

7. What are your addictions? What have you been addicted to in the past?

8. Do you have a spiritual practice or belief? If so, please describe what you have faith in.

9. Are you currently in a committed relationship and do you have children?

10. Please be aware that Shadow Work Seminar staff are not therapists and Shadow Work Seminars are not therapy groups. However, Shadow Work may stir up issues that require therapy, or at least a strong support network. Please describe the support network you currently have in your life. Are you willing to commit yourself to spend the time, energy and money to get yourself the support you might need after the weekend?