

H.O.W

aairhow@yahoo.com



Tradition Two

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Sooner or later, every AA comes to depend upon a Power greater than himself. He finds that the God of his understanding is not only a source of strength, but also a source of positive direction. Realizing that some fraction of that infinite resource is now available, his life takes on an entirely different complexion. He experiences a new inner security together with such a sense of destiny and purpose as he has never known before. As each day passes, our AA reviews his mistakes and vicissitudes. He learns from daily experience what his remaining character defects are and becomes ever more willing that they be removed. In this fashion he improves his conscious contact with God.

Every AA group follows this same cycle of development. We are coming to realize that each group, as well as each individual, is a special entity, not quite like any other. Though AA groups are basically the same, each group does have its own special atmosphere, its own peculiar state of development. We believe that every AA group has a conscience. It is the collective conscience of its own membership. Daily experience informs and instructs his conscience. The group begins to recognize its own defects of character and, one by one, these are removed or lessened. As this process continues, the group becomes better able to receive right direction for its own affairs. Trial and error produces group experience and out of corrected experience comes custom. When a customary way of doing things is definitely proved to be best, then that custom forms into AA Tradition. The Greater Power is then working through a clear group conscience.

By Bill W.

STEP 2:

“Came to believe that a power greater than ourselves could restore us to sanity.

TRADITION 2

“For our group purpose there is but one ultimate authority—a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants, they do not govern.”

CONCEPT 2

The General Service Conference of A.A. has become, for nearly every practical purpose, the active voice and the effective conscience of our whole Society in its world affairs.

INDIAN RIVER CENTRAL OFFICE MONTHLY BUSINESS MEETING

2nd Monday of each month – 7:00 PM

Newport Club—2536 16th Avenue

Main Room

Vero Beach, FL 32960

STOP IN AND SEE WHAT IT’S ALL ABOUT

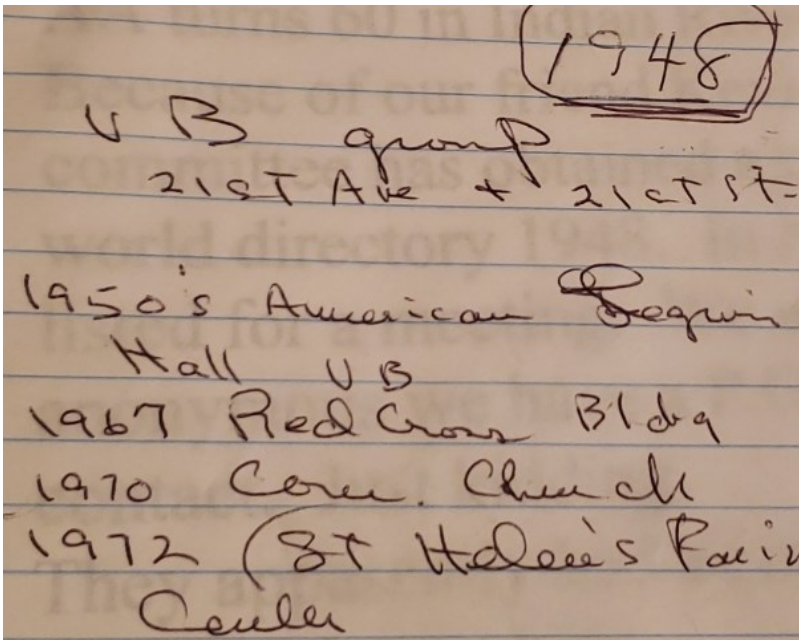
INDIAN RIVER CTY'S OLDEST GROUP "VERO BEACH GROUP"

VERO BEACH—[8]—Box 423—A. W. Frost (2831)
 WAUCHULA—HARDEE COUNTY GROUP—[10]—Otis Whitehurst (155)
 WEST PALM BEACH—[85]—Box 3431—James R. Clarke, 4310 Garden Ave. (3-1834)
 WINTER PARK—[12]—Box 217—C. G. Eberhardt (41)—Orlando

The archives of District 6 has the first AA gatherings in our District as 1948 in Ft. Pierce, and Vero Beach as 1950. However, Kevin B., the North Florida archivist at the time found the earliest record for the Vero Beach group in the G.S.O. to be 1948 rather than 1950. As the story goes, relying on the memories of those now passed on, the group met in the houses of its members for at least 2 years prior to being listed in New York in 1948, Another factoid found is quite telling about Indian River County members of Alcoholics Anonymous. In the 1970s average attendance at the Sunday Speaker meeting hosted between 200 and 300 attendees for several decades, dating back to the late 70s early 80s and beyond.

The group started meeting at St. Helen Catholic Church, 21st Street and 21st Avenue, moving to the Red Cross Building during the 1950s until 1970 when it landed at the Community Church only to return to St. Helen Catholic Church in 1972. It would remain at St. Helen for the next 49 years when in 2021, during the Covid Pandemic, the group moved to the First Christian Church located at 1927 27th Avenue in Vero Beach where it is still meeting today.

The actual age of the group will be a little more than stated; apparently before going to St. Helen in 1948. The group had been meeting for at least 2 years at the members' houses. Given all information we have gathered it is safe to say that this group will be coming up to 80 years of providing Experience, Strength and Hope to the Indian River County members of Alcoholics Anonymous.



"Whenever a society perishes or folds, it's because they forgot where they came from"
 Frank M. (former AAWS Archivist)

ANYONE INTERESTED IN THEIR GROUP APPEARING IN THIS SPACE, DROP A LINE TO ircoarchives@gmail.com

(Another group will be highlighted next month)

CONTRIBUTION ADDRESSES 2023-2024			
Indian River Central Office Treasurer 1600 26th Street, Ste 6 Vero Beach, FL 32960	District 6 Treasurer P.O. Box 12248 Ft. Pierce, FL34979	Area 15 Treasurer P.O. Box 590835 Fort Lauderdale, FL 33359-0835	General Service Board P.O. Box 2407 James A. Farley Station New York, NY 10116

NEW

WE ARE NOT A GLUM LOT

Big Book page 132



HEARD AT A MEETING

At a meeting up North, we were sharing about how we each got to AA. Some came in because they were sick and tired of being sick and tired, some because of a spouse, some ,because of a doctor, and some because of a DUI.

One fellow Alcoholic said the Dog Catcher got him here. That bit of information sure got my attention. He explained that he was drunk, as usual, and had procrastinated on renewing his dog's license. The Dog Catcher came to his house to take his dog and he got into a big fight with the Dog Catcher. In his words he said, "thats when I found out that the Dog Catcher had arrest powers." In court the judge ordered him to attend A.A. So he came to the program by being caught by the dog catcher.

At that point, I was having extreme trouble breathing because I was laughing so hard. I have been around a few 24 hours, but never met anyone before captured by the dog catcher and sent to AA. Took me days to stop laughing. Every little while the mental picture of him and the dog catcher would come back and off I would go again.

Any one else caught by the dog catcher or something else funny or bizarre?

Larry H. (location unknown)



DISTRICT 6

SPAGHETTI DINNER

FEBRUARY 18, 2023

DOORS OPEN 5:00 PM

ELKS LODGE

343 PRIMA VISTA BLVD, PORT ST LUCIE, FL

FOOD ENTERTAINMENT FUN FELLOWSHIP
PLEASE BRING DESSERT TO SHARE

TICKET CONTRIBUTION \$15.00 (limited seating)

PLEASE BRING AA APPROVED LITERATURE FOR RAFFLE

VOUCHERS MUST BE TURNED IN PRIOR TO EVENT



66th FLORIDA STATE CONVENTION
Thursday August 10- Sunday August 13
Saddlebrook resort
Wesley chapel, FL 33543/8
www.FloridaStateConvention.com

Make plans to attend the 2025 A.A. International Convention scheduled in Vancouver, British Columbia, Canada

1. When and where will the 2025 International Convention take place?

The 90th anniversary of Alcoholics Anonymous will be celebrated at the 2025 International Convention in Vancouver, BC, Canada, July 3 – 6, 2025.

2. What is the theme of the 2025 International Convention?

The theme of the 2025 International Convention is “90 Years – Language of the Heart.”

3. Have A.A. International Conventions been held in Canada before?

Yes. There have been International Conventions in Toronto (1965), Montreal (1985), and Toronto (2005). As you may know, the Responsibility Statement was adopted at the 1965 International Convention in Toronto.

4. Are there any restrictions or regulations affecting travel to Canada in 2025?

Yes. The U.S. and Canada each have restrictions and regulations that apply to citizens and visitors who travel from one country to the other. Border crossing into Canada has significantly changed, particularly in the last two years. (For more information: access links to Canada Border Services Agency

<https://www.cbsa-asfc.gc.ca/menu-eng.html>



UNITY • SERVICE • RECOVERY

Unity Committee needs volunteers to plan upcoming events.
Please call Luanne D. 201.669.1033

Sobriety Congrats Celebration



PLEASE EMAIL BIRTHDAY ANNOUNCEMENTS TO "AAIRHOW@YAHOO.COM"
NO LATER THEN 6 P.M. THE FRIDAY BEFORE THE SECOND MONDAY OF THE MONTH

<p><u>INDIAN RIVER WOMEN</u> From January Nancy D, 35 yrs Joli W. 28 yrs Linda S. 22 yrs Susan M. 11 yrs February Liz G. 2 yrs</p> <p><u>LUNCH BUNCH</u> Dennis P. 49 yrs Michael P. 17 yrs Patty F 34 yrs</p> <p><u>Barefoot Bay</u> Jackie 1 yr</p> <p><u>532 GROUP</u> From January Trent L. 29 yrs Leemon B 5 yrs February Denise D. 35 yrs Liz R. 32 yrs Mark P. 14 yrs</p> <p><u>O.D.A.A.T.</u> Michael C. 54 yrs Sue B-R, 52 yrs George McC 48 yrs Terry K-C 42 yrs Ben W. 38 yrs Monika R. 38 yrs Louis M. 38 yrs Sharon L. 9 yrs</p>	<p><u>ROYAL PALM</u> From January Tony M. 13 yrs Cindy J. 3 yrs February Barb P. 45 yrs</p> <p><u>Indian River Men</u> George 48 yrs DJ 19 yrs</p> <p><u>Vero 12&12</u> Vera C. 34 yrs Jen T. 1 yr</p> <p><u>IND RIVER THURSDAY</u> From January Mark P. 25 yrs Marie K. 17 yrs February Larry K. 27 yrs Liz G. 2 yrs</p> <p><u>NEW DAY</u> Denise B. 40 yrs Geno B. 28 yrs Doug D. 10 yrs John B. 8 yrs Sue H. 1 yr Kim Y. 1 yr</p> <p><u>Barefoot Bay</u> Bertelle 37 yrs</p> <p><u>Roseland Sebastian</u> Lori B. 31 yrs</p>	<p><u>VERO BEACH MEN</u> Mike P. 36 yrs Gary Z. 36 yrs Richie K. 30 yrs Boz 15 yrs Jonathan P. 13 yrs Chris S. 6 yrs Cole L. 5 yrs Joe S. 5 yrs Charlie C. 3 yrs Albert A. 3 yrs Daniel K. 1 yr Craig H. 1 yr William S. 1 yr</p> <p><u>SOUTH VERO</u> From January Darla S. 4 yrs</p> <p>Make sure your group submits all group AA Birthdays to the HOW for inclusion on this page.</p> <p>Being of service, is a form of 12th Stepping, to show others that the 12 Steps of Alcoholics Anonymous works.</p>	<p style="text-align: center;">H E L P</p> <p>The H.O.W. is <i>your</i> monthly newsletter Empty spaces are an eyesore, but YOU can prevent that.</p> <p>Submit a short AA story, maybe something you heard at a meeting. How do you feel about the 12 Traditions or the 12 Concepts.</p> <p>If you are artistic, how about an AA cartoon or a poem you may have written.</p>
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Indian River Central Office of Alcoholics Anonymous

1600 26th Street, Suite 6
Vero Beach, FL 32960
(772) 562-1114

Mission Statement

The purpose of the Indian River Central Office (hereafter "IRCO") is to provide AA services within Indian River County, with the primary goal being to carry the AA message to the alcoholic who still suffers. It is the mission of the IRCO to keep groups informed about AA activities by newsletter and by maintain a website, answer inquiries for help, provide AA meeting information, maintain an available supply of Conference Approved books and literature, and to provide guidance and support to the IRCO standing committees.

The IRCO shall function within the meaning and intent of the Twelve Traditions and the Guidelines for Intergroup and Central Offices and other guidelines as set forth by the General Service Office of Alcoholics Anonymous.

The IRCO is entirely accountable to the groups it serves and is entirely supported by the voluntary contributions of AA groups within Indian River County.

SPEAKER EXCHANGE PROGRAM



This program will allow anyone willing to share their Experience, Strength and Hope to make themselves available. Groups may access the list, kept at the Central Office, to invite any listed AA member to speak at their group.

NAME: _____ Sobriety Date: _____

TELEPHONE NUMBER: _____ HOME GROUP (optional) : _____

Check days available; Sun _____ Mon _____ Tue _____ Wed _____ Thu _____ Fri _____ Sat _____

Check available area(s): North County _____ South County _____

Check available time of day: Mornings _____ Afternoons _____ Evenings _____

This form can either be dropped off at the Central Office or mailed to:

Indian River Central Office of A.A.
1600 26th Street, Suite 6
Vero Beach, FL 32960

INDIAN RIVER CENTRAL OFFICE OF A.A. BIRTHDAY PLAN



This contribution on my _____ (number of years of sobriety) A.A. Birthday is my way of saying
THANK YOU
to the Indian River Central Office for serving the A.A. community of Indian River County.

Your Name: (optional) _____ Group Name (optional) _____

Address (Optional) _____

Please indicate whether you want your contribution credited to:

_____ your group or check here _____ if Anonymously

Please make checks payable to **Indian River Central Office of A.A.**

Drop off at Central Office or mail to

Indian River Central Office of A.A.

1600 26th Street, Suite 6 - Vero Beach, FL 43960

AA 12-Step Volunteer Application

Name _____

Phone Number _____

Area You would be willing to participate

North County Y___N South County ___Y___N

Availability ___Mon—Fri ___Weekends ___Days___Evenings

I am willing to: (Please circle all that apply)

- It is suggested that a person NOT go on a twelfth step call alone to help an alcoholic who is still suffering.
- Also you should NOT drive a wet drunk to a treatment facility (detox) without having another A.A. member with you.
- If you circled either of these items, please be sure that you have another member of A.A. that is willing to go along with you.
- Talk to someone over the phone
- Talk to someone at their home
- Meet someone at a meeting
- Take someone to detox
- Give rides to AA meeting

Please return this form to Central Office or mail it to:

Indian River Central Office of AA.

1600 26th Street, Suite 6

Vero Beach, FL 32960

INDIAN RIVER COUNTY VIRTUAL MEETINGS

February 1, 2023

The virtual doors are open to all A.A. members, including the elderly, shut-ins, members in care facilities such as hospitals and nursing homes, as well as snowbirds wishing to maintain their connection with the Vero Beach/Sebastian area while at home.

DAY	TIME	GROUP	TYPE of MTG	VIRTUAL ID	PASSWORD
MON	Noon	O.D.A.A.T.	12&12	998 7512 9964	63228
	5:00 PM	Sober Connections	Big Book	325 870 3587	762375
	8:00 PM	Royal Palm	Clsd Discussian	941 1825 8127	rp@8
TUE	Noon	O.D.A.A.T.	Open Discussion	998 7512 9964	63228
WED	Noon	O.D.A.A.T.	Big Boiok	998 7512 9964	63228
	5:00 PM	Sober Connections	12&12	PH 929-205-6099	762375
	5:30 PM	Spkr / Big Book	Wed. Big Book	319 6192864	
THU	Noon	O.D.A.A.T.	Chairman Choice	998 7512 9964	63228
	7:00 PM	Lakewood Park	Open Beginners	483 506 0908	2030
	7:30 PM	Sober Rainbow	(LGBTQ)Discussion	879 1279 781	WickedSoba
FRI	1:30 PM	Threed Leg Group	A.A. Comes of Age	452 100 1634	31236
	5:00 PM	Sober Connections	Chairperson's Choice	325 870 3587	762375
	7:00 PM	Lakewood Park	Speaker/Discussion	298 703 197	2030
SUN	5:00 PM	Sober Connections	Speaker	325 870 3587	762375

IF YOU ATE INTERESTED IN LOOKING FOR ADDITIONAL VIRTUAL OR TELEPHONE MEETINGS WORLD WIDE, PLEASE GO To:
<https://aa-intergroup.org>

FOR LOCAL FACE TO FACE, VIRTUAL AND/OR PHONE MEETING, CONSULT THE "WHERE-N-When"
 The "Where-n-When can be found for download at :
<https://indianriveraa.com/meetings>

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NEW