



H.O.W.

indianriverhow@gmail.com



Step Two

Came to believe that a Power greater than ourselves could restore us to sanity.

Tradition Two

For our group purpose there is but one ultimate authority - a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.

Concept Two

The General Service Conference of A.A. has become, for nearly every practical purpose, the active voice and the effective conscience of our whole society in its world affairs.

**FOR MORE INFO
ABOUT
INDIAN RIVER COUNTY
ALCOHOLICS
ANONYMOUS**

**CALL
772-562-1114**

**OR VISIT
indianriveraa.com**



Hope

a feeling of expectation and desire
for a certain thing to happen.

Similar: aspiration, desire, wish,
expectation, ambitions, aim, plan,
dream, longing, yearning

CAN YOU RELATE?

When you realize you're still crazy without drugs and alcohol



Where Are you?

On The Beam

- Honesty
- Faith
- Courage
- Considerate
- Humility
- Giving
- Calm
- Grateful
- Patience
- Tolerance
- Forgiveness
- Love
- Self-forgetfulness
- Humility
- Modesty
- Self-forgiveness
- Trust
- Moderation
- Action

Off The Beam

- Dishonest
- Fear
- Frightened
- Inconsiderate
- Pride
- Greedy
- Anger
- Envy
- Impatient
- Intolerant
- Resentment
- Hate
- Self-pity
- Self-Justification
- Self-importance
- Self-condemnation
- Suspicion
- Gluttony
- Sloth

Anniversaries

FEBRUARY

I Am Responsible

Charlie C 4yrs
Stephanie B 12yrs

New Day Sebastian

Denise B 41yrs
Dottie. 38yrs
Geno B. 29yrs
George G. 28yrs
Bob R. 18yrs
Doug. 11yrs
John B. 9yrs
Vic. 5yrs
Kim Y. 2yrs
Sue H. 2yrs

Vero Beach Men's

Mike P. 37yrs
Gary Z. 37yrs
Jeff L. 33yrs
Richie K. 31yrs
Michael D. 20yrs
Michael N. 17yrs
Boz 16yrs
Jonathon P. 14yrs
Kenn 8yrs
Chris S. 7yrs
Cole L. 6yrs
Joe S. 6yrs
Albert A. 4yrs
Mark B. 3yrs
Shane P. 3yrs
Daniel K. 2yrs
William S. 2yrs
Juan C. 1yr

Vero Beach 12&12

Brent H 33yrs
Jen T 2yrs

Early Risers

David 20yrs
Ena 32yrs

Sundowners

Vic 5yrs
Joe D 37yrs

Lunch Bunch

Mark P. 15yrs
Pat F. 35yrs
Pete C. 47yrs
Dennis P. 50yrs

532 Group

Liz R 33yrs
Denise 36yrs

JANUARY

South Vero

Larry 1yr
Darla 5yrs
Scot 18yrs
Steve D 40yrs

**Submit group anniversaries
by the 15th of the month to
indianriverhow@gmail.com**

COMMITTEE SPOTLIGHT

Position Open Now

WHAT'S THE JOB?

To unite all members and groups throughout IRC at 3 events sponsored by the Central Office; a Founder's Day Celebration, a fall and spring event.

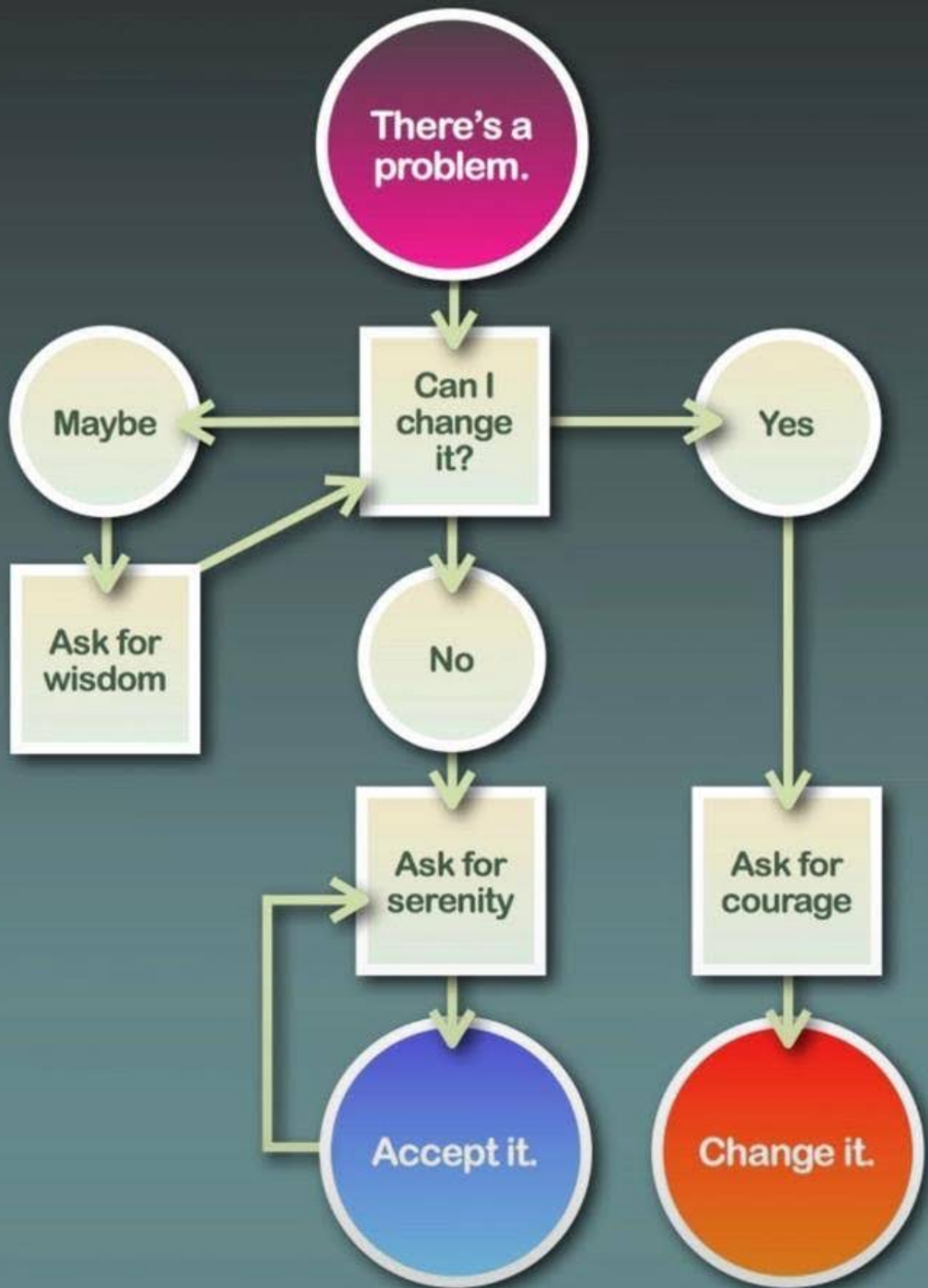


WHAT'S THE REQUIREMENT?

Requirements are one year sobriety and attendance at monthly Central Office business meetings.

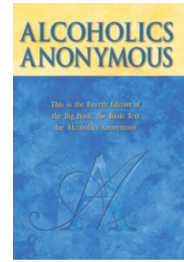
Come to the Central Office business meeting every second Monday @ 7 PM Newport Club in Vero to get involved!!

The Serenity Flowchart.



BIG BOOKS ON SALE

\$10 at Central Office thru February



What's Happening?

Don't miss these upcoming events

IF YOUR GROUP HAS ANY UPCOMING EVENTS THEY WANT PUBLISHED,
EMAIL indianriverhow@gmail.com



NEW MEETINGS

SOUTH VERO YOUNG PEOPLE'S

Thursday 5:30 pm

Glendale Plaza Suite #6

755 8th Court Vero Beach

SOUTH VERO LATE RISERS

Monday-Friday 9:30 am

Glendale Plaza Suite #6

755 8th Court Vero Beach

TREATMENT COMMITMENT

1st Mon-South Vero Group

2nd Mon -Vero Beach Men's

3rd Mon -New Day

4th Mon - Sundowners

5th Mon - South Vero

Mondays 7pm

Behavioral Health Center

1190 37th St, Vero Beach

IRC Birthday Dinner



Art design by Shiann B

"We have ceased fighting anything or anyone"

Indian River County Central Office
45th Annual Birthday Dinner
Saturday, March 23rd, 2024

Speaker Lisa D

First Presbyterian Church
520 Royal Palm Blvd
Vero Beach, FL 32961

Doors open at 5:30 p.m. with hors d'oeuvres

Dinner at 6:00 p.m.

Vegetarian option available limited with pre-order; Call Debbie at 772-453-9012

Bring dessert to share

Flash drive of the speaker, past state conventions, Big Book Seminar,
and Joe and Charlie Big Book Study available for purchase from Kopy Kat

-Karen V



Art design by Shiann B

12 TRADITIONS WORKSHOP




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FRIDAYS 8-9PM EASTERN
ID: 452~100~1634 PC: 31236
PHONE: 1~305~224~1968




February 2nd - April 26th of 2024

CLOSED
A.A. LITERATURE STUDY



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PHONE: 1~305~224~1968



WEDNESDAYS 6:30PM EASTERN

SOUTH FLORIDA AREA 15
 General Service Assembly
 April 5-7, 2024
www.area15aa.org

Wild About Serenity



39th Annual Women's Day
Broadway Palm Dinner Theater
 1380 Colonial Blvd
 Fort Myers, FL 33907

Tickets: \$35.00
 tax & gratuity included

February 25th, 2024
8am - 3pm

Tickets: Kathy W. 239-738-9154
fortmyerswomensday.org

NEW PORT CLUB
 2nd annual



Saturday
February 10th
 1 to? PM

MUSIC **GAMES**
PRIZE RAFFLE **50-50**

Suggested donation \$10.00
a plate!

*sign up for a year membership
 and get a free dinner*



LEGACIES IN LITERATURE
 The Literature Committee of District 6 in Area 15 Presents...
MONDAYS ~ 2/12/24 ~ 5/27/24 ~ 8:00 PM ET

A.A. COMES OF AGE

This is our experience...

This is our inheritance...

ALCOHOLICS ANONYMOUS
Comes of Age
a brief history of A.A.

Scan to Order

Scan for Recordings

TRADITION WORKSHOP
 with Craig W. from Sandy Hook, CT
ID: 991~593~8471 PC: 615
 District6AA.org

**2ND LEGACY OF UNITY
 IN THE TRADITIONS**

LEGACIES IN LITERATURE
 The Literature Committee of District 6 in Area 15 Presents...
MONDAYS ~ 6/3/24 ~ 9/30/24 ~ 8:00 PM ET

THE A.A. SERVICE MANUAL

Who's in charge?

Who do we serve?

THE A.A. SERVICE MANUAL
 WITH
 TWELVE CONCEPTS
 FOR WORLD SERVICE

Scan to Order

Scan for Recordings

GENERAL SERVICE STRUCTURE WORKSHOP
 with Billy N., Palm Beach Gardens, FL
ID: 991~593~8471 PC: 615
 District6AA.org

**3RD LEGACY IN THE
 CONCEPTS**

District 6 Events

🍀 🍀 🍀 DISTRICT 6 🍀 🍀 🍀

SPAGHETTI DINNER

MARCH 16, 2024
DOORS OPEN 5:00 PM

ELKS LODGE
 343 PRIMA VISTA BLVD, PORT ST LUCIE, FL

FOOD ENTERTAINMENT FUN FELLOWSHIP
 PLEASE BRING DESSERT TO SHARE

TICKET CONTRIBUTION \$15.00 (limited seating)

PLEASE BRING AA APPROVED LITERATURE FOR RAFFLE

VOUCHERS MUST BE TURNED IN PRIOR TO EVENT

A Conference for
 AA & Al-Anon
 Women

SISTERS BY THE SEA

June 14, 15 & 16
2024
Naples, FL

A Group of your closest and
 Newest friends!

SISTERSBYTHESEA.ORG



Indian River Central Office of Alcoholics Anonymous

1600 26th Street, Suite 6

Vero Beach, Fl 32960

(772) 562-1114



Mission Statement

The purpose of the Indian River central office (hereafter IRC O) is to provide a services within Indian River county, with the primary goal being to carry the A.A. message to the alcoholic who still suffers. It is the mission of the IRCO to keep groups informed about A.A. activities by newsletter and by maintaining a website, answer inquiries for them, provide A.A. meeting information, maintain an available supply of Conference Approved books and literature, and to provide guidance and support to the IRCO standing committees.

The IRCO shall function within the meaning and intent of the 12 traditions and the guidelines for Intergroup and Central Offices and other guidelines as set forth by the general service office of Alcoholics Anonymous

The IRCO is entirely accountable to the groups it serves and is entirely supported by the voluntary contributions of A.A. groups within Indian River County

SPEAKER EXCHANGE PROGRAM



This program will allow anyone willing to share their Experience, Strength and Hope to make themselves available. Groups may access the list, kept at the Central Office, to invite any listed AA member to speak at their group.

NAME: _____ Sobriety Date: _____

TELEPHONE NUMBER: _____ HOME GROUP (optional) : _____

Check days available; Sun _____ Mon _____ Tue _____ Wed _____ Thu _____ Fri _____ Sat _____

Check available area(s): North County _____ South County _____

Check available time of day: Mornings _____ Afternoons _____ Evenings _____

This form can either be dropped off at the Central Office or mailed to:

Indian River Central Office of A.A.

1600 26th Street, Suite 6

Vero Beach, FL 32970

INDIAN RIVER CENTRAL OFFICE OF A.A. BIRTHDAY PLAN



This contribution on my _____ (number of years of sobriety) A.A. Birthday is my way of saying

THANK YOU

to the Indian River Central Office for serving the A.A. community of Indian River County.

Your Name: (optional) _____ Group Name (optional) _____

Address (Optional) _____

Please indicate whether you want your contribution credited to:

_____ your group or check here _____ if Anonymously

Please make checks payable to **Indian River Central Office of A.A.**

Drop off at Central Office or mail to

Indian River Central Office of A.A.

1600 26th Street, Suite 6 - Vero Beach, FL 43960

AA 12-Step Volunteer Application

Name _____

Phone Number _____

Area You would be willing to participate

North County Y___N South County___Y___N

Availability___Mon—Fri ___Weekends ___Days___Evenings

I am willing to: (Please circle all that apply)

- It is suggested that a person NOT go on a twelfth step call alone to help an alcoholic who is still suffering.
- Also you should NOT drive a wet drunk to a treatment facility (detox) without having another A.A. member with you.
- If you circled either of these items, please be sure that you have another member of A.A. that is willing to go along with you.
- Talk to someone over the phone
- Talk to someone at their home
- Meet someone at a meeting
- Take someone to detox
- Give rides to AA meeting

Please return this form to Central Office or mail it to:

Indian River Central Office of AA.

1600 26th Street, Suite 6

Vero Beach, FL 32960

Addresses for Contributions

**Indian River Central
Office Treasurer**

1600 26th St, Ste 6
Vero Beach, FL 32960

District 6 Treasurer

P.O. Box 12248
Ft. Pierce, FL 34979

Area 15 Treasurer

P.O. Box 590835
Ft. Lauderdale, FL
33359-0835

General Service Board

P.O. Box 2407
James A. Farley Station
New York, NY 10116

INDIAN RIVER COUNTY VIRTUAL MEETINGS

5:00 PM	Sunday - Sober Connections - (Closed) - Virtual Vero Beach - Zoom: 325-870-3587 PC:762375
5:00 PM	Monday - Sober Connections - (Closed) - Virtual Vero Beach - Zoom: 325-870-3587 PC:762375
4:00 PM	Tuesday - Keep It Simple Meeting - (12x12, Open) - Virtual Vero Beach - ZOOM ID 998 7512 9964 - Code 63228
5:00 PM	Wednesday - Sober Connections - (Closed) - Virtual Vero Beach - Zoom: 325-870-3587 PC:762375
5:30 PM	Wednesday - Speaker/Big Book - (SP, BB) - Virtual Vero Beach - Zoom: 319-619-2864
6:30 PM	Wednesday - The 3 Leg Group - (Closed, LIT, XT) - Virtual Vero Beach - Zoom: 452-100-1634 PC:31236 - Phone: 1-305 224-1968
7:30 PM	Thursday - Sober Rainbow - (Open, LGBTQ, D) - Virtual Vero Beach - Zoom: 879-1279-781 PC: WickedSoba
5:00 PM	Friday - Sober Connections - (Open) - Virtual Vero Beach - Zoom: 325-870-3587 PC:762375
7:00 PM	Friday - Lakewood Park Group - (Open, SP D) - Virtual Ft. Pierce - Zoom: 298-703-197 PC:2030



Meeting Guide syncs with area, district, intergroup/central offices and international general service office websites, relaying meeting information from more than 400 A.A. service entities directly to the app. Over 100,000 weekly meetings are currently listed, and the information is refreshed twice daily.

THIS IS A FREE APP FOR BOTH ANDROID AND IPHONE

Meeting Guide features

- Listing of both **in-person** and **online** meetings
- A default view that provides a list of meetings showing time, location and meeting name
- A meeting detail view that offers extra information such as meeting format and any notes provided by the group
- A search function to find meetings by location or keyword
- A daily quote feature lets users read from "Daily Reflections"
- Multiple access points that make finding local A.A. contact information easy
- A news feature with the latest from the General Service Office and Grapevine