

One Model, Three Modalities: EFT with Couples, Individuals, & Families

Date: Tuesday, 20 May 2025

Time: 12 PM – 12.45 PM (Singapore Time)

**FREE 45-min Online
EFT Workshop**

Curious about Emotionally Focused Therapy (EFT) and its three modalities—working with couples, individuals, and families?

Join us for a FREE 45-minute online workshop designed for mental health professionals who want to explore the foundations of EFT and how it has evolved into three powerful modalities: EFCT (for couples), EFIT (for individuals), and EFFT (for families).

Brought to you by The Singapore
Community for Emotionally
Focused Therapy (SGEFT)



SGEFT

Learning & Growing Together

Who is this workshop for?

All mental health professionals, including psychiatrists, psychologists, family physicians, social workers, psychiatric nurses, counsellors, school counsellors, pastors and clergy, as well as students in training for these professions

Exclusively for therapists and mental health professionals based in Singapore.

Registration closes: 18 May 2025



Registration



Our Trainer



Dr. Ting Liu, Ph.D.

*ICEEFT Certified Emotionally
Focused Therapy Trainer,
Supervisor, and Therapist*

Ting Liu, Ph.D., LMFT, serves as the clinical director of Philadelphia Center for EFT, the director and Founder of EFT Asia as a certified EFT trainer, supervisor and therapist. She is licensed in Pennsylvania as a Marriage and Family Therapist. She maintains a Private Practice in Wayne, PA.

Dr. Liu received her doctorate in Child Development and Family Studies with a specialization in Marriage and Family Therapy from Purdue University. She completed a postdoctoral fellowship at the Center for Family Intervention Science at Children's Hospital of Philadelphia.

Her publications include four books she has translated into Chinese in the fields of MFT and EFT. She has also published several journal articles on different applications of EFT and wrote a chapter on multi-cultural therapy in the EFT casebook. She is currently involved in several outcome studies examining the cultural applicability of EFT to diverse populations.

Dr. Liu offers EFT training, supervision, and case consultation to therapists in the Philadelphia area, as well as to therapists in Beijing, Hong Kong, London, Shanghai, Shenzhen, Singapore, Taipei, Chiangmai, Istanbul, Ukraine, and Iran. She has authored and translated EFT books in Chinese and produced training Videos using EFIT and EFCT with Chinese clients.