

H.O.W

aairhow@yahoo.com



Why Do We Need a Conference?

The late Bernard B. Smith, nonalcoholic, then chairperson of the board of trustees, and one of the architects of the Conference structure, answered that question superbly in his opening talk at the 1954 meeting:

“We may not need a General Service Conference to ensure our own recovery. We do need it to ensure the recovery of the alcoholic who still stumbles in the darkness one short block from this room. We need it to ensure the recovery of a child being born tonight, destined for alcoholism. We need it to provide, in keeping with our Twelfth Step, a permanent haven for all alcoholics who, in the ages ahead, can find in A.A. that rebirth that brought us back to life. “We need it because we, more than all others, are conscious of the devastating effect of the human urge for power and prestige which we must ensure can never invade A.A. We need it to ensure A.A. against government, while insulating it against anarchy; we need it to protect A.A. against disintegration while preventing overintegration. We need it so that Alcoholics Anonymous, and Alcoholics Anonymous alone, is the ultimate repository of its Twelve Steps, its Twelve Traditions, and all of its services. “We need it to ensure that changes within A.A. come only as a response to the needs and the wants of all A.A., and not of any few. We need it to ensure that the doors of the halls of A.A. never have locks on them, so that all people for all time who have an alcoholic problem may enter these halls unasked and feel welcome. We need it to ensure that Alcoholics Anonymous never asks of anyone who needs us what his or her race is, what his or her creed is, what his or her social position is.”

The A.A. Service Manual/Twelve Concepts for World Service,

STEP 4:

“Made a searching and fearless moral inventory of ourselves “

TRADITION 4:

“With respect to its own affairs, each A.A. group should be responsible to no other authority than its own conscience. But when its plans concern the welfare of neighboring groups also, those groups ought to be consulted And no group, regional committee, or individual should ever take any action that might greatly affect A.A. as a whole without conferring with the trustees of The Alcoholic Foundation. On such issues our common welfare is paramount .”

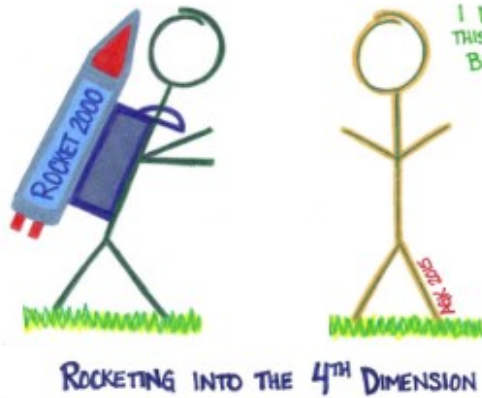
CONCEPT 4:

“Throughout our Conference structure, we ought to maintain at all responsible levels a traditional “Right of Participation,” taking care that each classification or group of our world servants shall be allowed a voting representation in reasonable proportion to the responsibility that each “must discharge.

WE ARE NOT A GLUM LOT

Big Book page 132

If you knew me
in my
drinking days,
I am sorry.
Please allow me
to re-introduce
myself.



A man and his wife were awoken at 3:00 am by a loud pounding on the door. The man gets up and goes to the door where a drunken stranger, standing in the pouring rain, is asking for a push.

"Not a chance," says the husband, "it is 3:00 in the morning!"

He slams the door and returns to bed.

"Who was that?" asked his wife..

"Just some drunk guy asking for a push," he answers.

"Did you help him?" she asks.

"No, I did not, it is 3:00 in the morning and it is pouring rain out there!"

"Well, you have a short memory," says his wife. "Can't you remember about three months ago when we broke down, and those two guys helped us? I think you should help him, and you should be ashamed of yourself!"

The man does as he is told, gets dressed, and goes out into the pounding rain. He calls out into the dark, "Hello, are you still there?"

"Yes," comes back the answer.

"Do you still need a push?" calls out the husband.

"Yes, please!" comes the reply from the dark.

"Where are you?" asks the husband.

"Over here on the swing," replied the drunk

INDIAN RIVER CENTRAL OFFICE MONTHLY BUSINESS MEETING

2nd Monday of each month – 7:00 PM

Newport Club—2536 16th Avenue

Main Room

Vero Beach, FL 32960

STOP IN AND SEE WHAT IT'S ALL ABOUT



66th FLORIDA STATE CONVENTION
 Thursday August 10- Sunday August 13
 Saddlebrook resort
 Wesley chapel, FL 33543/8
 Www.FloridaStateConvention.com

**Make plans to attend the 2025
 A.A. International Convention
 scheduled in Vancouver,
 British Columbia, Canada**

ICE CREAM SOCIAL



ICE CREAM SOCIAL
A CENTRAL OFFICE UNITY COMMITTEE EVENT
CELEBRATING 88 YEARS OF ALCOHOLICS ANONYMOUS
FOUNDERS DAY - JUNE 10, 2023 2 TO 4 PM
NEWPORT CLUB
2536 16th AVE VERO BEACH FL 32960

DISTRICT 6 LITERATURE COMMITTEE WORKSHOP

The last Sunday of every month at 6:00 on Zoom platform

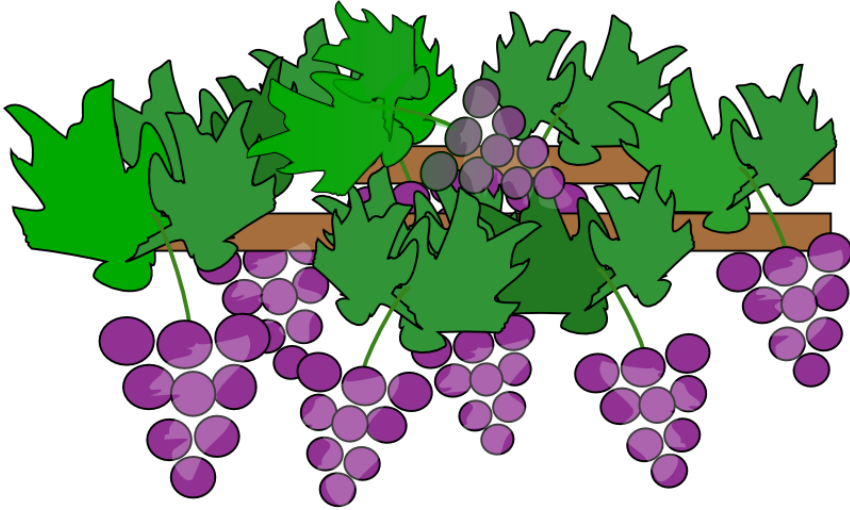
[Meeting ID: 991-593-8471 Passcode: 615](#)

Exploring Traditions through our literature

Apr 30: *Autonomy -VS- Consultation*

May 28: *The Magic of "ME TOO"*

HISTORY OF THE A.A. GRAPEVINE



The Grapevine was created by six AA members in the New York area — four women and two men. With the blessings of AA's co-founder Bill W., they published the first issue in June 1944, just nine years after the founding of AA. A copy of that first issue was sent to every AA group — about 300 at the time — and to all known AA members in the armed services overseas. An entire page with the heading, "Mail Call for All AAs in the Armed Forces," was devoted to letters from these members, who began calling the Grapevine their "meeting in print." The title stuck, and today the Grapevine and La Viña carry it on their covers.

At the heart of the early Grapevines, then as now, were first-person stories. There were also news and notes on current happenings at the Central Office, plus reports of the explosion of new groups in North America and around the world. In addition to AA news, there were book reviews and magazine reprints and pieces written by non AAs, including some well-known literary figures. Discussed were such burning topics of the day as the place of women in AA, returning veterans, and cross-addiction.

By the fourth issue, the magazine began printing this description of itself under the masthead: *A monthly Journal devoted to those seeking further knowledge on the problem of alcoholism, in the hope that it may prove a unifying bond to all alcoholics everywhere. Individual opinions expressed here are not, necessarily, those of AA as a whole.*

The Grapevine was in fact appealing to "alcoholics everywhere" and in 1945, at the request of the groups, it became the national journal of Alcoholics Anonymous. Four years later, when the Grapevine's readership had expanded to include members in Canada and Europe, the designation was changed to the international journal of Alcoholics Anonymous.

Later issues of the Grapevine reported on important developments in the growth of the Fellowship, worldwide, such as the birth of the General Service Structure, World Service Meetings, and the publication of the Third and Fourth editions of the Big Book. The history of the Grapevine is the history of the growth of Alcoholics Anonymous. In 1986, the General Service Conference reaffirmed the magazine's place in AA with an advisory action that recognized it as the international journal of Alcoholics Anonymous.

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CONTRIBUTION ADDRESSES 2023-2024			
<p style="text-align: center;">Indian River Central Office Treasurer</p> <p>1600 26th Street, Ste 6 Vero Beach, FL 32960</p>	<p style="text-align: center;">District 6 Treasurer</p> <p>P.O. Box 12248 Ft. Pierce, FL34979</p>	<p style="text-align: center;">Area 15 Treasurer</p> <p>P.O. Box 590835 Fort Lauderdale, FL 33359-0835</p>	<p style="text-align: center;">General Service Board</p> <p>P.O. Box 2407 James A. Farley Station New York, NY 10116</p>

Sobriety 2023 April Celebration

PLEASE EMAIL BIRTHDAY ANNOUNCEMENTS TO "AAIRHOW@YAHOO.COM"
NO LATER THEN THE SUNDAY BEFORE FIRST MONDAY OF THE MONTH

LUNCH BUNCH GRP

Kandi 26 yrs

MEAT AND POTATOES

Linda W. 20 yrs

Mariah 2 yrs

INDIAN RIVER WOMEN

Cindy D, 30 yrs

Kimberly P. 16 yrs

O.D.A.A.T.

Candy B. 39 yrs

Jennifer M. 24 yrs

Mike S. 14 yrs

Patricia S. 10 yrs

Judy 10 yrs

Alex Z 9 yrs

Crystal D, , 2 YRS

Saraj Mck 4 yrs

ROYAL PALM

Clell B. 41 yrs

Bon K. 37 yrs

Marco M. 7 yrs

INDIAN RIVER MEN

Frank C. 41 yrs

FREE & EASY GRP

Crystal D. 2 yrs

NEW DAY GRP

Haskell 31 yrs

Linda W. 20 yrs

Sue W/ 18 yrs

John Z. 14 yrs

Jim K. 13 yrs

Carol R. 4 yrs

Jeff P. 2 yrs

Dwayne H. 1 yr

VERO BEACH MEN

Joe H. 21 yrs

Tino 15 yrs

Nathaniel 4 yrs

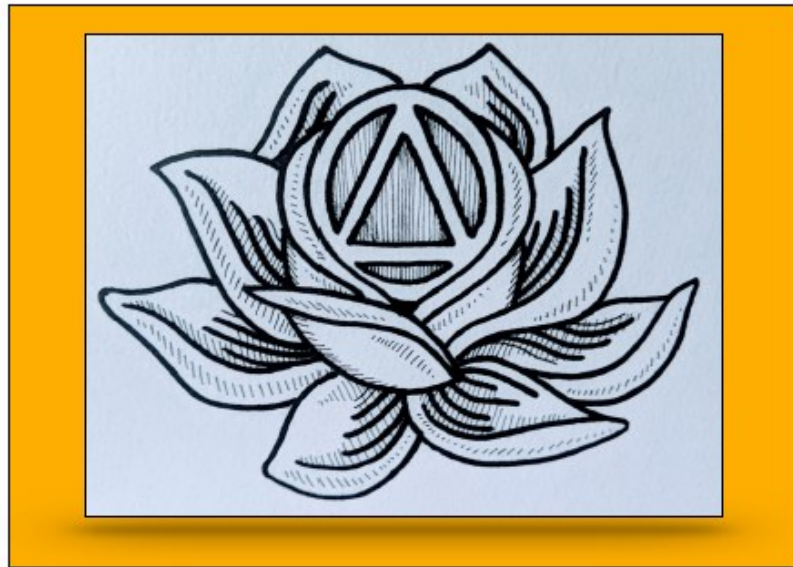
VERO BEACH MEN cont'd

Matthew D. 2 yrs

Archioe 1 yr

Richard 12 yr

Join us for the
The Meat & Potatoes Group
19th Year Anniversary Celebration

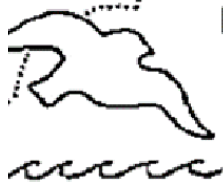


Friday, April 28th, 2023 at 5:45 pm

OPEN Speaker Meeting & Potluck Dinner
(Bring a dish to share if able)

Community Church of Vero Beach
Room 113/114 1901 23rd Street, Vero Beach
(Entrance by Playground)





Indian River Central Office of Alcoholics Anonymous

1600 26th Street, Suite 6
Vero Beach, Fl 32960
(772) 562-1114



Mission Statement

The purpose of the Indian River central office (hereafter IRC O) is to provide a services within Indian River county, with the primary goal being to carry the A.A. message to the alcoholic who still suffers. It is the mission of the IRCO to keep groups informed about A.A. activities by newsletter and by maintaining a website, answer inquiries for them, provide A.A. meeting information, maintain an available supply of Conference Approved books and literature, and to provide guidance and support to the IRCO standing committees.

The IRCO shall function within the meaning and intent of the 12 traditions and the guidelines for Intergroup and Central Offices and other guidelines as set forth by the general service office of Alcoholics Anonymous

The IRCO is entirely accountable to the groups it serves and is entirely supported by the voluntary contributions of A.A. groups within Indian River County

SPEAKER EXCHANGE PROGRAM



This program will allow anyone willing to share their Experience, Strength and Hope to make themselves available. Groups may access the list, kept at the Central Office, to invite any listed AA member to speak at their group.

NAME: _____ Sobriety Date: _____

TELEPHONE NUMBER: _____ HOME GROUP (optional) : _____

Check days available; Sun _____ Mon _____ Tue _____ Wed _____ Thu _____ Fri _____ Sat _____

Check available area(s): North County _____ South County _____

Check available time of day: Mornings _____ Afternoons _____ Evenings _____

This form can either be dropped off at the Central Office or mailed to:

Indian River Central Office of A.A.

1600 26th Street, Suite 6
Vero Beach, FL 32970

INDIAN RIVER CENTRAL OFFICE OF A.A. BIRTHDAY PLAN



This contribution on my _____ (number of years of sobriety) A.A. Birthday is my way of saying
THANK YOU
to the Indian River Central Office for serving the A.A. community of Indian River County.

Your Name: (optional) _____ Group Name (optional) _____

Address (Optional) _____

Please indicate whether you want your contribution credited to:

_____ your group or check here _____ if Anonymously

Please make checks payable to **Indian River Central Office of A.A.**

Drop off at Central Office or mail to

Indian River Central Office of A.A.

1600 26th Street, Suite 6 - Vero Beach, FL 43960

AA 12-Step Volunteer Application

Name _____

Phone Number _____

Area You would be willing to participate

North County Y___N South County ___Y___N

Availability ___Mon—Fri ___Weekends ___Days___Evenings

I am willing to: (Please circle all that apply)

- It is suggested that a person NOT go on a twelfth step call alone to help an alcoholic who is still suffering.
- Also you should NOT drive a wet drunk to a treatment facility (detox) without having another A.A. member with you.
- If you circled either of these items, please be sure that you have another member of A.A. that is willing to go along with you.
- Talk to someone over the phone
- Talk to someone at their home
- Meet someone at a meeting
- Take someone to detox
- Give rides to AA meeting

Please return this form to Central Office or mail it to:

Indian River Central Office of AA.

1600 26th Street, Suite 6

Vero Beach, FL 32960

INDIAN RIVER COUNTY VIRTUAL MEETINGS

April 10, 2023

The virtual doors are open to all A.A. members, including the elderly, shut-ins, members in care facilities such as hospitals and nursing homes, as well as snowbirds wishing to maintain their connection with the Vero Beach/Sebastian area while at home.

DAY	TIME	GROUP	TYPE of MTG	VIRTUAL ID	PASSWORD
MON	5:00 PM	Sober Connections	Big Book	325 870 3587	762375
	8:00 PM	Royal Palm	Clsd Discussian	941 1825 8127	rp@8
TUE	Noon	O.D.A.A.T.	Open Discussion	998 7512 9964	63228
WED	Noon	O.D.A.A.T.	Big Book	998 7512 9964	63228
	5:00 PM	Sober Connections	12&12	PH 929-205-6099	762375
	5:30 PM	Spkr / Big Book	Wed. Big Book	319 6192864	
THU	7:00 PM	Lakewood Park	Open Beginners	483 506 0908	2030
	7:30 PM	Sober Rainbow	(LGBTQ)Discussion	879 1279 781	WickedSoba
FRI	1:30 PM	Threed Leg Group	A.A. Comes of Age	452 100 1634	31236
	5:00 PM	Sober Connections	Chairperson's Choice	325 870 3587	762375
	7:00 PM	Lakewood Park	Speaker/Discussion	298 703 197	2030
SUN	5:00 PM	Sober Connections	Speaker	325 870 3587	762375

IF YOU ARE INTERESTED IN LOOKING FOR ADDITIONAL VIRTUAL OR TELEPHONE MEETINGS WORLD WIDE, PLEASE GO To:

<https://aa-intergroup.org>

FOR LOCAL FACE TO FACE, VIRTUAL AND/OR PHONE MEETING, CONSULT THE "WHERE-N-When"

The "Where-n-When can be found for download at :

<https://indianriveraa.com/meetings>

The meetings listed above are all local with a national and sometimes international flavor. Over the last 2 or more years we have seen A.A.'s from many of the lower 48 states, as well as Alaska and Hawaii. We have seen A.A.'s from Canada, Ireland, Great Britain, Belgium, Spain, Australia, South Africa and more. We have seen A.A.'s in hospitals, nursing homes or ill at home. We have seen people for their very first meeting, several today are attending in person meetings with 2 or more years of continuous sobriety. A.A. is available to all who need us, whether they find us in person, by phone or by virtual meeting. With the recent-Pandemic, now mostly behind us, we have learned that A.A. is resilient, that somehow, someway, we find ways to stay to meet, to stay sober and be here for the still suffering alcoholic as we continue trudging the road to happy destiny.