VERVE

Health and Wellness Consulting

Healthier People.
Stronger Possibilities.

Strategic wellness solutions that create healthier individuals, stronger organizations, and brighter communities.



COMPANY OVERVIEW

Verve, LLC is a health and wellness-focused small business dedicated to improving the physical, mental, and social well-being of individuals and communities. We provide fitness, nutrition, education, and workforce support services designed to promote healthier lifestyles and stronger communities. Our team combines industry expertise with a commitment to delivering evidence-based, high-quality, people-centered programs that meet the unique needs of government agencies, military installations, and community organizations.

CORE COMPETENCIES

- Fitness Studio Operations
- Physical Fitness Evaluations
- Meal Delivery & Nutrition Programs
- Personal Fitness Training
- Fitness Instructor Training
- Community Health Program Administration
- Contract Staffing Services
- Community Health Education
- Online Learning, Exam Preparation & Tutoring Services

PAST PERFORMANCE

- Developed and delivered health, wellness, and fitness programs for local organizations and institutions.
- Provided fitness training and nutrition education for businesses, organizations, and institutions.
- Supported workforce development initiatives through instructor training and staffing.
- Delivered virtual learning and exam preparation resources for continued education.
- Created and delivered wellness curriculum for community and institutions.

KEY DIFFERENTIATORS

- Comprehensive approach to fitness, nutrition, education, and community health
- Experienced and certified trainers, educators, and program managers
- Scalable solutions for in-person and virtual program delivery
- Focus on data-driven, measurable outcomes and community impact

CONTACT INFORMATION

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Limited Liability Company
Established: February 6, 2009

GOVERNMENT CONTRACTING IDENTIFIERS

Cage Code: 26ML9

UEI: JT3GRQUP1J14

NAICS CODES

NAICS	DESCRIPTION
713940	Physical fitness studios
621999	Physical fitness evaluation services *(except by offices of health practitioners)*
624210	Meal delivery programs
812990	Personal fitness training services
611519	Personal fitness instructor training
923120	Community health programs administration
561320	Contract staffing services
624190	Community health education services *(except health care services)*
611691	Exam preparation and tutoring online learning marketplace services *(through a website or mobile application)*

PSC CODES (SELECTED)

NAICS	RELATED PSC CODES
713940	G003, U099, U005
621999	Q403, Q533, Q999
624210	G004, S203, V119
812990	G003, U099, R499
611519	U009, U099, U008
923120	R408, Q533, R499
561320	R699, R499, Q701
624190	U009, G099, Q533
611691	U009, U099, U008

SERVICE COVERAGE AREA

- Mississippi
- Alabama
- Louisiana
- Texas
- Tennessee
- Florida
- Georgia