



H.O.W.

indianriverhow@gmail.com



Step Three

Made a decision to turn our will and our lives over to the care of God as we understood Him.

Tradition Three

The only requirement for A.A. membership is a desire to stop drinking.

Concept Three

To insure effective leadership, we should endow each element of A.A.—the Conference, the General Service Board and its service corporations, staffs, committees, and executives—with a traditional “Right of Decision.”

Declaration of Unity

This we owe to A.A.'s future: To place our common welfare first; To keep our fellowship united. For on A.A. unity depend our lives, And the lives of those to come"

I Am Responsible

I am responsible. When anyone, anywhere, reaches out for help, I want the hand of AA always to be there. And for that I am responsible.



**FOR MORE INFO ABOUT INDIAN RIVER COUNTY
ALCOHOLICS ANONYMOUS
CALL 772-562-1114 OR VIST indianriveraa.com**

Faith

Spiritual principle behind Step 3

Merriam-Webster Definition

- something that is believed especially with strong conviction
- complete trust
- belief and trust in and loyalty to God
- a firm belief in something for which there is no proof

Merriam-Webster Synonyms

- devotion
- adoration
- conviction
- reverence
- loyalty
- commitment
- dedication
- devotion
- reliance
- trust
- confidence
- resolution
- belief
- assurance
- certainty

"Faith" in Alcoholics Anonymous

Faith is printed 36 times in the Big Book and 49 times in the 12&12

"Our **basic troubles** are the **same** as **everyone else's**, but when an **honest effort** is made "to practice these principles in all our affairs," well-grounded A.A.'s seem to have the ability, by God's grace, to take these troubles in stride and turn them into demonstrations of faith." *12&12 Step Twelve, p.114*

When we **began** to do that, we **received** the **gift** of faith, a faith which **works**." *12&12 Step Two, p.30*

Faith has to work twenty-four hours a day in and through us, or we perish. *BB Bill's Story, p.16*

This was not only faith; it was faith that **worked** under all conditions. *12&12 Step Two, p.31*

True humility and an open mind can lead us to faith, and every A.A. meeting is an assurance that God will restore us to sanity if we rightly relate ourselves to Him. *12&12 Step Two, p.33*

By faith and by **works** we have been **able** to **build** upon the *lessons* of an incredible experience. *12&12 Tradition One, p.131*

Anniversaries

MARCH

I Am Responsible

Falen D 11yrs
Kristina C 5yrs
Leigh Ann 9yrs
Mark T 28yrs

Lunch Bunch

Julia D 34 yrs
Pat F 36 yrs
Pete C 48 yrs
Dennis P 51 yrs.

Sebastian 5:32

Diane K. 31 yrs

Early Risers

Felecia 1yr
Dave 44yrs
Beth 36yrs

ODDAT

Jim M 33yrs
Jol H 42yrs
Ron D 38yrs
Wini M 48yrs
Jim R 53yrd
Joani M 1yr

Sundowners

Tim S 5 yrs
Jeff H 9 yrs
Linda V 27 yrs
John O 44 yrs

Free & Easy

Bob B 16 Yrs
Adam W 5 Yrs

417

Matt K 3yrs
Kyle C 5yrs
Gabby M 1yr

IR Mens

Dave D 30yrs
Tom 39yrs
Jeff 31yrs
Bobby Z 16yrs
Myron 16yrs

Vero Beach Men's

George M. - In
Memory Of
Bill W. - In Memory
Of

Shut Up Joe - In
Memory Of
Phil From Omaha -
45 yrs

Bob G. - 29 yrs
Dave K. - 7 yrs
Jeff S. - 3 yrs
Brent M. - 3 yrs

IR Women

Gwen F 44 yrs

FEBRUARY

IR Mens

George Mc 50yrs
DJ 4yrs

**Submit group
anniversaries by
the 15th of the
month to**

indianriverhow@gmail.com

What's Happening?

INDIAN RIVER COUNTY CENTRAL OFFICE



<https://indianriveraa.com/events>

Don't miss these upcoming events

**IF YOUR GROUP HAS ANY UPCOMING EVENTS
FOR PUBLISHING,
EMAIL indianriverhow@gmail.com**

We are not a glum lot...

A scientist walks into an AA meeting and says, "I've just invented a cure for alcoholism! Take one of these pills and you'll never be a problem drinker again!"



An alcoholic replies, "What happens if you take two?"

*Want to
contribute to the
IRC HOW??*

Group Histories
AA Workshops
Artwork
Jokes/memes
New meetings
Group events
Personal stories
Excerpts from AA
literature

Announcement

There will be a Celebration of the life of Debby Murphy on March 8, 2025, 2-3:30p, at the Newport Club, 2536 16th Ave, Vero Beach.

Join us for coffee, refreshments, memories, stories and (maybe) music. March 8 would be Debbie's 63rd Anniversary in our program, which she loved beyond measure.

New Address for District 6 contributions
See bottom of last page of HOW



TO THINE OWN SELF BE TRUE

46TH ANNUAL BIRTHDAY DINNER

SATURDAY, MARCH 29, 2025
FIRST PRESBYTERIAN CHURCH
520 ROYAL PALM BLVD, VERO BEACH 32960
TICKETS \$25.00
DOORS OPEN AT 5:30
HOR D'OEUVRES
DINNER AT 6:00
PLEASE BRING A DESERT TO SHARE
GUEST AA SPEAKER CHRIS F. INDIAN HARBOUR BEACH
CALL JAYNE G. 219-707-6177
AMANDA L. 772-321-3279

New Saturday Meeting added to:

**SOUTH VERO
AA: LATE
RISERS
GROUP**



MONDAY:
Open Discussion

TUESDAY:
Big Book

WEDNESDAY:
Beginners Meeting

THURSDAY:
12 Step, 12 Tradition

FRIDAY:
Open Discussion

***SATURDAY:**
Open Discussion

**MONDAY -
SATURDAY
9:30 - 10:30 AM**

Glendale Plaza Suite #6,
8th Court Vero Beach, FL

*Saturday Meetings start in January 2025



2025 schedule

SATURDAY NIGHT LIVE

ALANON AND AA MEETING TOGETHER

01/25, 02/22, 03/22, 04/26, 05/24, 6/28
4th Saturday of the month
7pm to 8pm
07/26, 08/23, 09/27, 10/25, 11/22, 12/27
please bring a friend or spouse to see both programs at work
South Vero Beach Group 755 8th Ct (Gelndale Plaza Ste. #6) Vero Beach, FL 32962

WELCOME TO SOUTH VERO

AREA "VIRTUAL" MEETINGS

4:00 PM	Monday - Men's Discussion Group - (Closed, Men, D) - Zoom: 829 3988 4023 PC333791
5:30 PM	Tuesday - Lowell's Tuesday Night Zoom Meeting - (Open, D) - Zoom ID 250 4350 0249
6:00 PM	Tuesday - Pass it On (Book Study) - (Closed, LIT, XT) - Zoom ID 452-100-1634 PC: 31236
5:30 PM	Wednesday - Speaker/Big Book - (SP, B, LIT) - Zoom: 319-619-2864
4:00 PM	Thursday - Keep It Simple Meeting - (Open, ABSI, LIT) - Zoom ID 998 7512 9964 - PC 63228
4:00 PM	Thursday - Men's Discussion Group - (Closed, Men, D) - Zoom: 829 3988 4023 PC333791



Meeting Guide syncs with area, district, intergroup/central offices and international general service office websites, relaying meeting information from more than 400 A.A. service entities directly to the app. Over 100,000 weekly meetings are currently listed, and the information is refreshed twice daily.

THIS IS A FREE APP FOR BOTH ANDROID AND IPHONE

Meeting Guide features

- Listing of both **in-person** and **online** meetings
- A default view that provides a list of meetings showing time, location and meeting name
- A meeting detail view that offers extra information such as meeting format and any notes provided by the group
- A search function to find meetings by location or keyword
- A daily quote feature lets users read from "Daily Reflections"
- Multiple access points that make finding local A.A. contact information easy
- A news feature with the latest from the General Service Office and Grapevine

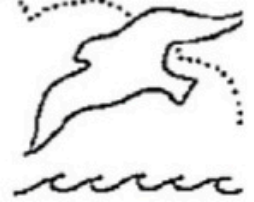


Indian River Central Office of Alcoholics Anonymous

1600 26th Street, Suite 6

Vero Beach, Fl 32960

(772) 562-1114



Mission Statement

The purpose of the Indian River central office (hereafter IRC O) is to provide a services within Indian River county, with the primary goal being to carry the A.A. message to the alcoholic who still suffers. It is the mission of the IRCO to keep groups informed about A.A. activities by newsletter and by maintaining a website, answer inquiries for them, provide A.A. meeting information, maintain an available supply of Conference Approved books and literature, and to provide guidance and support to the IRCO standing committees.

The IRCO shall function within the meaning and intent of the 12 traditions and the guidelines for Intergroup and Central Offices and other guidelines as set forth by the general service office of Alcoholics Anonymous

The IRCO is entirely accountable to the groups it serves and is entirely supported by the voluntary contributions of A.A. groups within Indian River County

SPEAKER EXCHANGE PROGRAM



This program will allow anyone willing to share their Experience, Strength and Hope to make themselves available. Groups may access the list, kept at the Central Office, to invite any listed AA member to speak at their group.

NAME: _____ Sobriety Date: _____

TELEPHONE NUMBER: _____ HOME GROUP (optional) : _____

Check days available: Sun _____ Mon _____ Tue _____ Wed _____ Thu _____ Fri _____ Sat _____

Check available area(s): North County _____ South County _____

Check available time of day: Mornings _____ Afternoons _____ Evenings _____

This form can either be dropped off at the Central Office or mailed to:

Indian River Central Office of A.A.

1600 26th Street, Suite 6

Vero Beach, FL 32970

INDIAN RIVER CENTRAL OFFICE OF A.A. BIRTHDAY PLAN



This contribution on my _____ (number of years of sobriety) A.A. Birthday is my way of saying
THANK YOU
to the Indian River Central Office for serving the A.A. community of Indian River County.

Your Name: (optional) _____ Group Name (optional) _____

Address (Optional) _____

Please indicate whether you want your contribution credited to:

_____ your group or check here _____ if Anonymously

Please make checks payable to **Indian River Central Office of A.A.**

Drop off at Central Office or mail to

Indian River Central Office of A.A.

1600 26th Street, Suite 6 - Vero Beach, FL 43960

AA 12-Step Volunteer Application

Name _____

Phone Number _____

Area You would be willing to participate

North County Y___N South County ___Y___N

Availability ___ Mon—Fri ___ Weekends ___ Days ___ Evenings

I am willing to: (Please circle all that apply)

- It is suggested that a person NOT go on a twelfth step call alone to help an alcoholic who is still suffering.
- Also you should NOT drive a wet drunk to a treatment facility (detox) without having another A.A. member with you.
- If you circled either of these items, please be sure that you have another member of A.A. that is willing to go along with you.
- Talk to someone over the phone
- Talk to someone at their home
- Meet someone at a meeting
- Take someone to detox
- Give rides to AA meeting

Please return this form to Central Office or mail it to:

Indian River Central Office of AA.

1600 26th Street, Suite 6

Vero Beach, FL 32960

Addresses for Contributions

Indian River Central

Office Treasurer
1600 26th St, Ste 6
Vero Beach, FL 32960

District 6 Treasurer

P.O. Box 12248
Ft. Pierce, FL 34979

Area 15 Treasurer

2950 W Cypress Creek Rd.
Ste 333 #1907
Fort Lauderdale, FL 33309

General Service Board

P.O. Box 2407
James A. Farley Station
New York, NY 10116