



H.O.W.

indianriverhow@gmail.com



Step five

Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.

Tradition five

Each group has but one primary purpose — to carry its message to the alcoholic who still suffers.

Concept five

Throughout our structure, a traditional “Right of Appeal” ought to prevail, so that minority opinion will be heard and personal grievances receive careful consideration.

Declaration of Unity

This we owe to A.A.'s future: To place our common welfare first; To keep our fellowship united. For on A.A. unity depend our lives, And the lives of those to come"



I Am Responsible

I am responsible. When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that I am responsible.

**FOR MORE INFO ABOUT INDIAN RIVER COUNTY
ALCOHOLICS ANONYMOUS
CALL 772-562-1114 OR VISIT indianriveraa.com**

Integrity

Spiritual principle behind Step 5

Definition

- firm adherence to a code of especially moral or artistic values
- an unimpaired condition
- the quality or state of being complete or undivided

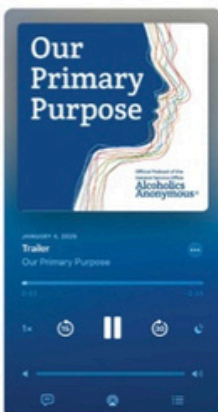
Synonyms

- incorruptibility
- soundness
- completeness
- character
- decency
- virtue

Your Seventh Tradition Contributions Help Carry the Message

Contributions made by you and your home group to the General Service Board support the work of your General Service Office (GSO) to help the alcoholic around the corner — and around the world.

Your contributions make possible essential member services and support for those seeking help.



1 Our Primary Purpose is the official podcast of the General Service Office of Alcoholics Anonymous. This new podcast takes you behind the scenes of how GSO helps A.A. groups and members across the U.S. and Canada carry the life-saving message of hope and recovery. Discover the people, history, and stories that shape A.A., including sharing from visiting members and archival gems from A.A.'s 90-year history. aa.org/gso-podcast.

2 The Digital Press Kit (aa.org/digital-press-kit) was created to provide information about Alcoholics Anonymous in the U.S./Canada to the media, professionals, and the general public.



3 Corrections Correspondence Service (CCS) for A.A. members is an example of how our Seventh Tradition contributions are used on the corrections assignment to carry the message to alcoholics. Recently at the National Corrections Conference, many members expressed how vital this service was in their personal recovery while they were behind the walls. One panel speaker spoke about meeting his CCS outside correspondent, who later became his sponsor, for the first time after 6 years of corresponding. The CCS links A.A. members who are in custody with A.A. members on the outside to share their experience, strength and hope. (<https://www.aa.org/corrections-committees>)



Anniversaries



MAY

I Am Responsible

Leah M 1yr
Katie H 7yrs

Women of Sebastian

Zinnia - 19 years

IR Mens

Joseph J 33 yrs

Lunch Bunch

Don P. 25 yrs
Tami S. 4 yrs

IR Thursday

Bobbi Jo 9 yrs

Royal Palm

Susie K. 45 yrs
Katie. H. 31 yrs

Sundowners

Sam B 2 yrs
Clyde 34 yrs
John K 39 yrs

Vero Beach Men's

Paul D In Memory
Of
Mike C In Memory
Of
Tim G 11 yrs
Kendall M 9 yrs
Antonio F 3 yrs

Free & Easy

Rachel M 10 yrs
Frank R 7 yrs

Sebastian 5:32

Lee K. 21 yrs

IR Women

Nancy O. 3 yrs
Alyssa F. 7 yrs

ODDAT

Carl C 21 yrs
Bev M 17 yrs
Pete G 31 yrs
Daisy M 36 yrs
Helen M 41 yrs

SORRY WE MISSED YOU!

Royal Palm

April

Clell B. 43 yrs
Bob K. 39 yrs
Russell P. 4 yrs

**Submit group
anniversaries by
the 15th of the
month to**

indianriverhow@gmail.com

What's Happening?

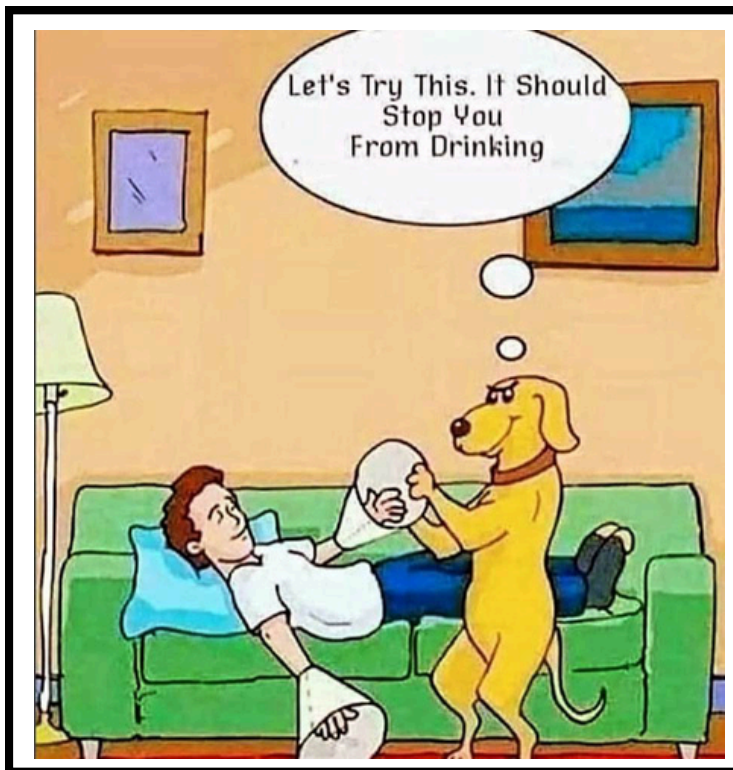
INDIAN RIVER COUNTY CENTRAL OFFICE



<https://indianriveraa.com/events>

Don't miss these upcoming events

**IF YOUR GROUP HAS ANY UPCOMING EVENTS
FOR PUBLISHING,
EMAIL indianriverhow@gmail.com**



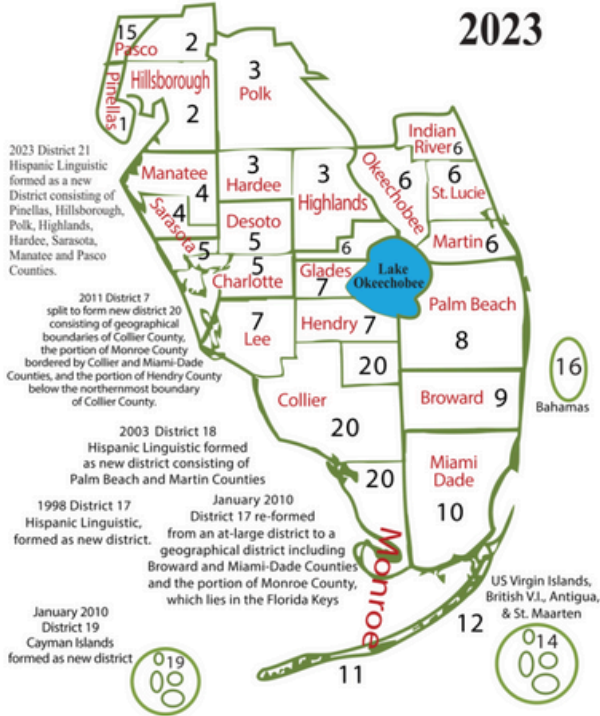
Rule 62:

**"Don't take
yourself too
damn
seriously"**

July 11 @ 4:00 pm - July 13 @ 6:00 pm
**SOUTH FLORIDA AREA 15 GENERAL SERVICE
 ASSEMBLY**

Westin Cape Coral Resort at Marina Village 5951 Silver King Blvd., Cape Coral, FL

**Area 15 South Florida District Divisions
 2023**



New Meeting!

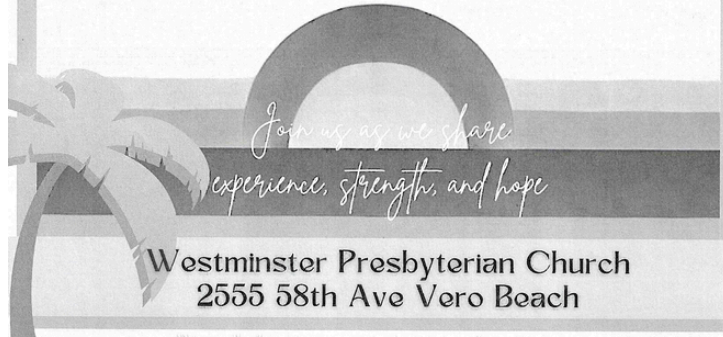
Monday & Thursday at 7pm

Not a Glum Lot

"We absolutely insist on enjoying life."

**First Meeting
 Thursday,
 April 3rd**

**Mondays
 Big Book
 Thursdays
 12 & 12**



**Westminster Presbyterian Church
 2555 58th Ave Vero Beach**

SAFE HARBOR



**NEW WOMEN'S STICK
 DISCUSSION MEETING**

**THURSDAYS AT NOON
 12PM**

**Our Savior Lutheran Church
 1850 6TH Ave
 Vero Beach, FL 32960**

Treasure Coast Host Committee For FCYPAA

Saturday, May 17th | 12 - 6 PM

**Kickball
 TOURNAMENT**

**Sandhill Crane Park
 Port St. Lucie, FL**

\$100 Entry Per Team of 10

\$15 To Play If You Don't Have A Team

Register using QR codes below

Team



Individual



**Free to attend
 Speaker panel at 12:30PM
 Food and drinks for sale**

BHC Treatment Commitment

1 st Monday	April 2025 – December 2025	Sundowners
2 nd Monday	April 2025 – December 2025	Vero Beach Men's Group
3 rd Monday	April 2025 – June 2025 July 2025 – December 2025	New Day Group Dave F. and Friends
4 th Monday	April 2025 – June 2025 July 2025 – December 2025	417 Group Steve & Friends
5 th Monday	April 2025 – December 2025	Sundowners



ONLINE INTERGROUP ALCOHOLICS ANONYMOUS

<https://aa-intergroup.org/meetings/>



Meeting Guide syncs with area, district, intergroup/central offices and international general service office websites, relaying meeting information from more than 400 A.A. service entities directly to the app. Over 100,000 weekly meetings are currently listed, and the information is refreshed twice daily.

THIS IS A FREE APP FOR BOTH ANDROID AND IPHONE

Meeting Guide features

- Listing of both **in-person** and **online** meetings
- A default view that provides a list of meetings showing time, location and meeting name
- A meeting detail view that offers extra information such as meeting format and any notes provided by the group
- A search function to find meetings by location or keyword
- A daily quote feature lets users read from "Daily Reflections"
- Multiple access points that make finding local A.A. contact information easy
- A news feature with the latest from the General Service Office and Grapevine



Indian River Central Office of Alcoholics Anonymous

1600 26th Street, Suite 6

Vero Beach, Fl 32960

(772) 562-1114



Mission Statement

The purpose of the Indian River central office (hereafter IRC O) is to provide a services within Indian River county, with the primary goal being to carry the A.A. message to the alcoholic who still suffers. It is the mission of the IRCO to keep groups informed about A.A. activities by newsletter and by maintaining a website, answer inquiries for them, provide A.A. meeting information, maintain an available supply of Conference Approved books and literature, and to provide guidance and support to the IRCO standing committees.

The IRCO shall function within the meaning and intent of the 12 traditions and the guidelines for Intergroup and Central Offices and other guidelines as set forth by the general service office of Alcoholics Anonymous

The IRCO is entirely accountable to the groups it serves and is entirely supported by the voluntary contributions of A.A. groups within Indian River County

SPEAKER EXCHANGE PROGRAM



This program will allow anyone willing to share their Experience, Strength and Hope to make themselves available. Groups may access the list, kept at the Central Office, to invite any listed AA member to speak at their group.

NAME: _____ Sobriety Date: _____

TELEPHONE NUMBER: _____ HOME GROUP (optional) : _____

Check days available: Sun _____ Mon _____ Tue _____ Wed _____ Thu _____ Fri _____ Sat _____

Check available area(s): North County _____ South County _____

Check available time of day: Mornings _____ Afternoons _____ Evenings _____

This form can either be dropped off at the Central Office or mailed to:

Indian River Central Office of A.A.

1600 26th Street, Suite 6

Vero Beach, FL 32970

INDIAN RIVER CENTRAL OFFICE OF A.A. BIRTHDAY PLAN



This contribution on my _____ (number of years of sobriety) A.A. Birthday is my way of saying
THANK YOU
to the Indian River Central Office for serving the A.A. community of Indian River County.

Your Name: (optional) _____ Group Name (optional) _____

Address (Optional) _____

Please indicate whether you want your contribution credited to:

_____ your group or check here _____ if Anonymously

Please make checks payable to **Indian River Central Office of A.A.**
Drop off at Central Office or mail to
Indian River Central Office of A.A.
1600 26th Street, Suite 6 - Vero Beach, FL 43960

AA 12-Step Volunteer Application

Name _____

Phone Number _____

Area You would be willing to participate

North County Y___N South County ___Y___N

Availability ___ Mon—Fri ___ Weekends ___ Days ___ Evenings

I am willing to: (Please circle all that apply)

- It is suggested that a person NOT go on a twelfth step call alone to help an alcoholic who is still suffering.
- Also you should NOT drive a wet drunk to a treatment facility (detox) without having another A.A. member with you.
- If you circled either of these items, please be sure that you have another member of A.A. that is willing to go along with you.
- Talk to someone over the phone
- Talk to someone at their home
- Meet someone at a meeting
- Take someone to detox
- Give rides to AA meeting

Please return this form to Central Office or mail it to:

**Indian River Central Office of AA.
1600 26th Street, Suite 6
Vero Beach, FL 32960**

Addresses for Contributions

Indian River Central
Office Treasurer
1600 26th St, Ste 6
Vero Beach, FL 32960

District 6 Treasurer
P.O. Box 12248
Ft. Pierce, FL 34979

Area 15 Treasurer
2950 W Cypress Creek Rd.
Ste 333 #1907
Fort Lauderdale, FL 33309

General Service Board
P.O. Box 2407
James A. Farley Station
New York, NY 10116