



H.O.W.

indianriverhow@gmail.com



Step One

We admitted we were powerless over alcohol – that our lives had become unmanageable.

Tradition One

Our common welfare should come first; personal recovery depends on A.A. unity

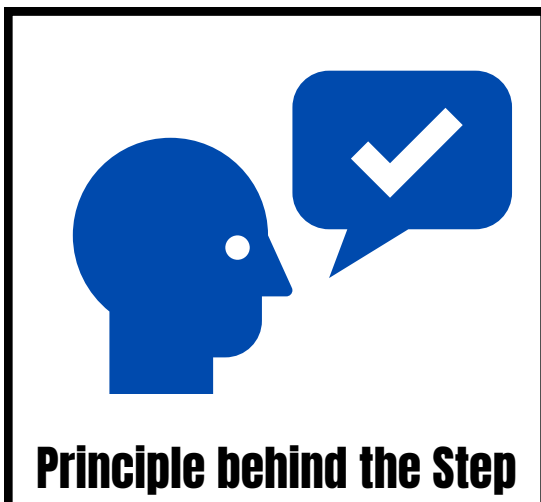
Concept One

Final responsibility and ultimate authority for A.A. world services should always reside in the collective conscience of our whole Fellowship.

**FOR MORE INFO
ABOUT
INDIAN RIVER COUNTY
ALCOHOLICS
ANONYMOUS**

**CALL
772-562-1114**

**OR VISIT
indianriveraa.com**



Principle behind the Step

Honesty

1a: adherence to the facts : SINCERITY
b: fairness and straightforwardness of conduct HONESTY implies a refusal to lie, steal, or deceive in any way.

CAN YOU RELATE?

"I don't really like tequila but one shot won't hurt"

3 hours later:



"I'm gonna steal the Declaration of Independence."

You might be an alcoholic if...

- The only one who knows how much you really drink is your dog.
- You're sure you've seen this movie a few times but have no idea how it ends.
- You make a blanket apology before the party.
- You think you are the funniest person you know.
- The liquor store owner sends you Christmas cards.

COMMITTEE SPOTLIGHT

*After
Hours
Telephone*



WHAT'S THE JOB?

Answer the Central Office phone after hours to help those in need of AA information

WHAT'S THE REQUIREMENT?

Requirements are one year sobriety and attendance at monthly Central Office business meetings.

Come to the Central Office business meeting held every second Monday @ Newport Club- Vero to get involved!!

"all AA members: remember all of those, still sick & suffering, both inside and outside of all rooms of recovery this year!"❤️
May God, of our own understanding, continue to bless us all in
2024!" -Dorothy D.

What's Happening?

Don't miss these upcoming events

**IF YOUR GROUP HAS ANY UPCOMING EVENTS THEY
WANT PUBLISHED,
EMAIL indianriverhow@gmail.com**



NEW MEETING OPEN NOW

YOUNG PEOPLE'S MEETING
Thursday 5:30 pm
Glendale Plaza Suite #6
755 8th Court Vero Beach

HOLIDAY MEETING DEC 22

12 STEPS OF CHRISTMAS
Meat & Potatoes
Community Church 1901 23rd St
6PM-7PM



**SOUTH FLORIDA AREA 15 GENERAL SERVICE ASSEMBLY
JANUARY 5-7, 2024**

Hosted by District 4 SARASOTA/MANATEE

Registration Friday 4:00 PM - 8:30 PM, Saturday 8:00 AM - 8:30 PM, Sunday 7:00AM - 9:00AM

Friday, January 5		Saturday, January 6th	
8:30-9:30pm	Speaker Meeting	12:30-1:30pm	District Chairpersons Meeting
10:00-11:00pm	Night Owl Meeting	12:30-1:30pm	District Treasurers Meeting
10:00-11:00pm	Spanish Night Owl Meeting	12:30-1:30pm	District Secretaries/Registrars Mtg
		1:00-1:50pm	Spanish Concepts Workshop
		1:30-3:50pm	Corrections Committee
		2:00-3:50pm	Finance Committee
		2:00-3:50pm	Intergroup/Central Office Meeting
		2:00-3:50pm	GSR Sharing*
		2:00-3:50pm	DCM Sharing
		2:00-3:50pm	Quarterly Coordinators Meeting
		4:00-5:00pm	Service Manual Workshop
		4:00-5:00pm	Spanish Manual Workshop
		5:00-6:00 pm	What's on your Mind?
		6:00-7:00pm	Outreach Committee
		7:00-8:30pm	Banquet
		8:30pm-9:30pm	Speaker Meeting***
		10:00-11:00pm	Night Owl Meeting
		10:00-11:00pm	Spanish Night Owl Meeting
		Sunday, January 7th	
		7:00-8:00am	Early Bird Meeting
		7:00-8:00am	Spanish Early Bird Meeting
		9:00am	Area 15 Business Meeting***

*Spanish Language Interpreter provided; ** ASL Interpreter Provided (if requested); ***ASL (if requested) and Spanish Language Interpreter Provided.
Arrangements for Accessibilities accommodations at any meeting, workshop or interpreter for the hearing impaired for the Sunday morning business meeting can be made by contacting the Area Accessibilities Chair at accessibilities@area15aa.org by 12/17/23. Wheelchair accessible rooms need to be booked directly with the hotel.

Saturday Night Banquet

Dinner selections are: Chicken, Beef or Vegan

How to purchase your Banquet Ticket

Please scan the QR code or click on the URL below which will take you to the District 4 General Service account.

[Registration for the January 2024 Banquet](#)



Cash/Checks will be accepted at the Assembly.

Questions? Email Banquet@area15aa.org

Hyatt Regency Sarasota

1000 Boulevard of the Arts, Sarasota, FL 34236

Reserve your room [here](#)

Hotel Room Reservations:

Call (888) 421-1442

Room Rate: \$149.00 per night + tax

Reference: "South Florida General Service"

HOTEL RESERVATIONS OPEN ON October 9, 2023 @ noon AND MUST BE RECEIVED BY December 15, 2023

**For hotel room cancellations OR to be placed on a hotel room wait list, please contact:
Quarterly Hotel Liaison, at:
hotelinfo@area15aa.org**

QUESTIONS? Please contact
Quarterly Assembly Chair at
A15D1AltChair@district1aapinellas.org

HOLIDAY ALCATHONS

NORTH COUNTY

SEBASTIAN COMMUNITY CENTER 1805 N Central Ave

CHRISTMAS

2023 Date & Time	Host Meeting
Sunday 12/24 10:00AM	Sunday Solutions
Sunday 12/24 12:00PM (Noon)	Lunch Bunch
Sunday 12/24 2:00PM	A New Day
Sunday 12/24 4:00PM	Sundowners
Sunday 12/24 6:00PM	New Beginnings
Sunday 12/24 8:00PM	(Robert & Conrad ???)
Sunday 12/24 10:00PM	
Monday 12/25 12:00AM (Midnight)	Bikers & Friends
Monday 12/25 2:00AM	(Chris ???)
Monday 12/25 4:00AM	Kathleen & Dan
Monday 12/25 6:00AM	
Monday 12/25 8:00AM	Barefoot Bay Group
Monday 12/25 10:00AM	A Breath of Fresh Air
Monday 12/25 12:00PM (Noon)	New Beginnings
Monday 12/25 2:00PM	A New Day
Monday 12/25 4:00PM	(Man to Man ???)

NEW YEAR

2023 Date & Time	Host Meeting
Sunday 12/31 10:00AM	Sunday Solutions
Sunday 12/31 12:00PM (Noon)	Lunch Bunch
Sunday 12/31 2:00PM	A New Day
Sunday 12/31 4:00PM	Sundowners
Sunday 12/31 6:00PM	New Beginnings
Sunday 12/31 8:00PM	(Robert & Conrad ???)
Sunday 12/31 10:00PM	
Monday 01/01 12:00AM (Midnight)	Bikers & Friends
Monday 01/01 2:00AM	(Chris ???)
Monday 01/01 4:00AM	Kathleen & Dan
Monday 01/01 6:00AM	
Monday 01/01 8:00AM	Barefoot Bay Group
Monday 01/01 10:00AM	A Breath of Fresh Air
Monday 01/01 12:00PM (Noon)	New Beginnings
Monday 01/01 2:00PM	A New Day
Monday 01/01 4:00PM	(Man to Man ???)

SOUTH COUNTY

NEWPORT CLUB 2536 16th Ave, Vero Beach

CHRISTMAS

4pm-6pm	ODAAAT
6pm-8pm	South Vero
8pm-10pm	Indian River Women
10pm-12am	417 Group
12am-2am	Vero 12 & 12
2am-4am	AVAILABLE
4am-6am	VB Men's Group
6am-8am	Lakewood Park
8am-10am	Meat & Potatoes
10am-12pm	Early Risers
12pm-2pm	Children of Chaos
2pm-4pm	I Am Responsible

NEW YEAR

4pm-6pm	Vero 12 & 12
6pm-8pm	Meat & Potatoes
8pm-10pm	417 Group
10pm-12am	Children of Chaos
12am-2am	Free & Easy
2am-4am	Indian River Thursday
4am-6am	South Vero
6am-8am	Lakewood Park
8am-10am	I Am Responsible
10am-12pm	Indian River Women
12pm-2pm	VB Men's Group
2pm-4pm	Early Risers



Art design by Shiann B

"We have ceased fighting anything or anyone"

Indian River County Central Office
45th Annual Birthday Dinner
Saturday, March 23rd, 2024

Speaker Lisa D

First Presbyterian Church
520 Royal Palm Blvd
Vero Beach, FL 32961

Doors open at 5:30 p.m. with hors d'oeuvres
Dinner at 6:00 p.m.

Vegetarian option available limited with pre-order; Call Debbie at 772-453-9012

Bring dessert to share

Flash drive of the speaker, past state conventions, Big Book Seminar,
and Joe and Charlie Big Book Study available for purchase from Kopy Kat

-Karen V



Art design by Shiann B

For volunteer opportunities, contact Debbie, dsdesena@gmail.com

Anniversaries

JANUARY

I Am Responsible

Stephanie H 1yr

Rhett H 1yr

Kayleigh B 2yrs

Paul H 2yrs

Christopher S 3yrs

Dino 3yrs

Howard I 5yrs

Women of Sebastian

Denise S 12yrs

Sandi R 9yrs

Sandrea S 2yrs

532 Group

Leeman 6yrs

Trent L 30yrs

Free & Easy

Mike D 2yrs

Ron F 24yrs

Myra G 34yrs

Lunch Bunch

Priscilla G 19yrs

Ava S 21yrs

Bill W 30yrs

Vero Beach 12&12

John D 6yrs

Rich L 9yrs

Early Risers

Connie 2yrs

Sheila 5yrs

Betsy 10yrs

Carrie 12yrs

Jackie 22yrs

Seth 36yrs

Sam 38yrs

DECEMBER

South Vero

Larry M 1yr

Larry 9yrs

Richard 13yrs

Gus 22yrs

532 Group

Barbara L 33yrs

I Am Responsible

Stefanie 2yrs

Bruce 2yrs

**Submit group
anniversaries by
the 15th of the
month to**

indianriverhow@gmail.com



Indian River Central Office of Alcoholics Anonymous

1600 26th Street, Suite 6

Vero Beach, Fl 32960

(772) 562-1114



Mission Statement

The purpose of the Indian River central office (hereafter IRC O) is to provide a services within Indian River county, with the primary goal being to carry the A.A. message to the alcoholic who still suffers. It is the mission of the IRCO to keep groups informed about A.A. activities by newsletter and by maintaining a website, answer inquiries for them, provide A.A. meeting information, maintain an available supply of Conference Approved books and literature, and to provide guidance and support to the IRCO standing committees.

The IRCO shall function within the meaning and intent of the 12 traditions and the guidelines for Intergroup and Central Offices and other guidelines as set forth by the general service office of Alcoholics Anonymous

The IRCO is entirely accountable to the groups it serves and is entirely supported by the voluntary contributions of A.A. groups within Indian River County

SPEAKER EXCHANGE PROGRAM



This program will allow anyone willing to share their Experience, Strength and Hope to make themselves available. Groups may access the list, kept at the Central Office, to invite any listed AA member to speak at their group.

NAME: _____ Sobriety Date: _____

TELEPHONE NUMBER: _____ HOME GROUP (optional) : _____

Check days available: Sun _____ Mon _____ Tue _____ Wed _____ Thu _____ Fri _____ Sat _____

Check available area(s): North County _____ South County _____

Check available time of day: Mornings _____ Afternoons _____ Evenings _____

This form can either be dropped off at the Central Office or mailed to:

Indian River Central Office of A.A.

1600 26th Street, Suite 6

Vero Beach, FL 32970

INDIAN RIVER CENTRAL OFFICE OF A.A. BIRTHDAY PLAN



This contribution on my _____ (number of years of sobriety) A.A. Birthday is my way of saying
THANK YOU
to the Indian River Central Office for serving the A.A. community of Indian River County.

Your Name: (optional) _____ Group Name (optional) _____

Address (Optional) _____

Please indicate whether you want your contribution credited to:

_____ your group or check here _____ if Anonymously

Please make checks payable to **Indian River Central Office of A.A.**

Drop off at Central Office or mail to

Indian River Central Office of A.A.

1600 26th Street, Suite 6 - Vero Beach, FL 43960

AA 12-Step Volunteer Application

Name _____

Phone Number _____

Area You would be willing to participate

North County Y___N South County ___Y___N

Availability ___ Mon—Fri ___ Weekends ___ Days ___ Evenings

I am willing to: (Please circle all that apply)

- It is suggested that a person NOT go on a twelfth step call alone to help an alcoholic who is still suffering.
- Also you should NOT drive a wet drunk to a treatment facility (detox) without having another A.A. member with you.
- If you circled either of these items, please be sure that you have another member of A.A. that is willing to go along with you.
- Talk to someone over the phone
- Talk to someone at their home
- Meet someone at a meeting
- Take someone to detox
- Give rides to AA meeting

Please return this form to Central Office or mail it to:

Indian River Central Office of AA.

1600 26th Street, Suite 6

Vero Beach, FL 32960

INDIAN RIVER COUNTY VIRTUAL MEETINGS

5:00 PM	Sunday - Sober Connections - (Closed) - Virtual Vero Beach - Zoom: 325-870-3587 PC:762375
5:00 PM	Monday - Sober Connections - (Closed) - Virtual Vero Beach - Zoom: 325-870-3587 PC:762375
4:00 PM	Tuesday - Keep It Simple Meeting - (12x12, Open) - Virtual Vero Beach - ZOOM ID 998 7512 9964 - Code 63228
5:00 PM	Wednesday - Sober Connections - (Closed) - Virtual Vero Beach - Zoom: 325-870-3587 PC:762375
5:30 PM	Wednesday - Speaker/Big Book - (SP, BB) - Virtual Vero Beach - Zoom: 319-619-2864
6:30 PM	Wednesday - The 3 Leg Group - (Closed, LIT, XT) - Virtual Vero Beach - Zoom: 452-100-1634 PC:31236 - Phone: 1-305 224-1968
7:30 PM	Thursday - Sober Rainbow - (Open, LGBTQ, D) - Virtual Vero Beach - Zoom: 879-1279-781 PC: WickedSoba
5:00 PM	Friday - Sober Connections - (Open) - Virtual Vero Beach - Zoom: 325-870-3587 PC:762375
7:00 PM	Friday - Lakewood Park Group - (Open, SP D) - Virtual Ft. Pierce - Zoom: 298-703-197 PC:2030



Meeting Guide syncs with area, district, intergroup/central offices and international general service office websites, relaying meeting information from more than 400 A.A. service entities directly to the app. Over 100,000 weekly meetings are currently listed, and the information is refreshed twice daily.

THIS IS A FREE APP FOR BOTH ANDROID AND IPHONE

Meeting Guide features

- Listing of both **in-person** and **online** meetings
- A default view that provides a list of meetings showing time, location and meeting name
- A meeting detail view that offers extra information such as meeting format and any notes provided by the group
- A search function to find meetings by location or keyword
- A daily quote feature lets users read from "Daily Reflections"
- Multiple access points that make finding local A.A. contact information easy
- A news feature with the latest from the General Service Office and Grapevine