# LAKESIDE NEWS

April 2021

GOTHENBURG SENIOR CENTER 410 20th St. Gothenburg, NE 69138



# GOTHENBURG SENIOR CENTER

"Where Friends Come to Meet"

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GOTHENBURG SENIOR CITIZEN'S CENTER INC. 410 20th. STREET

GOTHENBURG, NE 69138

PHONE: (308) 537-7465

FAX: (308) 537-3755

EMAIL: gothenburgseniorcenter@gmail.com VISIT US ON WEB: gothenburgseniorcenter.com

or

Follow us on Facebook

**HOURS: MONDAY thru FRIDAY** 

8 am—4 pm

SUSAN ANDERSON <u>KITCHEN MANAGER;</u> DEB CLAFLIN <u>ASSISTANT COOK:</u>

**DIRECTOR:** 

MELISSA SMITH OFFICE ASSISTANT: ANITA SHRUM

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The Gothenburg Senior Citizen's Center, Inc. is funded in part by the West Central Nebraska Area Agency on Aging, under the authority of the Older Americans Act and the generous contributions of those who support the programs. The Gothenburg Senior Center is a non-profit organization responsible for providing referral information, services and recreation to individuals sixty years of age and older. Nutritious noon meals are served Monday thru Friday at a suggested donation rate of \$5.50 for persons over 60. Persons under the age of 60 are welcome and are charged a set price of \$7.00 per person. Please call 308-537-7465 for reservations before 9:30 am.

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## **GOVERNING BOARD MEMBERS**

JAY RICHESON TIFFANIE FARR/ TREASURER JUSTIN HETZ—CHAIRMAN PAM SLACK—SECRETARY LINDA BOWMAN ANNE FRANZEN ROGER HEIDEBRINK MARLENE FLEISCHER GENE THARP MARYE FRANZEN DENNIS WHITE

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# SENIOR CENTER BUS HANDI-BUS

Need a ride to the doctor, grocery store, beauty shop, Senior Center, or to visit friends? A ride is just as near as your phone. The Senior Center van, with a wheelchair lift, is a available during the day, Monday thru Friday 9:00 a.m.—3:00 p.m. Just call 537-7465. There is a suggested donation of \$1.50 one way trip or \$3.00 round trip. No charge at noon for a ride to the center for lunch.

RYDE TRANSIT:
Dawson County—Lexington—308-324-3670

Transit Bus Schedule

Service Farnam/Gothenburg: Tuesdays, 10am to 4pm Service Gothenburg: Wednesday 12pm to 4pm Service Gothenburg to Lexington/Cozad 4th Tuesday



# April Menu

			Glazed Ham Potatoes Au Gratin Roasted Carrots Bulgur Roll Strawberry Poke Cake	2. Tuna Noodle Casserole Green Beans Relish Plate Bread Stick Rice Crispy Treat
Chicken Fried Chicken Mashed Potatoes w/Gravy Corn Wheat Roll Pig Pick'n Cake	Sub Sandwich (Ham/Turkey/Cheese) Potato Salad 3 Bean salad Ice cream	7. Breakfast Burrito Breakfast Squares Tomato Juice Banana	Roast Beef Boiled Potatoes w/Gravy Carrots Bulgur Roll Apricot Dessert	9. Cabbage Roll Baby Bakers Green Beans Bread Stick Fruit Cocktail Cake
Turkey Mashed Potatoes w/Gravy California Blend Wheat Roll Éclair Dessert	Chicken Fried Hamburger w/Gravy Breakfast Squares Mixed Vegetables Bulgur Roll Pudding	Ham Scalloped Potatoes Green Beans Muffin Apricots	Cranberry Chicken Baked Potato Monaco Blend Corn Bread Spice Cake	Cheeseburger French Fries Cole Slaw Apple Banana Split
Chicken Fried Steak Boiled Potatoes w/Gravy Scandinavian Blend Muffin Apple Crisp	20.  Beef Stroganoff Carrots Spinach Salad Wheat Bread Cookie	Swiss Steak Baby Bakers Broccoli Rye Bread Grapes	Fried Chicken Mashed Potatoes w/Gravy Morocco Blend Bulgur Roll Lemon Bars	Tator Tot Casserole Peas Tropical Fruit Bread Stick Sherbet
26.  Pork Chop w/Stuffing Yams Scalloped Corn Wheat Roll Cinnamon Roll Cake	27. Texas Style Baked Steak Hash Browns Broccoli Rye Bread Rosy's Pineapple Dessert	28.  Meatloaf Baby Bakers Beets Fruit Salad Muffin	29.  Ham Balls  Potato Casserole  Green Beans  Bulgur Roll  Plums	30. Cream Chicken Over Biscuit Potato Wedges Peas Cottage Cheese Ice Cream

Please call before 9:30 am for reservations.

#### DONATIONS IN MARCH

Please be sure to sign the product of the Month sheet for all your donations. Please remember; the Senior Center is a 501C(3) non-profit organization.

Monetary Donations received in the Month of January were by:

Jill & Marvin Franzen Richard & Sandra Smith Dennis White Mark & Cynthia Peyton Janet Haas Jenelle Larson Heidi & Ken Schultz

Product donations received in January were by: Elaine Helmuth Larry & Marye Franzen

Larry & Warye Franzen

#### "MARCH'S PRODUCTS OF THE MONTH"

FLOUR, POWDERED SUGAR

#### **MEMORIALS GIVEN MARCH:**

#### In Honor of Anne Bluel

Pam Slack Pat Ambler

#### In Honor of Glen Bartels

Verlin & Charolett Janssen Carol Bartels

## In Honor of Roger Brand

David & Joy Ann Mann
Calvin & Diane Streeter
Marjorie Block
James & Connie Dalrymple
Kenneth & Nancy Christensen
Catherine Simon
Jan Gill
Dean & Linda Goad
Aaron & Niki Solomon
Steve & Gerri Hild
Hal & Kendra Fecht
Jay & Sonia Richesen
Richard & Connie Larson
Flatwater Bank

# In Honor of Barb Wheeler Cindy

In Honor of Robert Goings

James & Carol Goings

#### In Honor of Jerry & Sheila Jobman

Elsie Cyriacks



# NOTE FROM OUR DIRECTOR

Good news we are OPENING on Monday, May 3, 2021!! This is not an April Fools' joke either so spread the news. We will continue with the To Go Meals and offer INSIDE dinning. The plan will be to start inside dinning at 12:00 pm, while the To Go Meals will start at 11:30 am. If you are dinning inside, we ask that you use the Pool Room doors to come in. This means we will also open for card clubs and bible study groups. Just give us a call to reserve your spot by 9:30 am. We are excited to see everyone and happy to get back to normal. Due to Easter being early this year on the 4<sup>th</sup> of April there WILL NOT be a Sunday Dinner. Instead, we will be selling our pretzels on April 6, 2021 and will also have a cinnamon roll sale on April 23, 2021. There will be limited quantities so get your order in early. The Center continues to work with Cash-Wa and the USDA to give out food boxes every other Thursday. We have given away 475 boxes so far. There are no income restrictions on the boxes we just ask that you take one per household so we can serve as many people as possible in our community. The boxes contain produce and a gallon of milk. This is made possible by the many volunteers who give of their time to help pass out the boxes and get it all organized. Our March Sunday Dinner was a success, and we were able to raise

Our March Sunday Dinner was a success, and we were able to raise \$1970 to help go towards our new electric sign. Thank you to all of those that came through for a meal and a BIG THANK YOU to the volunteers and staff who gave up their Sunday to help. They are the BEST!

Thank you for your continued support! Susan Anderson



We are opening the senior center on May 3rd For

Dine in or To Go Meals (The To Go Meals will start at 11:30 And the inside dining at 12:00)

If you are dining inside, please use the pool room door to enter.

We will also be open for card clubs, bible study groups, birthday clubs etc

WE LOOK FORWARD TO SEEING YOU ALL



This month we would like to recognize Pat Jobman she has been volunteering at the senior center the last few years. We are so grateful to have her as part of our team Thank you Pat for all your hard work!

# McCook Hearing Aid Center

Gothenburg Senior Center
Wednesday, April 21st
9:30 a.m.—11:30 am.
Walk-ins Welcome. But appointment preferred
Call to schedule your appointment 308-345-7817

# RECYCLE YOUR ALUMINUM CANS FOR MEALS:

Help Us to Help Others! Your cans count by helping us to keep our meal cost down at the Center. The next time you take a drink from an aluminum can, don't throw it out, bag it and recycle. Spread the word to family members and business to collect and save their cans. Together we can make a difference. The recycling shed is just for aluminum cans recycling, only. This is found on the west end of the property. Thank you for your support.

#### **HOME DELIVERED MEALS SCHEDULE:**

April 5 Flatwater Bank
April 12 First State Bank
April 19 Lions Club

April 26 First Presbyterian Church

### **NOTICES:**

Governing Board Meeting will be held on:

Wednesday, April 14th @ 2:00 pm



Mark your calendars
We will be making Cinnamon Rolls
On April 23rd
(There will be a limited supply,
so call early to get your order placed)



Mark your calendars
We will be making Pretzels
On April 6th
(There will be a very limited supply,
so call early to get your order placed)





#### **APRIL BIRTHDAYS**

- 1. Sheila Jobman,
- 2. Deb Weidman
- 4. Lyle Franzen, Wenda Keiser,
- 5. Ted Haney
- 6. Dana Dea, Connie Stevens
- 7. Delores Gronewold, Joan Windrum, Scott Wolf
- 6. Dick Edson
- 10. Lavonne Werkmeister, Sue Schroeder
- 11. Janice Sprague
- 12. David Wareham
- 15. Elaine Helmuth
- 16. Sandy Jobman
- 17. Rita Nelson
- 19. Delbert Dishman, Chauncey Bates, Cathy Weber
- 20. Marge Spencer
- 21. Orville Schmidt
- 22. Bill Lehmkuhl, Carolyn Hicken, Jack McKenna, Morris Sukraw
- 23. Blaine Peterson
- 24. Deb Strong
- 25. Judy Williams
- 26. Mike Claflin, Larry Schwietzer
- 28. Katie Alexander, Doug Sitorius, Wayne Janssen
- 29. Gene Tharp, M.J. Jensen,
- 30. Jerry Johnson, Arlene Klein

#### **APRIL ANNIVERSARIES**

30. Marlin & Jackie Kuxhausen

Birthday & Anniversary Party: no Party in April



## **BLOOD PRESSURE & BLOOD SUGAR CLINIC:**

## **BLOOD PRESSURE & BLOOD SUGAR CLINIC:**

When: **Tuesday April 13, 2021**Where: Gothenburg Senior Center

Time: 7:00 a.m. to 9:30 a.m. Cost: Free

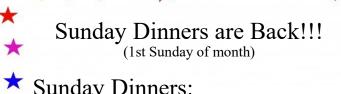
**FACEMASK ARE REQUIRED** 

A huge thank you goes out to Stone Hearth Estates for the tables and chairs they have donated to the senior center

thank you

## NATIONAL FOOD DAYS IN APRIL

April 2—Peanut Butter & Jelly Day April 3—Chocolate Mousse Day April 6—Fresh Tomato Day April 7—Coffee Cake Day April 10—Hot Cross Bun Day April 11—Cheese Fondue Day April 12—Grilled Cheese Sandwich Day April 13—Peach Cobbler Day April 15—Glazed Ham Day April 17—Cheeseball Day April 18—Animal Cracker Day April 20—Pineapple Upside Down Cake Day April 21—Chocolate Covered Cashews Day April 22—Jelly Bean Day April 23—Cherry Cheesecake Day April 24—Pigs-in-a-blanket Day April 26—Pretzel Day April 27—Prime Rib Day April 28—Blueberry Pie Day April 30—Oatmeal Cookie Day



Sunday Dinners:
April—No Dinner

Happy Easter
May 2nd-Fried Chicken



**WITHOUT** CHINA

\$100 OBO

CALL 537-7465



FARMERS TO FAMILIES FOOD BOXES
FREE FOOD
DRIVE THROUGH
AT THE
GOTHENBURG SENIOR CENTER
EVERY OTHER THURSDAY
NEXT GIVE AWAY IS APRIL 1ST
5:00 PM UNTIL GONE



FREE BOX OF FOOD THAT
INCLUDES
PRODUCE AND MILK.
PLEASE ENTER PARKING LOT
AT WEST END
AND DRIVE UP BY BUILDING.
PUT YOUR CAR IN PARK
AND WE WILL PUT THE BOX IN
YOUR CAR.
THIS IS FREE TO ANYONE.
THERE IS ONE BOX PER
HOUSEHOLD LIMIT.
FIRST COME/FIRST SERVE

# **April Word Search**

Т S S В G D Н Ε Ε M Е 0 Н T 0 D R F D 0 0 G Н Н Α R M Α R Н T D M Н T Ν 0 M Н R U 0 F F S 0 Ε C 0 M Е В M D Ε G 0 N M Α Υ 0 Н R 0 D D S S Т T T Ε Ε S M 0 Ε 0 В R T Ε G S W Ε Ε T P Ε Α Υ D Ε N Ε G S S Т R Е K 0 D Α В R D S G R 0 S L Ε P F S G R Ε S D 0 Ε E

**APHRODITE FLOWERS** APRIL FOOL'S DAY **FOURTH MONTH** ARBOR DAY **GOOD FRIDAY ARIES** PALM SUNDAY **BASEBALL BEGINS PASSOVER PLANTING BIRDS MIGRATE BLOOM SPRING** DAISY SWEET PEA DIAMOND **TAURUS** 

**EASTER** 

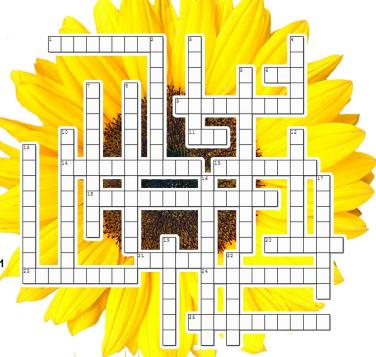


WARMING UP

Spring Crossword Puzzle

#### Down

- 2. Flower that follows the sun
- 3. Rabbits eat these
- 4. Floppy and hops
- 5. Basketball (2 words)
- 7. Mom (2 words)
- 8. Dance (2 words)
- 10. Hunt for these (2 words)
- 12. On this holiday, Jews go without bread
- 13. Coughing, sneezing, stuffy nose
- 16. Girls wear these(2 words) (Hint: 1 piece, 2 piece)
- 17. Grab your mop and your dustpan
- 19. April showers bring May \_\_\_
- 22. Holiday



#### Across

- 1. Footwear used for the beach
- 6. WARNING: May cause skin cancer!
- 9. Holy Thursday, \_\_\_\_\_, Holy
- Saturday (2 words)
- 11. Freshmen and sophomores take the PSAT, while juniors and seniors stress over this
- 14. A blessing to students (2 words)
- 15. Before seniors graduate, they go to this (Hint: Bash)
- 18. Time to save time (2 words)
- 20. Jump into \_\_\_\_
- 21. With this in the air, you'll start to sneeze
- 23. Used to protect the skin
- 24. Cap and gown
- 25. Animals come out of this deep sleep