



# RelateAbility, PLLC

*Cultivating Resilience & Connection for the Wellness of Your Team*

## Teammate Bingo



Many ways to play but here are a couple of suggestions:

- Divide into groups of about 3 people and compete to see who can get the most done in 5 or 10 minutes. (Remember to come up with a group name before you get started!)
- Place blue, purple, red, yellow, and green crayons in a bag. Next, without looking, pick a crayon from the bag, and complete a box of the corresponding color selected. Return the crayon to the bag and pass it on to the next person. (Make it okay for someone to pick again as needed!)
- As an entire team, see if you can complete all the boxes over the course of a day, week, month, or year. (Remember relationships should be enjoyed for longer than one encounter.)

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However you decide to use this, remember to enjoy your time together with your teammates.