



H.O.W.

indianriverhow@gmail.com



Step Eight

Made a list of all persons we had harmed, and became willing to make amends to them all.

Tradition Eight

Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.

Concept Eight

The trustees are the principal planners and administrators of over-all policy and finance. They have custodial oversight of the separately incorporated and constantly active services, exercising this through their ability to elect all the directors of these entities.

Declaration of Unity

This we owe to A.A.'s future: To place our common welfare first; To keep our fellowship united. For on A.A. unity depend our lives, And the lives of those to come"



I Am Responsible

I am responsible. When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that I am responsible.

**FOR MORE INFO ABOUT INDIAN RIVER COUNTY
ALCOHOLICS ANONYMOUS
CALL 772-562-1114 OR VISIT www.indianriveraa.com**

Brotherly Love

Spiritual principle behind Step 8

Definition of Love

- strong affection for another arising out of kinship or personal ties
- warm attachment, enthusiasm, or devotion
- unselfish loyal and benevolent concern for the good of another

Synonyms of Love

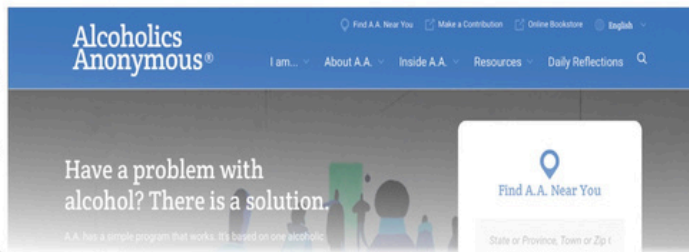
- cherish
- appreciate
- value
- respect

Your Seventh Tradition Contributions Help Carry the Message

Contributions made by you and your home group to the General Service Board support the work of your General Service Office (GSO) to help the alcoholic around the corner – and around the world.

Your contributions make possible essential member services and support for those seeking help.

10 Member contributions help support the aa.org website where anyone can find information on the life-saving program of Alcoholics Anonymous. Today, the website sees more than 14 million visitors a year and growing—expanding the reach and impact of the A.A. message.



11 Thanks to the generous contributions from members of the Fellowship across the U.S. and Canada, the Cooperation with the Professional Community (CPC) assignment regularly provides professionals with samples of A.A. literature. This material is available for these professionals to learn about our program of recovery and to place in the hands of the still suffering alcoholic who they may encounter in their professional capacity. <https://www.aa.org/cpc-service-cards>

12 In 2024, the Language Services Department received

a total of 2,768 translation requests. These requests range from an email reponse to larger reports including the Regional Forum Final Report and all the Background for the General Service Conference.



Anniversaries

AUGUST

I Am Responsible

Chris S 2yrs
Roseanna F 34yrs

Lunch Bunch

Gail B 37 yrs
Hank T 34 yrs
Bonnie R 21 yrs

Free & Easy

Debra J 27yrs

IR Thursday

Amy P 7yrs

Vero Beach

Men's

Tom F - 25
Lane S - 24
George C - 20
Bill "Scrappy" - 15
John S - 8
John M - 2
Chris - 2
Vernon - 1
Edward C - 1

Sundowners

Sammi H 1 yr
Bill H 10 yrs
Brittney 12 yrs

ODDAT

Lisa C - 7 yrs
Mary G - 23 yrs
Catherine T - 3 yrs
Jimmy V - 9 yrs
Jerry V - 5 yrs
John R - 43 yrs
Tom M - 39 yrs

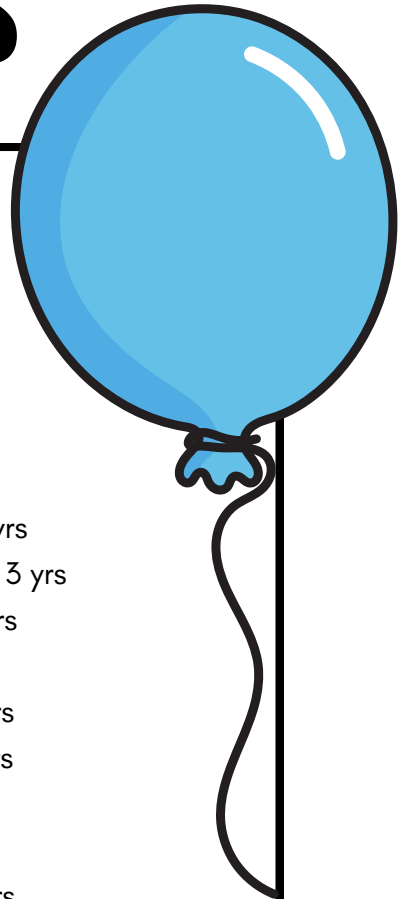
Royal Palm

Ben E. 6 years
Rick S. 51 years

"The quieter you become, the more you can hear"

Ram Dass, (submitted by Debra, Free & Easy)

**Submit group
anniversaries by
the 15th of the
month to
indianriverhowe@gmail.com**



What's Happening?

INDIAN RIVER COUNTY CENTRAL OFFICE



<https://indianriveraa.com/events>

Don't miss these upcoming events

**IF YOUR GROUP HAS ANY UPCOMING EVENTS
FOR PUBLISHING,
EMAIL indianriverhow@gmail.com**

TREASURE COAST HOST OF
FCYPAA PRESENTS
THE OFFICIAL PRE CONFERENCE PARTY

"Better than Gold" RAVE

AUGUST 23RD, 2025 AT
7:30 PM
THE NEWPORT CLUB
2536 16TH AVE, VERO BEACH, FL 32960
Speaker Meeting starts @7:30pm

FEAT. DJS
DJ FLAMÉ KEEPER 8pm-9pm
DJ BUCK20 9pm-10pm
DJ LANKA 11pm-12am
DJ ATLERNATE 10pm-11pm

GET YOUR PRE-
SALE TICKET NOW!

50/50 RAFFLE
For a free Suite Upgrade
*MUST already have a room booked at the
Marriott Hutchinson Island Beach Resort
Golf & Marina for the FCYPAA Conference
or on the waiting list to participate*

Suggested
Donation
\$15

**COME JOIN US IN CELEBRATING
THE VERO BEACH MEN'S GROUP
25 ½ YEAR ANNIVERSARY**

**FOOD
FUN &
FELLOWSHIP**

**ALL ARE
WELCOME!**

WHERE: The Newport Club @ 2536 16TH AVE
WHEN: Saturday, August 23RD
Food Served @ 11:00 AM – 2:30 PM
Special Guest AA Speaker @ 1:00pm



When your partner
confronts you about any of
your toxic behaviors

"I could be a drunk right
now, do you realize how
lucky you are?"

AA Events



SAT. AUGUST 23, 2025 @ 6 P.M.

IAR 48th Anniversary Pot Luck Celebration
Doors open at 6, Dinner at 6:30 p.m. - Speaker at 8
Feel Free to Bring a Dish or Dessert!

I Am Responsible
First Christian Church
1927 27th Avenue



Join us for Food, Fun and Fellowship

DISTRICT 6
OKEECHOBEE
Fish Fry

Saturday
August 23rd 2025
11am - 3pm



Ticket contribution
\$20

C. Scott Driver Park
10100 SR-78
Okeechobee, FL 34974

We are seeking AA approved literature for the Raffle

Please Bring a Covered Dish or Dessert

Treatment Committee- BHC, Vero Beach, Monday @7

1st Mon - Sundowners
2nd Mon - Vero Beach Men's Group
3rd Mon - Dave and friends
4th Mon - John M and friends

Want to Contribute to the IRC AA
HOW?

Email comics, pictures, shorts,
announcements to
indianriverhow@gmail.com

Service work to BHC-

As treatment coordinator, I look for groups who are willing to do a 6 month commitment for 1 of the 4 Monday's in a month. I was unable to find a group for the 3rd Mon from July to Dec. As I announced it a gentleman from Club Sebastian stepped up. He was very excited about it and had people interested in going, So he took to his Monday last night. Afterwards he called and I was happy to hear how it went for him and the other person who went with him. This Monday someone was at the desk and they had to sign in, show id and put there stuff in a locker(keys , phones and drink). Nothing could go in with them except the AA material needed for a meeting. We DO NOT take anything in for the clients there nor do we take a drink in with us. Dave is sober a few years and jumped on doing service work and he was so happy to carry the message. Thank you, Dave, service is one of the 3 legacies

Treatment coordinator,
Debbie D

AREA "VIRTUAL" MEETINGS

6:00 PM	Tuesday - Pass it On (Book Study) - (Closed, LIT, XT) - Zoom ID 452-100-1634 PC: 31236
5:30 PM	Wednesday - Speaker/Big Book - (SP, B, LIT) - Zoom: 319-619-2864
4:00 PM	Thursday - Keep It Simple Meeting - (Open, ABSI, LIT) - Zoom ID 835 2645 7983 - Code 967440



ONLINE INTERGROUP ALCOHOLICS ANONYMOUS

<https://aa-intergroup.org/meetings/>



Meeting Guide syncs with area, district, intergroup/central offices and international general service office websites, relaying meeting information from more than 400 A.A. service entities directly to the app. Over 100,000 weekly meetings are currently listed, and the information is refreshed twice daily.

THIS IS A FREE APP FOR BOTH ANDROID AND IPHONE

Meeting Guide features

- Listing of both **in-person** and **online** meetings
- A default view that provides a list of meetings showing time, location and meeting name
- A meeting detail view that offers extra information such as meeting format and any notes provided by the group
- A search function to find meetings by location or keyword
- A daily quote feature lets users read from "Daily Reflections"
- Multiple access points that make finding local A.A. contact information easy
- A news feature with the latest from the General Service Office and Grapevine

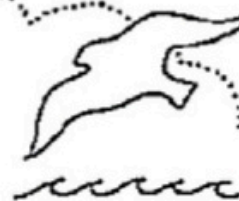


Indian River Central Office of Alcoholics Anonymous

1600 26th Street, Suite 6

Vero Beach, FL 32960

(772) 562-1114



Mission Statement

The purpose of the Indian River central office (hereafter IRC O) is to provide a services within Indian River county, with the primary goal being to carry the A.A. message to the alcoholic who still suffers. It is the mission of the IRCO to keep groups informed about A.A. activities by newsletter and by maintaining a website, answer inquiries for them, provide A.A. meeting information, maintain an available supply of Conference Approved books and literature, and to provide guidance and support to the IRCO standing committees.

The IRCO shall function within the meaning and intent of the 12 traditions and the guidelines for Intergroup and Central Offices and other guidelines as set forth by the general service office of Alcoholics Anonymous

The IRCO is entirely accountable to the groups it serves and is entirely supported by the voluntary contributions of A.A. groups within Indian River County

SPEAKER EXCHANGE PROGRAM



This program will allow anyone willing to share their Experience, Strength and Hope to make themselves available. Groups may access the list, kept at the Central Office, to invite any listed AA member to speak at their group.

NAME: _____ Sobriety Date: _____

TELEPHONE NUMBER: _____ HOME GROUP (optional) : _____

Check days available; Sun _____ Mon _____ Tue _____ Wed _____ Thu _____ Fri _____ Sat _____

Check available area(s): North County _____ South County _____

Check available time of day: Mornings _____ Afternoons _____ Evenings _____

This form can either be dropped off at the Central Office or mailed to:

Indian River Central Office of A.A.

1600 26th Street, Suite 6

Vero Beach, FL 32960

INDIAN RIVER CENTRAL OFFICE OF A.A. BIRTHDAY PLAN



This contribution on my _____ (number of years of sobriety) A.A. Birthday is my way of saying

THANK YOU

to the Indian River Central Office for serving the A.A. community of Indian River County.

Your Name: (optional) _____ Group Name (optional) _____

Address (Optional) _____

Please indicate whether you want your contribution credited to:

_____ your group or check here _____ if Anonymously

Please make checks payable to **Indian River Central Office of A.A.**

Drop off at Central Office or mail to

Indian River Central Office of A.A.

1600 26th Street, Suite 6 - Vero Beach, FL 43960

AA 12-Step Volunteer Application

Name _____

Phone Number _____

Area You would be willing to participate

North County Y___N___ South County___Y___N___

Availability___Mon—Fri___Weekends___Days___Evenings

I am willing to: (Please circle all that apply)

- It is suggested that a person NOT go on a twelfth step call alone to help an alcoholic who is still suffering.
- Also you should NOT drive a wet drunk to a treatment facility (detox) without having another A.A. member with you.
- If you circled either of these items, please be sure that you have another member of A.A. that is willing to go along with you.
- Talk to someone over the phone
- Talk to someone at their home
- Meet someone at a meeting
- Take someone to detox
- Give rides to AA meeting

Please return this form to Central Office or mail it to:

Indian River Central Office of AA.

1600 26th Street, Suite 6

Vero Beach, FL 32960

Addresses for Contributions

Indian River Central

Office Treasurer

1600 26th St, Ste 6

Vero Beach, FL 32960

District 6 Treasurer

P.O. Box 12248

Ft. Pierce, FL 34979

Area 15 Treasurer

2950 W Cypress Creek Rd.

Ste 333 #1907

Fort Lauderdale, FL 33309

General Service Board

P.O. Box 2407

James A. Farley Station

New York, NY 10116