

MEDICAL DELEGATE COMPETITION CHECKLIST

Role and Functions

The World OCR (FISO) Medical Delegate (MD) is a professional who take part in safety and medical issues of the athletes during competitions. He/she needs to have experience in world level sports events, with knowledge in technical and operational issues related to world class events and expertise in anti-doping procedures and WADA related issues.

The MD must be a member of the team of technical officials to know the technical operations and the possible scenarios of the competition.

Pre-Competition Tasks

The MD integrates with the Race Director (RD), Technical Director (TD) and Local Organising Committee (LOC) from the beginning of the organization of the competition. He/she participates in every meeting related to technical and operational issues to be able to coordinate every aspect of the medical security with the LOC Medical Director (LMD).

The MD should request, review, and approve the Event Medical Plan. This document should be approved no later than one month prior to the first competition day.

The MD must meet the LMD, Medical Staff and Doping Staff in advance in the last few days before the competition. MD must transfer all the relevant information regarding the operative plan of the event to coordinate with them the Medical Plan. This information must include schedule of the event, maps of the courses, maps of alternative ways for evacuations and location of the closest hospitals, allocations of staffed stations and obstacle leaders and radio protocols to be used during the competition.

MD works with the LMD to manage the medical facilities in advance of the competition. The Medical Delegates Check List must be followed for all competitions:

Check List

Medical Services	Resp.		Comments
LOC Medical Director	MD	Name:	
		Email Address:	
Emergency evacuation	RD		
Race Medical Plan approved by FISO	LMD		
Local hospital notified	LMD		
Ambulances on site and on course	RD		
LOC Medical Director cooperation with FISO Medical Director and or FISO RD	MD		
Medical facility	RD / LMD		
a) Tent size and number of cots and blankets	MD / LMD / RD		
b) Ice and fridge			
c) Wading cool down pools (in hot weather)			
Medical equipment and supplies	LMD		
Qualified Personnel	LMD / MD		
Communication system (dedicated medical radio channel)	RD		
Medical access to finish area	RD		
Medical access and exit from course	RD		
Medical services on course	LMD / RD		
a) Course	RD / MD / LMD		
b) Obstacles			
b) Finish Area			
Transportation for medical personnel	RD		
Medical personnel clearly identified	RD		

Competition Tasks

Water Evacuation Plan: Medical boat (for obstacles where swimming is involved) with medical staff, 2-way radio, emergency equipment and supplies. Procedures for athlete evacuation to the medical tent and/or hospital.

Instructions to the Technical Officials (TOs) and Obstacle Captains (OCs) on how to identify symptoms of an athlete in distress, e.g., heat stroke, hypothermia, severe dehydration.

- Check Medical Stations: Quality and quantity of the liquids, temperature and locations.
- Coordination with the RD and LMD.
- Medical Operation Plan: effective communications with OCs, RD and ambulances.
- Operative Procedures in case of accident:
 1. Mild or not complicated accident: athletes recover by themselves, and they continue competing or walk not requiring assistance. No medical assistance in the field of play. TOs or OCs can assume the role and criteria on how to manage every situation.
 2. Serious Accident: athletes on the course that cannot react normally by themselves.
 3. Medical Assistance is required: nobody touches the athletes except for medical staff. A clear procedure on how to secure the accident area evacuation to avoid dangerous situations to the other competitors.

Finish Line and Recovery

Coordination and assignments of TOs to assist athletes after they cross the finish line. Assume authority and responsibility to guarantee rapid access for athletes to the medical and recovery area. No other personal or staff may be in this area, including press, except in the designed area for media. A good provision of sealed liquids in place.

Close communication with anti-doping staff to ensure clear procedures for the athletes. Exception: those clearly defined in WADA guidelines regarding athlete rights after they finish the competition and their obligations for testing.

Post-Competition Tasks

Collect all the medical records and the police reports in case of accidents.

Complete the post-race report with the RD.