



H.O.W.

indianriverhow@gmail.com



Step Twelve

Having had a spiritual awakening as the result of these Steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.

Tradition Twelve

And finally, we of Alcoholics Anonymous believe that the principle of anonymity has an immense spiritual significance. It reminds us that we are to place principles before personalities; that we are actually to practice a genuine humility. This to the end that our great blessings may never spoil us; that we shall forever live in thankful contemplation of Him who presides over us all.

Concept Twelve

The Conference shall observe the spirit of A.A. tradition, taking care that it never becomes the seat of perilous wealth or power; that sufficient operating funds and reserve be its prudent financial principle; that it place none of its members in a position of unqualified authority over others; that it reach all important decisions by discussion, vote, and whenever possible, substantial unanimity; that its actions never be personally punitive nor an incitement to public controversy; that it never perform acts of government; that, like the Society it serves, it will always remain democratic in thought and action.

**FOR MORE INFO
ABOUT
INDIAN RIVER COUNTY
ALCOHOLICS
ANONYMOUS**

**CALL
772-562-1114**

**OR VISIT
indianriveraa.com**

December Anniversaries

I Am Responsible

Stefanie B 3
Larry M 10

Women of Sebastian

Robin 2
Tina 4

Sebastian

5:32
Dave G 36

ODAAT

Winston 11
Colleen F 24
Karen M 25
Bob M 44
Tony M 53

Lunch

Bunch

Sandy A 42

Sebastian

New Day

Vinnie L 15
Doreen B 7
Phil C 3
Camille 1

VB Men

Bill B 25
Stephen A 5
Josiah D 5
Bruce 3

IR Women

Allene M 33
Judy W 30

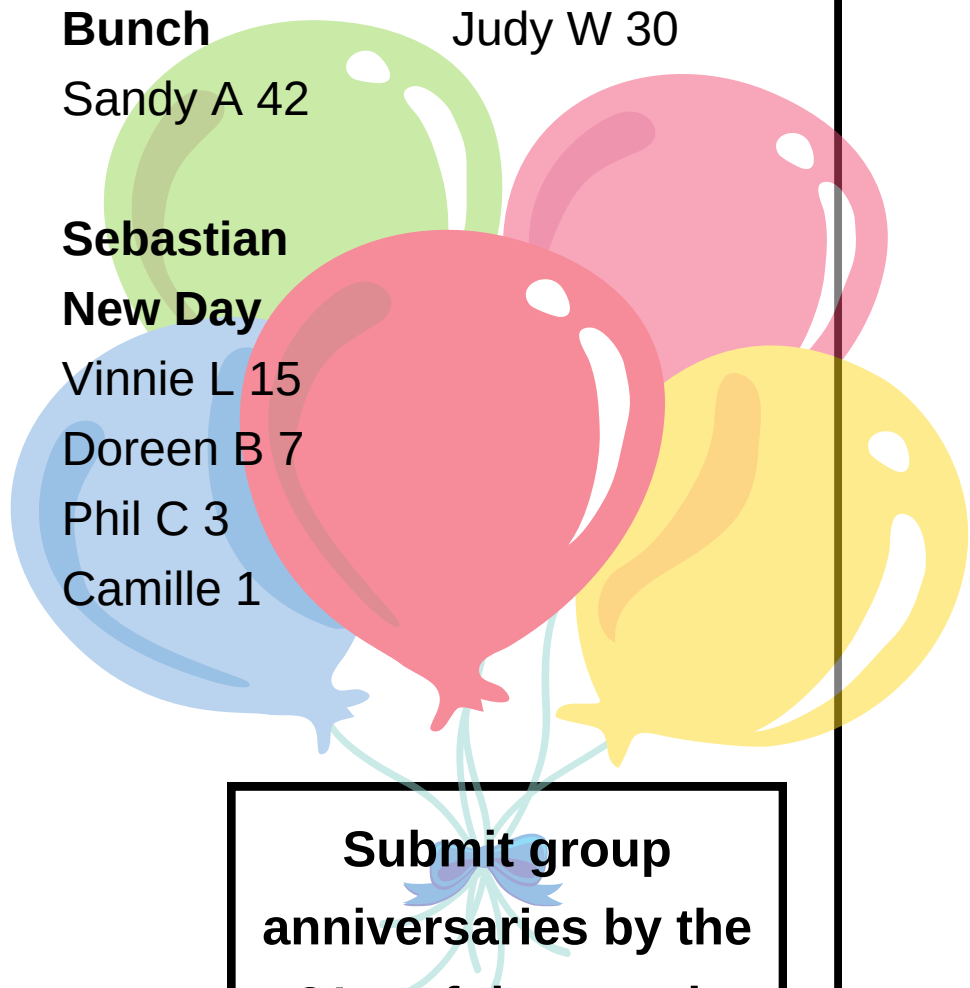
November Anniverasries

Early Risers

Terry D 3
Sherri D 7
Ray O 36
Heidi
Larry

**Submit group
anniversaries by the
21st of the month**

indianriverhow@gmail.com





Indian River Central Office
2024/2025

Alcathon Schedule

AT THE

New Port Club



2536 16th Ave
Vero Beach



Tuesday

December 24th

4-6pm Indian River Women's
6-8pm South Vero
8-10pm Children of Chaos
10pm-12am I Am Responsible

Wednesday

December 25th

12am-2am Early Risers
2-4am Vero Beach 12 & 12
4-6am South Vero Nooners
8-8am Meat and Potatoes
8-10am Lakewood Park
10am-12pm ODAAT
12-2pm Vero Beach Men's
2-4pm Early Risers

Tuesday

December 31st

4-6pm I Am Responsible
6-8pm Indian River Men's
8-10pm Early Risers
10pm-12am Lakewood Park

Wednesday

January 1st

12am-2am Children of Chaos
2-4am Early Risers
4-6am Free and Easy
8-8am Vero Beach Men's
8-10am ODAAT
10am-12pm South Vero
12-2pm Meat and Potatoes
2-4pm Indian River Women's



Principle of Step 12- Service


Our real purpose is to fit ourselves to be of maximum service to God and the people about us.



Twelve Tips on Keeping Your Holiday Season Sober & Joyous

~Rhode Island AA~

- Line up extra AA activities (help on the phones, speak, empty the ashtrays).
- Be host to friends, especially newcomers, at home or at a coffee shop.
- Keep your AA telephone list with you at all times.
- Find out about holiday meetings or celebrations in your local groups.
- Skip any drinking occasions you're nervous about.
- If there's one you can't skip, take an AA friend—or keep candy handy.
- Don't think you have to stay late (plan an "important date" in advance).
- Go to church. Any church. And don't forget about extra meetings.
- Don't sit around brooding; catch up on reading, museums, walks, letters.
- Don't project about holiday temptations: remember "One day at a time."
- Even if you cannot give material gifts, enjoy the beauty of holiday love.
- Carry the message. Give the joy away, and it will be yours to keep.—
Adapted from Box 4-5-9



**Dear vodka rocks & bag of pot who've loved
me for so long. Believe it's true
I'm through with you although
you're never gone.**

**We'll meet again, a passing
glance from me is all you'll see,
reminders of my foolish love and what you
stole from me**

W.H. - Vero Beach



INDIAN RIVER COUNTY CENTRAL OFFICE



<https://indianriveraa.com/events>

EVENTS

**Indian River
Alcoholics Anonymous**

**Please keep us updated
so we can keep you updated**



**GSR's, event sponsors, etc.
please share event information to :
ircaainfo@gmail.com**

What's Happening?

IF YOUR GROUP HAS ANY UPCOMING EVENTS THEY WANT PUBLISHED,
EMAIL indianriverhow@gmail.com

Save the Date!

2025 A.A. International Convention

July 3-6, 2025

AA.org/International-Convention

VANCOUVER 2025

**Language of the Heart
Lenguaje del corazón
Le langage du cœur**

Scan here!



Holiday Happenings

Dear Friends...

Lois and I join in sending to A.A.'s worldwide our warmest affection at this Christmastime.

You will agree that we of A.A. are just about the most fortunate people on the globe today. By God's Grace we have received an unexampled opportunity to live, to serve, and to love.



At this season, and in the New Year to come, may joys overflow and our gratitude be boundless. May the Spirit of the Prince of Peace be among us always.

Bill



Toys for Kids

Saturday, December 14th
1pm-4pm
Newport Club

Let us help you this Christmas season with gifts for your children.

All gifts are free to active AA members; come shop and we'll wrap your gifts for you!

This event relies heavily on the AA community to donate new, unused toys for all ages. Toy drop off will be at the Newport Club.

For further information, please contact:

Trish K 772-713-6068



You are invited to the



Lakewood Park Group Annual Holiday Eat and Meet Party Friday, December 13, 2024

The Crossing Community Church
8103 Indrio Road, Fort Pierce

Doors at 5:30pm, Food and Fellowship at 6pm,
Speaker Meeting at 7pm

Please bring a dish or dessert to share – POTLUCK!!

If you cannot bring a dish, please bring yourself –

EVERYONE IS WELCOME AND ENCOURAGED TO COME!



NEW

Monday @ 5:30pm
EMOTIONAL SOBRIETY MTG.

Type: Closed, Discussion

**Unity Spiritual Center
of Vero Beach
950 43rd Avenue**

Starting Mon. January 6th



**SATURDAY
NIGHT
LIVE**

ALANON
AND AA
MEETING
TOGETHER

12-28-2024

4th Saturday of the month

7pm to 8pm

**please bring a friend or spouse to
see both programs at work**



**WE COME
TO
SOUTH VERO**

South Vero Beach Group

**755 8th Ct. (Glendale Plaza Ste. #6)
Vero Beach, FL 32962**

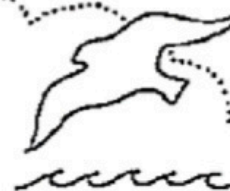


Indian River Central Office of Alcoholics Anonymous

1600 26th Street, Suite 6

Vero Beach, FL 32960

(772) 562-1114



Mission Statement

The purpose of the Indian River central office (hereafter IRC O) is to provide a services within Indian River county, with the primary goal being to carry the A.A. message to the alcoholic who still suffers. It is the mission of the IRCO to keep groups informed about A.A. activities by newsletter and by maintaining a website, answer inquiries for them, provide A.A. meeting information, maintain an available supply of Conference Approved books and literature, and to provide guidance and support to the IRCO standing committees.

The IRCO shall function within the meaning and intent of the 12 traditions and the guidelines for Intergroup and Central Offices and other guidelines as set forth by the general service office of Alcoholics Anonymous

The IRCO is entirely accountable to the groups it serves and is entirely supported by the voluntary contributions of A.A. groups within Indian River County

SPEAKER EXCHANGE PROGRAM



This program will allow anyone willing to share their Experience, Strength and Hope to make themselves available. Groups may access the list, kept at the Central Office, to invite any listed AA member to speak at their group.

NAME: _____ Sobriety Date: _____

TELEPHONE NUMBER: _____ HOME GROUP (optional) : _____

Check days available; Sun _____ Mon _____ Tue _____ Wed _____ Thu _____ Fri _____ Sat _____

Check available area(s): North County _____ South County _____

Check available time of day: Mornings _____ Afternoons _____ Evenings _____

This form can either be dropped off at the Central Office or mailed to:

Indian River Central Office of A.A.

1600 26th Street, Suite 6

Vero Beach, FL 32960

INDIAN RIVER CENTRAL OFFICE OF A.A. BIRTHDAY PLAN



This contribution on my _____ (number of years of sobriety) A.A. Birthday is my way of saying

THANK YOU

to the Indian River Central Office for serving the A.A. community of Indian River County.

Your Name: (optional) _____ Group Name (optional) _____

Address (Optional) _____

Please indicate whether you want your contribution credited to:

_____ your group or check here _____ if Anonymously

Please make checks payable to **Indian River Central Office of A.A.**

Drop off at Central Office or mail to

Indian River Central Office of A.A.

1600 26th Street, Suite 6 - Vero Beach, FL 32960

AA 12-Step Volunteer Application

Name _____

Phone Number _____

Area You would be willing to participate

North County Y___N___ South County___Y___N___

Availability___Mon—Fri___Weekends___Days___Evenings

I am willing to: (Please circle all that apply)

- It is suggested that a person NOT go on a twelfth step call alone to help an alcoholic who is still suffering.
- Also you should NOT drive a wet drunk to a treatment facility (detox) without having another A.A. member with you.
- If you circled either of these items, please be sure that you have another member of A.A. that is willing to go along with you.
- Talk to someone over the phone
- Talk to someone at their home
- Meet someone at a meeting
- Take someone to detox
- Give rides to AA meeting

Please return this form to Central Office or mail it to:

Indian River Central Office of AA.

1600 26th Street, Suite 6

Vero Beach, FL 32960

Addresses for Contributions

**Indian River Central
Office Treasurer**

1600 26th St, Ste 6
Vero Beach, FL 32960

District 6 Treasurer

P.O. Box 12248
Ft. Pierce, FL 34979

Area 15 Treasurer

P.O. Box 590835
Ft. Lauderdale, FL
33359-0835

General Service Board

P.O. Box 2407
James A. Farley Station
New York, NY 10116

	<u>INDIAN RIVER COUNTY VIRTUAL MEETINGS</u>
12:00 PM	Sunday - The Gratitude Group - (Open) - Virtual Vero Beach - Zoom: 720-843-2825 PC 3807897
5:00 PM	Sunday - Sober Connections - (Closed) - Virtual Vero Beach - Zoom: 325-870-3587 PC:762375
5:00 PM	Monday - Sober Connections - (Closed) - Virtual Vero Beach - Zoom: 325-870-3587 PC:762375
4:00 PM	Monday - Men's Discussion Group - (Closed, Men, D) - Virtual Vero Beach - Zoom: 829 3988 4023 PC333791
4:00 PM	Tuesday - Keep It Simple Meeting - (Open, ABSI, LIT) - Virtual Vero Beach - ZOOM ID 998 7512 9964 - Code 63228
5:00 PM	Wednesday - Sober Connections - (Closed) - Virtual Vero Beach - Zoom: 325-870-3587 PC:762375
5:30 PM	Wednesday - Speaker/Big Book - (SP, B, LIT) - Virtual Vero Beach - Zoom: 319-619-2864
6:30 PM	Wednesday - The 3 Leg Group - (Closed, LIT, XT) - Virtual Vero Beach - Zoom: 452-100-1634 PC:31236 - Phone: 1-305 224-1968
4:00 PM	Thursday - Men's Discussion Group - (Closed, Men, D) - Virtual Vero Beach - Zoom: 829 3988 4023 PC333791
5:00 PM	Friday - Sober Connections - (Open) - Virtual Vero Beach - Zoom: 325-870-3587 PC:762375

IRC TREATMENT CENTER

Behavioral Health Center
1190 37th St Vero Beach
Mondays @ 7pm

Week 1
South Vero

Week 2
Vero Beach Men's

Week 3
Meat & Potatoes

Week 4
417

Week 5
South Vero



Meeting Guide syncs with area, district, intergroup/central offices and international general service office websites, relaying meeting information from more than 400 A.A. service entities directly to the app. Over 100,000 weekly meetings are currently listed, and the information is refreshed twice daily.

THIS IS A FREE APP FOR BOTH ANDROID AND IPHONE

Meeting Guide features

- Listing of both **in-person** and **online** meetings
- A default view that provides a list of meetings showing time, location and meeting name
- A meeting detail view that offers extra information such as meeting format and any notes provided by the group
- A search function to find meetings by location or keyword
- A daily quote feature lets users read from "Daily Reflections"
- Multiple access points that make finding local A.A. contact information easy
- A news feature with the latest from the General Service Office and Grapevine