

H.O.W.

aairhow@yahoo.com



Two days ago A.A. members around the globe celebrated 88 years of Alcoholics Anonymous.

In Akron Ohio the festivities started on Friday June 9, and concluded Sunday evening June 11. As usual a parade of various A.A. motorcycle clubs visited Dr. Bob's grave to demonstrate their regard and thanks for Dr. Bob. More than 15,000 A.A. members visited the birthplace where our founders first met on Mother's Day in 1935. A one week relapse by Dr. Bob ended on June 10th, when Bill W. gave him a short beer to steady his nerves before entering the Akron Hospital to practice his craft.

Locally there were 2 events honoring the Birth of A.A.

The Annual Founders Day picnic at the Wabasso Causeway getting underway at 10:00 am. Several attendees at the picnic when arriving at the Unity Committee event told of the picnic crowd enjoying themselves and that the food was great, plentiful and delicious.

Later in the day at 2:00pm the Indian River Central Office Unity Committee hosted a 3 speaker Ice Cream Social. This was the first Unity event since the Covid pandemic so no one had any idea of the possible attendance. With over a 100 participants the Committee was relieved and happy. With three great speakers and an Ice Cream Cake after the Countdown the entire event was deemed a success.

STEP 6:

"Were entirely ready to have God remove all these defects of character."

TRADITION 5:

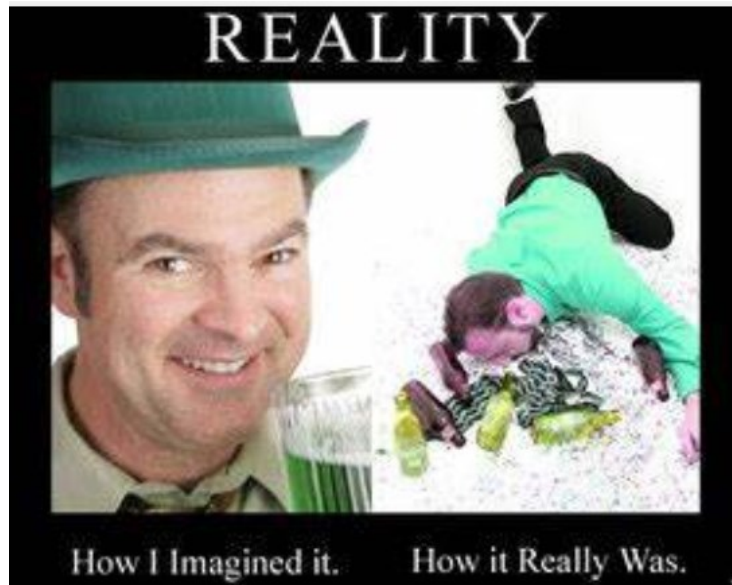
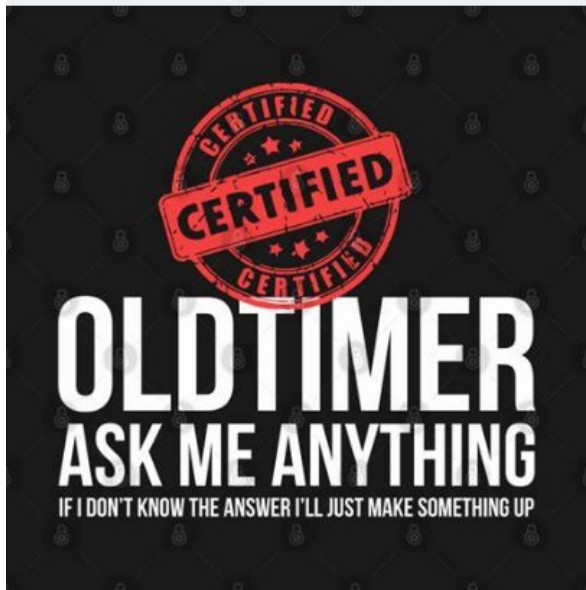
"An Alcoholics Anonymous group ought never endorse, finance, or lend the Alcoholics Anonymous name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose."

CONCEPT 6:

On behalf of A.A. as a whole, our General Service Conference has the principal responsibility for the maintenance of our world services, and it traditionally has the final decision respecting large matters of general policy and finance. But the Conference also recognizes that the chief initiative and the active responsibility in most of these matters should be exercised primarily by the Trustee members of the Conference when they act among themselves as the General Service Board of Alcoholics

WE ARE NOT A GLUM LOT

Big Book page 132



If drinking is interfering with your work, you're probably a heavy drinker. If work is interfering with your drinking, you're probably an alcoholic.

(Anonymous)

We are not cured of alcoholism. What we really have is a daily reprieve contingent on the maintenance of our spiritual condition.

Big Book page 85

“We must remember that A.A.’s Steps are suggestions only. Belief in them as they stand is not at all a requirement for membership. Among us. This liberty has made AA available to thousands who never would have tried at all, had we insisted the Twelve Steps just as written.

Alcoholics Anonymous Comes of Age, page 81, 1957

INDIAN RIVER CENTRAL OFFICE MONTHLY BUSINESS MEETING

2nd Monday of each month – 7:00 PM

Newport Club—2536 16th Avenue

Main Room

Vero Beach, FL 32960

STOP IN AND SEE WHAT IT'S ALL ABOUT

Each month the Archive's Committee strives to spotlight a group's history, alternating between North County and South County. The information is taken from our Indian River Central Office Archives augmented by current information obtained from the group. Any errors, please contact the Archives Committee

THE LUNCH BUNCH

"The Lunch Bunch" has been around since February 28, 1989 when it became listed at the General Service Office on New York. The actual date and location of the first meeting unfortunately has been lost, although we do know that Ruth T. was one of the early members.. We also know that on June 14, 1996 the "Drop Anchor Group" merged with the "Lunch Bunch Group" and continuing with the "Lunch Bunch" name. . The group met at the Sebastian Yacht Club throughout the 1990s upto September 2004 when the duo of Hurricanes Frances and Jeanne visited Indian River County 2 weeks apart, making a mess of things, including the Yacht Club.

Not missing a beat, the group moved the meeting to the trailer at the Roseland Baptist Church and remained there until late 2006/early 2007 when the repairs to the Yacht Club had been completed. The group moved right back to their former meeting place and everything went smooth until 2020 when Covid became a reality the group moved its meetings to the Park across the street for the duration until the city allowed resumption of the Yacht Club.

The membership of the group is primarily retirees, both men and women The group meets Tuesdays and Fridays at 12 noon for its "Closed Speaker/Discussion" meetings. The last Friday of the month is time for sobriety anniversary celebrations. Every March the group celebrates its founding with an open meeting with food and 2 speakers,

The group has been active in General Service , Bob M., Rebecca N. and Martin S.P. have served as GSRs. The group also participates in the Indian River central Office. Over the years the group has thrived and is well respected in the A.A. community.

| CONTRIBUTION ADDRESSES 2023-2024 | | | |
|---|--|---|--|
| Indian River Central Office Treasurer 1600 26th Street, Ste 6 Vero Beach, FL 32960 | District 6 Treasurer P.O. Box 12248 Ft. Pierce, FL34979 | Area 15 Treasurer P.O. Box 590835 Fort Lauderdale, FL 33359-0835 | General Service Board P.O. Box 2407 James A. Farley Station New York, NY 10116 |



66th FLORIDA STATE CONVENTION
 Thursday August 10- Sunday August 13
 Saddlebrook resort
 Wesley chapel, FL 33543/8
 Www.FloridaStateConvention.com

**Make plans to attend the 2025
 A.A. International Convention
 scheduled in Vancouver,
 British Columbia, Canada**

DISTRICT 6
LITERATURE COMMITTEE WORKSHOP

The last Sunday of every month at 6:00 on Zoom platform

[Meeting ID: 991-593-8471](#) Passcode: 615

Exploring Traditions through our literature
 Jun 25: *Cooperation NOT Affiliation*



**7th Southern States
 A A
 Service Assembly
 November 17-19, 2023
 600 North Lake Destiny Road
 Maitland, FL 32751
 (407) 551-7624**

Hosted by Area 14 North Florida

Service Workshops * Panel Discussions * Service Experience

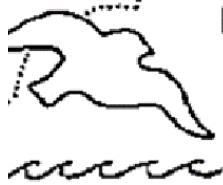
Registration Fee: \$30.00 Registration begins December 3, 2022 online at SSAASA7.org or below.
 Hotel Info: Sheraton Orlando North, 600 North Lake Destiny Road, Maitland FL (407) 551-7522 Room Rates: \$129.00 (plus 12.5 Taxes) for Standard Rooms:
 Single, Double, Triple or Quad and "when available" 3 days prior and 3 days after the event.
 ROOMS MUST be booked by Thursday October 26, 2022

Sobriety Celebration

PLEASE EMAIL BIRTHDAY ANNOUNCEMENTS TO
["AAIRHOW@YAHOO.COM"](mailto:AAIRHOW@YAHOO.COM)

Must be received no later than
 Wednesday, July 5, 2023 by 6:00 pm

| | | | |
|---|--|--|--|
| <p><u>LUNCH BUNCH</u></p> <p><u>May</u> Don P. 23 yrs. Tammy S, 2 yrs.</p> <p><u>June</u> Jeff S. 22 yrs. Jeannine 23 yrs. Susie P. 30 yrs. Tom H. 40 yrs. Tom H. 40 yrs. Ruthie T. 55 yrs.</p> <p><u>MEAT AND POTATOES</u></p> <p><u>May</u> Sylvie W. 4 yrs Andrew P. 13 yrs John 32 yrs</p> <p><u>ODAAT</u> Tom M. 5 yrs Wayne L. 11 yrs Glen B. 41 yrs</p> <p><u>INDIAN RIVER MEN</u> Lonnie 14 yrs</p> | <p><u>A NEW DAY May</u> Zinnia C. 16 yrs Doreen M. 7 yrs Dan M. 7 yrs Danm C. 2 yrs Susan L. 1 yr Amy V. 1 yr Dakota H. 1 yr. Jim P. 1 yr. Amy V. 1 yr.</p> <p><u>June</u> Tim W. 48 yrs Jack W. 18 yrs Chuck S. 13 yrs Mary Jane L. 10 yrs Conrad 3 yrs Judy M. 2 yrs John M. 2 yrs</p> <p><u>INDIAN RIVER WOMEN</u></p> <p><u>May</u> Cynthia G, 38 yrs Roberta 21 yrs Christi 3 yrs. Nancy 1 yr</p> <p><u>June</u> Genevieve 13 yrs</p> | <p><u>BAREFOOT BAY</u></p> <p><u>May</u> Bob 43 yrs Tara 8 yrs</p> <p><u>June</u> Matt 3 yrs..</p> <p><u>VERO BEACH 12&12</u> Bobbie 32 yrs. Jim C. 32 yrs Luanne D. 8 yrs Paul B. 5 yrs Kimberly M. 5 y</p> <p><u>MEAT & POTATOES</u> Mindy S, 33 yrs Paul 5 yrs</p> <p><u>ROYAL PALM</u> Skip P. 43 yrs Brian G. 34 yrs Jeff P. 14 yrs.</p> | <p>H A P P Y B I R T H D A Y</p> |
|---|--|--|--|



Indian River Central Office of Alcoholics Anonymous

1600 26th Street, Suite 6
Vero Beach, Fl 32960
(772) 562-1114



Mission Statement

The purpose of the Indian River central office (hereafter IRC O) is to provide a services within Indian River county, with the primary goal being to carry the A.A. message to the alcoholic who still suffers. It is the mission of the IRCO to keep groups informed about A.A. activities by newsletter and by maintaining a website, answer inquiries for them, provide A.A. meeting information, maintain an available supply of Conference Approved books and literature, and to provide guidance and support to the IRCO standing committees.

The IRCO shall function within the meaning and intent of the 12 traditions and the guidelines for Intergroup and Central Offices and other guidelines as set forth by the general service office of Alcoholics Anonymous

The IRCO is entirely accountable to the groups it serves and is entirely supported by the voluntary contributions of A.A. groups within Indian River County

SPEAKER EXCHANGE PROGRAM



This program will allow anyone willing to share their Experience, Strength and Hope to make themselves available. Groups may access the list, kept at the Central Office, to invite any listed AA member to speak at their group.

NAME: _____ Sobriety Date: _____

TELEPHONE NUMBER: _____ HOME GROUP (optional) : _____

Check days available; Sun _____ Mon _____ Tue _____ Wed _____ Thu _____ Fri _____ Sat _____

Check available area(s): North County _____ South County _____

Check available time of day: Mornings _____ Afternoons _____ Evenings _____

This form can either be dropped off at the Central Office or mailed to:

Indian River Central Office of A.A.
1600 26th Street, Suite 6
Vero Beach, FL 32960

INDIAN RIVER CENTRAL OFFICE OF A.A. BIRTHDAY PLAN



This contribution on my _____ (number of years of sobriety) A.A. Birthday is my way of saying
THANK YOU
to the Indian River Central Office for serving the A.A. community of Indian River County.

Your Name: (optional) _____ Group Name (optional) _____

Address (Optional) _____

Please indicate whether you want your contribution credited to:

_____ your group or check here _____ if Anonymously

Please make checks payable to **Indian River Central Office of A.A.**

Drop off at Central Office or mail to

Indian River Central Office of A.A.

1600 26th Street, Suite 6 - Vero Beach, FL 43960

AA 12-Step Volunteer Application

Name _____

Phone Number _____

Area You would be willing to participate

North County Y___N South County ___Y___N

Availability ___Mon—Fri ___Weekends ___Days___Evenings

I am willing to: (Please circle all that apply)

- It is suggested that a person NOT go on a twelfth step call alone to help an alcoholic who is still suffering.
- Also you should NOT drive a wet drunk to a treatment facility (detox) without having another A.A. member with you.
- If you circled either of these items, please be sure that you have another member of A.A. that is willing to go along with you.
- Talk to someone over the phone
- Talk to someone at their home
- Meet someone at a meeting
- Take someone to detox
- Give rides to AA meeting

Please return this form to Central Office or mail it to:

Indian River Central Office of AA.

1600 26th Street, Suite 6

Vero Beach, FL 32960

INDIAN RIVER CENTRAL OFFICE

6/12/2023

For Face-to-face meeting goto: <http://www.indianriveraa.com>

For additional virtual meeting, goto: <https://www.aa-intergroup.org>

| O.D.A.A.T. | | SOBER CONNECTION |
|---|---|---|
| OPEN | OPEN | CLOSED |
| 988 7512 9964 63228 DISCUSSION TUESDAY NOON | 988 7512 9964 63228 BIG BOOK WEDNESDAY NOON | 325 870 3587 762375 SPEAKER SUNDAY 5:00 OPM |

| SOBER CONNECTION | | |
|--|--|---|
| CLOSED | CLOSED | OPEN |
| 325 870 3587 762375 BIG BOOK MONDAY 5:00 OPM | 325 870 3587 762375 12&12 WEDNESDAY 5:00 OPM | 325 870 3587 762375 CHAIR PERSON CHOICE FRIDAY 5:00 OPM |

| ROYAL PALM | 3 LEG GROUP | WED BIG BOOK |
|---|--|---|
| CLOSED | CLOSED | OPEN |
| 841 1625 8127 rm@8 DISCUSSION MONDAY 8:00 PM | 452 100 1534 31236 LITERATURE WEDNESDAY NOON | 319 619 2864 SPEAKER/BIG BOOK WEDNESDAY 5:30 PM |

| SOBER RAINBOW | LAKEWOOD PARK | |
|---|---|--|
| OPEN | OPEN | |
| 879 1279 781 WickedSoba DISCUSSION THURSDAY 7:00 PM | 298 703 197 2030 SPEAKEER/DISCUSSION FRIDAY 7:00 PM | |

The virtual doors are open to all A.A. members, including the elderly, shut-ins, members in Care Facilities, such as Hospitals and Nursing Homes, medical rehabs as well as snowbirds wishing to maintain their A.A. connection with Indian River County