

Minutes of the 12th FISO Congress and World Obstacle General Assembly

Nice (FRA), 15 March 2026

Attending National Federations

- | | |
|-------------------|-------------------|
| 1. Andorra | 28. Israel |
| 2. Argentina | 29. Italy |
| 3. Australia | 30. Jamaica |
| 4. Belgium | 31. Korea |
| 5. Belarus | 32. Kuwait |
| 6. Brazil | 33. Lithuania |
| 7. Brunei | 34. Malaysia |
| 8. Cameroon | 35. Mexico |
| 9. Canada | 36. Mongolia |
| 10. Chile | 37. Malta |
| 11. Colombia | 38. Netherlands |
| 12. Costa Rica | 39. New Zealand |
| 13. Croatia | 40. Norway |
| 14. Czechia | 41. Peru |
| 15. Denmark | 42. Philippines |
| 16. Ecuador | 43. Portugal |
| 17. Estonia | 44. Puerto Rico |
| 18. Finland | 45. Romania |
| 19. France | 46. Russia |
| 20. Georgia | 47. Slovakia |
| 21. Germany | 48. South Africa |
| 22. Great Britain | 49. Spain |
| 23. Greece | 50. Sweden |
| 24. Guam | 51. Tanzania |
| 25. Hong Kong | 52. United States |
| 26. Indonesia | 53. Venezuela |
| 27. Ireland | |

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1. Opening of the Congress and Call to Order by the President, Mr Ian Adamson

FISO President Ian Adamson (IA) opened the Congress and welcomed the currently present 51¹ delegates of FISO national member federations (“FISO NFs”) stating that a quorum was achieved and proceedings could begin. He thanked UIPM leadership and staff for supporting the Congress, and introduced the top table and invited members at the top table – Jennifer Miller (JM), James Burton (JB) and Stefano Zappa (SZ) – to introduce themselves. IA then introduced Obstacle Task Force (OTF) Members sitting in the front row.

IA called the meeting to order.

2. Roll Call and Approval of the Agenda

The Roll Call was established by virtue of the list of FISO NFs signed by the delegates present and the Agenda was unanimously approved.

3. Approval of the Minutes of the 2025 Congress

The Minutes were unanimously approved.

IA then welcomed the UIPM President to speak.

4. Welcome Address

Rob Stull, UIPM President

RS reflected on 10 years since the collaborative journey between UIPM and FISO had begun, and recalled how it had started with a vision of creating a great sport based on the original Olympic values of friendship, respect and excellence. He told delegates they had an opportunity to help UIPM build the biggest, strongest and most important Multisport Federation in the world, and by joining the Olympic movement, they would have the opportunity to take their sports into a new realm.

5. Introduction: Mr Ian Adamson

Item skipped and included under point 8.

¹ Two additional FISO NFs delegates subsequently joined the Congress, taking the total to 53.

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6. Integration Progress and Review of the Integration Guidelines

Mr James Burton, FISO Integration Working Group Chair

JB reflected on his involvement in almost 250 competitions across OCR and Ninja, and thanked the delegates – most of whom served in a voluntary capacity – for giving their time to the Congress. He also mentioned his involvement in British Obstacle Sports and, since 2023, Pentathlon GB, including representation in UIPM 2024 Congress where he was able to see the professionalism and high standard of governance within UIPM.

JB then talked about the integration process and said it had not always been smooth, but the importance of retaining the identity of Obstacle Sports within UIPM had been prominent part of the conversations. He commentated on a slide entitled ‘Principles of Integration’ which listed the principles jointly endorsed, confirming mutual intent and shared commitment ahead of formal statute amendments.

JB then talked about the first fully-unified Obstacle World Championships due to take place in Beijing (CHN) in 2027, with Short and Standard OCR courses as well as Ninja competitions within the official programme, and he stressed that the soon-to-be-appointed UIPM Obstacle Commission would play an important role in aligning formats.

JB then commentated on a slide entitled Planned Transition Period, with the handover ceremony on 9 August, formal dissolution taking place on 10 August, before UIPM Congress featuring potential regulatory changes in November 2026, and the end of the integration period on 31 December 2027. He then commentated on a slide entitled NF Integration Scenarios, which listed five different scenarios, where UIPM would be on hand to provide support.

He then commentated on a slide entitled UIPM Membership Structure, followed by an organigram showing the operational structure of UIPM and how/where FISO delegates might like to get involved. JB then highlighted the UIPM Obstacle Commission, which was introduced into the UIPM Rules on Internal Organisation by the UIPM 2024 Congress, and said FISO was proposing five members:

- Ian Adamson, AUS – President of World Obstacle
- Jen Miller, USA – World Obstacle Ninja Standing Committee Co-Chair

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- Stefano Zappa, ITA – World Obstacle OCR Standing Committee Chair
- Precious Que, PHI – Ninja Representative
- James Burton, GBR – OCR Representative

IA made further remarks about the candidacy of Precious Que (PHI), who was absent from the Congress due to being heavily pregnant.

JB asked Congress to empower the proposed team as FISO's recommendation to the UIPM for the inaugural commission, and asked if anyone disagreed, which was not the case. A comment regarding continental representation from Africa is noted in item 7.

7. General Discussion

Delegates were invited to comment or to ask questions.

Nayibe Statia (OTF): The member commented that the proposed Obstacle Commission was missing a representative from the African continent.

- IA explained in response that there was a regional representation in the current composition, and only 5 member positions on the Commission; he said it was a terrific goal to have and would be noted for the future.

Kuwait (KUW): The delegate commented that its national OCR Committee and the Pentathlon Federation operated under different authorities, meaning that the OCR Committee was voluntary and the Pentathlon NF was government-funded. He asked UIPM for an official letter to the Pentathlon Federation and its responsible authority, explaining the new process.

- JB agreed to provide a letter. RS added that many letters were currently being sent to nations facing challenges, especially in the Middle East, and IA provided further assurances.

Italy (ITA): The delegate reflected on the day's emotion and highlighted the need to start working hard ahead of the Obstacle Sports community joining the Olympic family, with improved communication required.

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- IA said in response that FISO's communication had improved with support from Megan Tranter (GBR) liaising with the UIPM Communications team, and asked delegates for continuous feedback.

Malaysia (MAS): The delegate asked about the future of the Southeast Asia Games, and asked whether FISO-recognised coaches and officials would now require UIPM certification to remain qualified.

- RS stressed in response that it was important to have goals such as the Southeast Asia Games because not every athlete could reach the Olympics, so continental Games were vital. He said it was a priority for UIPM to be on the programme of all regional multisport Games. JB answered that some work remained to be done, but levels of recognition would cross over seamlessly. IA added that modules had already been built into the UIPM Judges Certification Programme (JCP) a few years ago.

Spain (ESP): The delegate asked how UIPM would ensure every Pentathlon NF would work appropriately with the recognised FISO NF.

- JB stated in response that the 65 FISO NFs are the organisations becoming UIPM Member Candidates, which provided the reassurance from a framework perspective. He said all delegates should feel comfortable raising issues.

Puerto Rico (PUE): The delegate asked if there would be a written integration agreement protecting their status.

- JB informed the delegate that an integration agreement had been signed by RS and IA on 14 March. RS added that the Member Candidate status was important because it grants the representatives of these NFs authority in the further process.

ITA: The delegate commented that in a community of nations, it was important that nobody should be left behind. He said it was a noble goal to embrace all Obstacle communities, but difficult to achieve if some people were being excluded.

- IA shared the sentiment of the comment and repeated remarks by RS that more people were needed, not less, and encouraged delegates to propose more

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countries for membership where appropriate. RS said he wanted to avoid a Boxing-style situation where there could be multiple global organisations governing the sport. He asked for a show of hands to demonstrate how many delegates worked with youth athletes, and many delegates raised their hands, so RS emphasised that the shared priority was the interests of future generations.

Estonia (EST): The delegate asked about the 4-year contract for China to host the UIPM Obstacle World Championships running from 2025-2028, and asked if the competition could be located in Europe every second or third year until there were more competitors globally.

- IA agreed it was not easy for some to travel long distances repeatedly, and said the matter would be considered carefully. RS reflected on the days when the Olympic Summer and Winter Games were held in the same year, following the first profit-making 1984 Summer Games in Los Angeles there was a two-year transition period which meant there were two Winter Games in the same cycle. He made a comparison with China's hosting contract with UIPM, with a four-year contract delivering a better ROI to the city. He said that ultimately the sport needed to be more universal across all continents.
- The EST delegate noted that participation in the 2024 World Championships in Costa Rica was lower because the competition was held outside Europe. Therefore, hosting the Obstacle World Championships in China for two consecutive years (2027 and 2028), following the final FISO World Championships in Ireland this year, could negatively impact its popularity.
- JB said the comment was absolutely noted and would be considered among the Integration Working Group.

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8. Review of the Disbandment Requirements and their Implications

Ian Adamson, FISO President

IA noted that many questions had already been addressed and again reflected on the professional levels of the 2026 FISO Congress compared with previous editions.

Showing relevant pictures on the screen, IA also reflected on the historic military associations of both Pentathlon and Obstacle Sport, and how conversations began between the two movements in 2014, followed by a visit of Rob Stull and UIPM Secretary General Shiny Fang to Boston Spartan Sprint 2015, leading Mr. Stull to inscribe on a wall: “The Olympics needs this.” He then took the audience through a timeline of milestones since 2014, culminating in UIPM’s support for FISO international events since 2023.

IA said the integration of FISO into UIPM was a unique opportunity to continue enhancing Obstacle Sports within the international sports community. He also mentioned the risks of fragmentation that might be at stake, with potential for jeopardising the structures already built. He quoted the FISO Statutes to highlight the alignment of principles behind the integration.

IA noted that the vast majority of FISO NFs present at the Congress in Sweden supported the way forward with the integration process. He informed the delegates present that he had received numerous written requests for the disbandment vote and support letters prior to the Congress from member federations unfortunately, unable to be represented today.

IA then explained that at the next agenda point 9, the vote on disbandment shall be called, and that he understands that the delegates came here for this vote and that all delegates present request to have this vote now. He asked the delegates if anyone disagreed, which was not the case.

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9. Motion for the Dissolution of FISO

IA showed the motion on screen and read it out:

Preamble

Recognising the shared commitment of all Member Federations to the unification of Obstacle Sports within the international structure of the Union Internationale de Pentathlon Moderne (UIPM), to bring them into the Olympic movement and protect the integrity of Obstacle Sports, and in accordance with the principles set out between FISO and UIPM, the following resolution is hereby proposed.

Resolution

It is resolved that FISO shall be formally dissolved, with effect from 00:00 (UTC) on 10th August 2026.

Upon entrance of the effect of dissolution (10th August 2026), all National Federations of FISO, as listed below, shall automatically become “UIPM Member candidates”, and continue to lead Obstacle Sports, pending completion of the full integration process and subsequent ratification of their membership under UIPM statutes.

The FISO Secretariat shall list all necessary administrative and legal requirements to implement this dissolution and work with the UIPM Secretariat to finalise the process.

List of National Federations

1. **Andorra** – Club d’Esports d’Obstacles d’Andorra – OCRA
2. **Argentina** – Asociación Argentina de Obstáculos
3. **Australia** – Australian Multisport Federation
4. **Belarus** – Belarusian Obstacle Sports Federation
5. **Belgium** - Belgian OCR Federation (BOCRF)
6. **Brazil** – Brazilian Federation of Obstacle Course Racing
7. **Brunei** – Brunei Adventure Recreation Association
8. **Cambodia** – Cambodia Association of OCR
9. **Canada** – Obstacle Sports Canada (OSC)
10. **Chile** – OCR Chile
11. **China** – China Obstacle Sports Federation
12. **Colombia** – OCR Colombia

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13. **Costa Rica** – OCR Costa Rica
14. **Croatia** – OCR Croatia
15. **Czech Republic** – Česká Asociace Překážkových Sportů (CAPS)
16. **Denmark** – Danish Obstacle Course Racing Union (DOCRU)
17. **Ecuador** – Deporte de Obstáculos OCR Ecuador
18. **Estonia** – Estonian Obstacle Course Race Association (EOCRA)
19. **Finland** – Finnish Obstacle Course Racing Association (FOCRA)
20. **France** – Union Française de Sports d'Obstacles (UFSO - OCR France)
21. **Georgia** – Georgian Obstacle Sports Federation (GOSF)
22. **Germany** – Obstacle Course Racing Association (OCRA) Germany e.V.
23. **Greece** – Hellenic Obstacle Sport Association
24. **Guam** – Marianas Obstacle Sports Federation
25. **Hong Kong** – Association of China Hong Kong Obstacle Course Race
26. **India** – Indian Federation of Adventure Sports and Racing
27. **Indonesia** – Indonesia Obstacle Sports Federation
28. **Iran** – O-Sport Association of the Islamic Republic of Iran
29. **Ireland** – OCR Association Ireland
30. **Israel** – Obstacles Israel
31. **Italy** – Federazione Italiana OCR (FIOCR)
32. **Jamaica** – Jamaica Obstacle Sports Federation (JOSF)
33. **Japan** – Japan Obstacle Sports Association
34. **Korea** – Korea Obstacle Sports Federation
35. **Kuwait** – The Kuwaiti Sports Committee of Obstacles and Endurance
36. **Lithuania** - OCR Lithuania
37. **Malaysia** – Malaysian Obstacle Race Sports Association
38. **Malta** – Malta Modern Pentathlon Association
39. **Mexico** – Federacion Mexicana De Carrera Con Obstaculos
40. **Mongolia** – Mongolian Obstacle Sports Federation
41. **Netherlands** – Nederlandse Obstakel Sport Federatie
42. **New Zealand** – New Zealand Obstacle Sports Association (NZOSA)
43. **Nigeria** – Nigerian Obstacle Sports Federation
44. **Norway** – Norwegian Athletics OCR
45. **Perú** – FEPECOB Federación Peruana de Carrera de Obstáculos
46. **Philippines** Pilipinas Obstacle Sports Federation
47. **Poland** – Poland Obstacle Sport Federation
48. **Portugal** – Federação Portuguesa de Corridas de Obstáculos (FPOCR)
49. **Puerto Rico** – Puerto Rico OCR Association
50. **România** – Asociația Club Sportiv Ninja Sport ACSNS

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- 51. **Russia** – OCR Russia
- 52. **Slovakia** – OCRA Slovakia
- 53. **South Africa** – Obstacle Sports Federation South Africa
- 54. **Spain** – Asociación española de obstacle course races (Ocro España)
- 55. **Sweden** – Swedish Athletics Federation
- 56. **Switzerland** – Swiss Obstacle Sports Federation (SOSF)
- 57. **Syria** - Humanitarian Games Syria
- 58. **Taiwan** – Obstacle Sports Association Taiwan
- 59. **Tanzania** – Pentathlon Multisport Tanzania
- 60. **Uganda** – Uganda Obstacle Sports Federation
- 61. **Ukraine** – Obstacle Racing Federation of Ukraine (ORFU)
- 62. **United Arab Emirates** – UAE Obstacle Sports Federation
- 63. **United Kingdom** – British Obstacle Sports
- 64. **United States** – USA Ninja
- 65. **Venezuela** – Obstacle Sports Federation Venezuela

IA then took the roll call for the quorum, resulting in the confirmation of the quorum as 53 FISO NFs out of the total number of 65 FISO NFs (i.e., 81.5%) were present.

IA then moved to ask for the vote, and the result of the vote was as follows:

YES: 51 (96.23%)

NO: 0 (0%)

ABSTAIN: 2 (3.77%)

The motion was passed.

IA confirmed that the statutorily required majority for disbandment was reached. He reflected that it was a huge relief to have secured the vote, as he had only gone through this process in the interests of Obstacle Sports, and credited all delegates for what they had done in reaching this situation.

JB asked for a round of applause for IA, and he received a standing ovation.

SZ also thanked delegates and said it was an exciting moment.

JM added words about the value of community in Obstacle Sports.

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RS then asked IA to move to the front of the room to receive a Presidential pin.

IA and JB reminded delegates of the handover and the formal entry into effect of the dissolution at midnight on 10 August 2026.

RS thanked delegates for their blessing to create a better world for international sports and reflected on the time when 62 sports applied to be the new discipline of Modern Pentathlon and promised to deliver on all commitments – a comment echoed by UIPM Secretary General Shiny Fang (SF).

JB asked delegates to check the 2026 Congress Minutes after receiving them via email, with feedback required within 30 days of receipt.

IA asked delegates if they approved of himself and FISO Vice-President Marcial Luthy (SUI) fulfilling the role of FISO liquidators required to oversee the dissolution of FISO, which was unanimously approved.

MAS: The delegate asked for recognition of Alberto Agra (PHI) for his hard work in integrating Obstacle into the SEA Games. Mr. Agra (not present) received a round of applause.

IA closed the Congress.

Approved by the Presidents of the International and Continental Federations.



Panna Utpaul
Americas



Alberto Agra
Asia-Pacific



Stefano Zappa
Europe



Claude Eksteen
Africa



Ian Adamson
FISO