

# World Obstacle UIPM 2026 OCR World Championships

## Limerick, Ireland, 6-9 August 2026

### INVITATION LETTER



IRELAND 2026

Dear Friends,

World Obstacle, the Fédération Internationale de Sports d'Obstacles (FISO), World Pentathlon, the Union Internationale de Pentathlon Moderne (UIPM), and ORCA Ireland in collaboration with Limerick City have the pleasure to invite a delegation (athletes, coaches, officials, managers) of your National Federation to participate in the World Obstacle UIPM 2026 OCR World Championships (OCRWCH) to be held in Limerick Ireland, from 6 to 9 August according to the following schedule. The detailed schedule is published on the [OCRWCH web page](#).

Tuesday	4th Aug	100m Practice (extra fee)
Wednesday	5th Aug	100m Practice (included)
Thursday	6th Aug	100m Qualifier
		400m Qualifier
		Elite Short Course
		Opening Ceremony at the University of Limerick
Friday	7th Aug	100m Qualifiers
		400m Qualifiers
		Short Course
Saturday	8th Aug	Standard Course
		100m Knockout Rounds
		400m Knockout Rounds
Sunday	9th Aug	XC Team Relay
		5K OCR Fun Run
		100m Semis & Finals
		400m Semis & Finals
		100m Teams Relay
		400m Team Relay
		Historic Handover Ceremony from FISO to UIPM*

*\*The handover from FISO to UIPM will take place, marking a historic milestone in the integration of the global Obstacle community within the Olympic Movement. This transition reflects a shared commitment to unified governance, consistent standards, and the sustainable development of the sport, providing a strong foundation for its future growth worldwide.*



UIPM



WORLD  
OBSTACLE

## Competition Format & Rules

The competition will be conducted in accordance with the World Obstacle Competition Rules, Regulations, and relevant guidelines.

<b>100m</b>	12 obstacles, international standard course
<b>400m</b>	9+ obstacles*
<b>Short Course</b>	3 km x 20 obstacles*
<b>Standard Course</b>	15 km x 40 obstacles*
<b>Team Race**</b>	5 km x 30 obstacles*
<b>Open Event</b>	5 km x 30 obstacles*

\* Distances and number of obstacles may vary

\*\* Team relay plus assist

## Competition Venues

Limerick racecourse - Greenmount Park, Main St, Patrickswell, Co. Limerick, V94 K858

## Accommodation & Travel

The official accommodation is located at the University of Limerick. To book the accommodation, please visit [www.ocrwc2026.com](http://www.ocrwc2026.com). By staying in official accommodation, you receive a discounted entry fee, free parking, discount bus tickets, and discount merchandise

The closest Airport is Shannon Airport (SNN). Dublin Airport (DUB) is 3 hours drive and has a direct bus to the official accommodation.

## Financial Conditions

Payment of the registrations, waivers, etc., must be completed through the event [website](#).

## Deadlines

- Registration price increase 15<sup>th</sup> May 026
- Registration closes 20<sup>th</sup> July 2026

## Ticketing

Registered team and entourage will have access to the spectator seating & competition areas.

## Insurance

Medical insurance for the event is mandated by the Local Organizing Committee (LOC). Please ensure you have the required insurance for your time here and for the Event. The LOC will not accept any responsibility, financial or otherwise, for any loss, injury, or illness of any member of the delegation.



**UIPM**



**WORLD  
OBSTACLE**

## Liability

The LOC assumes no liability for accidents, thefts, or any other incidents. Otherwise, the statutory provisions shall apply. We encourage everyone to purchase travel insurance that covers flight cancellations, lost baggage, theft, and loss.

## Visa Information

Visa and vaccination requirements should be confirmed prior to booking travel to Ireland.

The LOC cannot accept responsibility for arranging visas, but can provide a letter of invitation. To request a letter, please email Adam Taylor at [LOC@ocrwc2026.com](mailto:LOC@ocrwc2026.com)

## Event Pages

Website: <https://ocrwc2026.com>

## Contact Details

Irish Obstacle Course Racing Association - OCRA Ireland

**Website:** <https://ocra.ie/>

World Obstacle, FISO - Fédération Internationale de Sports d'Obstacles

**Social:** [@WorldObstacle](https://twitter.com/WorldObstacle)

**Email:** [contact@worldobstacle.org](mailto:contact@worldobstacle.org)

**Website:** <http://www.worldobstacle.org/>

World Pentathlon, UIPM – Union Internationale de Pentathlon Moderne

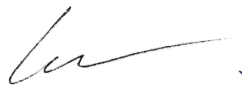
**Social:** [@WorldPentathlon](https://twitter.com/WorldPentathlon)

**Email:** [competition@pentathlon.org](mailto:competition@pentathlon.org)

**Website:** <http://www.uipmworld.org/>

Please contact Adam Taylor at [LOC@ocrwc2026.com](mailto:LOC@ocrwc2026.com) for inquiries or questions.  
We look forward to seeing you in Ireland!

Best regards,



**FISO President**

Ian Adamson



**UIPM President**

Rob Stull, OLY



**OCRA Ireland President**

Sergej Dikun



**UIPM**



**WORLD  
OBSTACLE**