

What's Up, Dallas! Magazine

**What's The Real
History of St.
Patrick's Day?**

**WOMEN'S
HISTORY
MONTH**

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March Edition 2024

The March Issue

01-03

The Real History of
St. Patrick's Day

06-07

Women's History Month
A Spotlight on Women in
History

15-19

Fun Facts About March
7 Unique Facts

12-13

Business Owner
Ashley Hallmark

16-17

Scared To Start Your
Own Business?

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Magazine





SAINT PATRICK'S



DAY



THE REAL HISTORY OF ST.
PATRICK'S DAY

It's Not what you think....

A Shamrocked Saga: Unveiling the Enigmatic Journey of St. Patrick's Day

In the grand tapestry of global celebrations, few rival the illustrious charm and vibrant spirit of St. Patrick's Day. With its origins deeply intertwined with the cultural fabric of Ireland, this annual festivity has evolved from humble beginnings into a kaleidoscopic celebration cherished by millions worldwide. As we raise our glasses and don our emerald attire, let us embark on a journey through time to uncover the rich history that has shaped this beloved holiday.

The genesis of St. Patrick's Day finds its roots in the life and legacy of its eponymous patron saint, St. Patrick. Born in Roman Britain in the late 4th century, Patrick was captured by Irish raiders at the tender age of sixteen and enslaved for six years. During his captivity, Patrick found solace in his faith, which would later become the cornerstone of his mission.

Legend intertwines with history as Patrick escapes his bondage and returns to Britain, only to heed a divine calling to convert the pagan Celts of Ireland to Christianity. Armed with steadfast determination and unwavering faith, he traversed the Emerald Isle, baptizing converts, establishing churches, and famously employing the humble shamrock to elucidate the concept of the Holy Trinity.

It was on the 17th of March, the traditional date of his death, that St. Patrick's Day was born—a day of solemn commemoration and spiritual reflection. However, the solemnity gradually gave way to jubilant revelry over the centuries, as the holiday transformed into a joyous celebration of Irish culture, identity, and heritage.

The festivities took root in Ireland, where the day was marked with religious observances, feasting, and gatherings with family and friends. But it was the waves of Irish immigrants fleeing famine and hardship in the 19th century that exported the essence of St. Patrick's Day to distant shores, most notably the United States.

As Irish immigrants settled in their new homeland, they brought with them the traditions and customs of their homeland, infusing St. Patrick's Day with a newfound vigor and exuberance. Parades adorned with emerald banners and adorned with shamrocks became the hallmark of the celebration, with cities like New York, Boston, and Chicago hosting some of the largest and most iconic processions in the world.

In the crucible of American multiculturalism, St. Patrick's Day transcended its Irish origins to embrace people of all backgrounds, becoming a symbol of inclusivity and camaraderie. From the bustling streets of Dublin to the bustling avenues of Manhattan, the spirit of St. Patrick's Day unites revelers in a shared appreciation for the beauty of Irish culture and the warmth of Irish hospitality.

Today, St. Patrick's Day stands as a testament to the enduring power of tradition, community, and the human spirit. It is a day when the world turns green, hearts beat to the rhythm of Celtic music, and laughter echoes in the air. As we raise our glasses in a toast to St. Patrick and the Emerald Isle, let us remember the journey that has brought us to this moment—a journey woven with the threads of history, faith, and the indomitable spirit of the Irish people. Cheers to St. Patrick's Day—a celebration as timeless as the rolling hills of Ireland and as vibrant as the spirit of its people.

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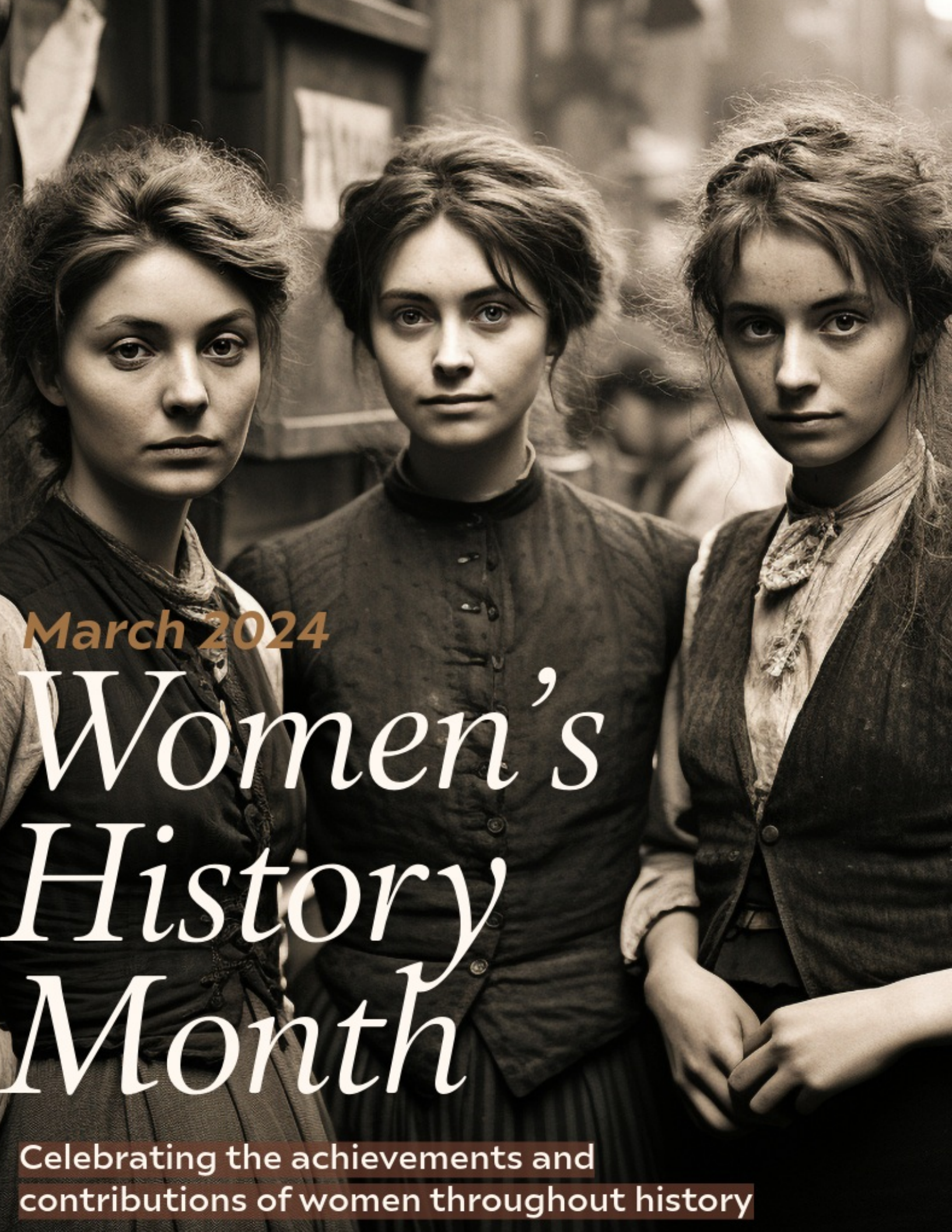
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March 2024

Women's History Month

Celebrating the achievements and
contributions of women throughout history

Throughout the annals of time, women have stood as pillars of strength, resilience, and ingenuity, shaping the course of history with their remarkable contributions. From the battlefields of ancient civilizations to the halls of modern science, their stories resonate with courage, determination, and unwavering resolve.

In reflecting upon the tapestry of history, it becomes evident that the impact of women is profound and far-reaching. Among the luminaries who have left an indelible mark on society, several figures stand out as exemplars of female empowerment and achievement.

Cleopatra, the enigmatic queen of ancient Egypt, navigated the treacherous waters of politics with intelligence and charm, leaving an enduring legacy that transcends centuries.

Joan of Arc, the courageous peasant girl turned military leader, inspired a nation with her unwavering faith and steadfast resolve, proving that even the humblest of origins can give rise to greatness.

Marie Curie, the pioneering physicist and chemist, defied convention to become the first woman to win a Nobel Prize, revolutionizing our understanding of the natural world and paving the way for future generations of scientists.

Rosa Parks, whose refusal to surrender her seat sparked a movement for civil rights, became a symbol of resistance against injustice and inequality, igniting a flame of hope that continues to burn brightly to this day.

Malala Yousafzai, the fearless advocate for girls' education, emerged from the shadows of oppression to become a beacon of courage and inspiration for millions around the world, reminding us all of the power of education to transform lives and uplift communities.

Amelia Earhart, the daring aviator who dared to soar beyond the constraints of gender stereotypes, blazed a trail across the skies and into the hearts of generations, proving that with courage and determination, anything is possible.

As we commemorate the achievements of these extraordinary women, let us also remember the countless unsung heroines whose contributions have shaped history in ways both large and small. From mothers and daughters to sisters and friends, their influence is felt in every corner of the globe, reminding us that the quest for equality and justice knows no bounds.

In honoring the legacy of influential women in history, we pay tribute not only to their individual accomplishments but also to the collective spirit of resilience, determination, and hope that unites us all. May their stories serve as a source of inspiration for generations to come, inspiring us to strive for a future where every woman and girl has the opportunity to fulfill her potential and make her mark on the world.



FUN FACTS ABOUT MARCH

**7 UNIQUE FACTS YOU
MAY NOT KNOW
ABOUT MARCH**

Fun Facts About the Marvelous Month!

Welcome to March, the month where winter whispers its farewell and spring steps onto the scene with a flourish of color and warmth. But before you dive into the delightful days ahead, let's take a moment to explore some fascinating facts about this fabulous month:

1. March Madness: Ah, yes, March Madness! No, we're not talking about your sudden urge to break into a spontaneous dance routine (although that's always welcome). We're talking about the NCAA Basketball Tournament, where college teams from across the United States battle it out for basketball supremacy. It's a whirlwind of buzzer-beaters, Cinderella stories, and bracket-busting upsets that captivates sports fans everywhere.

2. Equinox Extravaganza: March brings us the vernal equinox, marking the official start of spring in the Northern Hemisphere. It's the moment when day and night are nearly equal in length, and nature begins to awaken from its winter slumber. So, get ready to bid adieu to those bulky winter coats and embrace the blossoming beauty of spring!

3. Etymology Exploration: Ever wondered where the name "March" comes from? Well, wonder no more! The term traces its roots back to the ancient Romans, who named the month "Martius" in honor of Mars, the Roman god of war. It makes sense when you consider that March was originally the first month of the Roman calendar, when soldiers would gear up for battle after the winter lull.

4. Ides of March: Beware the Ides of March! This ominous warning harkens back to ancient Rome, specifically to the day on the Roman calendar corresponding to March 15th. It was on this fateful date in 44 BCE that Julius Caesar, the famed Roman dictator, met his untimely demise at the hands of a group of conspirators, including Brutus and Cassius. Talk about a dramatic plot twist!

5. Spring Cleaning Spectacle: As the days grow longer and the weather grows warmer, many people feel the urge to engage in a time-honored tradition: spring cleaning! It's the perfect opportunity to declutter your space, refresh your surroundings, and bid farewell to the dust bunnies that have taken up residence over the winter months. Plus, who doesn't love the satisfaction of a squeaky-clean home?

6. March Birthdays: If you're celebrating a birthday in March, you're in good company! Some notable figures born in this marvelous month include Albert Einstein, Dr. Seuss, Steve Jobs, and Alexander Graham Bell. So, whether you're a brilliant scientist, a creative wordsmith, a visionary entrepreneur, or an inventor extraordinaire, March is the perfect time to celebrate your unique talents and contributions to the world.

7. Maple Madness: In certain parts of the world, March marks the beginning of maple syrup season, when sap begins to flow from maple trees and undergoes the magical transformation into sweet, sticky syrup. It's a time-honored tradition that brings communities together to tap trees, collect sap, and indulge in all manner of maple-infused treats, from pancakes and waffles to maple-glazed bacon.

So, there you have it—seven sensational facts about the marvelous month of March! Whether you're a basketball fanatic, a springtime enthusiast, or simply someone who enjoys a good excuse to break out the cleaning supplies, March has something for everyone. So, embrace the madness, soak up the sunshine, and march boldly into the adventures that await you this month!

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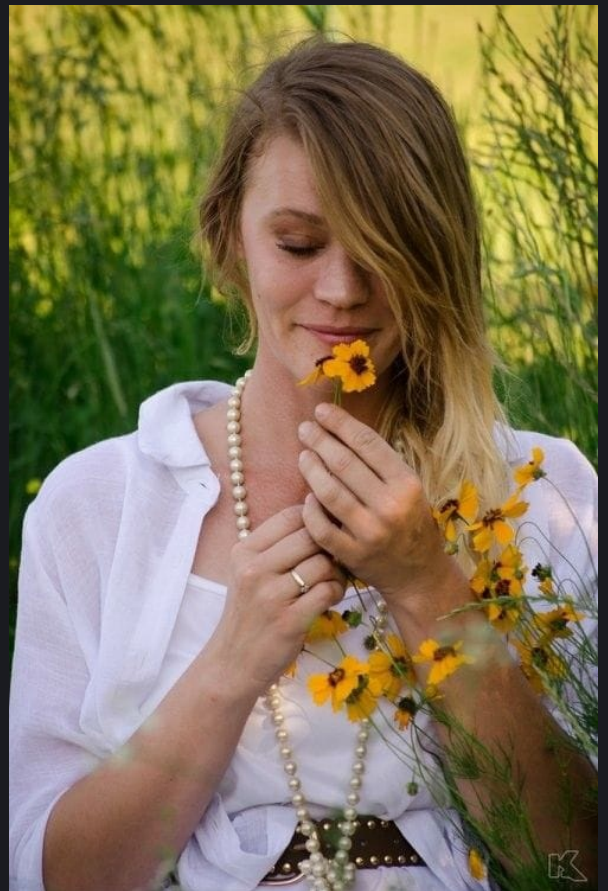
I am Ashley Hallmark a Texas girl born and raised. I was born in Burnet, Texas and lived there for most of my life. Now I live in Denton, Texas just outside of Dallas with my husband and we have six kids together. Three of them are mine.

How do you balance being a wife, mother, and business owner? I love my children very much and I want them to grow up in a happy home, they help keep me motivated to get things done every day. As a wife, I have only been married to my husband for eight months. We take each day one at a time, it can be difficult to balance being a mother, wife, and now a business owner, but as long as we are, together as a family that is all that matters.

Do you have any hobbies? I love to hike, go camping, swimming, anything that is an outdoor adventure; I also love taking my kids to the park, and breathing the fresh air. I also love watching movies.

How long have you been artist and what are your favorite things to paint or design? I have been drawing and painting since I was a young girl. I mostly paint or draw flowers they make me happy; I enjoy walking through a park and getting up close and smelling the flowers. It also gives me a chance do something by myself and take a break from everyday life.

What is the name of your business, and tell us about your business? I recently opened a new event planning business called "Keep Doing that Events" (KDT Events) I would like to help you plan your next event. We can help you plan Weddings, Bridal/baby showers, graduation parties, birthday parties, and corporate events to name a few. Coordinating and planning any event, parties or wedding is a full-time job, and our mission is to take the weight off your shoulders so all you have to do is sit back, kick your feet up and enjoy the moment with no stress at all. If you would like us to help plan your event, visit our website there you will find out how to reach us, and get an idea of our event packages and pricing. We look forward to hearing from you. Our website is <https://kdtevent.com>





Why are you so passionate about protecting the Earth and focusing on trash and plastic on our beaches and oceans? I have always been in love with the beach and our oceans, there is nothing like laying on a nice blanket on the beach and getting a tan, meanwhile looking at the beauty of our oceans and the waves, people coming together to enjoy their time as families. It is important to me that each person helps keep our beaches and ocean clean of trash and plastic, and we can do that by putting trash and plastic in their respective bins. I want my children to have these resources when I am gone. Therefore, we need to care for our planet now before it is gone.

Is there anything else that you would like the readers to know about you? Yes, I am coming up on three years sober, and I am very proud of myself. When I celebrated my first-year anniversary, which was on June 5, 2022, I wrote on my Face Book page. "So today is a year sober, I've got to say it's been great. Hard at times...many times. I have had to admit to myself that for about three years I was a bad mom, I was a bad friend, and a bad sister. But today my kids trust me to keep my promises. They trust me to not under any circumstances mess their lives up again. They know that I will not drink. That is huge to me." "There is no shame in asking for help, and there is no shame in admitting that you have a problem, infact it takes strength. Since I became sober, I have met the love of my life, married him last July and together we have now formed a beautiful family. I am now running my own event planning business, our kids are happy, and I am happy.



If people want to follow you on social media, where can they go? If you would like to visit my KDT Events website or follow me, you can do so by reaching out to me on my Face Book, and Instagram pages for serious business inquiries. I am also interested in doing paid ambassador or promotional work, print ads.

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Scared To Start Your Own Business?

YOU ARE NOT ALONE

Many people are wanting to have their own business but they don't know where to start.

THE FEAR IS REAL

Many have thought about having a business but are fearing diverse insecurities.

YOU CAN DO IT

If you have the plan, the drive, the product, and the vision; your business is possible!

Top 10 Reasons People Are Scared To Start Their Own Business?

Starting a business can be both exhilarating and daunting. Here are some common fears that hold people back from taking the entrepreneurial plunge:

- 1. Fear of Failure:** The prospect of failure looms large. Many prefer to stick with unfulfilling jobs rather than risk outright failure as an entrepreneur. However, failure can provide invaluable lessons and guide you toward exceptional business ideas.
- 2. Imposter Syndrome:** In an age of constant comparison driven by social media, self-doubt creeps in. Recognize your strengths and weaknesses. Understand why you can succeed as an entrepreneur and where you need improvement.
- 3. Rejection:** Starting a business involves dealing with rejection from investors, suppliers, vendors, and customers. Focus on connecting with the audience that benefits most from your product or service.
- 4. Lack of Experience or Education:** Some fear starting a business due to inadequate education or experience. Fortunately, we live in the information age, with abundant free educational resources online. Remember, no entrepreneur is an expert at everything; continuous learning is essential.
- 5. Uncertainty:** The unknown can be paralyzing. Understand that entrepreneurship involves risk, but it also brings rewards.
- 6. Debt:** Fear of accumulating debt can deter potential business owners. Proper financial planning and understanding risk can mitigate this fear.
- 7. Family Obligations:** Balancing family responsibilities with business demands can be challenging. Open communication and support are crucial.
- 8. No Benefits:** Leaving a job means giving up benefits like health insurance and retirement plans. Evaluate alternatives and consider how entrepreneurship aligns with your long-term goals.
- 9. Loss of Freedom:** Entrepreneurship requires dedication and hard work. Some fear losing personal freedom and flexibility.
- 10. Responsibility and Stress:** Running a business involves significant responsibility and stress. Develop coping mechanisms and seek support.

Remember, every successful entrepreneur faced these fears at some point. Acknowledge them, but don't let them paralyze your dreams.



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