# TOB MONTHLY KIDS

THEOLOGY OF THE BODY

AGES 6-9 (+PARENT)

**ISSUE 6 (CYCLE A)** 



# ALL HUMAN BEINGS ARE BELOVED GIFTS FROM GOD TO BE TREASURED

YOU ARE A GIFT BECAUSE YOU WERE MADE IN THE IMAGE AND LIKENESS OF GOD. OTHER PEOPLE ARE PRECIOUS GIFTS TOO.

I AM A GIFT! MY NAME IS

## MAIN POINT: WE NEED TO SEE THE TRUE PERSON (SELF + OTHERS) AS REVERED GIFT

(Christian Anthroplogy Standards 4 + 10)

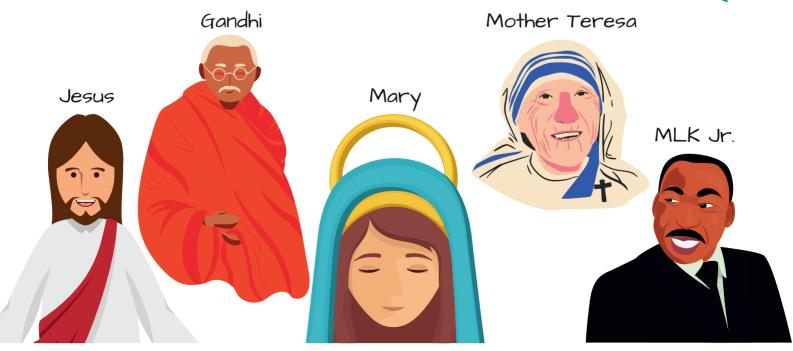
#### **FIRST THOUGHTS...**

All human life is a gift from God. You were a gift as one tiny cell in your mother's womb. You will be a gift as you breathe your last earthly breath one day and beyond into the heavenly embrace of God. Your great responsibility\* and joy in this life should be learning how to revere\* the great gift of YOU in every stage and every way. First, stages: the preborn\* life in the womb, baby, child, teenager, young adult, aging adult, and elderly person all have full and equal dignity\* and worth. Second, ways: your physical (body), spiritual (soul), and mental (mind) states are all precious to God. He wants you to learn how to revere yourself in all of these ways, in each stage of life. He also entrusts ANOTHER great responsibility to you ... your ability to revere EACH AND EVERY human life with the same dignity and respect\* as your own. Yes, life can be hard sometimes. God invites us into these challenges to teach us how to live and love fully. Embrace the challenge; love yourself authentically\*, and love your neighbor with your whole heart.

\*work with a parent to define these words (there is a glossary in the back!)

## How did these people revere his or her OWN life and the lives of others as true gifts? Discuss with a parent.





#### **DISCUSS WITH YOUR PARENT...**

#### WHICH SHOULD WE TREAT WITH MORE REVERENCE? WHY?



OR





OR





OR



A very important gift we can offer to others is to listen. When we ask questions, show interest, and allow others to share, we start a chain of relationship-building events. We start with curiosity, then comes empathy, and that leads us to compassion. So the next time you aren't sure what to say to someone, ask a question-and listen to the answer!

### **EVERY STAGE OF LIFE IS A GIFT**

How are each of these four stages of human life a gift?



<b>PREBORN</b>	•••••
CHILD	•••••
YOUNG ADULT	
ELDERLY	



### **EVERY STAGE OF LIFE IS A GIFT**

How are each of the four stages of tree life a gift?



WINTER	••••••
SPRING	
SUMMER	
AUTUMN	

The right side of the heart pumps blood to the lungs to get more oxygen, and the left side of the heart pumps blood to the rest of the body. However, the right and left sides of the heart have great communication. Thus, they are able to pump at the same time as one heartbeat. The gift of the human body is amazing!

## **DISCUSS WITH A PARENT...**



How is **this** a challenge?



How is **he** a gift?



How is **this** a challenge?



How is **she** a gift?



How is **this** a challenge?



How is **he** a gift?



We, as sons and daughters of the Father, appear in the visible world as the highest expression of the Divine Gift -St. JP2, TOB 19:3

#### GLOSSARY OF TERMS

**AUTHENTICALLY:** genuine and true

**DIGNITY:** your value and worth as created in God's image

and likeness

PREBORN: a baby living in the womb, not yet born to the

outside world

**RESPECT**: showing consideration for another person or

situation

RESPONSIBILITY: to do the things you are called to do, and

accept the results of your actions

**REVERE**: to feel deep and holy respect or admiration for

someone or something

#### WANT TO LEARN MORE?

VISIT:



tobparentschool.org

**READ:** 



The Travel Book
by Lonely Planet Kids

# Have a little extra time?

#### **CRAFT EXTENSION**

#### The Best Present

TIME: 30 minutes

MATERIALS:

small gift box, small mirror, glue

#### **ACTIVITY**:

- 1) Glue the mirror inside the gift box
- 2) Present it to other people and tell them they they are about to open and discover "the best present in the world!"

#### **SERVICE EXTENSION**

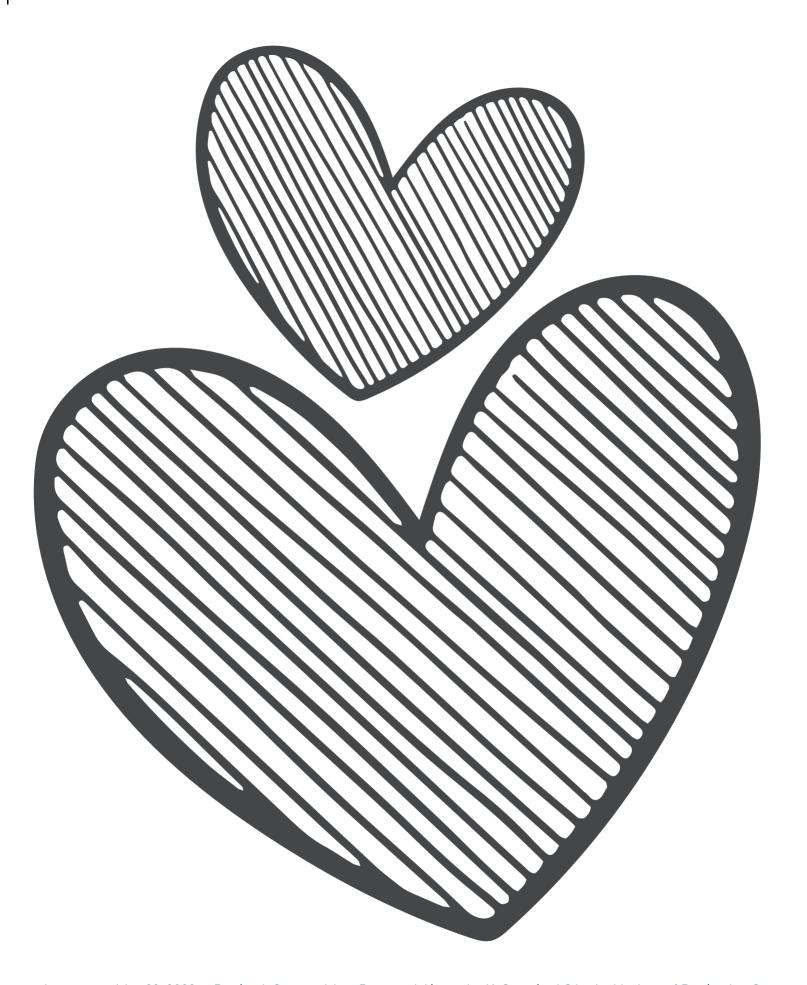
#### Pack It With Love

TIME: 1 hour

**MATERIALS**: bags, snacks, water, candy, toothbrush, personal note

#### ACTIVITY:

- 1) Pack a care kit for the homeless
- 2) Practice placing the items with care and love
- 3) Write a thoughtful note to the person who will receive your care kit



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