

OCTOBER 2018 NEWSLETTER:

**HOURS: MON – FRI: 10am
– 7PM
closed for lunch 12:30PM-
2:00PM
SAT: 10AM – 3PM
SUN: CLOSED**



*****Be aware that we are still under construction! Please bring easy slip-on shoes for walking to the restrooms.*****

Hello there!

We hope you all had a spectacular September! For National Gymnastics Day, we held an amazing event filled with popcorn, laughter, and great family building. At the gym, we always strive to establish a comfortable setting for the most athletic growth. Thank you all who came and supported our gym. This October, we're having even more FUN!

On October 27th, we're holding a Halloween OPEN GYM for FREE! The free gym time is 10AM through 1PM. Up front, we will be selling CATS t-shirts so that our awesome gymnastics family can grow even more. Our wonderful staff will be dressed up in their costumes, but we do ask for kids to wear NORMAL gym clothes. There will be seasonal music and tons to do! Bring the family and enjoy Halloween time with us! Keep reading for more information.



*Keep reading to learn
more!*

Gymnast of the Month:

- Every month, our coaches pick from all their students and then we come to a decision of who put in the most effort. This comes with trying their hardest in class, helping their peers follow the class, and being an overall great student. This month gymnast of the month is...

Brighton Hennebury! Coach Saralynn chose her because

- She is constantly pushing to go above and beyond.
- She is always happy
- She takes corrections with a smile

We would like to thank every gymnast for trying their hardest! Gymnastics is a sport of dedication that requires endless inspiration. Our goal here at CATS is to supply that motivation in a way that fits all athletes. Check back next month to see who has been hustling for their goals!



It's important to push yourself further than you think you can go each and every day — as that is what separates the good from the great.

-Kerri Strugg

•CHECK OUR WEBSITE:

[HTTPS://CATSRC.COM/](https://catsrc.com/)

•FOLLOW US ON INSTAGRAM:

[HTTPS://WWW.INSTAGRAM.COM/GYMCATSRG/](https://www.instagram.com/gymscatsrc/)

•LIKE US ON FACEBOOK:

[HTTPS://WWW.FACEBOOK.COM/GYMCATSRG/](https://www.facebook.com/gymscatsrc/)

Call **(760) 446-0332**, or stop in at **1000 N. Norma St. Suite 8**, for more information. (behind Del Taco, across from Crossfit)

Join us on Friday October 26th for Halloween Open Play! Wear a costume and bring a trick or treat bag for goodies! 10:00 am-11:30 am. \$7 for members and \$12 for nonmembers.

Thank you for being a part of the CATS family!

Check back next month!

COUPON

Bring-a-friend to class, if they sign up that day, you get a \$25 credit on your account for future use! Friend must sign up for at least half a session!

COUPON

Bring this to the gym and sign up for a free class! LIMIT 1 COUPON PER PROMOTION NOT GOOD FOR OPEN GYM.