

**THE INTERNATIONAL ASSOCIATION OF LIONS CLUBS
DISTRICT 3231 A3 -CLUB ID 89111**

LIONS CLUB OF MUMBAI BANDRA KHAR



GLORY

JUNE-22-E-4

**Service to humanity is
Service to God**



lions club Bandra khar



lionsclub_bandrakhar

www.lionsclubbandrakhar.org

॥ वक्रतुंड महाकाय सूर्यकोटि समप्रभ ॥
निर्विघ्नं कुरु मे देव सर्वकार्येषु सर्वदा ॥

BIG HEAD: Think Big

LARGE EAR: Listen
More

SMALL MOUTH: Speak Less

SMALL EYE:
Concentrate More

ONE TUSK: Preserve
Good
Discard The Bad

LONG TRUNK:
Strength &
Adjustability

BLESSING: To
Bless & Protect

BIG BELLY: Peacefully Digest
Every Good & Bad in Life





HISTORY OF THE CLUB

NAME OF THE CLUB	: LIONS CLUB MUMBAI BANDRA KHAR
CLUB IDENTIFICATION NUMBER	: 89111
DATE OF INAUGURATION	: 13TH AUGUST 2005
DATE OF CHARTER	: 6TH DECEMBER, 2005
SPONSORING CLUB	: LIONS CLUB OF CARTER ROAD
EXTENSION CHAIRMAN	: LION JAYSINH BABLA MJF
CHARTER PRESIDENT	: LATE LION DALJEET KAUR SURI MJF
MEMBERS AT THE TIME OF CHARTER	: 44
CLUB'S MEMBERSHIP AS ON JUNE 2022	: 35
MELVIN JONES FELLOWS IN THE CLUB	: LION JOGINDER KAUR MJF LION RUPA KAUR SURI MJF LION PREMLATA SINGH MJF LION NIRMAL SETHI MJF
LIONS QUEST TRAINED TEACHERS	: LION JOGINDER KAUR LION SITA GUPTA

DISTRICT 3231-A3 MUMBAI .INDIA

LIONS CLUB OF MUMBAI BANDRA KHAR CHARITABLE TRUST

PAN NO : AAATL5168L

TRUST OFFICE

**738-BIJLANI BHAVAN, 9TH KHAR-PALI ROAD, KHAR WEST,
MUMBAI 400052.**

TRUSTEES 2021-2022

**LION VEENA DEMBLA
LION SITA GUPTA
LION RAJENDER KAUR
LION JOGINDER KAUR
LION RUPA KAUR SURI
LION NIRMAL SETHI**



LIONS CLUB OF MUMBAI BANDRA KHAR

PAST PRESIDENT

LION DALJIT KAUR SURI ,MJF

CHARTER PRESIDENT
2005-2006

LION DR VASUDHA KOTARI	2006-2007
LION JOGINDER KAUR, MJF	2007-2009
LION HARINDER SETHI	2009-2010
LION KAMLA MIRCHANDANI	2010-2011
LION HARPEET CHADHA	2011-2012
LION SITA GUPTA	2012-2013
LION VIJAY SHARMA	2013-2014
LION JOGINDER KAUR MJF	2014-2015
LION SURJIT CHADHA	2015-2016
LION VEENA DEMBLA	2016-2017
LION PREMLATHA SINGH,MJF	2017-2018
LION NIRMAL SETHI	2018-2019
LION SURJIT CHADHA	2019-2020
LION PREMLATHA SINGH MJF	2020-2021



PERMANENT PROJECTS

❖ Ambulance Donated to Amravati Ashram Shala
❖ 4 Classrooms at Satellite Area.
❖ 25 Bore-wells in Rural Adivasi Areas.
❖ 8 Water Coolers at Educational Institutions.
❖ Sponsoring Education of 35 students till class X at Sri Sri Ravishankar school, Najibabad in U.P State.
❖ Medical Camp - Osteoporosis and Cancer every year.
❖ 4 Toilet Blocks at Gadge Maharaj Ashram.
❖ Free Cataract Surgeries at Ojas Eye Hospital, Bandra Linking Road
❖ Bus Stop at Bordi Village in Palghar.
❖ Yoga trainings at Laughter club, Bandra
❖ 43 Mid Day Meals annually for life time. Kamla Mehta School -Dadar
❖ Free Meals served twice a week to Senior Citizen inmates at Missionaries of Charities, Mumbai
❖ Educational Aid given to students of Dharavi School .
❖ Tree Plantation at rural areas of Palghar.
❖ Renovation of Karjat Taluka School
❖ Toilet Blocks of 6 Toilet at Godiwada Compound, 5th Road, Khar
❖ Education Aids to Little Angel School for Autistic special children
❖ Infusion Pump donated to Bhabha Municipal Hospital, Bandra
❖ Water Lifting Projects at Villages in Palghar District
❖ Construction of Community Hall at Wada village , Palghar District

75 आज़ादी का अमृत महोत्सव



LIONS CLUB OF MUMBAI BANDRA KHAR



Club Officers 2021-2022

Veena C Dembla

Club President

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Club First Vice President

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Bulletin Editor & Club Director

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Fill your life with service to others.

75
आज़ादी का
अमृत महोत्सव



LIONS CLUB OF MUMBAI BANDRA KHAR

Club officers 2021-2022

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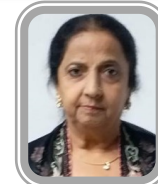


Ms. Basri Aghadi

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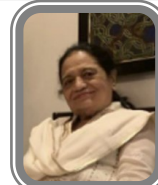


Mrs. Nirmal Sethi

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Club Director

Imm Past President

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Do all the good you can, in all the ways you can, as long as you can..



LIONS CLUB OF MUMBAI BANDRA KHAR



Members		
Mrs Poonam Agarwal		
901 keerti kunj, 14th road khar west mumbai, MH 400052 INDIA	9324745080	
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Mrs Shakuntala M Daryani		
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Rekha Dembla		
51 Dakshan Pali D'Monte Park Road Bandra West Mumbai, MH 400050 INDIA	9833410624	
KANCHAN P GOKLANI		
PM Goklani and Co. 1 Serenity, plot no.189 next to union bank, turner road, bandra west MUMBAI, 400050 INDIA	8879583935	

"THROUGH
SELFLESS SERVICE,
ETERNAL PEACE IS
OBTAINED"



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LIONS CLUB OF MUMBAI BANDRA KHAR



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Ms. Laj Lulla

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Agarwal Madhu

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The greatest comforts and lasting peace are obtained, when one eradicates selfishness from within.

GURU GOVIND SINGH JI

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LIONS CLUB OF MUMBAI BANDRA KHAR



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“Service to
humanity is
service to
God.”



THE INTERNATIONAL ASSOCIATION OF LIONS CLUBS

OUR LEADERS



DOUGLUS ALEXANDER
INTERNATIONAL PRESIDENT
2021-2022

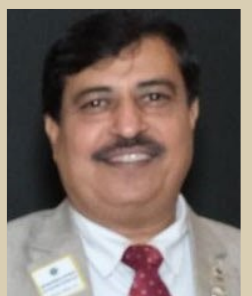


BRIAN SHEEHAN
INTERNATIONAL PRESIDENT
2022-2023

DISTRICT OFFICERS 3231 A3 MUMBAI INDIA



LION Dr.KHWAJA MUDASSIR
DISTRICT GOVERNOR 2021-22



LION HEMANTRAJ SETHIA
DISTRICT GOVERNOR 2021-22



LION AJAY HAVELIA
1st VICE GOVERNOR



LION SARASWATI SHANKAR
2nd VICE GOVERNOR



LION J V RAO
REGION CHAIRMAN



LION VANDANA MANCHANDANA
ZONE CHAIRPERSON

LIONS CLUB OF MUMBAI BANDRA KHAR



LION VEENA DEMBLA
PRESIDENT 2021-22



LION SITA GUPTA
PRESIDENT 2022-23



LION RAJENDER KAUR
SECRETARY



LION JOGINER KAUR
TREASURER



LION RUPA SURI
BULLETIN EDITOR

LIONS CLUB OF MUMBAI BANDRA KHAR

Wishes to

Congratulate

Our newly elected Leader



Lion Saraswati Shankar

2nd Vice District Governor

There is no force more powerful than a woman determined to rise



President's Message



LION VEENA DEMBLA

President

My Dear Friends,

As I make my exit as the president of this prestigious club - Lions club of Mumbai Bandra Khar , this quote from Maya Angelou could not ring more true for me.

“Nothing will work unless you do it yourself”

We may encounter many defeats but we must not be defeated.

The past year has been nothing short of learning and equally fulfilling.

When I started , I was not clear to what my impact would be on our club. I started with the intention to become a better head, giving in and every way I cud, to further advance the club

Through guidance and experiences of seniors I realised that each n every member is important and we must all work together in a balanced n intentional way to accomplish longevity.

As I self-reflect the past year, what has become tremendously clear is that the spirit and practice of doing things collectively improves the atmosphere in the club.

It's not only the financial resources but giving ones expertise, passion, talent n experiences. Deep down we all want to make the world a little better place for the under-privileged and I think I dint go wrong .Each n every one of you supported me in your own way. Today I can proudly say to myself that I fulfilled the promise I made to myself of trying to make a difference, and this was not possible without each and every one of you.

Thank you all for walking along with me, and giving me a lovely fulfilling year .

**If u want to go fast, go alone,
If you want to go far, go TOGETHER.**

Let's Dare Dream Deliver

IN THE FUTURE THERE WILL BE NO FEMALE LEADERS, THERE WILL JUST BE LEADERS



From the desk of President Elect 2022-23

Dear President Veena ji & friends

आज मुझे बहुत बहुत अच्छा लग रहा है कि पहली बार हमारे क्लब के इतिहास में 4th Bulletin प्रकाशित हो रहा है इस वर्ष ! Veena ji ; Shetty ji & Rupa ji के प्रयास , मेहनत और लगन का जीता जागता उदाहरण है !

Veena ji में तो बात ही कुछ और है ।

पूरे साल इतनी तन्मयता, मेहनत और जी जान से सेवा कार्य किया कि उसकी कोई मिसाल नहीं है!

उनकी अध्यक्षता में हमारे क्लब ने District 3231A3 में अपना एक नया मुकाम बनाया!

उनके साथ कंधे से कंधा मिलाकर Jogi ji और Shetty ji ने काम किया ।

Rajinder ji के monthly circular का एक नया अंदाज़ है !

सभी क्लब के सदस्यों ने अपनी अपनी तरफ़ से पूरा सहयोग दिया । Premlata ji ने आदिवासी क्षेत्र water lifting project sponsor किया।

आप सभी का मैं तहेदिल से शुक्रिया करती हूँ और भविष्य में इसी तरह सबका सहयोग मिलेगा ऐसा पूर्ण विश्वास है।

Ln Sita Gupta

Let's Dare Dream Deliver

**“भेदभाव जुल्म मिटायेंगे, दुनिया नई बसायेंगे, नई है डगर, नया हैं सफर,
अब हम नारी आगे ही बढ़ते जायेंगे।”**



From the desk of Secretary

Dear Lion Friends,

It has been a very wonderful and satisfying journey for me as a secretary of our prestigious Lions Club of Bandra Khar to serve humanity.

We Believe in the saying **“ Teamwork divides the task and multiples Success”**

So we all members of our club joined our heads and our hands together in serving our society and Environment In full fledge throughout with the result our Club won awards, accolades and appreciation from all over.

With love for humanity and serving to weaker section of our Society. We redeem our pledge even for the coming years to unitedly serve generously with dedication, sincerity and commitment.

With thanks to leaders and members for their guidance and co-operation.

Lion Dr. Rajender Kaur Patheja
Club Secretary

Let's Dare Dream Deliver

REMEMBER THIS *moment. cherish* THIS STORY. CELEBRATE THIS *life.*



From the desk of Bulletin Editor



Dear Lion Friends,

I thank you all for once again having given me the opportunity to serve the Lions Club as the Bulletin Editor for the year 2021-2022.

It has been a continuous learning experience and there has been immense gain of knowledge in working for the bulletin and undertaking the editing activities.

The plethora of projects executed by the Club, depicted by vivid images and pictorial representations give immense pleasure in understanding and showcasing the achievements of the Club and the great work done as service to humanity.

I would like to express my gratitude to our Club President and true team leader Lion Veena Dembla for her continuous support, guidance and encouragement in all activities of the Club and the various programs.

I wish to whole-heartedly thank the entire team of our Lions Club for the unending support and participation, without which it was impossible to attain any of the excellence we have been able to humbly achieve in our efforts towards service to mankind. The credit for the bulletin and its success goes to each and every one of our members, supporters and donors.

I sincerely express my gratitude and warmest regards to the entire fraternity and wish everyone good health and strength to continue serving others selflessly.

Thanking you,

Lion Rupa Kaur Suri

Let's Dare Dream Deliver

**WE NEED TO RESHAPE OUR OWN PERCEPTION OF HOW WE VIEW OURSELVES.
WE HAVE TO STEP UP AS WOMEN AND TAKE THE LEAD**

Message from District Governor



Dear President Lion Veena Dembla and Members of LC Mumbai Bandra Khar,

Hearty Congratulations on an outstanding year - honestly I have lost count of the numerous projects you have carried out during the year.

300 + projects in a year worth Rs 22 Lakhs is an amazing achievement- almost one project every day. And on top of that you have also supported each and every project of the District - including the Baku picnic, where Lion Sita Gupta and two other members had joined. And in all this, President Lion Veena ji has led from the front. Lion Joginder ji was her usual efficient self, doing everything to perfection.

I would also like to thank you for joining the water lifting project done by the District at Gonde with CSR support. The villagers of Gonde will always thank you for this life changing project.

As District Governor, I am very happy we have had an extremely successful year in spite of obstacles like Corona etc. But this success should be dedicated to Clubs like Mumbai Bandra Khar, who go on serving Society tirelessly and endlessly. I thank you for all your support and wish you all the best for your future endeavours.

Let us continue to Dream Dare Deliver and do Service By The Heart.

Lion Khwaja Mudassir
District Governor
District 3231 A3

Message from District Governor 2022-23



Dear Lion Leaders,

It gives me great pleasure in sending this message for the Bulletin that is being published by Lions Club of Mumbai Bandra Khar. Bulletin is an expression of grateful thanks to those who had untiringly worked together in the past and till date to make our lions club a great institution. I have no doubt that the club will continue with its good work, meeting the aspirations of our community.

I congratulate each and every member of Mumbai Bandra Khar on the occasion of this Bulletin release and wish them all success in their future endeavours.

Regards

Lion Hemantraaj Sethia
District Governor 2022-23

Message from First Vice District Governor



Dear Bulletin Editor,

It is need a matter of pride that Lions Club of Mumbai Bandra Khar is all set to release of 4th Club bulletin. Compliments and best wishes for the same.

Very Few clubs in the District are enthusiastic to release bulletin in the month of June but I am glad to see the passion in the club under the Leadership of President Veena ji

My compliments to the President Veena ji , Board Members and all the members of the club for carrying out good service activities throughout the year.

My best wishes to Incoming team

Lions Club of Mumbai Bandra Khar has achieved this success over the years and we are proud of you.

We work on one motto of WE SERVE and together we can DREAM DARE & DELIVER great service to the society.

With Lionistic Regards

Lion Ajay S Havelia

First Vice District Governor Elect

District 3231 A3

Message from Second Vice District Governor



My dear Lion Friends of Lions Club of Bandra Khar,

At the outset let me congratulate the President, Lion Veena Dembla, for completing a very successful year. I am happy to hear that the Club is releasing the final Bulletin of the Lionistic year 2021-22. Sharing inspirational stories on the Club's Bulletin is a means of keeping the members up to date.

Fellowship and Service are the two strong pillars of Lions Clubs. Fellowship provides opportunities for all Lions to make lasting friendships. It also serves as an incentive for attracting new members to Lions and retaining our existing members.

At the same time a club with good fellowship offers leadership opportunities to its members by creating inclusive environments. There are so many ways to get involved, from being on the Board, to heading committees such as planning a special project or managing the club's social media presence. With good fellowship, a commitment to serve follows so naturally.

I have had the opportunity of closely working with your club members for service activities. This year I have had the privilege of attending one of your Regular meetings and was immensely happy to see the systematic working of your club. One of the most important aspects of the meeting that I observed was the fellowship. Meeting and greeting the Members, making them feel that they are an important part of the group and having a pleasant atmosphere, which are all critical for a good club, is what I found in your club.

With pride I would like to convey through this media that Lions Club of Bandra Khar is one of the few clubs in our District having majority women membership. Women are born leaders. Women make a difference to the society. Your club has proved it.

The world is changing rapidly. Digital transformation is taking place by leaps and bounds. It seems like just yesterday that we were reading the newspaper every morning and now we have news pouring in from every corner. I am sure you will use the social media to propagate your Bulletin.

I am grateful to all the grassroot lions to have elected me to the post of 2nd Vice District Governor.

I am honoured to embark on this journey and look forward to Serve with Harmony.

With Regards,

MJF Lion Saraswati Sankar
2nd Vice District Governor 2022-23



LION Magazine

District 3231-A3 brings water to homes and farms in villages around Mokhada



LION Magazine



LION Magazine



LION Magazine

Lions Clubs of District 3231-A3 have been working tirelessly to address these challenges since the last few years. Continuing this laser-sharp focus on planning and implementing Water Lifting Projects, the district - under the visionary guidance of District Governor Dr. Khwaja Mudassir - has changed the lives of people in 10-12 villages, this year.

Two of these largest projects were inaugurated on February 12, 2022 at Gonde Khurd, Saturlu, Jambhulwadi and Vadpada villages. These will benefit more than 4,500 villagers and farmers in these villages.

Water stored in various check dams constructed by Lions of the district were pumped to tanks at the highest point in these villages using solar powered pumps. The water flows by gravity to 'wells' near the homes and fields of the villagers. Due to water being available throughout the year, farmers are able to harvest 3 to 4 crops and increasing their annual income. This has also significantly reduced migration to cities during the summer.

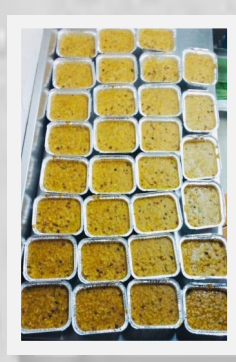
A District and Community Grant from LCIF was also utilized for the Gonde Khurd Project.

Lions Clubs of Tarapur, Mumbai Mahavir Nagar, North Bombay, Bombay Willingdon Crescent, Mumbai Carter Road, Mumbai Oyster, Mumbai Bandra Khar were involved in these projects.



LION Magazine





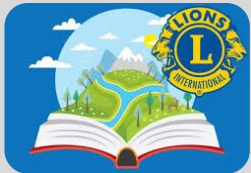
Twice a week Lunches provided at Home for the Aged



HUNGER is not an issue of Charity, it is an issue of **JUSTICE**



Educational aid



Distribution of books ,writing materials and raincoats in City and Rural areas.



Education is for improving the lives of others



Thank You...

**Dr. Niteen Dedhia,
Ojas Eye Hospital, Bandra**

For your valuable support
in our Lions Club Project :
**Sight Preservation &
Free Cataract Surgeries**



**Environmental
Protection**



The Way I see it: If You want the Rainbow, you got to put up with the Rain



First Aid Boxes Distributions



Distribution Of Wedding Trousseau Bags to Needy Brides





Compassion

A beggar in the street I saw,
Who held a hand like withered claw,
As cold as clay;
But as I had no silver groat
To give, I buttoned up my coat
And turned away.

And then I watched a working wife
Who bore the bitter load of life

With lagging limb;
A penny from her purse she took,
And with sweet pity in her look
Gave it to him.

Anon I spied a shabby dame
Who fed six sparrows as they came
In famished flight;
She was so poor and frail and old,
Yet crumbs of her last crust she doled
With pure delight.

Then sudden in my heart was born
For my sleek self a savage scorn,--
Urge to atone;
So when a starving cur I saw
I bandaged up its bleeding paw
And bought a bone.

For God knows it is good to give;
We may not have so long to live,
So if we can,
Let's do each day a kindly deed,
And stretch a hand to those in need,
Bird, beast or man.

Robert William Service

Don't Quit

When things go wrong, as they sometimes will,
When the road you're trudging seems all uphill,
When the funds are low and the debts are high,
And you want to smile, but you have to sigh,
When care is pressing you down a bit,
Rest, if you must, but don't you quit.

Life is queer with its twists and turns,
As every one of us sometimes learns,
And many a failure turns about,
When he might have won had he stuck it out;
Don't give up though the pace seems slow--
You may succeed with another blow.

Often the goal is nearer than,
It seems to a faint and faltering man,
Often the struggler has given up,
When he might have captured the victor's cup,
And he learned too late when the night slipped down,
How close he was to the golden crown.

Success is failure turned inside out--
The silver tint of the clouds of doubt,
And you never can tell how close you are,
It may be near when it seems so far,
So stick to the fight when you're hardest hit--
It's when things seem worst that you must not quit.

- Author unknown

1. जिंदगी क्या है

जिंदगी गजब की खूबसूरत बला है
ईश्वर का मोयाब लोहा है
मौंगी हुई दुआओं का पूरवानगी है
यादों का सिलसिला और रिश्तों की खानगी है।

बचपन जवानी और बुढ़ापे की कहानी है
खूबसूरत खवाबों का पाने की रात सुहानी है
ठरमानों और अभिलाषाओं का फैला काफिला है
गरीबों, अमीरों, भले मानसों और शैतानों का मेला है।

जिंदगी जिस भीमूली को ठसके प्यार में खा गया
मौत जिंदगी की मंजिल है यह भी वा भुला गया
शिकवा तो नहीं पर पूछूंगा जरूर तुझसे मिलन पर
प्रीत बढ़े ही क्यों जो प्रीत की रेत निमानी ना थी।

जी तो करता हूँ तुझे आगोश में वस के भर लूँ
पर यह भी जानती हूँ तुझे सदा के लिए बंधो ना पाऊँगी
चंद सौसों की लड़ा टूट कर बिखर जाएगा
मैं और मेरा खूब सदा के लिए मिरजाऊँ, मगर तुम्हें ना भूल पाऊँगी



वाणी ईश्वर का दिया हुआ अनुपम उपहार है और उसमें सरस्वती का वास होता है। वाणी व्यक्तित्व का आभूषण है उसीसे उसके अच्छे, बुरे कर्मों की पहचान होती है। मीठे वचन हर एक का ध्यान अपनी ओर आकर्षित कर लेते हैं। हर छोटे बड़े कार्य जो बड़े बड़े सूरमा नहीं कर पाते वे केवल वाणी के माधुर्य से हो जाते हैं। मधुर वाणी मनुष्य के सौंदर्य में चार चाँद लगा देती है, वह उसके बाहरी और आंतरिक खूबसूरती को निखारती है। वाणी में अध्यात्मिक और भौतिक दोनों प्रकार के ऐश्वर्य हैं, मधुरता से कही गई बात कल्याणकारी होती है और यदि वही बात कटुता से कहें तो अनर्थ का कारण बन सकती है। मीठे बोल बिगड़े हुए काम करने के साथ ही सफलता के द्वार भी खोलते हैं। मधुरभाषी व्यक्ति के आस-पास शुभचिंतकों, रिश्तेदारों और मित्रों का दायरा बढ़ता जाता है। वास्तव में वाणी पर संयम रखने वाला व्यक्ति शिखर पर पहुँचता और अद्वितीय हो जाता है। अपनी बोली को हर समय तराशते रहने की ज़रूरत है। ऐसे वाणी बोलनी चाहिए कि सामने वाला वाह वाह करे !

संत कबीर ने कहा है

ऐसी बानी बोलिये ,मन का आपा खोय ।

औरन को शीतल करै, आपहु शीतल होय ॥

वाणी पर संयम रखना भी एक कला है। उसके लिए हमें मौन रहने की साधना करते रहना चाहिए।

सरोज गोयल

75
आज़ादी का
अमृत महोत्सव

भीड़ से भरी ज़िंदगी खोजती चंद लहमें सुकून भरे ~

बारिश की बूंदों में ;

रिमझिम फुहारों में!

बादलों की कालिमा में;

इन्द्र धनुष के रंगों में!

बागों की हरियाली में;

तितलियों की फरफराहट में !

क्षितिज से मिलते सागर में ;

उगते सूरज की किरणों में!

चंदा की चाँदनी में;

झिलमिल सितारों की रोशनी में!

जब नहीं मिला सुकून कहीं;

जा बैठी चौबारे में!

दिल की धड़कन ने धीरे से कहा; बैठ यहीं, तेरा चैन भी मैं हूँ ;

तेरा सुकून भी मैं हूँ!

बस अपने मन की सुन तो ज़रा !

सीता गुप्ता



Baisakhi & Birthday Party

75
Azadi Ka
Amrit Mahotsav



Find the Good and Celebrate it.



Awards, Rewards & Celebrations

75
आज़ादी का
अमृत महोत्सव



After Hard Work
The Celebrations



Road Traffic Barricades donated by Lions Clubs

Attendances at Multiple Convention, 2022



Celebrate endings for they precede a new beginning.



Thank you Lion Veena
For giving us wonderful year
2021-22

Welcome President Lion Sita Gupta
2022-23



There is no limit to what we do, as women can accomplish



Lions club of Mumbai Bandra Khar



passing the Baton



धन्यवाद