

Events Group

EVENTS

In addition to our monthly Film Nights we held a successful and well-attended Family Bingo afternoon in February, where once again we were delighted to see so many younger faces joining in the fun with Taxi Mike.

We will be holding a **Race Night** on **Saturday 21st March**. It would be great to see some new and younger faces there too for what will hopefully be a fun evening of exciting racing and music in between. It's all about being with friends, socialising and having a good time.

Film Night dates are shown opposite in the 'Park dates for your diary' section'.

If you might be interested in joining our small group of volunteers or have ideas for future events please get in touch by contacting:

events@delamerepark.co.uk



Party on the Park

Saturday 20th June

Please join us for a fun afternoon and evening at this year's **Party on the Park** on **Saturday 20th June**, pitch your gazebo, bring your picnic and enjoy the festivities.

This year we have decided not to have a theme for the day but there will be fun and games for all the Family including 'the Great Sausage Race for dogs', a Children's Fancy Dress, the Delamere Park Singers will entertain and there will be Live Music playing during the evening. We also hope to have teas in the Park Room courtesy of Ladies' Club and Community Group stalls on the Green.

If you would like to have a stall, please email : community@delamerepark.co.uk or leave details at Reception, Fao: Elizabeth Hill

Coffee Mornings

Our monthly Coffee Mornings fill both Sports and Lounge bars, with around 50 people attending regularly.

We meet on the first Thursday of each month, from 10.30 to 12.00. Then from October to March, we also meet on the third Monday of each month. All are welcome. Do come and join us for a friendly chat.

We have been organising these meetings for 19 years now, and plan to retire from this after our July meeting. If anyone is interested in taking on this rewarding task, please come along to one of our meetings and speak with us.

Future dates are:

Thursday 5th March
Monday 16th March
Thursday 2nd April
Thursday 7th May
Thursday 4th June



Maria and Paul
(889728)

Park dates for your diary ...

19 th March (Thu)	~	Film Night
21 st March (Sat)	~	Race Night
28 th March (Sat)	~	Movie Night (Mamma Mia)
31 st March (Tue)	~	Solar Panels (DPML Presentation)
16 th April (Thu)	~	Film Night
23 rd May (Sat)	~	Live Music Night (Run for Cover)
18 th June (Thu)	~	Film Night
20 th June (Sat)		Party on the Park

More details of events will be available nearer the date via email or will be displayed on the Clubhouse notice board, all tickets available from Reception / Bar.

New!! – The S.M.A.R.T. Community Group

We are delighted to introduce The Sound, Movement and Relaxing Therapies Group — also known as The S.M.A.R.T Group!

Our aim is to create an inclusive umbrella within the community, offering opportunities to engage, unwind, connect, and most importantly, enjoy some fun and entertaining evenings together.

Recently we organised the first in a series of special events entitled, 'The Songs We Were Singing', these evenings hosted by Phil Hallman will feature invited guests from the Park who will share their life stories through music that has been meaningful to them over the years.

Our first guest was resident Karl Lummis, Karl had chosen 6 tunes which had been meaningful through out his life and shared his memories and why the tunes meant something to him. Over 40 people came along to hear his music and stories, there was much laughter and enjoyment to accompany his tales. We hope it will offer a wonderful opportunity to learn more about one another while enjoying a relaxed and friendly atmosphere.

We would love for you to come along and join us. These events will generally be held on the last Wednesday of each month, the next event will be on Wednesday 29th April from 7.30pm - 9.30pm when our invited guest will be Mark Furlong.

In addition, we will be hosting guided meditations and sound journey evenings throughout the year. Our first event in January, hosted by Mark and Laraine Furlong and Dave and Mags of Yin-Yang Wellbeing, was arranged to gauge interest and sold out within hours. Due to its popularity, we have scheduled another session on Wednesday 1st April. Spaces are limited to 15 and are filling quickly.



The S.M.A.R.T Group is very much about community involvement. If anyone on the Park has ideas for future events, or would like to introduce or host something themselves, we would be delighted to hear from you. Please do get in touch via the Office / Reception and share your thoughts.

We look forward to welcoming you to one of our upcoming evenings.

Garden Safari 2026

Delamere Park Gardening Club are planning to hold their annual Garden Safari but we do need gardens to view. Please will you consider offering your garden for this annual charity event, which in the past has raised around £600. Garden owners will get the opportunity to choose which charities receive the proceeds.

Contact: garden@delamerepark.co.uk or leave details at Reception, Fao: Mike McNeal.



Gardening Club

After a thoroughly wet Winter we can only look forward to Spring and some sunshine.

Gardening Club meets on the 4th Monday in the month at 8 pm. and new members are always most welcome.

March 23rd will feature an interesting talk entitled, '**Goose Grease and Brown Paper**', this is followed on **April 27th** by one entitled, '**Making up Summer Baskets**' and a Spring visit is planned for May.

If you have an interesting garden, why not consider opening it up for our Garden Safari? No garden is too small, so speak to any committee member if you are interested.

Looking forward to seeing you at our next meeting.

For more information, email: garden@delamerepark.co.uk

Bar Entertainment Group



The Bar Entertainment Group would like to thank those who came to the Angie Palmer Valentine evening, and hope everyone had an enjoyable evening, even though there wasn't much opportunity for dancing, the music was good though.

The next event is Phil's charity night in aid of St. Lukes Hospice on:

Saturday 23rd May
'Run for Cover'

(guaranteed dancing!)

Following that, we have something different with:

Jaywalkers on Saturday **27th June**. This is part of their new Album promotion tour, visit jaywalkers.co.uk

More details will follow, please watch out for emails.

Free Bus Service to Northwich & Return

Please be aware that there is a bus service from Delamere Park to Northwich every Tuesday (door to door). This is free of charge to anyone holding a Bus Pass.

For more information please contact Ron Price: 01606 881968

Mobile Library Visits



The Mobile Library stops at Delamere Park Community Centre, 10:10am – 10:25am

Friday (3 week cycle), future dates are:

March 13th
April 24th
May 15th
June 5th

(No service on Good Friday 3rd April)

DPML Useful Contacts

Reception Hours:

Mon, Wed, Thu, Fri: 1 pm – 6 pm
Tuesday: 1 pm – 7 pm
Saturday: 10 am – 1pm
Sunday: 10 am – 1pm

Email: Reception@delamerepark.co.uk
Tel: 01606 212523

Office Hours:

Monday to Friday 8:30 am – 4 pm
Email: Office@delamerepark.co.uk
Tel: 01606 212523

Any property change requests, objections or comments to property changes, and all property sales communications should be sent to: Property@delamerepark.co.uk



Park PALs

The PALs Group meets on the third Thursday of every month at the Clubhouse at 1.45 pm. A variety of activities are enjoyed including talks, garden visits, theatre trips, meals out etc.

At the February meeting, we had an excellent, amusing and informative talk entitled 'How I ended up in prison'

A soup and sandwich lunch has been organised at the club for the March meeting.

If you live alone on The Park, you are very welcome to join us. We currently have 32 members. The purpose of the group is to provide company and friendship. The group has been running for several years and has been a big success.

Further details can be obtained from Reception at the Clubhouse.

Folk Club



Currently Guitarists, Singer-Guitarists, Poets, Raconteur-Bloggers, Comedians and Pianists provide over two hours of entertainment on the first and third Monday of each four week month.

More information from:

Dave on 07789 973 555

Iyengar Yoga



The Iyengar Yoga class is held each Tuesday 11-12.30. Access to Park Room 10.45 am. We are a friendly welcoming group if you fancy coming to give Iyengar yoga a try. The class is suitable for beginners as well as more experienced students.

For more information,
email: yoga@delamerepark.co.uk

Delamere Park Clubs

Socializing and Leisure

- Bar Entertainment
- Coffee Mornings
- Events Group
- Folk Club
- Gardening Club
- Ladies' Club
- Mah Jongg
- Mindfulness
- PALs
- Singers
- Social – Plot Draw
- Social – Quiz Night
- Twinkletoes
- Whist

Health, Fitness & Wellbeing

- Children's Swimming Lessons
- Fitness 4 All (Exercise Class)
- PureStretch (Exercise Class)
- Sound, Movement & Relaxing Therapies
- Squash - Men's team
- Squash – Ladies' team
- Squash – Junior Coaching
- Table Tennis
- Water Aerobics
- Yoga
- Zumba

For further details about any of the clubs or activities listed above, please contact Reception or check on the Delamere Park website: www.delamerepark.co.uk

Delamere Park Singers

Delamere Park Singers performed at two functions in the run up to Christmas, a concert with the Weaverham Singers at Owley Wood Recreation Club and at the Christmas Carol Service here in the Park Room.

We are now busy practising for our Spring Concert which will be held in the Park Room at the beginning of May and we are also performing at this year's Party on the Park on 20th June. These performances make it a very exciting time for us.

Membership is now up to 41 with 9 Baritones but it would be lovely to have a few more.

If you are interested in joining us please contact, **Patsy Chuter: 07703 818482.**



Ladies' Club

March heralds a new year for Ladies' Club following the February AGM which was very well attended. Our healthy balance means that our subs remain at £10 per year and £2 for guests. It was decided that we would maintain a Ladies only invitation at this time.

The only change was to introduce a 7.30 pm start to meetings.

There is a copy of this year's programme on the notice board and the committee hopes that we can encourage new members to join us and keep our healthy numbers throughout 2026/27.

As chair, I am hoping that someone will feel that the role of secretary is something of interest and challenge, as we really do need to fill that post.

Pat Pilgrim (Chair of Ladies' Club)

For more information email: ladies@delamerepark.co.uk

Park Hedgehogs

Meet Colin and Tinsel !



Two more rescued and rehabilitated wild hedgehogs were recently donated by Northwich Hedgehog Rescue and released in different locations around the Park by my wife Liz and me with support from our Facilities Manager, Tim.

Helen Gill, who runs the rescue from her own home assures us that it's ok to release rescued hedgehogs (provided they've reached adequate minimum weight) at this time of year, when we all assume 'hogs should be hibernating.

By choosing a period of mild weather for their release, especially at night, hedgehogs can be active, including those that up till then have been in hibernation.

This is because hibernation is not a continuous process throughout the winter and hedgehogs may 'wake up' during spells of mild weather and then return to hibernation when it goes colder.

The three wooden Hog Houses which were purchased and used for release of the original three rescue hedgehogs last October, plus Colin and Tinsel, have been monitored regularly with food and water kept topped up. A big thank you to Marjorie Ruchat for her invaluable help with this.

As the year progresses into Spring, hedgehogs will become more active and roam around the Park in search of food and hopefully a mating partner. You can help create a 'Hedgehog Highway' around the Park by ensuring they can get into your garden – a CD-sized hole in your fence is all it takes! Please do it!

If you are interested in finding out more about Northwich Hedgehog Rescue, you can read all about their work (and how it is funded entirely by donations, and how you can help) on their fantastic website here <https://northwichhedgehogrescue.co.uk/>

Finally, thank you to those residents who are continuing to supply me with their used/unwanted newspapers which the Rescue uses as bedding for the 'hogs. Please keep them coming.

Ken Blakemore

P.S. If you do see a hedgehog or have any hog-related news of your own please get in touch by sending an email to me at parkhogs@gmail.com

Water Aerobics



We meet every Wednesday morning, with the session commencing at 10.30 - 11.30.

We do fun exercises to lively music and after approximately 7 sessions since the beginning of January, we have got rid of the excess pounds gained over Christmas/New Year!

Do come along and give it a try. We feel very refreshed at the end of the session.

More details from:

Liz – 07864 786568
Sue - 07909 694367

Mah Jongg



The Mah Jongg section is thriving. Just recently a number of new members have joined and are thoroughly enjoying the game.

Also some U3A Members from Tarporley came to watch a session with a view to purchasing a set for themselves.

We now have a list of dates exhibited at the Clubhouse. During April we will be holding our Spring Lunch and AGM. This is followed by a Points competition with the winner receiving a bottle of wine.

What's not to like! Interested?

Contact: **Pam Taylor 889665.**

Zumba



Improve Your Fitness!

Join us at Zumba classes!
Thursdays @ 7pm to 7.50pm on
Fitness Dance for All
Pay-as-you-go £5

For Information contact
zumba@delamerepark.co.uk

Fitness & Wellbeing



FITNESS 4 ALL: Tuesdays at 9:15 a.m.
Keep your muscles strong and joints healthy, so you can continue to live the life you love.

PURESTRETCH: Thursdays at 9:30 a.m.
Ready to give your body the freedom it deserves? Try a PureStretch class and discover the power of flexibility, balance, mobility, improved nerve health and reduce aches & pains.

Chairs can be used for the exercises at both
Tuesday and Thursday classes

email: fitness@delamerepark.co.uk

contact: **Carolyn Beamson 07590 269 132**
(Fitness & Wellbeing Comm / Grp. Rep)

Dear Residents, the newsletter gives us all the opportunity to communicate with each other. If you have anything you wish to include in the next newsletter (Summer) the deadline is Friday 15th May 2026

Please contact Ella or Elizabeth via email to: news@delamerepark.co.uk