



Emotionally Focused Couple Therapy (EFCT) Core Skills 1-4 | In-Person | Singapore

Core Skills 1

1 – 2 Aug 2025
(Fri – Sat)
12-hour

Core Skills 2

3 – 4 Nov 2025
(Mon – Tue)
12-hour

Core Skills 3-4

Apr 2026 (Dates TBC)
24-hour

Registration for Core Skills 1 – 2

Fee: SGD1900



Prerequisite: EFCT Externship

Registration for Core Skills 3 - 4

Fee: SGD1900



Prerequisite: Core Skills 1 – 2

NOTES FOR CORE SKILLS 1-4:

Limited Space:

This is a small class with very limited availability. Registration will be based on a first-come, first-served basis.

Commitment & Payment:

You must commit to attending Core Skills 1 - 2 sessions and Core Skills 3 -4.

Agency Payment Responsibility:

If your agency is paying the fee, please ensure that the payment is made on time. Failure to do so may result in your spot being given to someone on the waitlist.

Video Presentation Requirement:

You will need to present a 20-minute video recording of your work with a couple during Core Skills 2-4. This presentation is required only once throughout the course.

PARTICIPANTS WILL LEARN TO:

- Deepen your understanding of the EFT model and its application in couple's therapy.
- Develop EFCT skills through a combination of instructional review, skill demonstrations, and live session observations.
- Engage in hands-on practice of EFT techniques and exercises.
- Delve deeper into the EFT tango, understanding its application within different stages of therapy.
- Apply the EFT model through role-plays and discussions, aiming towards certification.