



# GLORY



**Lions Club of Mumbai  
Bandra Khar**

**Service to Humanity  
Service to God**



**March 2022 E-3**

**INTERNATIONAL ASSOCIATION OF LIONS  
CLUBS DISTRICT 3231 A3 INDENT 89111**



**LARGE HEAD**  
Immense Wisdom

**LARGE EARS**  
Open to spiritual  
knowledge

**AXE** Annihilation  
of desire

**STOMACH**  
Capacity to  
deal with  
life's  
challenges  
joyously

**ONE FOOT  
ON THE  
GROUND**  
Effectively  
deals with the  
world

**LOTUS**  
Divine state of  
self-realisation

**ROPE** Spiritual  
knowledge

**TRUNK**  
Well-devel-  
oped gross as  
well as subtle  
intellect

**MODAK**  
Bliss of  
spiritual  
pursuit

**ONE FOOT  
UP** Constant  
alignment  
with atman

**MOUSE**  
Desire well  
under  
control



**FOOD AT THE FEET OF GANESHA**  
Material wealth and power

वक्रतुंड महाकाय सूर्यकोटि समप्रभ  
निर्विघ्नं कुरु मे देव सर्वकार्येषु सर्वदा



**LIONS CLUB**



**MUMBAI BANDRA KHAR**

## **CLUB DETAILS**

<b>Name of the Club</b>	<b>: Lions Club of Mumbai Bandra Khar</b>
<b>Club Identification Number</b>	<b>: 5368-8911</b>
<b>Date Of Inauguration</b>	<b>: 13th August,2005</b>
<b>Date of Charter</b>	<b>: 6th December,2005</b>
<b>Sponsoring Club</b>	<b>: Lions Club of Carter Road</b>
<b>Extension Chairman</b>	<b>: Lion Jaysinh Babla, MJF</b>
<b>Member at the time of Charter</b>	<b>: 44</b>
<b>Membership Strength</b>	<b>: 35</b>

<b>Name of MJF.</b>	<b>: Lion Daljit Kaur Suri,MJF</b> <b>Lion Joginder Kaur Diwan, MJF</b> <b>Lion Rupa Kaur Suri, MJF</b> <b>Lion Premlata Singh,MJF</b> <b>Lion Nirmal Sethi,MJF</b>
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<b>Lions Quest Trained Teachers</b>	<b>: Lion Joginder Kaur Diwan,MJF</b> <b>Lion Sita Gupta</b> <b>Lion Mamta Wadhwani</b>
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<b>Region Chairman</b>	<b>: Lion J V Rao</b>
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<b>Zone Chairperson</b>	<b>: Lion Vandana Manchanda</b>
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**Bulletin Editor : Lion Rupa Kaur Suri, MJF**

**NAME OF TRUST : LIONS CLUB OF MUMBAI BANDRA KHAR CHARITABLE TRUST**





**LIONS CLUB**



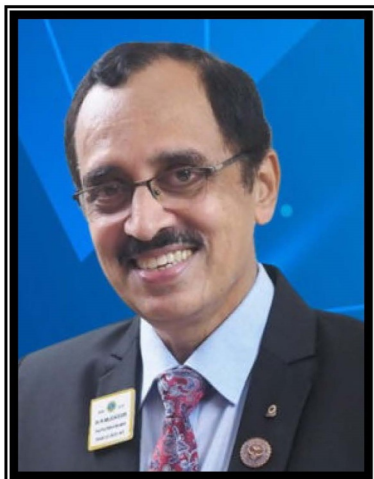
**MUMBAI BANDRA KHAR**

THE INTERNATIONAL ASSOCIATION OF LIONS CLUBS

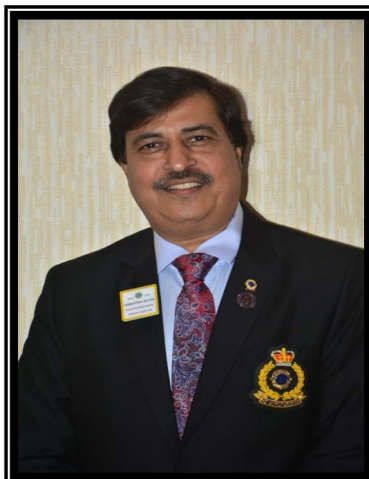
DISTRICT 3231-A3

**DISTRICT TEAM**

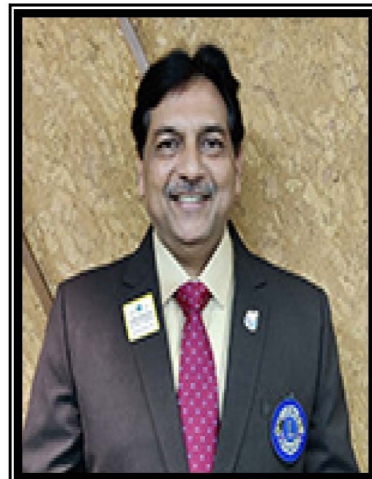
2021-2022



**LION DR. KHWAJA MUDASIR**  
DISTRICT GOVERNOR



**LION HEMANTRAJ SETHIA**  
1ST VICE DISTRICT GOVERNOR



**LION AJAY HAVELIA**  
2ND VICE DISTRICT GOVERNOR



**LION J V RAO**  
REGION CHAIRMAN



**LION VANDANA MANCHANDA**  
ZONE CHAIRPERSON

**REGION 2 ☼ ZONE 6**

**DREAM DARE & DELIVER**





# LIONS CLUB



# MUMBAI BANDRA KHAR

## BOARD OF DIRECTORS

President



*Lion Veena Dembla*

Imm Past President



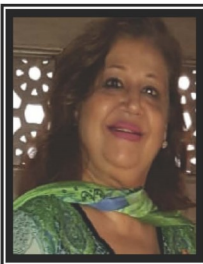
*Lion Premlata Singh*

1st Vice President



*Lion Sita Gupta*

2nd Vice President



*Lion Naina  
Karamchandani*

Bulletin Editor



*Lion Rupa Suri*

Public Relation



*Lion Shashi  
Agarwal*



*Lion Rajender Kaur*  
Secretary



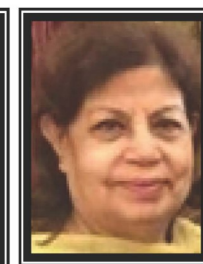
*Lion Suresh Punjabi*  
Joint Secretary



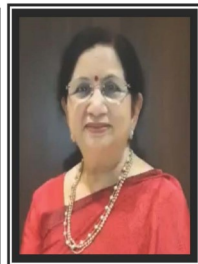
*Lion Joginder Kaur*  
Treasurer



*Lion Yadav Shetty*  
Joint Treasurer

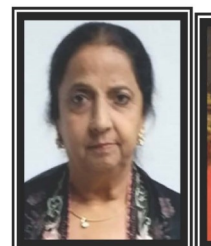


*Lion Rekha Dembla*  
Tamer



*Lion Saroj Goel*  
Tail Twister

## DIRECTORS



*Lion Barsi Agadi*



*Lion Kalwant Kaur*



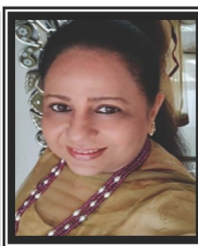
*Lion Balbir Sahani*



*Lion Arti Modi*



*Lion Poonam  
Agarwal*



*Lion Nirmal Sethi*

*Lion Preeti Agarwal*  
Membership Director  
GMT Co-ordinator



*Lion Madhu Agarwal*  
GLT Co-ordinator



*Lion Surjit Chadha*  
LCIF Co-ordinator

## DREAM DARE & DELIVER

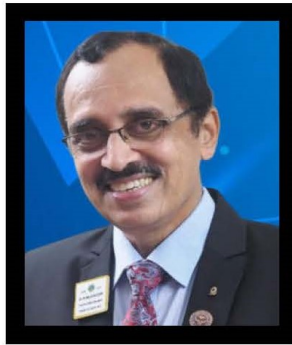


**LIONS CLUB**



**MUMBAI BANDRA KHAR**

## MESSAGE FROM DISTRICT GOVERNOR



Dear President Lion Veena and Members of LC Mumbai Bandra Khar

The Magic continues on both fronts - at the District Level as well as the Club Level and LC Mumbai Bandra Khar are surely among the Top Magicians this year. And this Magic has surely created an impact across our District. This Magic conjured by you has touched the lives of more than 15,000 beneficiaries with projects worth more than Rs 16 Lakhs reported on MyLCI.

Hearty Congratulations President Lion Veenaji for you have the Club with great aplomb and the success of your Club is a salute to your inspiring leadership qualities.

I am looking forward to your Club's Official DG Visit, where I can suitably acknowledge and appreciate the excellent work you have done. I am also looking forward to meeting my old friends Joginder Ji, Sita Ji, Surinder Ji and all the benevolent members of your Club.

This bulletin is again going to be something special and I am eagerly waiting for it.

Wishing you the Best of "Dream Dare Deliver".

With warm regards

Lion Dr Mudassir  
District Governor  
District 3231A3





**LIONS CLUB**



**MUMBAI BANDRA KHAR**

## Message from First Vice District Governors



Dear Lion Colleagues,

Season's greeting

Hearty Congratulations to Lions Club of Bandra Khar for releasing 3rd bulletin and my special Complements to Dynamic President Lion Veena Dembla for doing excellent work and service activities during the year.

We would like to encourage your team to focus on membership growth to add to the fantastic work being done by your club.

As satellite service week is starting from 2nd Jan and I am sure that you will continue the good work in new year as well.

This year our District is rocking in doing services under the leadership of our District Governor Lion Muddasir Khwaja.

Congratulations to the bulletin editor.....

With warm regards

Lion Hemantraj Sethia

FVDG 3231A3

**DREAM DARE & DELIVER**

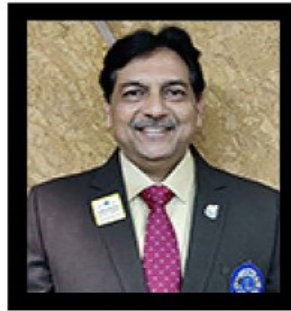


**LIONS CLUB**



**MUMBAI BANDRA KHAR**

## **MESSAGE FROM SECOND DISTRICT GOVERNOR**



Dear Bulletin Editor,

It is need a matter of pride that Lions Club of Mumbai Bandra Khar is all set to release of 3rd Club bulletin. Compliments and best wishes for the same.

Our Motto is WE SERVE and Lions Club of Mumbai Bandra Khar is doing great work in that direction.

I have seen this club doing immense work since past many years as the members have passion for the same.

“Success isn’t overnight.

It’s when every day you get a little better than the day before.

It all adds up.”

Lions Club of Mumbai Bandra Khar has achieved this success over the years and we are proud of you.

We work on one motto of WE SERVE and together we can DREAM DARE & DELIVER great service to the society.

With Lionistic Regards

Lion Ajay S Havelia

Second Vice District Governor

District 3231 A3

**DREAM DARE & DELIVER**





**LIONS CLUB**



**MUMBAI BANDRA KHAR**

## **Message from President's Desk**



**Dear Friends,**

**It has been a very learning and enriching journey being the President for the Past 8 months of this prestigious club, Lions club of Mumbai Bandra Khar.**

**The pandemic taught us-"IF THERE IS A WILL, THERE IS ALWAYS A WAY!", and so I set out to take this journey joining hands with all of you and you all supported me wholeheartedly in all the activities and projects.**

**Further too expecting the same support from all of you, will try to do the best to my ability.**

**There is an Ethiopian proverb**

**"When spider webs unite, they create a lion"**

**Thank you**

**VEENA DEMBLA**

**DREAM DARE & DELIVER**



**LIONS CLUB**



**MUMBAI BANDRA KHAR**

## Message from Bulletin Editor's Desk



Dear Lion Friends,

It is with immense pleasure to be working as editor to the third club bulletin -A Women's Day edition.

I found it a great learning opportunity which enriched my experience and knowledge while editing every bulletin and being a woman its was my great privilege to work on the women's day issue.

I am really proud to see the images of projects carried out by our Club President Lion Veena Dembla and her team.

With great enthusiast the Members of our club had contributed in making this edition and I thank for their support and contribution for successful releasing this third editions.

The club's excellent Service activities carried out during the year specially the women and Girl child projects is indeed a tribute to Women Powers and worth celebrating international women's Day on 8th March,2022.

I extend warm greetings to all the women on the occasion of WOMEN'S DAY –2022

Thanking you,

Lion Rupa Kaur Suri

**DREAM DARE & DELIVER**





**LIONS CLUB**



**MUMBAI BANDRA KHAR**

## **LUNCH FOR SENIOR CITIZENS –THRICE A WEEK**



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## **RATIONS FOR NEEDY FAMILIES A Monthly Project**



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## **Catract Surgeries at Ojas Eye Care**



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**FEED THE HUNGERS**

# FOOD DISTRIBUTION



## DAY 1



**DREAM DARE & DELIVER**





**LIONS CLUB**



**MUMBAI BANDRA KHAR**

## **GASE STOVE TO NEEDY FAMILY**



**DREAM DARE & DELIVER**





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## Food distributions



**DREAM DARE & DELIVER**

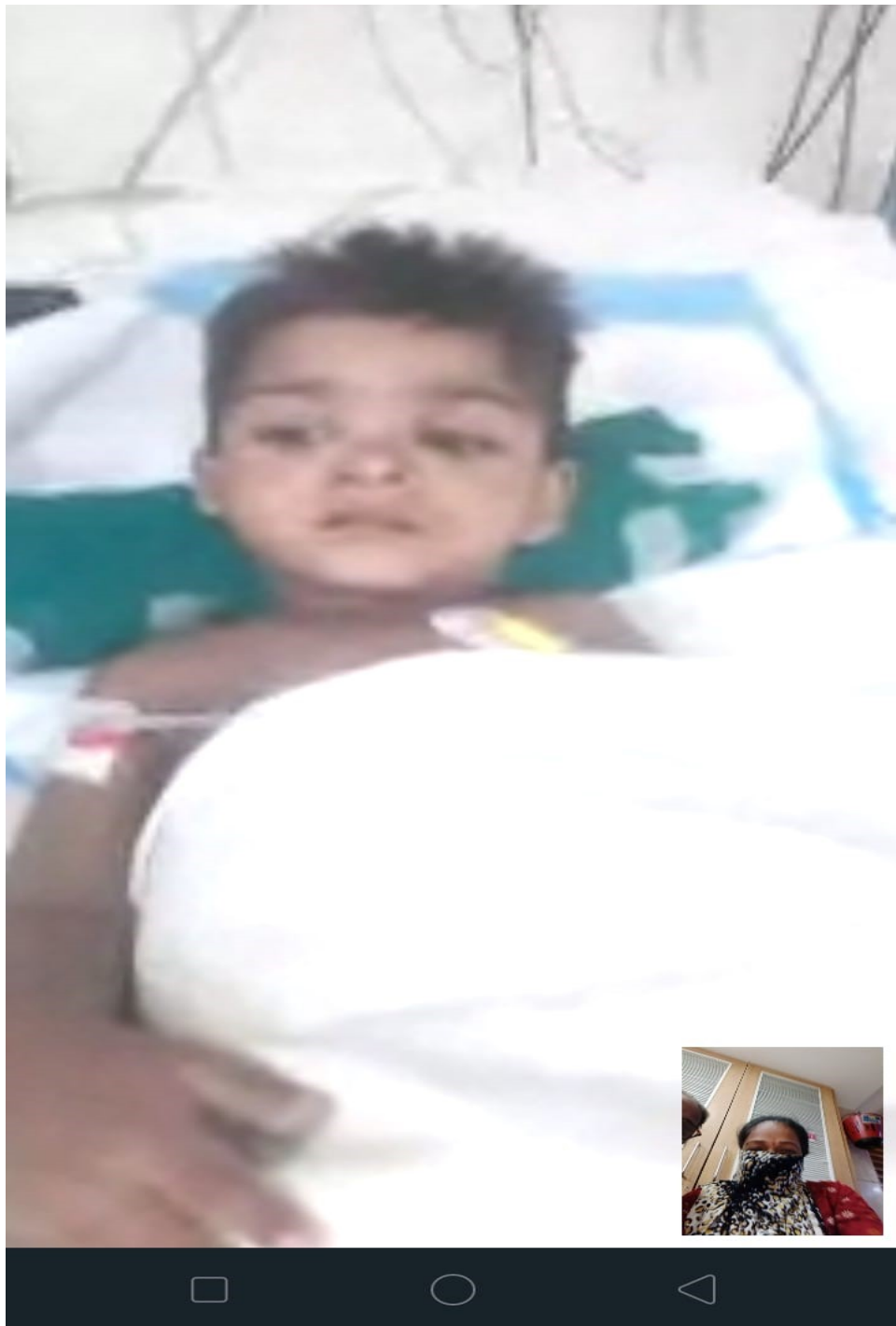


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**MEDICAL HELP AT SURYA HOSPITAL**



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**MUMBAI BANDRA KHAR**

**GIRL CHILD Education sponsored at Jharkhad village**



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## PROJECTS AT BALWADIES



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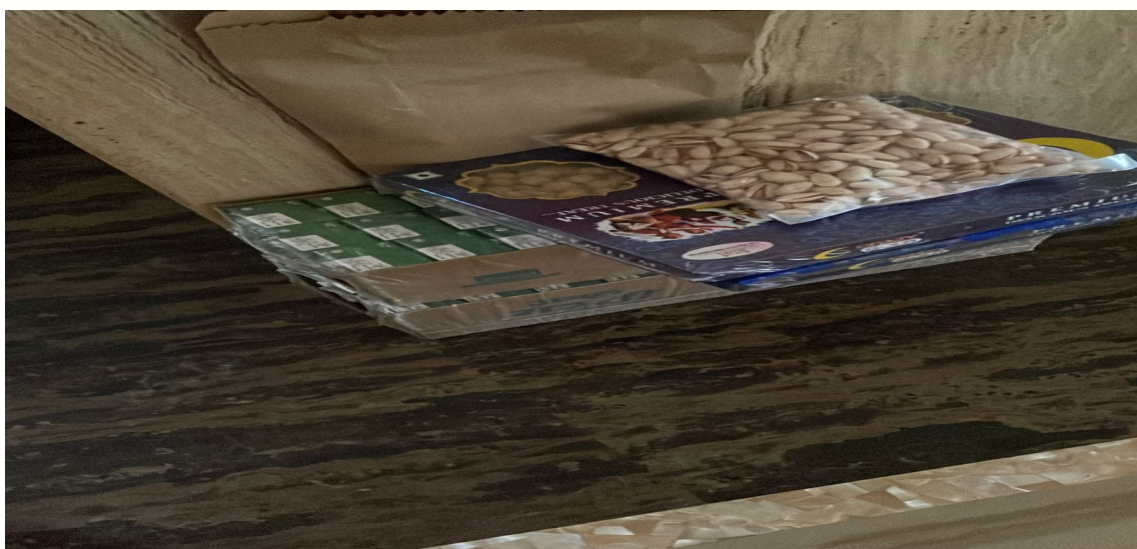


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## **Food Distribution at home for the Aged**



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**REGION CONFERENCES**



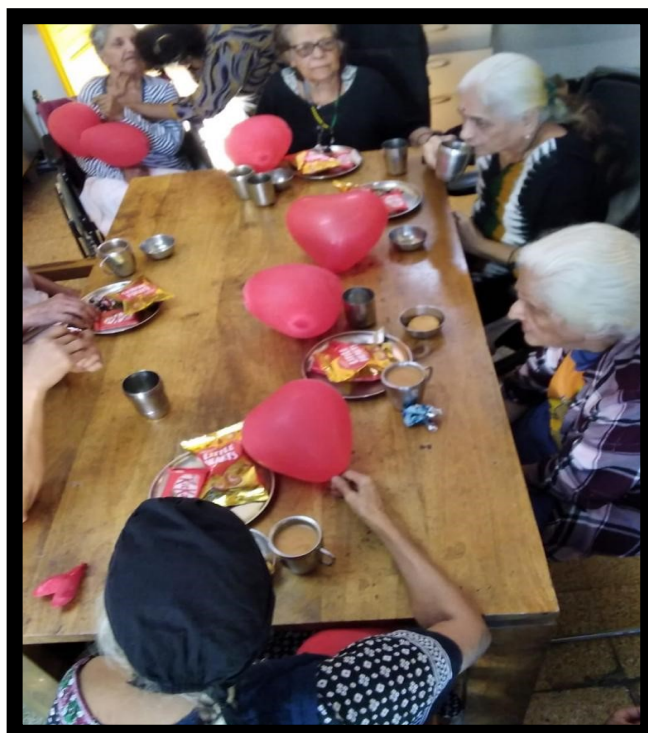


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## **VALENTINE'S DAY CELEBRATION AT HOME FOR AGED**



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## **FEEDING THE HUNGERS PROJECT at Bandra Sea-Link and Carter Road**



**Kindness is like sugar,  
it makes life taste a little sweeter**



**Have a break- Have a Kit Kat**



**You are what u eat so eat something sweet**

**DREAM DARE & DELIVER**





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What is Pink but a mothers love, a daughter's care and a sister's concern.

What is Pink but a woman challenging the norms of this world.

What is Pink but a tribute to the women's contribution to the society.

What is Pink but a woman making all the things beautiful politely.

Pink is a woman's calm & yet it's her strength as well.

It's her fire, it's the depth of her heart as well.

What is Pink but Urvashi Rautela's glamour.

What is Pink but Mary Kom's valour.

What is Pink but Basanti Devi's voice & singing.

What is Pink but all the happiness that these girls are bringing.

If only this world can trust,

It all will be better with Women First..

.. with Pink First !



**DREAM DARE & DELIVER**



# LIONS CLUB



# MUMBAI BANDRA KHAR



## NARI SHAKTI- Poem by 1VP Lion Sita Gupta



### नारी चेतन

*अबला जीवन हाय तुम्हारी यही कहानी,  
आँचल में है दूध, आँखों में पानी !*

कवि मैथिलीशरण रचित सन् १९३३ की रचना की नारी आज कहाँ है !

अबला अब सबला हो गई है ,  
अपने इरादों में द्रढ़ हो गई है !  
बेटियाँ अब बेटों की बराबरी में हो गई खड़ी हैं !

कुछ कम न समझना नारी को ,  
नारी शक्ति की मशाल अब जलने लगी है !  
बेटियाँ भी अब दाह संस्कार करने लगी हैं !  
समाज में उनकी पहचान बनने लगी हैं !

एक समय था नारियों घर की देहरी लॉघती न थी,  
अब चौद सितारों को भी छूने लगी हैं !  
दुनिया की नज़रों में खुदका मुकाम बनाने लगी हैं !

फिर भी किसी कोने में आज वह,  
सहमी चुप बेबस सी खड़ी है,  
लोगों की नज़रों से अपने तन को समेटे हुए,  
पौरुष की काली छाया में,  
अपने लिए एक कोना ढूँढ रही है !

ज़माने से बस इतनी सी दरखास्त है,  
कि अब तो खुली हवा में उसे साँस लेने दे,  
बस अब कहीं कोई तकाज़ा न कर ,  
बराबरी का एहसास तो उसको होने दे



सीता गुप्ता



DREAM DARE & DELIVER





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**MUMBAI BANDRA KHAR**



*Poem by President Veena Dembla*

## *Woman - A Super Power*

*A woman gives us life,  
A girl, lady and a wonderful wife.  
She has some magical power,  
To get things ready at the right hour.*

*She is the definition of love,  
Sweet, loving and awesome as a dove.  
She is an idol for her child,  
Always helps them get styled.*

*A woman can do many things,  
Her abilities provide us wings.  
She is a wonderful daughter,  
As charming as the rose water.*

*She is like a multitasker to us,  
Helps provide everyone their plus.  
Women are the real charmers,  
Who always are, best performers.*

**DREAM DARE & DELIVER**



**LIONS CLUB**



**MUMBAI BANDRA KHAR**

शुभा



**Lion Veena Dembla**

**PRESIDENT**

**Lion Rupa Kaur Suri**

**BULLETIN EDITOR**



**THANK YOU**

