



H.O.W.

indianriverhow@gmail.com



Step One

We admitted we were powerless over alcohol — that our lives had become unmanageable.

Tradition One

Each member of Alcoholics Anonymous is but a small part of a great whole. A.A. must continue to live or most of us will surely die. Hence our common welfare comes first. But individual welfare follows close afterward

Concept One

Final responsibility and ultimate authority for A.A. world services should always reside in the collective conscience of our whole Fellowship.

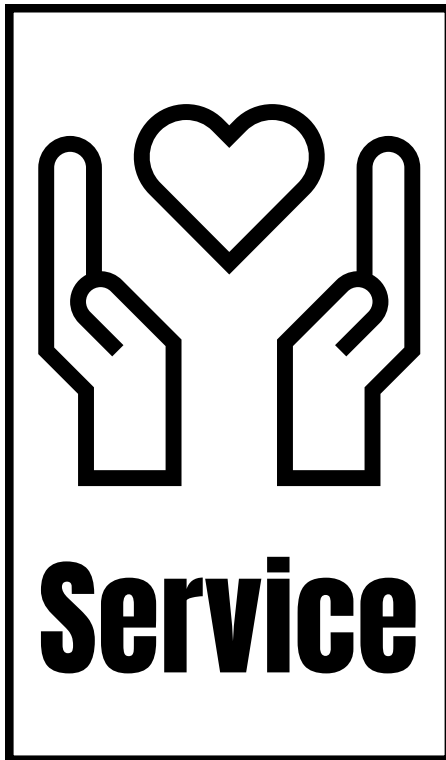
Spiritual Principle- Honesty

Willingness, **honesty**, and open-mindedness are the essentials of recovery. (BB p568)

Belief in the power of God, plus enough willingness, **honesty**, and humility to establish and maintain the new order of things, were the essential requirements. (BB pg13)

**FOR MORE INFO ABOUT INDIAN RIVER COUNTY
ALCOHOLICS ANONYMOUS
CALL 772-562-1114 OR VISIT indianriveraa.com**

IRCAA Open Positions



Secretary

Attend monthly intergroup meeting, Record roll call, agenda, and minutes.

Desk Coordinator

Schedule volunteers to cover shifts for Indian River County AA Central Office Office hours

Come to the Central Office business meeting held every second Monday @ Newport Club- Vero to get involved!!


What's Happening?



Don't miss these upcoming events

**IF YOUR GROUP HAS ANY UPCOMING EVENTS
FOR PUBLISHING,
EMAIL indianriverhow@gmail.com**

New Saturday Meeting added to:
SOUTH VERO
AA: LATE
RISERS
GROUP



MONDAY: Open Discussion	TUESDAY: Big Book
WEDNESDAY: Beginners Meeting	THURSDAY: 12 Step, 12 Tradition
FRIDAY: Open Discussion	*SATURDAY: Open Discussion

MONDAY - SATURDAY
9:30 - 10:30 AM

Glendale Plaza Suite #6,
8th Court Vero Beach, FL

*Saturday Meetings start in January 2025

*Want to contribute
to the IRC HOW??*

- Group Histories
- AA Workshops
- Artwork
- Jokes/memes
- New meetings
- Group events
- Personal stories
- Excerpts from AA literature

Anniversaries



JANUARY

I Am Responsible

Stephanie H. 2 yrs
Karen J. 8 yrs
Howard I. 6 yrs
Cheryl M. 1 yr

Women of Sebastian

Denise 13 yrs

Lunch Bunch

Bill W. 31 yrs
Ava W. 22 yrs
Priscilla 20 yrs
Melissa B. 3 yrs
Dave F. 1 yrs

Sebastian 5:32

Trent L. 31 years
Leemon B. 7 years

ODDAT

Frank C. 16 yrs
Scot G. 29 yrs
Jane C. 26 yrs
Jill A. 39 yrs
John L. 42 yrs

IR Thursday

Marie K. 19 yrs
Mark P. 27 yrs

Sundowners

Bonnie 2 yrs
Mike S. 12 yrs
Debby 16 yrs

Free & Easy

Ron F. 26 yrs
Carol C. 20 yrs

417

Rick J. 13 yrs
Karen J. 8 yrs
Jeremy D. 1 yr

Vero Beach Men's

Marty P - In Memory Of
Tony S - In Memory Of
Rob S - In Memory Of
Victor V - 38
Mike P - 34
Bob L - 31
Bill K - 23
Justin B - 18
Dave R - 10
Eli M - 7
Brandon C - 5
Joe M - 4

New Day

Vickie. 26
Tammy B. 12
Chris N. 8
Leemon. 6
Jody. 2

DECEMBER

532 Group

Barbara L. 34 years
Joanie W. 49 years

**Submit group
anniversaries by
the 15th of the
month to**

indianriverhow@gmail.com

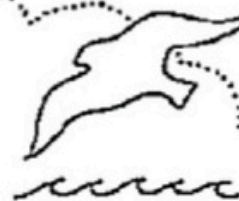


Indian River Central Office of Alcoholics Anonymous

1600 26th Street, Suite 6

Vero Beach, FL 32960

(772) 562-1114



Mission Statement

The purpose of the Indian River central office (hereafter IRC O) is to provide a services within Indian River county, with the primary goal being to carry the A.A. message to the alcoholic who still suffers. It is the mission of the IRCO to keep groups informed about A.A. activities by newsletter and by maintaining a website, answer inquiries for them, provide A.A. meeting information, maintain an available supply of Conference Approved books and literature, and to provide guidance and support to the IRCO standing committees.

The IRCO shall function within the meaning and intent of the 12 traditions and the guidelines for Intergroup and Central Offices and other guidelines as set forth by the general service office of Alcoholics Anonymous

The IRCO is entirely accountable to the groups it serves and is entirely supported by the voluntary contributions of A.A. groups within Indian River County

SPEAKER EXCHANGE PROGRAM



This program will allow anyone willing to share their Experience, Strength and Hope to make themselves available. Groups may access the list, kept at the Central Office, to invite any listed AA member to speak at their group.

NAME: _____ Sobriety Date: _____

TELEPHONE NUMBER: _____ HOME GROUP (optional) : _____

Check days available; Sun _____ Mon _____ Tue _____ Wed _____ Thu _____ Fri _____ Sat _____

Check available area(s): North County _____ South County _____

Check available time of day: Mornings _____ Afternoons _____ Evenings _____

This form can either be dropped off at the Central Office or mailed to:

Indian River Central Office of A.A.

1600 26th Street, Suite 6

Vero Beach, FL 32960

INDIAN RIVER CENTRAL OFFICE OF A.A. BIRTHDAY PLAN



This contribution on my _____ (number of years of sobriety) A.A. Birthday is my way of saying

THANK YOU

to the Indian River Central Office for serving the A.A. community of Indian River County.

Your Name: (optional) _____ Group Name (optional) _____

Address (Optional) _____

Please indicate whether you want your contribution credited to:

_____ your group or check here _____ if Anonymously

Please make checks payable to **Indian River Central Office of A.A.**

Drop off at Central Office or mail to

Indian River Central Office of A.A.

1600 26th Street, Suite 6 - Vero Beach, FL 43960

AA 12-Step Volunteer Application

Name _____

Phone Number _____

Area You would be willing to participate

North County Y___N___ South County___Y___N___

Availability___Mon—Fri___Weekends___Days___Evenings

I am willing to: (Please circle all that apply)

- It is suggested that a person NOT go on a twelfth step call alone to help an alcoholic who is still suffering.
- Also you should NOT drive a wet drunk to a treatment facility (detox) without having another A.A. member with you.
- If you circled either of these items, please be sure that you have another member of A.A. that is willing to go along with you.
- Talk to someone over the phone
- Talk to someone at their home
- Meet someone at a meeting
- Take someone to detox
- Give rides to AA meeting

Please return this form to Central Office or mail it to:

Indian River Central Office of AA.

1600 26th Street, Suite 6

Vero Beach, FL 32960

Addresses for Contributions

Indian River Central

Office Treasurer

1600 26th St, Ste 6

Vero Beach, FL 32960

District 6 Treasurer

P.O. Box 12248

Ft. Pierce, FL 34979

Area 15 Treasurer

P.O. Box 590835

Ft. Lauderdale, FL

33359-0835

General Service Board

P.O. Box 2407

James A. Farley Station

New York, NY 10116

	INDIAN RIVER COUNTY VIRTUAL MEETINGS
5:00 PM	Sunday - Sober Connections - (Closed) - Virtual Vero Beach - Zoom: 325-870-3587 PC:762375
5:00 PM	Monday - Sober Connections - (Closed) - Virtual Vero Beach - Zoom: 325-870-3587 PC:762375
4:00 PM	Tuesday - Keep It Simple Meeting - (12x12, Open) - Virtual Vero Beach - ZOOM ID 998 7512 9964 - Code 63228
5:00 PM	Wednesday - Sober Connections - (Closed) - Virtual Vero Beach - Zoom: 325-870-3587 PC:762375
5:30 PM	Wednesday - Speaker/Big Book - (SP, BB) - Virtual Vero Beach - Zoom: 319-619-2864
6:30 PM	Wednesday - The 3 Leg Group - (Closed, LIT, XT) - Virtual Vero Beach - Zoom: 452-100-1634 PC:31236 - Phone: 1-305 224-1968
7:30 PM	Thursday - Sober Rainbow - (Open, LGBTQ, D) - Virtual Vero Beach - Zoom: 879-1279-781 PC: WickedSoba
5:00 PM	Friday - Sober Connections - (Open) - Virtual Vero Beach - Zoom: 325-870-3587 PC:762375
7:00 PM	Friday - Lakewood Park Group - (Open, SP D) - Virtual Ft. Pierce - Zoom: 298-703-197 PC:2030



Meeting Guide syncs with area, district, intergroup/central offices and international general service office websites, relaying meeting information from more than 400 A.A. service entities directly to the app. Over 100,000 weekly meetings are currently listed, and the information is refreshed twice daily.

THIS IS A FREE APP FOR BOTH ANDROID AND IPHONE

Meeting Guide features

- Listing of both **in-person** and **online** meetings
- A default view that provides a list of meetings showing time, location and meeting name
- A meeting detail view that offers extra information such as meeting format and any notes provided by the group
- A search function to find meetings by location or keyword
- A daily quote feature lets users read from "Daily Reflections"
- Multiple access points that make finding local A.A. contact information easy
- A news feature with the latest from the General Service Office and Grapevine