
Gateway Biblical Counseling

12700 Hillcrest Road, Ste 252 Dallas, Texas 75230
www.gatewaybiblicalcounseling.com



Client Information and Consent

Welcome to Gateway Biblical Counseling (GBC) and thank you for considering us for your counseling needs. This document contains important information about our professional services and business policies. Questions you may have about this form and the contents therein may be discussed with your spiritual director at the time you sign or at any time in the future.

Spiritual Direction

What it is –

Spiritual direction is biblical approach to counseling built upon the foundation that each of us was created to deeply relate with others. Spiritual direction is a collaborative process of looking at relationships that are not operating in this deeply relating manner. Through reflection on past and present events, the purpose of the spiritual director is to help expand the client's awareness of their own story, their heart, and ways they self-protect which leads to their story continuing to play out in ways that they were not designed to experience. When one can become more present in their current relationships daily life becomes more meaningful.

What it is NOT–

Spiritual direction is **not** a regulated industry within the state of Texas. It will be solely the responsibility of the client to determine the effectiveness of the services rendered and competency of the spiritual director. Spiritual direction is a form of counseling but it is **not** psychotherapy; we do not assess, diagnose or treat mental disorders as identified by the American Psychiatric Association.

Appointments

Appointments are made by contacting your spiritual director. We ask that you provide us with a 24-hour notice in the event you need to cancel or reschedule an appointment. We do understand there may be situations when this isn't possible. It will be in the Spiritual Director's discretion to determine if a fee will still be collected when cancelling less than 24 hours in advance or if you miss a session without notifying your spiritual director.

Insurance

Gateway Biblical Counseling operates as a private-pay entity. Insurance is not accepted.

Professional Fees and Payment of Services

The standard fee for the initial intake and each subsequent 50-minute session is \$130.00. We understand that not everyone may be able to accommodate this fee. Please talk to your spiritual director if you would like to be considered for a slide-fee scale. Please note that we reserve the right to adjust our fees upon 60 days prior written notice to you.

Payment for services is due at the time the services are provided. Payments may be made by check or cash. There will be a \$25 fee charged for any returned checks.

Confidentiality

Discussions between the spiritual director and client are confidential. No information will be released without the client's written consent unless mandated or permitted by law. Possible exceptions to confidentiality include but are not limited to the following situations:

- Child abuse and abuse of the elderly or disabled
- Court orders; criminal prosecutions; child custody cases.
- Situations when, in the spiritual director's judgement, it is necessary to warn, protect, notify, or disclose harm to oneself or harm to another.
- For consultations with other professionals at Gateway. Any consultation with is strictly for your case and no identifying information will ever be given during such a consult.
- At times, we may be able to offer meeting in a location other than our offices; coffee shop, restaurant, park. Confidentiality cannot be maintained in locations outside our primary offices.

After-Hours Emergencies

Please note that your spiritual director and Gateway Biblical Counseling **do not** provide twenty-four (24) hour crisis or emergency counseling services. Should you experience an emergency necessitating immediate mental health attention, immediately call 911 or if you are able to safely transport yourself, go to the nearest hospital emergency room for assistance.

Contacting Your Spiritual Director

Each spiritual director has their preferred method of contact outside of weekly sessions. Please speak with your director to understand their personal preferences.

Consent to Spiritual Direction Counseling

I, voluntarily, agree to receive counseling or services, and authorize the undersigned spiritual director to provide such counseling or services.

I understand and agree that I will participate in the planning of my counseling or services, and that I may cease counseling or services at any time.

By signing this Client Information and Consent form, I, the undersigned client, acknowledge that I have read, understood and agreed to be bound by all the terms, conditions, and information it contains. Ample opportunity has been offered to me to ask questions and seek clarification if anything is unclear to me.

Signature of Client

Signature of Spiritual Director

Date

Date

I acknowledge that I received a copy of this signed information and consent form from my spiritual director on this _____ day of _____ 20____.

Signature of Client