



Emotionally Focused Couple Therapy (EFCT) Core Skills 1-4 | In-Person | Singapore

Core Skills 1
2 - 3 Aug 2025
(Sat - Sun)
12-hour

Core Skills 2
3 - 4 Nov 2025
(Mon - Tue)
12-hour

Core Skills 3
End of June 2026
(TBC)

Core Skills 4
in Oct 2026
(TBC)

Time: 9 AM – 4.45 PM (Singapore Time)
Fee for Core Skills 1-2: SGD 1900 – Register and complete payment by 15 May 2025
Prerequisites: EFCT Externship



Registration for
Emotionally Focused Couple Therapy (EFCT)
Core Skills 1-2

NOTES FOR CORE SKILLS 1-2

Limited Space:

This is a small class with limited spots availability. Registration is now open on a first-come, first-served basis.

Commitment & Payment:

You only need to commit to the Core Skills 1-2 and complete full payment by 15 May 2025.

Agency Payment Responsibility:

If your agency is paying the fee, please ensure that the payment is made on time. Failure to do so may result in your spot being given to someone on the waitlist.

Video Presentation Requirement:

You will need to present a 20-minute video recording of your work with a couple during Core Skills 1-4. This presentation is required only once throughout the course.

CORE SKILLS ADVANCED TRAINING OVERVIEW

Participants must complete a 4-day EFCT Externship as a prerequisite to join the Core Skills Advanced Training. This program comprises four sessions, each spanning two days (12 hours), designed to enhance participants' proficiency in applying targeted interventions. These interventions focus on stabilizing distressed relationships during Stage One and Stage Two of EFT.

The training offers a blend of didactic teaching, case consultations, and experiential exercises, providing participants with at least 48 hours of focused instruction, practice, and feedback. This immersive experience plays a pivotal role in advancing participants toward EFT certification.

PARTICIPANTS WILL LEARN TO:

- Deepen your understanding of the EFT model and its application in couple's therapy.
- Develop EFCT skills through a combination of instructional review, skill demonstrations, and live session observations.
- Engage in hands-on practice of EFT techniques and exercises.
- Delve deeper into the EFT tango, understanding its application within different stages of therapy.
- Apply the EFT model through role-plays and discussions, aiming towards certification.