



ANTI-DOPING FOR OBSTACLE SPORTS

ADVENTURE – OCR – NINJA



OVERVIEW

World Obstacle (FISO) has adopted the [World Anti-Doping Agency](#) Code (the "Code"). World Obstacle Anti-Doping Rules are adopted and implemented in compliance with World Obstacle's responsibilities under the Code and are in furtherance of FISO's continuing efforts to prevent doping in Obstacle Sports. Obstacle Sports subject to the code include disciplines and events of Ninja, Obstacle Course Racing and Adventure Racing.



Anti-Doping Rules

Anti-Doping Rules are sport rules governing the conditions under which sport is played.

Athletes accept these rules as a condition of participation and shall be bound by them.

These rules and procedures, aimed at enforcing anti-doping policies in a global and harmonized manner.

They are not intended to be subject to or limited by any national requirements and legal standards applicable to criminal proceedings or employment matters.

When reviewing the facts and the law of a given case, all courts, arbitral tribunals and other adjudicating bodies should be aware of and respect the distinct nature of the anti-doping rules in the Code.

These rules represent the consensus of a broad spectrum of stakeholders around the world with an interest in fair sport.



Theses Rules shall apply to all Doping Controls over which World Obstacle and its National Federations have jurisdiction including but not limited to:

- FISO World Championships
- World Cup Races & World Series events
- Continental events
- National Federations Championships and series events under World Obstacle Competition Rules.
- It is the responsibility of each National Federation to ensure that all national-level Testing on the National Federation's Athletes complies with these Anti-Doping Rules.



These Anti-Doping Rules shall also apply to all individuals involved in any capacity in obstacle sports who are members of World Obstacle National Member Federations and/or National Anti-Doping Organizations, affiliated members, clubs, teams or associations, as well as to any individuals involved in any Obstacle Sports Competition, Event or activity organized, held, convened or sanctioned by National Federations or National Anti-Doping Organizations or their affiliated members, club, teams or associations.

This includes all Athlete Support Personnel who are working with, treating or assisting Athletes or any other individuals described above to participate in or prepare for any and all Obstacle Events or Competitions.



RESOURCES

- <https://worldobstacle.org/anti-doping>
- FISO Anti-doping Rules
- WADA Athlete Guides
- Prohibited Substance List
- Therapeutic Use Exemption Principles & Practices
- Parent's Guide to Support Clean Sport

