

H.O.W

aairhow@yahoo.com



The Unity Committee of I.R.
Central Office Presents

We're celebrating ALCOHOLICS ANONYMOUS ^{88th} Birthday



Founder's Day!
Saturday, June 10, 2023
2 - 4 pm

Guest Speakers:

- Carmine E.** Port Saint Lucie, FL
- Crystal D.** Vero Beach, FL
- Kimberley M.** Vero Beach, FL



**Followed by sobriety countdown
& ice cream social**



**The Newport Club 2536 16th Ave.
Vero Beach, FL**

STEP 5:

"Admitted to God, to ourselves, and to an other human being the exact nature of our wrongs."

TRADITION 5:

"Each Alcoholics Anonymous group ought to be a spiritual entity having but one primary purpose— that of carrying its message to the alcoholic who still suffers."

CONCEPT 5:

"Throughout our world service structure, a traditional "Right of Appeal" ought to prevail, thus assuring us that minority opinion will be heard and that petitions for the redress of personal grievances will be carefully considered. ?

WE ARE NOT A GLUM LOT

Big Book page 132



HEARD IN THE ROOMS

- Quitting drinking is easy.
I myself have done it hundreds of times.
- Drink or no Drink:
there is no try.
- I quickly learned the difference between an Alcoholic and a Drunk:
one of them attends meetings.
- I insisted that I only drink two times a year:
On my birthday and not on my birthday.

INDIAN RIVER CENTRAL OFFICE MONTHLY BUSINESS MEETING

2nd Monday of each month – 7:00 PM

Newport Club—2536 16th Avenue

Main Room

Vero Beach, FL 32960

STOP IN AND SEE WHAT IT'S ALL ABOUT



66th FLORIDA STATE CONVENTION
 Thursday August 10- Sunday August 13
 Saddlebrook resort
 Wesley chapel, FL 33543/8
 Www.FloridaStateConvention.com

**Make plans to attend the 2025
 A.A. International Convention
 scheduled in Vancouver,
 British Columbia, Canada**

DISTRICT 6
LITERATURE COMMITTEE WORKSHOP

The last Sunday of every month at 6:00 on Zoom platform

[Meeting ID: 991-593-8471](#) Passcode: 615

Exploring Traditions through our literature

May 28: *The Magic of "ME TOO"*
 Jun 25: *Cooperation NOT Affiliation*



**7th Southern States
 A A
 Service Assembly
 November 17-19, 2023**
 600 North Lake Destiny Road
 Maitland, FL 32751
 (407) 551-7624

Hosted by Area 14 North Florida

Service Workshops * Panel Discussions * Service Experience

Registration Fee: \$30.00 Registration begins December 3, 2022 online at SSAASA7.org or below.
 Hotel Info: Sheraton Orlando North, 600 North Lake Destiny Road, Maitland FL (407) 551-7522 Room Rates: \$129.00 (plus 12.5 Taxes) for Standard Rooms:
 Single, Double, Triple or Quad and "when available" 3 days prior and 3 days after the event.
 ROOMS MUST be booked by Thursday October 26, 2022

Each month the Archive's Committee strives to spotlight a group's history, alternating between North County and South County. The information is taken from our Indian River Central Office Archives augmented by current information obtained from the group. Any errors, please contact the Archives Committee

INDIAN RIVER WOMEN'S GROUP

In 1995 Mary A, had a thought that an evening women's group in Indian River County would do just fine. First she contacted the St. Augustine Episcopal; Church to make arrangements for a Monday night meeting and with several other ladies announcements were made at the Popular Vero Beach group which met on Sunday evenings with anywhere from 200 to 300 people in attendance..

In May 1995 the first meeting was held, At that time the meetings were "Open" and alternated between "12&12" and "Big Book" studies. The early members were: Mary A. (Founder); Robin N (GSR). Beth F. (Central Office); Allene M (Treasurer) and Beverly B. (Chair). Two more early members were Judy R and Julie O.

Over the years group has gone from "Open" to "Closed" back to "Open. Free babysitting was offered until Covid reared its ugly head in 2020. During the Pandemic the group, unable to meet in person, created a virtual presence using the Zoom platform through May 2021. Due to circumstances an alternate location for the meeting was looked for and the group started meeting at the Unitarian Universal Fellowship on 27th Avenue with the meeting time changing to 7:00 pm instead of 8:00pm.

The group, since its inception, has strived be use the 12 Traditions in its service to the AA community at large and Alcoholic women in particular. As a result from a Group Inventory the group has opted to have greeters welcoming all ladies as they come through the door. In addition the group has created a Social Committee to plan fellowship events for the group that is open to recovering women.

The group has participated in bringing meetings to treatment facilities such as Alcohope and later Gate Lodge and the Behavioral Health Center. They have served on committees and lend helping hands at various Birthday Dinners, Gratitude Dinners, Alkathons, Quarterly Assemblies when District 6 was hosting as well as sitting the desk at the Central Office answering calls for information and/or help in addition to after hours phone duties. Several of the members have made themselves available for 12 Step Calls and are listed as such at the Central Office desk .

Today the group continues with an "Open" meeting at the Unitarian Fellowship located at 1590 27th Avenue on Mondays at 7:00 pm.

CONTRIBUTION ADDRESSES 2023-2024			
<p style="text-align: center;">Indian River Central Office Treasurer</p> <p>1600 26th Street, Ste 6 Vero Beach, FL 32960</p>	<p style="text-align: center;">District 6 Treasurer</p> <p>P.O. Box 12248 Ft. Pierce, FL34979</p>	<p style="text-align: center;">Area 15 Treasurer</p> <p>P.O. Box 590835 Fort Lauderdale, FL 33359-0835</p>	<p style="text-align: center;">General Service Board</p> <p>P.O. Box 2407 James A. Farley Station New York, NY 10116</p>

Sobriety Celebration

PLEASE EMAIL BIRTHDAY ANNOUNCEMENTS TO "AAIRHOW@YAHOO.COM"
NO LATER THEN THE SUNDAY BEFORE FIRST MONDAY OF THE MONTH

EARLY RISERS

From April 2023

Bobby 21 yrs
Mike M. 18 yrs
Ed M. 6 yrs

MEAT & POTATOES

Steve S. 34 yrs
John D. 32 yrs
Andrew P. 13 yrs
Sylvie W. 4 yrs

O.D.A.A.T.

Peter G. 29 yrs
Bev M. 23 yrs
Amy C. 20 yrs
Carl C. 19 yrs
Patty R. 18 yrs
Donna A. 14 yrs
Marlene F. 13 yrs
John R. 8 yrs

FREE AND EASY

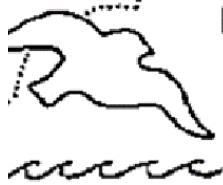
Rachel M. 8 yrs
Frank R. 5 yrs

INDIAN RIVER MEN

Joseph J. 31 yrs

532 AA Group

Lee K. 19 yrs



Indian River Central Office of Alcoholics Anonymous

1600 26th Street, Suite 6
Vero Beach, FL 32960
(772) 562-1114



Mission Statement

The purpose of the Indian River central office (hereafter IRC O) is to provide a services within Indian River county, with the primary goal being to carry the A.A. message to the alcoholic who still suffers. It is the mission of the IRCO to keep groups informed about A.A. activities by newsletter and by maintaining a website, answer inquiries for them, provide A.A. meeting information, maintain an available supply of Conference Approved books and literature, and to provide guidance and support to the IRCO standing committees.

The IRCO shall function within the meaning and intent of the 12 traditions and the guidelines for Intergroup and Central Offices and other guidelines as set forth by the general service office of Alcoholics Anonymous

The IRCO is entirely accountable to the groups it serves and is entirely supported by the voluntary contributions of A.A. groups within Indian River County

SPEAKER EXCHANGE PROGRAM



This program will allow anyone willing to share their Experience, Strength and Hope to make themselves available. Groups may access the list, kept at the Central Office, to invite any listed AA member to speak at their group.

NAME: _____ Sobriety Date: _____

TELEPHONE NUMBER: _____ HOME GROUP (optional) : _____

Check days available; Sun _____ Mon _____ Tue _____ Wed _____ Thu _____ Fri _____ Sat _____

Check available area(s): North County _____ South County _____

Check available time of day: Mornings _____ Afternoons _____ Evenings _____

This form can either be dropped off at the Central Office or mailed to:

Indian River Central Office of A.A.
1600 26th Street, Suite 6
Vero Beach, FL 32960

INDIAN RIVER CENTRAL OFFICE OF A.A. BIRTHDAY PLAN



This contribution on my _____ (number of years of sobriety) A.A. Birthday is my way of saying
THANK YOU
to the Indian River Central Office for serving the A.A. community of Indian River County.

Your Name: (optional) _____ Group Name (optional) _____

Address (Optional) _____

Please indicate whether you want your contribution credited to:

_____ your group or check here _____ if Anonymously

Please make checks payable to **Indian River Central Office of A.A.**

Drop off at Central Office or mail to

Indian River Central Office of A.A.

1600 26th Street, Suite 6 - Vero Beach, FL 43960

AA 12-Step Volunteer Application

Name _____

Phone Number _____

Area You would be willing to participate

North County Y___N South County ___Y___N

Availability ___Mon—Fri ___Weekends ___Days___Evenings

I am willing to: (Please circle all that apply)

- It is suggested that a person NOT go on a twelfth step call alone to help an alcoholic who is still suffering.
- Also you should NOT drive a wet drunk to a treatment facility (detox) without having another A.A. member with you.
- If you circled either of these items, please be sure that you have another member of A.A. that is willing to go along with you.
- Talk to someone over the phone
- Talk to someone at their home
- Meet someone at a meeting
- Take someone to detox
- Give rides to AA meeting

Please return this form to Central Office or mail it to:

Indian River Central Office of AA.

1600 26th Street, Suite 6

Vero Beach, FL 32960

INDIAN RIVER CENTRAL OFFICE

5/1/2023

For Face-to-face meeting goto: <http://www.indianriveraa.com>

For additional virtual meeting, goto: <https://www.aa-intergroup.org>

O.D.A.A.T. OPEN	O.D.A.A.T. OPEN	WED BIG BOOK OPEN
988 7512 9964 63228 OPEN DISCUSSION TUE-WED NOON	988 7512 9964 63228 OPEN BIG BOOK WED NOON	319 619 2864 SPEAKER/BIG BOOK WED 5:30 PM

SOBER CONNECTION CLOSED	SOBER CONNECTION CLOSED	SOBER CONNECTION CLOSED
325 870 3587 762375 SPEAKER SUN 5:00 OPM	325 870 3587 762375 BIG BOOK MON 5:00 OPM	325 870 3587 762375 12&12 WED 5:00 OPM

SOBER CONNECTION OPEN	LAKEWOOD PARK OPEN	ROYAL PALM CLOSED
325 870 3587 762375 CHAIR PERSON CHOICE WED 5:00 OPM	298 703 197 2030 SPEAKEER/DISCUSSION FRI 7:00 PM	841 1625 8127 m@8 DISCUSSION MON 8:00 PM

SOBER RAINBOW OPEN	3 LEG GROUP CLOSED	
879 1279 781 WickedSoba DISCUSSION THU 7:00 PM	452 100 1534 31236 LITERATURE WED NOON	

The virtual doors are open to all A.A. members, including the elderly, shut-ins, members in Care Facilities, such as Hospitals and Nursing Homes, medical rehabs as well a snowbirds wishing to maintain tgeir A.A. connection with Indian River County