

## SUPERVISION PERSONALISATION FORM - ASSESSMENT V1.1

**On each of the scales below, please indicate any preferences you might have for how you would like your supervisor to work with you. Please put a line through the appropriate number along the scale, with 5 indicating a very strong preference in that direction, and 1 indicating a slight preference in that direction. If you do not know, please leave the scale blank. I would like my supervisor to:**

1. Offer theoretical input	No preference	Not offer theoretical input
5    4    3    2    1	0    1    2    3    4    5	
2. Focus on my strengths & abilities	No preference	Focus on my problems & difficulties
5    4    3    2    1	0    1    2    3    4    5	
3. Focus on the relationship between us	No preference	Not focus on the relationship between us
5    4    3    2    1	0    1    2    3    4    5	
4. Provide more structure	No preference	Provide no structure
5    4    3    2    1	0    1    2    3    4    5	
5. Focus on my client issues & experiences	No preference	Focus on my issues & experiences
5    4    3    2    1	0    1    2    3    4    5	
6. Offer self disclosure	No preference	Not offer self disclosure
5    4    3    2    1	0    1    2    3    4    5	
7. Draw on more than one orientation	No preference	Draw on one orientation
5    4    3    2    1	0    1    2    3    4    5	
8. Provide active techniques/exercises	No preference	Not provide active techniques/exercises
5    4    3    2    1	0    1    2    3    4    5	
9. Provide reading & reflection outside of supervision	No preference	Not provide reading & reflection outside of supervision
4    3    2    1	0    1    2    3    4    5	
10. Talk more	No preference	Listen more
4    3    2    1	0    1    2    3    4    5	
11. Directly challenge me	No preference	Not directly challenge me
5    4    3    2    1	0    1    2    3    4    5	