers
- it begins with the apparently insignificant or foolish

**Question:**  
How will you act on the Spirit's next prompting?

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**Discipleship by the Spirit**  
**Becoming available for His purpose**

- the generous nature of the King
- living the family image
- no one is excluded
- it begins with our obedience not our agreement!

**Question:**  
What 'offends' us about the Spirit's purpose?

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