



H.O.W.

indianriverhow@gmail.com



Step Eleven

Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.

Tradition Eleven

Our relations with the general public should be characterized by personal anonymity. We think A.A. ought to avoid sensational advertising. Our names and pictures as A.A. members ought not be broadcast, filmed, or publicly printed. Our public relations should be guided by the principle of attraction rather than promotion. There is never need to praise ourselves. We feel it better to let our friends recommend us.

Concept Eleven

The trustees should always have the best possible committees, corporate service directors, executives, staffs, and consultants. Composition, qualifications, induction procedures, and rights and duties will always be matters of serious concern.

**FOR MORE INFO
ABOUT
INDIAN RIVER COUNTY
ALCOHOLICS
ANONYMOUS**

**CALL
772-562-1114**

**OR VISIT
indianriveraa.com**

November Anniversaries

**I Am
Responsible**
Craig S 19

**Meat &
Potatoes**
Jim B 43
Lise B 43

**Women of
Sebastian**
Tammy 12

**Sebastian
5:32**
Dave G 36

**IR
Thursday**
Sam G 15

ODAAT
Ed H 1
Irene H 1
Jill S 3
Kay H 42

Sundowners
Scott 21
Vicki 40

**Lunch
Bunch**
Glen G 36
Ellie R 23
Ann 13
Maureen L 9
Gary T 4
Rick B 4

VB Men
Dick M In
Memory Of
Bill N 34
Wilbert S 19
Jim B 16
Johnny K 15
Matt #1 5
Jarrod D 4
Ricky D 4
Kevin C 4
Terry D 3
Allen C 2
Kenneth P 2

IR Men
Marshall 38
John k 29

**New Day
Sebastian**
Dave G 36
Lynn C 34
Shelia B 32
Jersey John
33
Ellie R 23
Mike C 21
Gus P 11
Kathy J 10
Jim P 6
Jamison 4
Peter A 2
Matthew G
1

IR Women
Lexi H 2
Cathy M 2

October Anniversaries

**Women of
Sebastian**
Jayne 36

**Children
of Chaos**
Wynn 1
Heather 4

**Submit group
anniversaries by the
21st of the month**
indianriverhow@gmail.com

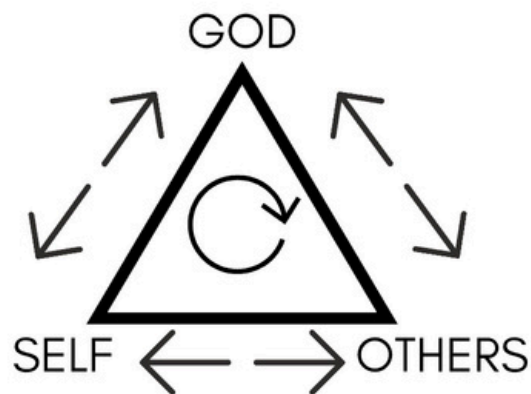
AA Spiritual Experience: What It Is It?

September 23, 2021

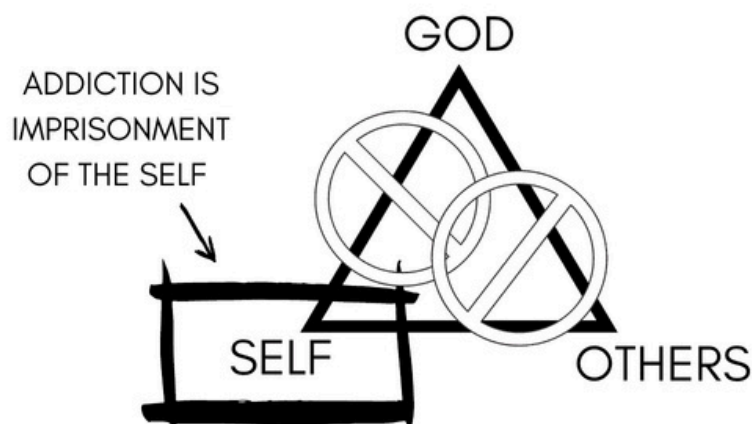
Tim Gorman

<https://sobertostay.com/aa-spiritual-experience>

SPIRITUAL HEALTH IS AN OPEN CONNECTION
WITH ALL SIDES OF THE TRIANGLE



SPIRITUAL SICKNESS = CLOSED CONNECTION
WITH ALL SIDES OF THE TRIANGLE



INDIAN RIVER COUNTY CENTRAL OFFICE



<https://indianriveraa.com/events>

Scan here for
local AA events



What's Happening?

IF YOUR GROUP HAS ANY UPCOMING EVENTS THEY WANT PUBLISHED,
EMAIL indianriverhow@gmail.com

Save the Date!

AA.org/International-Convention

2025 A.A. International Convention

July 3-6, 2025

A circular inset image showing an aerial view of the Vancouver skyline, including the city's harbor, the Vancouver Convention Centre, and the surrounding urban landscape.

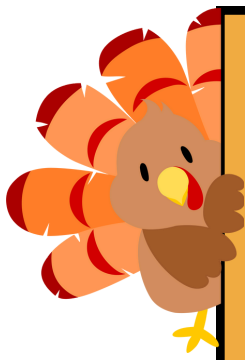
A square QR code with a black and white pixelated pattern, used for quick access to the Vancouver 2025 Convention information.

Scan here!

VANCOUVER 2025

The logo for the Vancouver 2025 International Convention, featuring a stylized heart shape formed by two hands, with the year '2025' and the city name 'VANCOUVER' integrated into the design.

Language of the Heart
Lenguaje del corazón
Le langage du cœur



Holiday Happenings

Thanksgiving Alcathon

Thu, Nov 28,

Sebastian Community Center
1805 N Central Ave
Sebastian

N on US 1 to Jackson St - turn right- go to end and community center is on the right.

Doors open at 9

Doors close at 6

MEETINGS – 10,12,2 and 4

Clean up at 5



The Alcathon team will be providing deli meats, finger food and desserts. Groups or individuals are welcome to bring a turkey and/or prepared, hot dishes, if they would like. Cooking or reheating dishes will NOT be possible at the Community Center this year.

Gratitude. Prayers and blessings!

Come and Enjoy Meetings Before
The Big Family Gathering!

SOUTH VERO AA THANKSGIVING

MORNING MEETINGS &
POTLUCK BREAKFAST

7:30 EARLY RISER MEETING +
OPEN DISCUSSION TOPIC

8:45 POTLUCK BREAKFAST

9:30 LATE RISER MEETING +
OPEN GRATITUDE TOPIC

28 NOVEMBER

Glendale Plaza Suite #6
8th Court, Vero Beach



PRE-SALE TICKETS FOR CAMPING NOW AVAILABLE



SINGLE DAY \$10

Can't commit to the entire weekend? Just want to join us for some main activities? We have SINGLE DAY rates available! ONLY \$10.00!

But don't wait...
11/11 PRICES GO UP TO \$20



WEEKEND CAMP \$25

Ready to plan a weekend under the stars at Moss State Park? Purchase your weekend camping tickets NOW! Cost is \$25 for the Weekend Camping (per person). Weekend Camping Entry AND INCLUDES COMPLIMENTARY PRE-REGISTRATION TO FCYPAA! (Pre-Registration Valued at \$15!)

But don't wait...
11/11 PRICES GO UP TO \$30
11/29 PRICES GO UP TO \$40

*ALL WEEKEND PRICES INCLUDE A PRE-REGISTRATION TO FCYPAA 2025

Can't make camping this year? Head over to www.42.fcypaa.net to sponsor a weekend of camping for a newcomer and be there in spirit and be of service from afar using your pre-registration to this year's conference or a scholarship for a newcomer!



TICKETS AVAILABLE FOR PRE-SALE: VISIT [WWW.42.FCYPAA.NET](https://www.42.fcypaa.net)
OR SCAN QR CODE TO PURCHASE! PRICES GO UP 11/11

Save the Date

District 6 50th Annual Gratitude Dinner November 2nd, 2024 Willingness Honesty and Humility (Page 13 BB)

First Presbyterian Church

520 Royal Palm Blvd, Vero Beach, FL 32960

Doors open at 5:30pm *Dinner 6pm* Speaker 8pm

Tickets are \$20 and a limited number will be available
Note: Vouchers MUST be turned in for actual tickets prior to the event. Tickets can NOT be obtained at the door. You must have a ticket to attend

Raffle and Clothesline

Calling All AA Groups & Members: Please bring AA literature contribution for the raffle if you are willing and able



Special Meetings

9/9/24 ~ 12/2/24
MONDAYS ~ 8:00 PM ET
The Literature Committee of District 6 in Area 15 Presents...

THE TWELVE CONCEPTS

THE A.A. SERVICE MANUAL
containing all
TWELVE CONCEPTS
FOR WORLD SERVICE
by RITA N.

Scan to Order

Scan for Recordings

with **Billy N.**, Palm Beach Gardens, FL

District6AA.org

ID: 991~593~8471 PC: 615

Alcoholics Anonymous
Southeast Regional Forum
DECEMBER 6 - 8th, 2024

Regional forums provide opportunities for A.A. members across the U.S. and Canada to connect with people throughout the service structure, bringing together The General Service Board, A.A. World Services, Inc., AA Grapevine, Inc., The General Service Office and Grapevine Staff, A.A. Members, Service Newcomers, and Trusted Servants.

Please consider being a part of the committee. Trusted servants are needed for this forum to be a success!

MISSISSIPPI
GULF COAST

Golden Nugget
Biloxi, MS

For Info:
Rita N. (Forum Committee Chair)
PH: (731) 445-4601 EMAIL: ezduzit83@yahoo.com

UNITY SERVICE RECOVERY

EVENTS Indian River
Alcoholics Anonymous

**Please keep us updated
so we can keep you updated**

UNITY SERVICE RECOVERY

**GSR's, event sponsors, etc.
please share event information to :
ircaainfo@gmail.com**

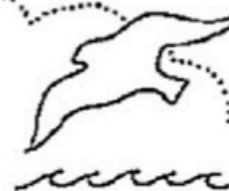


Indian River Central Office of Alcoholics Anonymous

1600 26th Street, Suite 6

Vero Beach, FL 32960

(772) 562-1114



Mission Statement

The purpose of the Indian River central office (hereafter IRC O) is to provide a services within Indian River county, with the primary goal being to carry the A.A. message to the alcoholic who still suffers. It is the mission of the IRCO to keep groups informed about A.A. activities by newsletter and by maintaining a website, answer inquiries for them, provide A.A. meeting information, maintain an available supply of Conference Approved books and literature, and to provide guidance and support to the IRCO standing committees.

The IRCO shall function within the meaning and intent of the 12 traditions and the guidelines for Intergroup and Central Offices and other guidelines as set forth by the general service office of Alcoholics Anonymous

The IRCO is entirely accountable to the groups it serves and is entirely supported by the voluntary contributions of A.A. groups within Indian River County

SPEAKER EXCHANGE PROGRAM



This program will allow anyone willing to share their Experience, Strength and Hope to make themselves available. Groups may access the list, kept at the Central Office, to invite any listed AA member to speak at their group.

NAME: _____ Sobriety Date: _____

TELEPHONE NUMBER: _____ HOME GROUP (optional) : _____

Check days available; Sun _____ Mon _____ Tue _____ Wed _____ Thu _____ Fri _____ Sat _____

Check available area(s): North County _____ South County _____

Check available time of day: Mornings _____ Afternoons _____ Evenings _____

This form can either be dropped off at the Central Office or mailed to:

Indian River Central Office of A.A.

1600 26th Street, Suite 6

Vero Beach, FL 32960

INDIAN RIVER CENTRAL OFFICE OF A.A. BIRTHDAY PLAN



This contribution on my _____ (number of years of sobriety) A.A. Birthday is my way of saying

THANK YOU

to the Indian River Central Office for serving the A.A. community of Indian River County.

Your Name: (optional) _____ Group Name (optional) _____

Address (Optional) _____

Please indicate whether you want your contribution credited to:

_____ your group or check here _____ if Anonymously

Please make checks payable to **Indian River Central Office of A.A.**

Drop off at Central Office or mail to

Indian River Central Office of A.A.

1600 26th Street, Suite 6 - Vero Beach, FL 32960

AA 12-Step Volunteer Application

Name _____

Phone Number _____

Area You would be willing to participate

North County Y____N____ South County____Y____N____

Availability____Mon—Fri____Weekends____Days____Evenings

I am willing to: (Please circle all that apply)

- It is suggested that a person NOT go on a twelfth step call alone to help an alcoholic who is still suffering.
- Also you should NOT drive a wet drunk to a treatment facility (detox) without having another A.A. member with you.
- If you circled either of these items, please be sure that you have another member of A.A. that is willing to go along with you.
- Talk to someone over the phone
- Talk to someone at their home
- Meet someone at a meeting
- Take someone to detox
- Give rides to AA meeting

Please return this form to Central Office or mail it to:

Indian River Central Office of AA.

1600 26th Street, Suite 6

Vero Beach, FL 32960

Addresses for Contributions

**Indian River Central
Office Treasurer**

1600 26th St, Ste 6
Vero Beach, FL 32960

District 6 Treasurer

P.O. Box 12248
Ft. Pierce, FL 34979

Area 15 Treasurer

P.O. Box 590835
Ft. Lauderdale, FL
33359-0835

General Service Board

P.O. Box 2407
James A. Farley Station
New York, NY 10116

	<u>INDIAN RIVER COUNTY VIRTUAL MEETINGS</u>
12:00 PM	Sunday - The Gratitude Group - (Open) - Virtual Vero Beach - Zoom: 720-843-2825 PC 3807897
5:00 PM	Sunday - Sober Connections - (Closed) - Virtual Vero Beach - Zoom: 325-870-3587 PC:762375
5:00 PM	Monday - Sober Connections - (Closed) - Virtual Vero Beach - Zoom: 325-870-3587 PC:762375
4:00 PM	Monday - Men's Discussion Group - (Closed, Men, D) - Virtual Vero Beach - Zoom: 829 3988 4023 PC333791
4:00 PM	Tuesday - Keep It Simple Meeting - (Open, ABSI, LIT) - Virtual Vero Beach - ZOOM ID 998 7512 9964 - Code 63228
5:00 PM	Wednesday - Sober Connections - (Closed) - Virtual Vero Beach - Zoom: 325-870-3587 PC:762375
5:30 PM	Wednesday - Speaker/Big Book - (SP, B, LIT) - Virtual Vero Beach - Zoom: 319-619-2864
6:30 PM	Wednesday - The 3 Leg Group - (Closed, LIT, XT) - Virtual Vero Beach - Zoom: 452-100-1634 PC:31236 - Phone: 1-305 224-1968
4:00 PM	Thursday - Men's Discussion Group - (Closed, Men, D) - Virtual Vero Beach - Zoom: 829 3988 4023 PC333791
5:00 PM	Friday - Sober Connections - (Open) - Virtual Vero Beach - Zoom: 325-870-3587 PC:762375

IRC TREATMENT CENTER

Behavioral Health Center
1190 37th St Vero Beach
Mondays @ 7pm

Week 1
South Vero

Week 2
Vero Beach Men's

Week 3
Meat & Potatoes

Week 4
417

Week 5
South Vero



Meeting Guide syncs with area, district, intergroup/central offices and international general service office websites, relaying meeting information from more than 400 A.A. service entities directly to the app. Over 100,000 weekly meetings are currently listed, and the information is refreshed twice daily.

THIS IS A FREE APP FOR BOTH ANDROID AND IPHONE

Meeting Guide features

- Listing of both **in-person** and **online** meetings
- A default view that provides a list of meetings showing time, location and meeting name
- A meeting detail view that offers extra information such as meeting format and any notes provided by the group
- A search function to find meetings by location or keyword
- A daily quote feature lets users read from "Daily Reflections"
- Multiple access points that make finding local A.A. contact information easy
- A news feature with the latest from the General Service Office and Grapevine