



Sivakami Arumugham

Founder-Director, ASTEP



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SUMMARY

- Spearheaded initiation and development of mental health programs in secondary care/specialization hospitals
- Provide empirically validated effective treatment: individual, couple and family therapy services in community mental health, governmental organizations, hospital & private practice
- Community based rehabilitation trainer in rural India
- Graduate Level University Primary Instructor

EXPERIENCE

2010 - PRESENT

ASTEP
(www.astepp.in)
Chennai, India

FOUNDER-DIRECTOR, ASTEP

- Family Therapist & Counsellor Trainer
- Clinical private practice for adults & children
- Supervisor for mental health professionals

2011 - PRESENT

Vidya Sagar
Chennai, India

EMOTIONAL-BEHAVIORAL CONSULTANT

2011 - 2016

Vidya Sagar
Chennai, India

COURSE DEVELOPER & COORDINATOR

- Designed & executed pioneering program
Disability Counseling professional training course

2014 - PRESENT

APL Global School
Chennai, India

CONSULTANT & COUNSELOR-SUPERVISOR

- Professional relationship consultation and supervision

2013 - 2015

Abacus Montessori
School, Chennai, India

CONSULTANT & COUNSELOR-SUPERVISOR

- Professional relationship consultation and supervision

2007 - 2008

Manipal Hospital
Bangalore, India

MEDICAL FAMILY THERAPIST

EXPERIENCE

JULY-DEC 2006

Oregon Health
Sciences University,
Portland USA

MEDICAL FAMILY THERAPIST

- Trained and collaborated with specialist physicians to create and implement integrated mental health plans

JULY-DEC 2006

Washington County
Center of Victim
Services, Oregon, USA

TRAUMA/DOMESTIC VIOLENCE COUNSELOR

- Group & Individual counseling with victims and secondary perpetrators of domestic violence

2005 - 2006

Peace Health Medical
Corps, Eugene, USA

MEDICAL FAMILY THERAPIST INTERN

2005 - 2006

Centre for Family
Therapy, University of
Oregon

FAMILY THERAPIST INTERN

2004 - 2006

University of Oregon

TEACHING FELLOW

- Supervisor of Graduate Level Teacher Trainees

2001 - 2004

Beaverton School
District, USA

SPECIAL EDUCATION TEACHER

1999 - 2000

Vidya Sagar
Chennai, India

RESEARCH ORGANIZER

- Designed & Developed Database-Research Tool

1995 - 1998

Vidya Sagar
Chennai, India

SPECIAL EDUCATION TEACHER

- Community Based Rehabilitation worker
- Functional Behavior Assessment and Planning

EDUCATION

2004 - 2006

University of Oregon

MED, MARRIAGE & FAMILY THERAPY

1998 - 1999

University of Oregon

**MS & TEACHING LICENSE IN SPECIAL
EDUCATION**