



Sunday Mass Reflection for Preschoolers

Before Mass



Today's Gospel:

- What do you think we will hear about Jesus today?
 - ☐ Jesus loving others
 - ☐ Jesus helping someone
 - ☐ Jesus teaching something important
- Draw a picture of Jesus doing something special.

During Mass



Listening Time:

- What did you hear about in the First Reading?
 - ☐ Something God did
 - ☐ Something people did for God
 - ☐ A story about love
- Draw a picture of something you heard.

Gospel Time:

- What did Jesus do or say in today's Gospel?
 - ☐ Jesus helped someone
 - ☐ Jesus told a story
 - ☐ Jesus showed love
- Draw a picture of Jesus from today's Gospel.

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Homily Time:

- What did the priest talk about?
 - ☐ Loving others
 - ☐ Being kind
 - ☐ Praying to God
- Can you show with your hands or face how you feel about what the priest said?

After Mass



Thank You, Jesus:

- What do you want to thank Jesus for today?
 - ☐ My family
 - ☐ My friends
 - ☐ A happy day
- Draw a picture of what you're thankful for.

Jesus, Help Me:

- What do you want to ask Jesus to help you with?
 - ☐ Being kind to others
 - ☐ Saying my prayers
 - ☐ Helping my family
- Draw a picture of Jesus helping you.

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Bonus Activity

- What did you see in the church today?
 - ☐ A cross
 - ☐ A statue of Mary or a saint
 - ☐ Candles or flowers
- Draw a picture of something you saw in church.

