

Mini Einstein Daycare Menu

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cereal and Milk	French Toast Casserole and Yogurt	Whole Wheat Bagel with Cream Cheese	Muffin and Yogurt	Waffle/Pancakes with Apple Butter Spread
Lunch	Mac N Cheese Pasta with Veggies and Fruit	Marinara Ground Beef with Pasta, Veggies, and Fruit	Moroccan Chicken and Olive Stew with Couscous and Veggies, and Fruit	Tuna Casserole Pasta with Veggies and Fruit	Pad Thai Chicken and Rice with Veggies and Fruit
P.M. Snack	Biscuit Tea Cookies and Yogurt	Chocolate Hummus with Pita and Fruit	Wow Butter Spread with Rice Cakes and Fruit	Graham Crackers with Cream Cheese and Fruit	Veggie Crackers with Fruit

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Oatmeal and Yogurt	Cereal and Milk	Whole Wheat Bagel with Cream Cheese	English Muffin with Jam Spread	Oatmeal and Yogurt
Lunch	Pizza with Veggies and Fruit	Baked Salmon in Tomato Sauce with Pasta, Veggies and Fruit	Mexican Beef and Rice, with Veggies and Fruit	Chicken and Quinoa Salad, with Veggies and Fruit	Chicken Pasta Salad with Veggies and Fruit
P.M. Snack	Graham Crackers with Cream Cheese and Fruit	Biscuit Tea Cookies, Yogurt and Fruit	Veggie Crackers with Fruit	Apple Butter Spread with Pita Bread and Fruit	Chocolate Hummus with Rice Cakes and Fruit

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cereal and Milk	French Toast Casserole with Yogurt	Whole Wheat Bagel with Cream Cheese	English Muffin with Jam Spread	Oatmeal and Yogurt
Lunch	Baked Salmon in Alfredo Pasta with Veggies and Fruit	Chicken Cacciatore with Couscous and Veggies and Fruit	Seasoned Beef with Quinoa, Veggies and Fruit	Creamy Rose Pasta with Veggies and Fruit	Chicken Noodle Soup with Veggies and Fruit
P.M. Snack	Rice Cakes and Fruit	Fruits/Veggies with Crackers	Biscuit Tea Cookies, and Fruit	Graham Crackers with Cream Cheese and Fruit	Apple Butter Spread Pita Bread and Fruit

Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Oatmeal and Yogurt	English Muffin with Jam Spread	Whole Wheat Bagel with Cream Cheese	Muffin and Yogurt	Waffle/Pancakes with Apple Butter Spread
Lunch	Cheese Sandwich with Seasonal Vegetable Soup and Fruit	Coconut Chicken and Rice with Veggies and Fruit	Pasta Bolognese with Veggies and Fruit	Lemon & Herb Chicken and Rice with Veggies and Fruit	Tuna Pasta Salad with Veggies and Fruit
P.M. Snack	Apple Butter Spread with Rice Cake and Fruit	Wow Butter Spread with Rice Cake and Fruit	Multigrain Crackers with Fruit	Fruit./Veggies with Pita Bread	Biscuit Tea Cookies and Yogurt

Spread Ingredients (Made In House):

Chocolate Hummus Spread: White kidney beans, cacao powder, and date paste.

Apple Butter Spread: apples and date paste.

* All meals are Nut Free. Meals are prepared in-house.

* We offer a small second P.M snack for children in program past 5PM.

* Menu items are subject to change based on season and availability.

