



# H.O.W.

indianriverhow@gmail.com



## Step Three

Made a decision to turn our will and our lives over to the care of God as we understood Him.

## Tradition Three

The only requirement for AA membership is a desire to stop drinking.

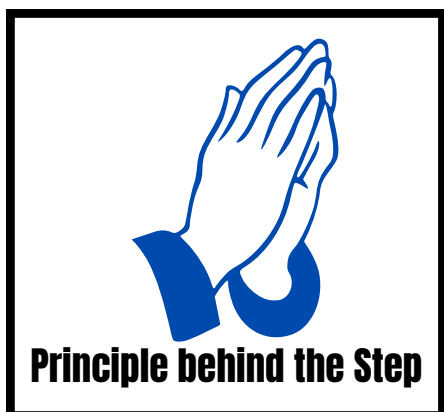
## Concept Three

To insure effective leadership, we should endow each element of A.A.—the Conference, the General Service Board and its service corporations, staffs, committees, and executives—with a traditional “Right of Decision.”

**FOR MORE INFO  
ABOUT  
INDIAN RIVER COUNTY  
ALCOHOLICS  
ANONYMOUS**

**CALL  
772-562-1114**

**OR VISIT  
indianriveraa.com**



## Faith

complete trust or confidence in someone or something.  
Synonyms: trust, belief, confidence, conviction, reliance, dependance, expectation, hope, optimism

# CAN YOU RELATE?

## Ditching halfway with my new buddy



**"Well that place was a rip off."**

*More about faith from "As Bill Sees It" 139*

### **Basis of All Humility**

For just so long as we were convinced that we could live exclusively by our own individual strength and intelligence, for just that long was a working faith in a Higher Power impossible.

This was true even when we believed that God existed. We could actually have earnest

religious beliefs which remained barren because we were still trying to play God ourselves. As long as we placed self-reliance first, a genuine reliance upon a Higher Power was out of the question.

That basic ingredient of all humility, a desire to seek and do God's will, was missing.

TWELVE AND TWELVE, P. 72

# COMMITTEE SPOTLIGHT

*Position Open Now*

## WHAT'S THE JOB?

To make a location available to interested newcomers, and current members, seeking AA's assistance. Answer phones; be well informed of the 12th step procedure and list of volunteers who can make these calls; sell items in stock; keep an accurate account of visitors, phone calls and purchases in a daily log; train new volunteers; and help anyone coming through the door seeking assistance.

## WHAT'S THE REQUIREMENT?

One year sobriety & attendance at monthly Central Office business meetings.



**Come to the  
Central Office  
business meeting  
every second  
Monday @ 7PM  
Newport Club in  
Vero to get  
involved!!**

# Anniversaries

## MARCH

### **I Am Responsible**

Mark T. 27  
Jim D. 23  
Anne C. 22  
Falen R. 10  
Leigh Ann 8  
Kristina C. 4  
Ronald Y. 2  
Jason S. 2  
Zach H. 2  
Jason S. 2  
Sean D. 1  
Sarah 1

### **Early Risers**

Dave 43  
Beth 35

### **New Day**

#### **Sebastian**

Manny B 46  
Greg S. 39  
Eddie R. 29  
Patti R. 25  
Bobby C. 18  
Bob B. 15  
Kim G. 10  
Dennis 7  
Judy D. 5  
John M. 2  
Jim P. 1  
Lynor R. 2  
Joe A. 1

### **ODAAT**

Jim M. 32  
Winni M. 47  
Llene 6  
Ron D. 37  
John H 41  
Jim 29  
Marty M. 38

### **Sundowners**

Jeff. 8  
John O. 43

### **Lunch Bunch**

Dennis W. 3  
Rex P. 41

### **IR Thursday**

Christina S. 2

### **Children of Chaos**

Tony D. 28

### **Vero Beach Men's**

Bill W. In Memory Of  
George M. In  
Memory Of  
Joe M. In Memory Of  
Phil from Omaha 44  
Bob G. 28  
Tino J. 16  
Dave K. 6  
Matt B. 2  
Jeff S. 2  
Robert S. 2  
Brandon M. 1  
Andrew M. 1  
Thomas 1

### **Easy Does It**

James W. 21  
Kathy I. 32

### **Free & Easy**

Bob B. 15

## SORRY WE MISSED YOU

### **South Vero**

Jeremy P 1  
Josh 3  
Frank P 5  
Matthew V 20  
Toni S 27  
Boyd 28  
Toby L 31  
Mike 33  
Rich A 34

### **ODAAT**

Sharon N. 10  
Louise M. 39  
Michael C. 54

### **IR Thursday**

Mark P. 26  
Marie K. 18  
Larry K. 18

**Submit group  
anniversaries by the  
21th of the month  
[indianriverhow@gmail.com](mailto:indianriverhow@gmail.com)**

**IRC TREATMENT CENTER**

Behavioral Health Center  
1190 37th St, Vero Beach  
Mondays 7pm

1st Mon-South Vero Group  
2nd Mon -Vero Beach Men's  
3rd Mon -New Day  
4th Mon - Sundowners  
5th Mon - South Vero

# What's Happening?

*Don't miss these upcoming events*

**IF YOUR GROUP HAS ANY UPCOMING EVENTS THEY WANT PUBLISHED,  
EMAIL [indianriverhow@gmail.com](mailto:indianriverhow@gmail.com)**



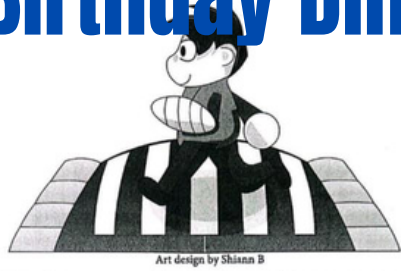
**HAPPY 15th ANNIVERSARY**  
**CLUB SEBASTIAN!!!!**

Please come and join us as we celebrate  
Saturday, March 30<sup>th</sup> starting at 1:00pm-??  
Hot Dogs, Hamburgers, Soda and Water provided by Club  
Sebastian

Please bring a covered dish to share  
Bring your own chair  
Easter Basket raffle for the kids



## IRC Birthday Dinner



Art design by Shiann B

**"We have ceased fighting anything or anyone"**  
Indian River County Central Office  
45th Annual Birthday Dinner  
Saturday, March 23rd, 2024

**Speaker Lisa D.**

First Presbyterian Church  
520 Royal Palm Blvd  
Vero Beach, FL 32961

Doors open at 5:30 p.m. with hors d'oeuvres  
Dinner at 6:00 p.m.  
Vegetarian option available limited with pre-order; Call Debbie at 772-453-9012

**Bring dessert to share**

Flash drive of the speaker, past state conventions, Big Book Seminar,  
and Joe and Charlie Big Book Study available for purchase from Kopy Kat  
-Karen V



Art design by Shiann B

New Port Club  
presents

**BINGO**

Saturday  
**MARCH 16th**  
6 to 9 P.M.  
Free Admission  
\$.25 per card  
Kitchen will be open for  
concessions

**SOUTH FLORIDA AREA 15**  
General Service Assembly  
April 5-7, 2024  
[www.area15aa.org](http://www.area15aa.org)



🌸 🌸 🌸 DISTRICT 6 🌸 🌸 🌸

**SPAGHETTI DINNER**

MARCH 16, 2024  
DOORS OPEN 5:00 PM

ELKS LODGE  
343 PRIMA VISTA BLVD, PORT ST LUCIE, FL

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FOOD ENTERTAINMENT FUN FELLOWSHIP  
PLEASE BRING DESSERT TO SHARE

TICKET CONTRIBUTION \$15.00 (limited seating)

PLEASE BRING AA APPROVED LITERATURE FOR RAFFLE

VOUCHERS MUST BE TURNED IN PRIOR TO EVENT

sistersbythesea.org


A Conference for  
AA & Al-Anon  
Women



June 14, 15 & 16  
2024  
Naples, FL

A Group of your closest and  
Newest friends!

**FCYPAA BIENNIAL CAMPING TRIP**  
March 15 -17<sup>th</sup>, 2024



**Whoooo's going camping?**

**Moss Park**  
12901 Moss Park Road, Orlando, FL 32832



- Campsites A-E
- Nightly campfire meetings
- Free showers, bathrooms nearby
- \$10 per night or;
- \$25 for the weekend & pre-reg to the 41<sup>st</sup> FCYPAA

For more information email [Advisory@fcypaa.net](mailto:Advisory@fcypaa.net)



Recordings

District6AA.org

# Online Meetings & Workshops

ZOOM MTG. ID: 991-593-8471 PC: 615

LAST SUNDAY OF MONTH - 6PM ET

## The Twelve Concepts for World Service

How Bill W. explained the spiritual principles that undergird A.A.'s structure and how the parts work together.

This is a pamphlet about the Concepts; it is NOT the Concepts themselves. They are found in the book *The A.A. Service Manual/Twelve Concepts for World Service*, and should be read by every "trusted servant."

As A.A. grew up, it began with the groups — first only a few, then hundreds and then thousands. Very early an Alcoholic Foundation, later renamed The General Service Board, was formed to be responsible for our affairs. And with Dr. Bob's death and Bill's facing up to his own mortality, a General Service Conference assumed the leadership which had fallen to the co-founders. Meanwhile, a tiny publishing operation and service office had grown in size and importance to the Fellowship, and a monthly journal, the *AA Grapevine*, was being published.

Which of these entities was supposed to do what? Little wonder there was confusion! What was their relationship? Who was in charge? What were their respon-



sibilities — and what were their rights? Bill W. himself was sometimes part of the pulling and hauling that took place, and so he saw the need to "reduce to writing" his concepts of the "why" of the whole structure, the lessons to be drawn from experience, the relationships and, above all, the spiritual principles.

As Bill set them down, the Twelve Concepts are a potpourri. Concepts III through V, IX and XII deal with spiritual principles; the remainder, though they have spiritual overtones, are devoted to describing the relationship of the various service entities and how they work together.

What follows in this pamphlet is an illustrated introduction to the Twelve Concepts. If it is answers or guidance you are seeking, go to the Concepts themselves.

Throughout this pamphlet, wording from the Twelve Concepts themselves (subject to some editing for clarity) is indicated by quotation marks; the rest of the text is either descriptive or explanatory.



Let's see how this works.

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### CONCEPTS SCHEDULE 2024

(I) 1/28 (II) 2/25 (III) 3/31  
(IV) 4/28 (V) 5/26 (VI) 6/30  
(VII) 7/28 (VIII) 8/25 (IX) 9/29  
(X) 10/27 (XI) 11/24 (XII) 12/29

We feature a Concept a month, while highlighting A.A. Conference Approved Literature. Hosted online by the Literature Committee of District 6 in Area 15.

### CLOSED A.A. LITERATURE STUDY



ID: 452~100~1634 PC: 31236  
PHONE: 1~305~224~1968



WEDNESDAYS 6:30PM EASTERN

### LEGACIES IN LITERATURE

The Literature Committee of District 6 in Area 15 Presents...

MONDAYS ~ 6/3/24 ~ 9/30/24 ~ 8:00 PM ET

### THE A.A. SERVICE MANUAL



GENERAL SERVICE STRUCTURE WORKSHOP with Billy N., Palm Beach Gardens, FL

ID: 991~593~8471 PC: 615  
District6AA.org

3RD LEGACY IN THE CONCEPTS



Indian River Central Office of Alcoholics Anonymous

1600 26th Street, Suite 6

Vero Beach, Fl 32960

(772) 562-1114



**Mission Statement**

The purpose of the Indian River central office (hereafter IRC O) is to provide a services within Indian River county, with the primary goal being to carry the A.A. message to the alcoholic who still suffers. It is the mission of the IRCO to keep groups informed about A.A. activities by newsletter and by maintaining a website, answer inquiries for them, provide A.A. meeting information, maintain an available supply of Conference Approved books and literature, and to provide guidance and support to the IRCO standing committees.

The IRCO shall function within the meaning and intent of the 12 traditions and the guidelines for Intergroup and Central Offices and other guidelines as set forth by the general service office of Alcoholics Anonymous

The IRCO is entirely accountable to the groups it serves and is entirely supported by the voluntary contributions of A.A. groups within Indian River County

**SPEAKER EXCHANGE PROGRAM**



This program will allow anyone willing to share their Experience, Strength and Hope to make themselves available. Groups may access the list, kept at the Central Office, to invite any listed AA member to speak at their group.

NAME: \_\_\_\_\_ Sobriety Date: \_\_\_\_\_

TELEPHONE NUMBER: \_\_\_\_\_ HOME GROUP (optional) : \_\_\_\_\_

Check days available; Sun \_\_\_\_\_ Mon \_\_\_\_\_ Tue \_\_\_\_\_ Wed \_\_\_\_\_ Thu \_\_\_\_\_ Fri \_\_\_\_\_ Sat \_\_\_\_\_

Check available area(s): North County \_\_\_\_\_ South County \_\_\_\_\_

Check available time of day: Mornings \_\_\_\_\_ Afternoons \_\_\_\_\_ Evenings \_\_\_\_\_

This form can either be dropped off at the Central Office or mailed to:

**Indian River Central Office of A.A.**

1600 26<sup>th</sup> Street, Suite 6

Vero Beach, FL 32970



**INDIAN RIVER CENTRAL OFFICE OF A.A. BIRTHDAY PLAN**



This contribution on my \_\_\_\_\_ (number of years of sobriety) A.A. Birthday is my way of saying

**THANK YOU**

to the Indian River Central Office for serving the A.A. community of Indian River County.

Your Name: (optional) \_\_\_\_\_ Group Name (optional) \_\_\_\_\_

Address (Optional) \_\_\_\_\_

Please indicate whether you want your contribution credited to:

\_\_\_\_\_ your group or check here \_\_\_\_\_ if Anonymously

Please make checks payable to **Indian River Central Office of A.A.**

Drop off at Central Office or mail to

**Indian River Central Office of A.A.**

1600 26<sup>th</sup> Street, Suite 6 - Vero Beach, FL 43960

**AA 12-Step Volunteer Application**

Name \_\_\_\_\_

Phone Number \_\_\_\_\_

Area You would be willing to participate

North County Y\_\_\_N South County \_\_\_Y\_\_\_N

Availability \_\_\_Mon—Fri \_\_\_Weekends \_\_\_Days \_\_\_Evenings

I am willing to: (Please circle all that apply)

- It is suggested that a person NOT go on a twelfth step call alone to help an alcoholic who is still suffering.
- Also you should NOT drive a wet drunk to a treatment facility (detox) without having another A.A. member with you.
- If you circled either of these items, please be sure that you have another member of A.A. that is willing to go along with you.
- Talk to someone over the phone
- Talk to someone at their home
- Meet someone at a meeting
- Take someone to detox
- Give rides to AA meeting

**Please return this form to Central Office or mail it to:**

**Indian River Central Office of AA.**

**1600 26th Street, Suite 6**

**Vero Beach, FL 32960**

**Addresses for Contributions**

**Indian River Central  
Office Treasurer**

1600 26th St, Ste 6  
Vero Beach, FL 32960

**District 6 Treasurer**

P.O. Box 12248  
Ft. Pierce, FL 34979

**Area 15 Treasurer**

P.O. Box 590835  
Ft. Lauderdale, FL  
33359-0835

**General Service Board**

P.O. Box 2407  
James A. Farley Station  
New York, NY 10116

## INDIAN RIVER COUNTY VIRTUAL MEETINGS

5:00 PM	Sunday - Sober Connections - (Closed) - Virtual Vero Beach - Zoom: 325-870-3587 PC:762375
5:00 PM	Monday - Sober Connections - (Closed) - Virtual Vero Beach - Zoom: 325-870-3587 PC:762375
4:00 PM	Tuesday - Keep It Simple Meeting - (12x12, Open) - Virtual Vero Beach - ZOOM ID 998 7512 9964 - Code 63228
5:00 PM	Wednesday - Sober Connections - (Closed) - Virtual Vero Beach - Zoom: 325-870-3587 PC:762375
5:30 PM	Wednesday - Speaker/Big Book - (SP, BB) - Virtual Vero Beach - Zoom: 319-619-2864
6:30 PM	Wednesday - The 3 Leg Group - (Closed, LIT, XT) - Virtual Vero Beach - Zoom: 452-100-1634 PC:31236 - Phone: 1-305 224-1968
7:30 PM	Thursday - Sober Rainbow - (Open, LGBTQ, D) - Virtual Vero Beach - Zoom: 879-1279-781 PC: WickedSoba
5:00 PM	Friday - Sober Connections - (Open) - Virtual Vero Beach - Zoom: 325-870-3587 PC:762375
7:00 PM	Friday - Lakewood Park Group - (Open, SP D) - Virtual Ft. Pierce - Zoom: 298-703-197 PC:2030



Meeting Guide syncs with area, district, intergroup/central offices and international general service office websites, relaying meeting information from more than 400 A.A. service entities directly to the app. Over 100,000 weekly meetings are currently listed, and the information is refreshed twice daily.

**THIS IS A FREE APP FOR BOTH ANDROID AND IPHONE**

### Meeting Guide features

- Listing of both **in-person** and **online** meetings
- A default view that provides a list of meetings showing time, location and meeting name
- A meeting detail view that offers extra information such as meeting format and any notes provided by the group
- A search function to find meetings by location or keyword
- A daily quote feature lets users read from "Daily Reflections"
- Multiple access points that make finding local A.A. contact information easy
- A news feature with the latest from the General Service Office and Grapevine