



H.O.W

aaairhow@yahoo.com



Bill W.'s Last Christmas Message: (1970)

Gratitude is just about the finest attribute we can have, and how deeply we of AA realize this at Christmas-time. Together, we count and ponder our blessings of life, of service, of love. In these distraught times, we have been enabled to find an always increasing measure of peace within ourselves.

Together with all here at AA's General Service Office, Lois joins me in warmest greetings to each and all of you, and we share our confident faith that the year to come will be counted among the best that our Fellowship has ever known

Bill W

Bill W passed away January 26, 1971

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Step 12

"Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics and practice these principles in all our affairs"

Tradition 12:

"Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities"

Concept 12

The Conference shall observe the spirit of A.A. tradition, taking care at it never becomes the seat of perilous wealth or power; that sufficient operating funds and reserve be its prudent financial principle; that it place none of its members in a position of unqualified authority over others; that it reach all important decisions by discussion, vote, and, whenever possible, by substantial unanimity; that its actions never be personally punitive nor an incitement to public controversy; that it never perform acts of government, and that, like the Society it serves, it will always remain democratic in thought and action.

INDIAN RIVER CENTRAL OFFICE MONTHLY BUSINESS MEETING

Happy
New
Year

2nd Monday of each month – 7:00 PM

Newport Club—2535 16th Avenue

Main Room

Vero Beach, FL 32960

STOP IN AND SEE WHAT IT'S ALL ABOUT





Annual Holiday Alkathons



Sponsored by The Indian River Central Office of A.A.
Newport Club 2536 16th Avenue, Vero Beach FL 32960

Sat Dec 24, 2022 - Sun Dec 25, 2022

TIME	GROUP
4pm - 6pm	INDIAN RIVER THURSDAY NIGHT
6pm - 8pm	INDIAN RIVER WOMEN'S GROUP
8pm - 10pm	ROYAL PALM
10am-12pm	VERO BEACH 12 & 12
12am - 2am	LAKEWOOD PARK
2am - 4am	BEACHSIDE BEGINNERS
4am - 6am	I AM RESPONSIBLE
6am - 8am	EARLY RISERS
8am - 10am	SOUTH VERO
10am-12pm	MEAT & POTATOES
12pm - 2pm	O.D.A.A.T.
2pm - 4pm	CHILDREN OF CHAOS

Sat Dec 31, 2022 - Sun Jan 01 2023

TIME	GROUP
4pm - 6pm	LAKEWOOD PARK
6pm - 8pm	CHILDREN OF CHAOS
8pm - 10pm	EARLY RISERS
10am-12pm	VERO GRAPEVINE MEETING
12am - 2am	NOONTOME GROUP
2am - 4am	
4am - 6am	VERO BEACH 12 & 12
6am - 8am	
8am - 10am	O.D.A.A.T.
10am-12pm	INDIAN RIVER MEN'S GROUP
12pm - 2pm	I AM RESPONSIBLE
2pm - 4pm	SOUTH VERO GROUP

Sponsored by The A.A. groups of Sebastian/Roseland
Sebastian Community Center, 1805 N. Central Ave, Sebastian FL 32958

Sat Dec 24, 2022 - Sun Dec 25, 2022

TIME	GROUP
10am-12pm	
12pm - 2pm	
2pm - 4pm	
4pm - 6pm	
6pm - 8pm	
8pm - 10pm	
10am-12pm	
12am - 2am	
2am - 4am	
4am - 6am	
6am - 8am	
8am - 10am	
10am-12pm	
12pm - 2pm	
2pm - 4pm	
4pm - 6pm	

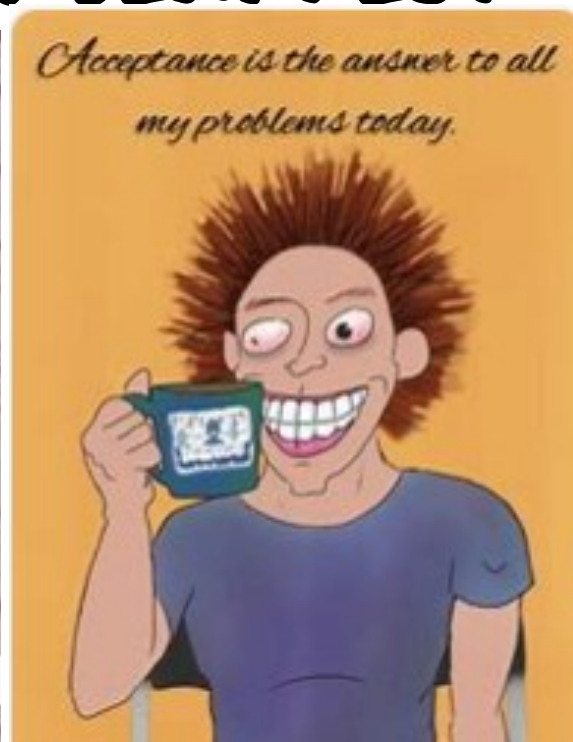
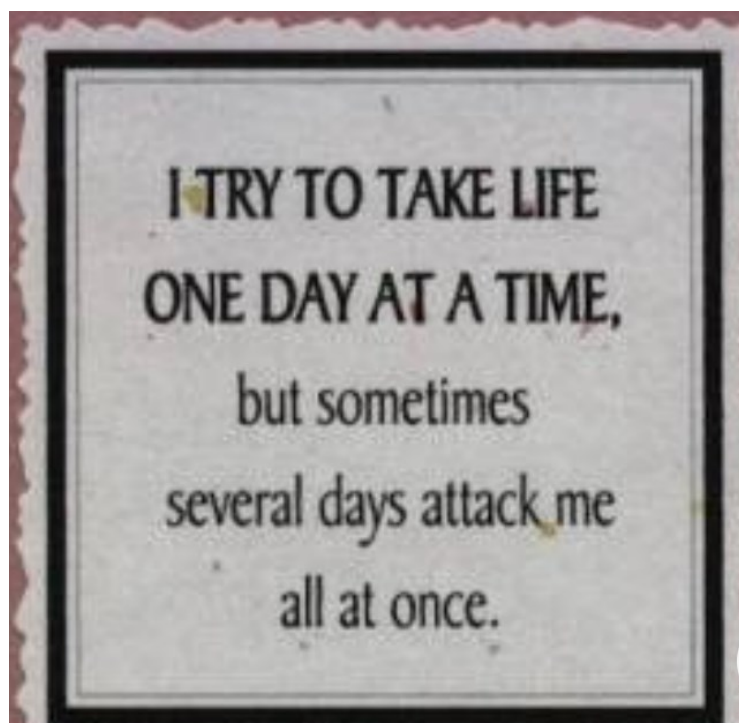
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2pm - 4pm	
4pm - 6pm	
6pm - 8pm	
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12am - 2am	
2am - 4am	
4am - 6am	
6am - 8am	
8am - 10am	
10am-12pm	
12pm - 2pm	
2pm - 4pm	
4pm - 6pm	

The original version of the “current preamble” as it was first introduced to AA in the June, 1947, Grapevine.

Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is an honest desire to stop drinking. AA has no dues or fees. It is not allied with any sect, denomination, politics, organization or institution. Does not wish to engage in any controversy. Neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

WE ARE NOT A GLUM LOT



Where to Send Contributions for 2022

Indian River Central Office	District 6	Area 15	General Service Office
1600 26th Street, Ste 6	P.O. Box 12248	P.O. Box 311	P.O. Box 2407
Vero Beach FL 32960	Ft. Pierce, FL 34979	Safe Harbor FL 34695	James A. Farley Station New York, NY 10116

THE ADDRESS FOR AREA 15 MAY BE CHANGED AS OF JANUARY 1, 2023

**A brief history of the Roseland Sebastian Friday Speaker Meeting
of Alcoholics Anonymous (AKA with affection "The Wax Museum")**

PART ONE

**by Charlie B.
one of its founders
August 1978 - August 1985**

My name is Charlie B. And I am an alcoholic. Here are a few words on how and why the Roseland-Sebastian group was formed

I was able to take early retirement in the fall of 1977. I had purchased a home in Sebastian in April of 1973 and had become acquainted with the area before retiring because I spend most of my winters here. In those days Sebastian did not have any traffic lights and only one bank. At that time there weren't any A.A. meetings in the Sebastian area and the Wabasso group was the only one between Sebastian and Vero Beach. There were no meetings between Sebastian and Melbourne. I attended the Wabasso group during this period and made some A.A. friends. After I retired I joined the Friday night group in Vero Beach.

Then early 1978 a gas shortage developed nationwide. During an AA meeting in the Newport club we discussed the gas shortage and the mileage between Vero Beach and the Sebastian area, so I suggest that we start a meeting in Sebastian. Since I was retired I said I could handle it and I would need help which never came from that source. However, I had made other A.A. friends. One in particular, Betty M. had lived in Roseland for many years. It was through Betty that we were able to get the Roseland Community Hall as a meeting place in August of 1978.

I sent to New York and got the starter package and we were on our way, but it was not easy. I became coffee maker, secretary-treasurer, chairman and speaker many times. We sat there for about eight months before we started getting people. We imported speakers from Fort Pierce. Two who were particularly helpful in getting us started were George and Bob. Both had unique stories and we helped each other. Finally the meeting took off. Gil S., Jim R. and Libby P. all were in attendance during the early days. And their presence really helped. Later Bill C came along and became our secretary-treasurer and really organized the group. His wife Jane made the cookies and still does today. We now have a roster of about 25 members which is good for any meeting in A.A.

NEXT MONTH PART 2 "AUGUST 1985 - AUGUST1997"

Sobriety Celebration

Happy New Year!



PLEASE EMAIL BIRTHDAY ANNOUNCEMENTS TO "AAIRHOW@YAHOO.COM"
NO LATER THEN THE FIRSTMONDAY OF THE MONTH

ROYAL PALM

Jim W. 38 yrs
Will D. 4 yrs
Kathleen S 3 yrs

MEATR & POTATOES

Ron 2 yrs

THE LUNCH BUNCH

Sandy A. 40 yrs
Rick M. 33 yrs
Jeff C. 8 yrs
Patty P. 3 yrs
Sophie K. 2 yrs

INDIAN RIVER THURSDAY

Debbie F. 36 yrs

SEBASTYIAN 5:32 GRP

Joannie W. 47 yrs
Barbara L. 32 yrs.

ODAAT

Bob M. 42 yrs
Allene M. 31 YRS
Karen M. 23 YRS
Jim H. 23 YRS
Colleen F. 22 YRS
Joan M. 18 YRS
Ron S. 11 YRS
Winston H. 10 YRS
Dave #2 9 YRS
Donna M. 7 YRS
Joe B. 6 YRS
Tommy K. 3.YRS.

NEW DAY GROUP

Vincent L. 13 yrs
Doreen B. 5 yrs
Phil C. 2 yrs

VERO 12&12

Kate 1 Yr

EARLY RISERS

From October

Lowell P. 46 yrs

December

Fred S. 27 yrs
Winston H. 9 yrs
John McC. 6 yrs
Casey C. 3 yrs

INDIAN RIVER WOMEN

Allene M. 31 yrs
Judy W. 28 yrs
Kathy B. 13 yrs
Kathleen S. 3 yrs

WOMEN OF SEBASTIAN

Tina M. 2 yrs

FREE and EASY

Larry M. 8 yrs

Happy



New Year



AN OPEN CALL FOR YOUR CONTRIBUTION TO THE H.O.W.

If you're artistic maybe a funny A.A. cartoon; or something you have heard at an meeting you'd like to

share; write a short A.A. Story; a funny (but clean) joke;

What is your favorite A.A. Step or A.A. Tradition and why.

Be creative, be a part of - Make this OUR Magazine.

aaairhow@yahoo.com

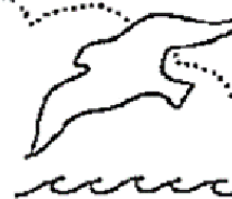


Indian River Central Office of Alcoholics Anonymous

1600 26th Street, Suite 6

Vero Beach, FL 32960

(772) 562-1114



Mission Statement

The purpose of the Indian River central office (hereafter IRC O) is to provide a services within Indian River county, with the primary goal being to carry the A.A. message to the alcoholic who still suffers. It is the mission of the IRCO to keep groups informed about A.A. activities by newsletter and by maintaining a website, answer inquiries for them, provide A.A. meeting information, maintain an available supply of Conference Approved books and literature, and to provide guidance and support to the IRCO standing committees.

The IRCO shall function within the meaning and intent of the 12 traditions and the guidelines for Intergroup and Central Offices and other guidelines as set forth by the general service office of Alcoholics Anonymous

The IRCO is entirely accountable to the groups it serves and is entirely supported by the voluntary contributions of A.A. groups within Indian River County

SPEAKER EXCHANGE PROGRAM



This program will allow anyone willing to share their Experience, Strength and Hope to make themselves available. Groups may access the list, kept at the Central Office, to invite any listed AA member to speak at their group.

NAME: _____ Sobriety Date: _____

TELEPHONE NUMBER: _____ HOME GROUP (optional) : _____

Check days available; Sun _____ Mon _____ Tue _____ Wed _____ Thu _____ Fri _____ Sat _____

Check available area(s): North County _____ South County _____

Check available time of day: Mornings _____ Afternoons _____ Evenings _____

This form can either be dropped off at the Central Office or mailed to:

Indian River Central Office of A.A.

1600 26th Street, Suite 6

Vero Beach, FL 32970



INDIAN RIVER CENTRAL OFFICE OF A.A. BIRTHDAY PLAN



This contribution on my _____ (number of years of sobriety) A.A. Birthday is my way of saying

THANK YOU

to the Indian River Central Office for serving the A.A. community of Indian River County.

Your Name: (optional) _____ Group Name (optional) _____

Address (Optional) _____

Please indicate whether you want your contribution credited to:

_____ your group or check here _____ if Anonymously

Please make checks payable to **Indian River Central Office of A.A.**

Drop off at Central Office or mail to

Indian River Central Office of A.A

1600 26th Street, Suite 6 - Vero Beach, FL 43960

AA 12-Step Volunteer Application

Name _____

Phone Number _____

Area You would be willing to participate

North County Y___N South County___Y___N

Availability___Mon—Fri ___Weekends ___Days___Evenings

I am willing to: (Please circle all that apply)

- It is suggested that a person NOT go on a twelfth step call alone to help an alcoholic who is still suffering.
- Also you should NOT drive a wet drunk to a treatment facility (detox) without having another A.A. member with you.
- If you circled either of these items, please be sure that you have another member of A.A. that is willing to go along with you.
- Talk to someone over the phone
- Talk to someone at their home
- Meet someone at a meeting
- Take someone to detox
- Give rides to AA meeting

Please return this form to Central Office or mail it to:

Indian River Central Office of AA.

1600 26th Street, Suite 6

Vero Beach, FL 32960

INDIAN RIVER COUNTY VIRTUAL MEETINGS

12/1/2022

The virtual doors are open to all A.A. members, including the elderly, shut-ins, members in care facilities such as hospitals and nursing homes, as well as snowbirds wishing to maintain their connection with the Vero Beach/Sebastian area while at home.

DAY	TIME	GROUP	TYPE of MTG	VIRTUAL ID	PASSWORD
MON	Noon	O.D.A.A.T.	12&12	998 7512 9964	63228
	5:00 PM	Sober Connections	Big Book	PH 929-205-6099	
				325 870 3587	762375
	6:00 PM	The 3 Leg Group	AA Comes of Age	452 100 1634	31236
	7:00 PM	Eastside Oldtimers	Discussion	922 693 2410	
TUE	Noon	O.D.A.A.T.	Open Discussion	998 7512 9964	63228
	7:00 PM	Vero Beach 12&12	Steps / Traditions	1 (707) 802-5380	456880#
WED	Noon	O.D.A.A.T.	Big Boiok	998 7512 9964	63228
	5:00 PM	Sober Connections	12&12	PH 929-205-6099	
				325 870 3587	762375
	5:30 PM	Big Book	Wed Big Book	319 6192864	
	6:00 PM	The 3 Leg Group	Pass It On	452 100 1634	31236
THU	Noon	O.D.A.A.T.	Chairman Choice	998 7512 9964	63228
	7:00 PM	Vero Beach 12&12	12&12	1 (707) 802-5380	456880#
	7:00 PM	Lakewood Park	Open Beginners	483 506 0908	2030
	7:30 PM	Sober Rainbow	(LGBTQ)Discussion	879 1279 781	WickedSoba
FRI	5:00 PM	Sober Connections	Chairperson's Choice	PH 929-205-6099	
				325 870 3587	762375
	7:00 PM	Lakewood Park	Speaker/Discussion	298 703 197	2030
SUN	5:00 PM	Sober Connections	Speaker	PH 929-205-6099	
				325 870 3587	762375

IF YOU ARE INTERESTED IN LOOKING FOR ADDITIONAL VIRTUAL OR TELEPHONE MEETINGS, OR WANT TO HAVE YOUR VIRTUAL OR PHONE MEETING LISTED FOR OTHERS TO FIND YOU, PLEASE NOTIFY BOTH THE "WHERE AND WHEN EDITOR" AS WELL AS THE "WEBSITE COMMITTEE"

TO BE GLOBALLY LISTED GO TO: <https://aa-intergroup.org>