

**LAKESIDE NEWS**

**AUGUST 2024**

GOTHENBURG SENIOR CENTER  
410 20TH STREET  
Gothenburg, NE 69138



# GOTHENBURG SENIOR CITIZEN'S CENTER INC.

*"WHERE FRIENDS COME TO MEET"*

GOTHENBURG SENIOR CITIZEN'S CENTER  
410 20th STREET

GOTHENBURG, NE 69138

PHONE: (308) 537-7465

EMAIL: [Gothenburgseniorcenter@gmail.com](mailto:Gothenburgseniorcenter@gmail.com)

VISIT US ON THE WEB: [gothenburgseniorcenter.com](http://gothenburgseniorcenter.com)

Or, Follow us on Facebook

HOURS; MONDAY thru FRIDAY; 8:AM –4PM

DIRECTOR  
ANNE FRANZEN

KITCHEN MANAGER:

MELISSA SMITH

ASSISTANT COOK:

BONI POEN

OFFICE ASSISTANT

SUSAN ANDERSON

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The Gothenburg Senior Citizen's Center, Inc. is funded in part by the West Central Nebraska Area Agency on Aging, under the authority of the Older Americans Act and the generous contributions of those who support the programs. The Gothenburg Senior Center is a non-profit organization responsible for providing referral information, services and recreation to individuals sixty years of age and older. Nutritious noon meals are served Monday thru Friday at a suggested donation rate of \$6.50 for persons over 60 dining in and \$7.00 for over 60 To Go Meals. Persons under the age of 60 are welcome and are charged a set price of \$8.50 per person. Please call 308-537-7465 for reservations before 9:30 am.

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## GOVERNING BOARD MEMBERS

JUSTIN HETZ-CHAIRMAN

JAY RICHESON

P AM SLACK-SECRETARY

LINDA BOWMAN

SHEILLA DEA

ROGER HEIDEBRINK

CLARE UNDERWOOD

DENNIS WHITE

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## SENIOR CENTER - HANDI-BUS

Need a ride to the doctor, grocery store, beauty shop, Senior Center or to visit friends? A ride is just as near as your phone. The Senior Center van, with a wheelchair lift, is available during the day Monday thru Friday 9:00 am-3:00pm. Just call 537-7465 at least 1 day before you need a ride. The fee is \$4 for a round trip or \$2 per stop. No charge at noon for a ride to and from the center for lunch.

### RYDE TRANSIT:

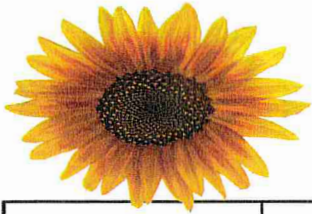
*Dawson County-Lexington. 308-324-3670*

### Transit Bus Schedule

Service Farnam/Gothenburg: Tuesdays, 10am to 4pm

Service Gothenburg: Wednesday 12pm to 4pm

Service Gothenburg to Lexington/Cozad: 4th Tuesday



# AUGUST ACTIVITIES

			1 STITCH & CHAT 1:00	2 EXERCISE 10:30
5 ROTARY 12:00  PINOCHLE 1:00	6 MEXICAN TRAIN 1:00	7 EXERCISE 10:30	8 STITCH & CHAT 1:00	9 EXERCISE 10:30
12 ROTARY 12:00  PINOCHLE 1:00	13 MEXICAN TRAIN 1:00	14 EXERCISE 10:30  GOVERNING BOARD MEETING 2:00	15 STITCH & CHAT 1:00	16 EXERCISE 10:30   BIRTHDAY AND ANNIVERSARY CAKE
19 ROTARY 12:00  PINOCHLE 1:00	20 MEXICAN TRAIN 1:00	21 EXERCISE 10:30  Baking Pretzels 2:00	22 Dr. Shaw 12:00  STITCH & CHAT 1:00  MIRACLE EAR	23 EXERCISE 10:30
26 ROTARY 12:00  PINOCHLE 1:00	27 MEXICAN TRAIN 1:00	28 EXERCISE 10:30  BOOK CLUB 2:00	29 STITCH & CHAT 1:00	30 EXERCISE 10:30



# AUGUST MENU

<p><b>MENU SUBJECT TO CHANGE</b></p>	<p><b>PLEASE CALL BY 9:30 AM TO RESERVE A MEAL</b></p>		<p><sup>1</sup> Chicken Cordon Bleu Garlic Mashed Potatoes Grape Juice Wheat Roll</p>	<p><sup>2</sup> Swiss Steak Scalloped Potatoes Broccoli Salad Watermelon French Bread</p>
<p>5 Chicken &amp; Noodles Mashed Potatoes Corn Tropical Fruit</p>	<p>6 French Dip Sandwich Potato Casserole California Blend Vegetables Fresh Fruit</p>	<p>7 Pork Roast Boiled Potatoes Carrots Cabbage Spiced Apples Bulgar Roll</p>	<p>8 Spaghetti Green Beans Toss Salad Watermelon Bread Stick</p>	<p>9 Ham Salad Sandwich Relish Tray Peaches Macaroni Salad</p>
<p>12 Fried Chicken Mashed Potatoes Beets Pears Muffin</p>	<p>13 Scalloped Potatoes &amp; Ham Capri Blend Vegetables Cantaloupe White Roll</p>	<p>14 Hamburger Sliced Tomato Cucumber Salad Grapes</p>	<p>15 Turkey Pot Pie Cottage Cheese Peas Carrots Tator Tots Mixed Fruit</p>	<p>16 BBQ Pork Ribs Potato Salad Baked Beans Apple Juice Corn Bread</p>
<p>19 Ham &amp; Cherries Broccoli Au Gratin Potatoes Apple Sauce Cheddar Biscuit</p>	<p>20 Chicken Breast Sandwich Baked Potato Lettuce Salad Grape Salad</p>	<p>21 Meat Loaf Garlic Mashed Potatoes Brussel Sprouts Peaches Muffin</p>	<p>22 Pork Cutlets Stuffing Sweet Potatoes Cream Peas Tropical Fruit</p>	<p>23 Chilli Dog Baked Beans Coleslaw Pears</p>
<p>26 Chicken Fried Hamburger Mashed Potatoes Peas &amp; Carrots Mixed Fruit Biscuit</p>	<p>27 Taco Salad Orange Breadstick</p>	<p>28 Chicken Supreme Rice Carrots Winter Blend Vegetables Pineapple</p>	<p>29 Baked Pork Chop Baby Bakers Green Beans Strawberries &amp; Bananas Muffin</p>	<p>30 Chicken Salad Sandwich Fumi Salad Fresh Fruit</p>



- 1 Mary Ellen Mann, Janis Neujahr
- 4 LeRoy Osborn
- 5 Joyce Sabin
- 8 Faye Kniss
- 9 Patti Aden, Annette Bilslend, Joyce Lydic
- 10 Arlene Franzen
- 11 Bonnie Block
- 13 John Harnon
- 14 Anne Franzen, Patricia Zarek
- 15 Rosemary Alberts
- 16 Barbara Fullerton
- 21 Curtis Carskadon
- 26 John Gonzales

**THANK YOU FOR YOUR  
GENEROUS DONATION:**  
Methodist Church Retirement  
Men's Card Club  
Mark & Cindy Peyton

**1ST Friday Bridge Winners**  
High-Rick Zarek  
**2nd High-Kay Lutjemeyer**  
Nickels-Cecile Ackerman



## A Note from the Director

Can you believe it! It is August already. School will be starting in just a few days, bringing summer for the most part to a close. However, I am not sure Mother Nature has realized it has ended as the temperatures are still quite warm. Hope all of you are drinking lots of water and staying out of the heat as much as possible. Farmers Market is still going on so be sure to check it out at Fresh Seasons when you get a chance. We still have some Farmers Market coupons available if you need some. The hail earlier this season damaged many gardens but I'm sure there is still a nice variety to choose from. Remember your Farmers Market Coupons can be used anywhere in the State of Nebraska so if you're traveling take them along. If you don't have your coupons, they are very easy to obtain. It only takes a few minutes to sign up for them, all you need is to provide proof of your income. This can be your Social Security Benefit letter or your last Income tax Return, just stop by or give us a call if you need coupons. A group has started to play Pinochle on Monday afternoons at 1:00. If you would like to join the fun, why not come for lunch and stay for the cards. Our sewing/craft day on Thursday afternoon is going great. We have lots of good conversations and it is fun to see what everyone is working on. Come join the fun. Unfortunately, our air conditioner in the main dining room has quit working. A new one has been ordered but we are told it will be approximately 10 weeks before it is here. Thank you for your patience and understanding.

Anne Franzen

# Flowers

Find and circle all of the flowers that are hidden in the grid.  
The remaining letters spell a secret message - a quotation from *Romeo and Juliet*.

P L A V E N D E R A C R O A R A O S A  
Y I A I N U T E P E D A N E E E R D R  
S U L O I D A L G O G T L S W G C L E  
I C B U Y A N T R Y H N K I O N H O B  
A H A S T E R N O U N C I Y L A I G R  
D R E H T A E H R N O O A G F R D I E  
F Y E O B D D I H H E L E L N D B R G  
O S T W L I U E Y T S M I P R Y E A A  
X A A O O M R L L T N S T H O H L M M  
G N G I E L L D R P I I R E C S L N A  
L T F A S O F O O A H K C M G I F D R  
O H U E H E E N N F C I C A W R L A Y  
V E C O U M E T U O P A N E Y I O F L  
E M H L E D H R T S L A R I S H W F L  
C U S R S U M S F L E L R N U O E O I  
I M I L S G E R A N I U M A A M R D S  
T A A H T A E R B S Y B A B D T A I S  
A S I T A M E L C W O R R A Y I I L S  
T E L O I V B O U V A R D I A W S O E  
S L I L Y S N A P D R A G O N E T E N

ALSTROEMERIA	CORNFLOWER	GOLDEN ROD	PANSY
AMARYLLIS	DAFFODIL	HEATHER	PEONY
ANTHURIUM	DAISY	HOLLYHOCKS	PETUNIA
ASTER	DELPHINIUM	HYACINTH	ROSE
BABY'S BREATH	FORGET-ME-NOT	HYDRANGEA	SNAPDRAGON
BELL FLOWER	FOXGLOVE	IRIS	STATICE
BIRD OF PARADISE	FREESIA	LAVENDER	STOCK
BOUVARDIA	FUCHSIA	LILAC	SUNFLOWER
CALLA	GERANIUM	LILY	TULIP
CARNATION	GERBERA	LISIANTHUS	VIOLET
CHRYSANTHEMUM	GINGER	MARIGOLD	YARROW
CLEMATIS	GLADIOLUS	ORCHID	

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