



Naperville Catholic Crusaders

FREQUENTLY ASKED QUESTIONS

Who is eligible to play for Naperville Catholic Football?

The program is open to children who will be in 5th to 8th grade during the 2018/2019 school year. Students from All Saints Catholic Academy and St. Raphael School are eligible; in addition, children from local Catholic parishes who are registered in religious education are also eligible.

Current parish affiliations include St. Raphael, St. Elizabeth Seton, Holy Spirit Catholic Community, St. Thomas the Apostle, and St. Margaret Mary.

How are the teams organized?

The program features 2 teams – a Junior Varsity squad (5th and 6th Grades) and a Varsity team (7th and 8th Grades).

Are there any weight limits?

There are no maximum weight limits at either level of play. However to enhance the safety of our young athletes there are ball-carrier weight restrictions at each level as follows:

Level	Maximum Weight	Ball Carrier Limit
Junior Varsity	n/a	105
Varsity	n/a	135

Who does Naperville Catholic compete against?

The teams compete in the Suburban Parochial Football League. For information about the SPFL visit www.spfl.org.

Will there be a tryout in order to make the team?

There are no tryouts and no cuts. There are also no “minimum play rules”. This means that playing time may not be divided equally during league games. We make every effort to get all of our players significant time in games and competitive scrimmages as this is an important developmental opportunity. Roster size permitting we will schedule a number of “B” games at both the JV and Varsity levels to ensure all our players into game situations.

How many games are there in a season?

The regular season league schedule includes 7 or 8 games. There are additional playoff games for teams that qualify for the post-season tournament.

When and where will games be played?

Home games will be played in the Naperville area. Road games will be played at a variety of locations across the western suburbs.

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Most games are played on Sundays with the Junior Varsity starting between 10:00am and 11:30am while the Varsity starts between 1:00pm and 2:30pm. Some games are scheduled for Saturday nights.

What about practice time?

During the first month of pre-season (August) we will practice 4-5 nights per week. Once we are into September the practice schedule is reduced to 3 nights per week.

What are some of the important dates to know right now?

- *Spring Camp* – 6-8 sessions will be conducted in May and June
- *Summer Camp* – 4 sessions beginning in July
- *Pre-Season Practice* – the official start of football season is the first Monday in August
- *Opening Day* – opening weekend is 4 weeks after the opening of pre-season practice
- *End of Season* – the SPFL football season concludes in late October

Who should I contact if I have any other questions?

For additional information or to discuss specific questions or concerns you can contact Frank Ribaldo, Program Director:

- By phone at (630) 853-5397
- Via email at crusaders@ncyfootball.org

Please visit our website at www.ncyfootball.org