



H.O.W.

indianriverhow@gmail.com



Step Six

We're entirely ready to have God remove all these defects of character.

Tradition Six

An A.A. group ought never endorse, finance, or lend the A.A. name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose.

Concept Six

The Conference recognizes that the chief initiative and active responsibility in most world service matters should be exercised by the trustee members of the Conference acting as the General Service Board.

**FOR MORE INFO
ABOUT
INDIAN RIVER COUNTY
ALCOHOLICS
ANONYMOUS**

**CALL
772-562-1114**

**OR VISIT
indianriveraa.com**



Willingness

Consent or readiness to do something

Synonyms: readiness, preparedness,
inclination, eagerness, disposition,

desire

Benefits of Sober Parenting

- Setting an example
- Ability to communicate with your children
- Keeping your kids safe
- Providing stability
- Bonding with children
- Having more time to spend with your children
- Teaching healthy coping mechanisms
- Attending activities and being present
- Having more energy to give to your kids
- Having more patience and love to give to your children
- Surrounding your kids with other positive role models

-member of IRC Alcoholics Anonymous

Happy Father's Day & belated
Mother's Day to all!!



COMMITTEE SPOTLIGHT



WHAT'S THE JOB?

Description: To maintain a current record of volunteers willing to take 12 step calls and as they are requested through Indian River County Central Office of AA.

Requirements to Chair: 1 year sobriety. Attend monthly Central Office Business

Come to the Central Office business meeting every second Monday @ 7PM Newport Club to get involved!!

Anniversaries

JUNE

I Am Responsible

Bob S 20
Lorelei 19
Paul 26

Early Risers

Tom 34
Ray 15
Scott 2

Meat & Potatoes

Mindy S 34
Lizzy 5

IR Thursday

Kim G 36

ODAAT

Tom M 6
Hope C 47
Glen B 42
Dan A 39

Sundowners

Mark 1
Robert 17
Dan 38

Lunch Bunch

Jeannine D 24
Jeff S 23
Ruthie T 56
Mark L 24
Tim W 47
Susie P 31
Tom H 41

3 Leg Group

Nicole 2

VB Men

Brian G 35
Dave O 24
Brett B 18
Bobby W 13
Michael D 7
Matt T 4
James R 4
Wesley M 3
Kellie S 3
Eric T 3

IR Women

Genevieve I 14

Royal Palm

Jeff 15
Skip 44

IR Men

Lonnie 15

New Day

Sebastian
Tim W 47
Pat B 39
Jack W 19
Chuck S 14
Mary Jane L 11
Conrad 4
John M 3
Judy M 3

Women of Sebastian

Teri 1
Christina 1

Sebastian 5:32

Susie P 31

417

Mike Diggy 7
Andrew B 21

SORRY WE MISSED YOU

Sundowners

Sam 1

IR Women

Bobbi Jo 9

Royal Palm

Clell B 42
Bob K 38
Marco 8
Russell 3
Susie K 44
Katie 30

**Submit group
anniversaries by the
21st of the month
indianriverhow@gmail.com**



What's Happening?

IF YOUR GROUP HAS ANY UPCOMING EVENTS THEY WANT PUBLISHED,
EMAIL indianriverhow@gmail.com

Founders Day

Luncheon | Chili Cook-off | Ice Cream
Saturday, June 22, 12:00 to 4:00pm
Langford Park Rec Center
2369 NE Dixie Hwy, Jensen Beach
- please bring a dessert or side dish to share
- please bring AA Literature to raffle
- Ticket contribution \$15

Volunteers needed!

for: Chairperson & Co-Chair

Transportation to and from storage
Set Up | Ticket Sales | Desserts | No
Smoking

contact the Events Committee at
Events@District6AA.org.

Founders Day Luncheon Ice Cream Social &

**** Annual Chili Cook-off****

Double Speaker Meeting – featuring 2 Speakers with over 25 years who will share their experience strength and hope



Saturday June 22, 2024
12:00pm to 4:00 p.m.

Langford Park Recreation Center
2369 NE Dixie Hwy
Jensen Beach, Florida
Tickets: \$15 per person

Ticket price includes coffee, hamburgers, hot dogs, subs, ice cream & other foods.

Please bring a dessert or side dish to share.

Bring your best batch of chili for the chili cook-off and a chance to win a prize. (Contest entries are anonymous until the winner is announced).

More Meetings & Events

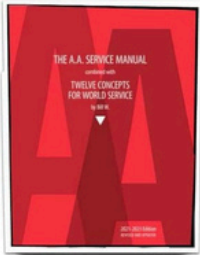
LEGACIES IN LITERATURE
The Literature Committee of District 6 in Area 15 Presents...

MONDAYS ~ 6/3/24 ~ 9/30/24 ~ 8:00 PM ET

THE A.A. SERVICE MANUAL

Who's in charge?
Who do we serve?

Scan to Order
Scan for Reservations



GENERAL SERVICE STRUCTURE WORKSHOP
with Billy N., Palm Beach Gardens, FL

ID: 991~593~8471 PC: 615
District6AA.org

3RD LEGACY IN THE CONCEPTS

AL-ANON AND A.A
Cordially invites you to our

SATURDAY Night Live

4TH SATURDAY OF EVERY MONTH
May 25, June 22, July 27, Aug 24, Sept 28, Oct 26, Nov 23, Dec 28
7pm-8pm
A.A. and Al-Anon meeting together

South Vero Beach Group
755 8th Ct (Gelndale Plaza Ste. #6) Vero Beach, FL 32962

Please bring a friend or spouse and see both programs at work.



FOUNDER'S DAY PICNIC
June 15th
10am-????
Wabasso Causeway
Please Bring a Covered Dish
Hamburgers, Hot Dogs and Drinks Provided
by Club Sebastian

Fun Food!



CHILDREN ON CHAOS
4-YEAR GROUP ANNIVERSARY PARTY



JULY 17 2024 - 7-8:30PM
UNITY CHURCH ON 43RD AVE.

POTLUCK AND MEETING
COME CELEBRATE WITH US!

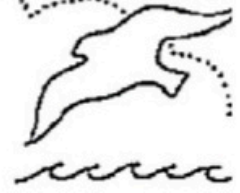


Indian River Central Office of Alcoholics Anonymous

1600 26th Street, Suite 6

Vero Beach, Fl 32960

(772) 562-1114



Mission Statement

The purpose of the Indian River central office (hereafter IRC O) is to provide a services within Indian River county, with the primary goal being to carry the A.A. message to the alcoholic who still suffers. It is the mission of the IRCO to keep groups informed about A.A. activities by newsletter and by maintaining a website, answer inquiries for them, provide A.A. meeting information, maintain an available supply of Conference Approved books and literature, and to provide guidance and support to the IRCO standing committees.

The IRCO shall function within the meaning and intent of the 12 traditions and the guidelines for Intergroup and Central Offices and other guidelines as set forth by the general service office of Alcoholics Anonymous

The IRCO is entirely accountable to the groups it serves and is entirely supported by the voluntary contributions of A.A. groups within Indian River County

SPEAKER EXCHANGE PROGRAM



This program will allow anyone willing to share their Experience, Strength and Hope to make themselves available. Groups may access the list, kept at the Central Office, to invite any listed AA member to speak at their group.

NAME: _____ Sobriety Date: _____

TELEPHONE NUMBER: _____ HOME GROUP (optional) : _____

Check days available; Sun _____ Mon _____ Tue _____ Wed _____ Thu _____ Fri _____ Sat _____

Check available area(s): North County _____ South County _____

Check available time of day: Mornings _____ Afternoons _____ Evenings _____

This form can either be dropped off at the Central Office or mailed to:

Indian River Central Office of A.A.

1600 26th Street, Suite 6

Vero Beach, FL 32970

INDIAN RIVER CENTRAL OFFICE OF A.A. BIRTHDAY PLAN



This contribution on my _____ (number of years of sobriety) A.A. Birthday is my way of saying

THANK YOU

to the Indian River Central Office for serving the A.A. community of Indian River County.

Your Name: (optional) _____ Group Name (optional) _____

Address (Optional) _____

Please indicate whether you want your contribution credited to:

_____ your group or check here _____ if Anonymously

Please make checks payable to **Indian River Central Office of A.A.**

Drop off at Central Office or mail to

Indian River Central Office of A.A.

1600 26th Street, Suite 6 - Vero Beach, FL 43960

AA 12-Step Volunteer Application

Name _____

Phone Number _____

Area You would be willing to participate

North County Y___N South County___Y___N

Availability___Mon—Fri ___Weekends ___Days___Evenings

I am willing to: (Please circle all that apply)

- It is suggested that a person NOT go on a twelfth step call alone to help an alcoholic who is still suffering.
- Also you should NOT drive a wet drunk to a treatment facility (detox) without having another A.A. member with you.
- If you circled either of these items, please be sure that you have another member of A.A. that is willing to go along with you.
- Talk to someone over the phone
- Talk to someone at their home
- Meet someone at a meeting
- Take someone to detox
- Give rides to AA meeting

Please return this form to Central Office or mail it to:

Indian River Central Office of AA.

1600 26th Street, Suite 6

Vero Beach, FL 32960

Addresses for Contributions

**Indian River Central
Office Treasurer**

1600 26th St, Ste 6
Vero Beach, FL 32960

District 6 Treasurer

P.O. Box 12248
Ft. Pierce, FL 34979

Area 15 Treasurer

P.O. Box 590835
Ft. Lauderdale, FL
33359-0835

General Service Board

P.O. Box 2407
James A. Farley Station
New York, NY 10116

INDIAN RIVER COUNTY VIRTUAL MEETINGS	
12:00 PM	Sunday - The Gratitude Group - (Open) - Virtual Vero Beach - Zoom: 720-843-2825 PC 3807897
5:00 PM	Sunday - Sober Connections - (Closed) - Virtual Vero Beach - Zoom: 325-870-3587 PC:762375
5:00 PM	Monday - Sober Connections - (Closed) - Virtual Vero Beach - Zoom: 325-870-3587 PC:762375
4:00 PM	Monday - Men's Discussion Group - (Closed, Men, D) - Virtual Vero Beach - Zoom: 829 3988 4023 PC333791
4:00 PM	Tuesday - Keep It Simple Meeting - (Open, ABSI, LIT) - Virtual Vero Beach - ZOOM ID 998 7512 9964 - Code 63228
5:00 PM	Wednesday - Sober Connections - (Closed) - Virtual Vero Beach - Zoom: 325-870-3587 PC:762375
5:30 PM	Wednesday - Speaker/Big Book - (SP, B, LIT) - Virtual Vero Beach - Zoom: 319-619-2864
6:30 PM	Wednesday - The 3 Leg Group - (Closed, LIT, XT) - Virtual Vero Beach - Zoom: 452-100-1634 PC:31236 - Phone: 1-305 224-1968
4:00 PM	Thursday - Men's Discussion Group - (Closed, Men, D) - Virtual Vero Beach - Zoom: 829 3988 4023 PC333791
5:00 PM	Friday - Sober Connections - (Open) - Virtual Vero Beach - Zoom: 325-870-3587 PC:762375

IRC TREATMENT CENTER

Behavioral Health Center
1190 37th St Vero Beach
Mondays @ 7pm

Week 1
South Vero

Week 2
Vero Beach Men's

Week 3
Meat & Potatoes

Week 4
417

Week 5
South Vero



Meeting Guide syncs with area, district, intergroup/central offices and international general service office websites, relaying meeting information from more than 400 A.A. service entities directly to the app. Over 100,000 weekly meetings are currently listed, and the information is refreshed twice daily.

THIS IS A FREE APP FOR BOTH ANDROID AND IPHONE

Meeting Guide features

- Listing of both **in-person** and **online** meetings
- A default view that provides a list of meetings showing time, location and meeting name
- A meeting detail view that offers extra information such as meeting format and any notes provided by the group
- A search function to find meetings by location or keyword
- A daily quote feature lets users read from "Daily Reflections"
- Multiple access points that make finding local A.A. contact information easy
- A news feature with the latest from the General Service Office and Grapevine