



H.O.W.

indianriverhow@gmail.com



Step nine

Made direct amends to such people wherever possible, except when to do so would injure them or others.

Tradition nine

AlcoholiA.A., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.

Concept nine

Good service leadership at all levels is indispensable for our future functioning and safety. Primary world service leadership, once exercised by the founders, must necessarily be assumed by the trustees.

Declaration of Unity

This we owe to A.A.'s future: To place our common welfare first; To keep our fellowship united. For on A.A. unity depend our lives, And the lives of those to come"



I Am Responsible

I am responsible. When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that I am responsible.

**FOR MORE INFO ABOUT INDIAN RIVER COUNTY
ALCOHOLICS ANONYMOUS
CALL 772-562-1114 OR VISIT www.indianriveraa.com**

Justice

Definition of Discipline

- the quality of being just, impartial, or fair
- the principle or ideal of just dealing or right action
- conformity to truth, fact, or reason

Synonyms of Discipline

- goodness
- equity
- virtue
- fairness

GET INVOLVED IN SERVICE

HOW Edition

Position Open 1/2026

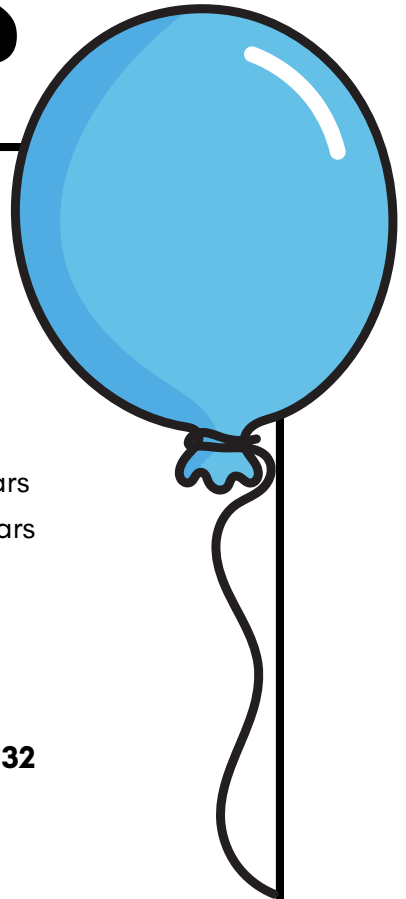
Requirements to Chair this Committee: One year sobriety. Attend and present reports at monthly Central Office Business Meetings. Computer skills related to page layout and printing.

Description of the Committee's purpose: To provide a monthly publication based on the Twelve Steps and Twelve Traditions of AA, as it pertains to the members of Indian River County.

Describe or list of responsibilities and services of this Committee: Gather current information on the monthly featured Step and Tradition, which may include submissions by group members; publish current events, treatment schedules, group birthdays, and financial reports; coordinate the writing, proofing, printing and collating of the monthly publication to be distributed to groups through their representatives at monthly Central Office business meetings.

email indianriverhow@gmail.com for more info

Anniversaries



SEPTEMBER

I Am Responsible

Rayvon 2yrs
Drew H 5yrs
Katherine K 4 yrs
Kristy 16 yrs

Lunch Bunch

Geri T 34 yrs
Ellen P 32 yrs
John O. 17 yrs
Ronald C 6 yrs

Free & Easy

Clarence H 23 yrs
Tina S 22 yrs
Rick R 11 yrs
Daniel F 2 yrs

Vero Beach

Men's

Chris B. 11
John L. 4
Phinehas W. 4
Ricky R. 3
Brian S. 3

Sundowners

Michelle C 2 yrs
Richie B 2 yrs
Harry 41 yrs

Noontime

Mary M 21yrs
Steve S 24yrs
Billy K 25yrs

Royal Palm

Pat C. 24 years
Trish H. 35 years

IR Thursday

Keith P 2yrs

Sebastian 5:32

Angie D. 16

Women of Sebastian

Susan 4 years
Stephanie 6 years
Andrea 6 years
Angie 16 years

SORRY WE MISSED YOU- AUGUST

Noontime

Jon 2yrs
Kevin K 13 yrs
Milly 21yrs
Dave C 28yrs

Sebastian 5:32

Maureen L. 46
Jazz D 38.
Sueann R. 33
Cyndy V. 20

Women of Sebastian

Amanda 28 yrs

Meat & Potatoes

Catherine 3 years
Angela L. 7 yrs
Theresa B. 17 yrs

Submit group anniversaries by the 15th of the month to

indianriverhow@gmail.com

What's Happening?

Don't miss these upcoming events

IF YOUR GROUP HAS ANY UPCOMING EVENTS
FOR PUBLISHING,
EMAIL indianriverhow@gmail.com

INDIAN RIVER COUNTY CENTRAL OFFICE



<https://indianriveraa.com/events>

ENCHANTED BY A STARLIT NIGHT

FCYPAA 2025 9/19/25 - 9/21/25 STUART, FL



Hotel
Booking



Marriot
Hutchinson Island
42.FCYPAA.net
\$30 Reg (until 7/1/25)

Pre Reg
Now



AL-ANON
for families & friends of alcoholics

2025 schedule

**SATURDAY
NIGHT
LIVE**

ALANON
AND AA
MEETING
TOGETHER

01/25, 02/22, 03/22, 04/26, 05/24, 6/28

4th Saturday of the month

7pm to 8pm

07/26, 08/23, 09/27, 10/25, 11/22, 12/27

please bring a friend or spouse to

see both programs at work

South Vero Beach Group 755 8th Ct (Gelandale



**WELCOME
TO
SOUTH VERO**

Plaza Ste. #6) Vero Beach, FL 32962

Treatment Committee- BHC,
Vero Beach, Monday @7

1st Mon - Sundowners

2nd Mon - Vero Beach Men's
Group

3rd Mon - Dave and friends

4th Mon - John M and friends

**Want to Contribute to the
IRC AA HOW?**

**Email comics, pictures, shorts,
announcements to**

indianriverhow@gmail.com

AREA "VIRTUAL" MEETINGS

6:00 PM	Tuesday - Pass it On (Book Study) - (Closed, LIT, XT) - Zoom ID 452-100-1634 PC: 31236
5:30 PM	Wednesday - Speaker/Big Book - (SP, B, LIT) - Zoom: 319-619-2864
4:00 PM	Thursday - Keep It Simple Meeting - (Open, ABSI, LIT) - Zoom ID 835 2645 7983 - Code 967440



ONLINE INTERGROUP ALCOHOLICS ANONYMOUS

<https://aa-intergroup.org/meetings/>



Meeting Guide syncs with area, district, intergroup/central offices and international general service office websites, relaying meeting information from more than 400 A.A. service entities directly to the app. Over 100,000 weekly meetings are currently listed, and the information is refreshed twice daily.

THIS IS A FREE APP FOR BOTH ANDROID AND IPHONE

Meeting Guide features

- Listing of both **in-person** and **online** meetings
- A default view that provides a list of meetings showing time, location and meeting name
- A meeting detail view that offers extra information such as meeting format and any notes provided by the group
- A search function to find meetings by location or keyword
- A daily quote feature lets users read from "Daily Reflections"
- Multiple access points that make finding local A.A. contact information easy
- A news feature with the latest from the General Service Office and Grapevine



Indian River Central Office of Alcoholics Anonymous

1600 26th Street, Suite 6

Vero Beach, FL 32960

(772) 562-1114



Mission Statement

The purpose of the Indian River central office (hereafter IRC O) is to provide a services within Indian River county, with the primary goal being to carry the A.A. message to the alcoholic who still suffers. It is the mission of the IRCO to keep groups informed about A.A. activities by newsletter and by maintaining a website, answer inquiries for them, provide A.A. meeting information, maintain an available supply of Conference Approved books and literature, and to provide guidance and support to the IRCO standing committees.

The IRCO shall function within the meaning and intent of the 12 traditions and the guidelines for Intergroup and Central Offices and other guidelines as set forth by the general service office of Alcoholics Anonymous

The IRCO is entirely accountable to the groups it serves and is entirely supported by the voluntary contributions of A.A. groups within Indian River County

SPEAKER EXCHANGE PROGRAM



This program will allow anyone willing to share their Experience, Strength and Hope to make themselves available. Groups may access the list, kept at the Central Office, to invite any listed AA member to speak at their group.

NAME: _____ Sobriety Date: _____

TELEPHONE NUMBER: _____ HOME GROUP (optional) : _____

Check days available; Sun _____ Mon _____ Tue _____ Wed _____ Thu _____ Fri _____ Sat _____

Check available area(s): North County _____ South County _____

Check available time of day: Mornings _____ Afternoons _____ Evenings _____

This form can either be dropped off at the Central Office or mailed to:

Indian River Central Office of A.A.

1600 26th Street, Suite 6

Vero Beach, FL 32960

INDIAN RIVER CENTRAL OFFICE OF A.A. BIRTHDAY PLAN



This contribution on my _____ (number of years of sobriety) A.A. Birthday is my way of saying

THANK YOU

to the Indian River Central Office for serving the A.A. community of Indian River County.

Your Name: (optional) _____ Group Name (optional) _____

Address (Optional) _____

Please indicate whether you want your contribution credited to:

_____ your group or check here _____ if Anonymously

Please make checks payable to **Indian River Central Office of A.A.**

Drop off at Central Office or mail to

Indian River Central Office of A.A.

1600 26th Street, Suite 6 - Vero Beach, FL 43960

AA 12-Step Volunteer Application

Name _____

Phone Number _____

Area You would be willing to participate

North County Y___N___ South County___Y___N___

Availability___Mon—Fri___Weekends___Days___Evenings

I am willing to: (Please circle all that apply)

- It is suggested that a person NOT go on a twelfth step call alone to help an alcoholic who is still suffering.
- Also you should NOT drive a wet drunk to a treatment facility (detox) without having another A.A. member with you.
- If you circled either of these items, please be sure that you have another member of A.A. that is willing to go along with you.
- Talk to someone over the phone
- Talk to someone at their home
- Meet someone at a meeting
- Take someone to detox
- Give rides to AA meeting

Please return this form to Central Office or mail it to:

Indian River Central Office of AA.

1600 26th Street, Suite 6

Vero Beach, FL 32960

Addresses for Contributions

Indian River Central

Office Treasurer

1600 26th St, Ste 6

Vero Beach, FL 32960

District 6 Treasurer

P.O. Box 12249

Ft. Pierce, FL 34979

Area 15 Treasurer

2950 W Cypress Creek Rd.

Ste 333 #1907

Fort Lauderdale, FL 33309

General Service Board

P.O. Box 2407

James A. Farley Station

New York, NY 10116