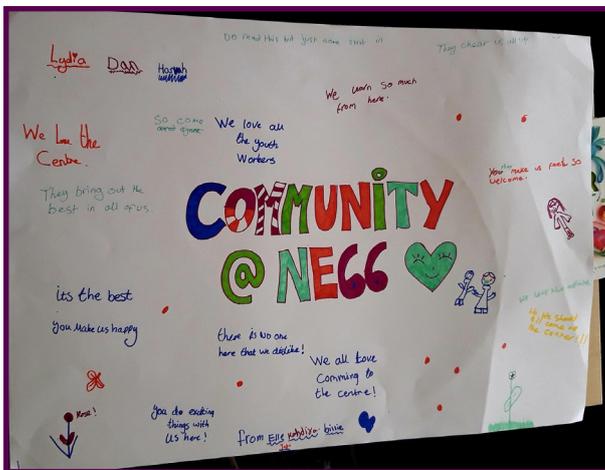


COMMUNITY@NE66

Working with the Community for the Community

Community@NE66 Charitable Trust

Annual Report 2019



Community@NE66 Charitable Trust is a Community and Youth Development Project, based at Alnwick Community Centre.

Our mission: To advocate, empower and support individuals and communities in North Northumberland that are vulnerable and experiencing multiple deprivation. To recognise individual and community wellbeing is underpinned by healthy relationships. Our Community and Youth Work supports networks, relationships, and growth of self, families and communities.

Our Organisational Structure

Trustees: Mrs Lalage Bosanquet (Chair), Dr Carol Jagger (Treasurer), Mr Charles Westendarp (Dec'd April 2019), Mrs Kelly Nichol (Secretary), Mr Chris Friend, Mrs Anthea Mountney.

Project Manager & Designated Safeguarding Person: Hannah Moeini

Project Development Worker: Jacqueline Brewster

Psychotherapists: Mikala Richards (Community Mental Wellbeing Lead), Psychotherapeutic Counsellor Graham Ord.

Youth Workers: Lydia Allen (Senior Youth Worker - Assistant Safeguarding Person), Jo Allen, Hannah Gregory, Daniel Herberson, Lisa Muir, Daniel Straughan

Volunteers:

Caretaker: Michael Armstrong

Play Workers: Gemma Bates and Marilyn Iley

Social Media: Jennifer Surtees

Trainee Psychotherapists and Counsellors: Victoria Cavanagh, Shona Pattinson, Mariam Saba Sijad, Heather Wilkinson, Rosa Leto, Georgia Fagkauli, Joe Hartshome and Natalie Treveil.



Reviewing our Year and Looking Forward

Chair's Review...

We were very sorry to hear the sad news of the sudden death of one of our Trustees Charles Westendarp. Charles was a key figure in getting the Trust set up and negotiating the extensive paperwork with the Charity Commissioners. He will be greatly missed by us all.

A new trustee Anthea Mountney has joined the Board and we are actively recruiting new Board members.

The Trust has had a very successful year. The grant gaining opportunities due to our charitable status have enabled us to gain substantial funding so that we have been able to deliver services to many more children and their families. The large grant from Children in Need has secured the program for the next three years and we have been able to employ both additional youth workers and administrative staff to support their activities.

There were over 130 attendances of young people at the summer programme which ensured that vulnerable children had breakfast and lunch through the summer holidays. Links have also been forged with Alnwick Food Bank.

Work has been developing to offer mental wellbeing support for community members with a focus on the support of children in our community. There is now a firm link into the local High School, which all the children from the centre attend, delivering relationship and sex education as well as support for families and parents facing difficult times.

The Trust fully appreciate the work of the team of paid staff and all the volunteers who give of their time most generously. The Trustees would like to thank them all.

We are all looking forward to the future, and to opportunities to further support the invaluable work of the Community Centre.

Lalage Bosanquet
Lalage Bosanquet, Chair



Project Managers Foreword

2019 was an exciting year of growth and development, most notably in securing funding from BBC Children in Need to develop services for 9-16 year olds. The Community Mental Wellbeing project has developed into an effective service that reduces suffering, increases community awareness, and has a sustainable structure.

2019 was also a year in which we experienced a significant increase in community needs. This was in part created by continued austerity, most prevalent in food poverty and discontinuation of services to those with 'lower level' needs. Our community deserves, and needs, more. As an organisation we are looking to form a safety net service for those who 'fall through the cracks' and therefore targeted work has become our priority. Universal, open access youth and community work cannot be as effective if people's primary needs are not met. There was a very clear need for targeted intervention over a broad range of provision.

This report shows the positive impact the Trust has had in our community, as well as our learning journey as a project. I cannot share our success without taking the opportunity to highlight and thank the contribution of our volunteers. We have had the pleasure of working with thirteen committed and passionate people from a range of disciplines and roles at the Centre. Without them we could not achieve a fraction of our success. Thank you!

The Trustees and myself reviewed our areas of focus for 2019 and these remain as:

- Vulnerable children and young people
- Safeguarding, child sexual exploitation and sexual health
- Supporting families.

As I write this, in July 2020, I could never have predicted what was to come this year, and I look forward to sharing with you how the team have worked tirelessly to meet community need in the Coronavirus crisis. I didn't think I could be more proud of our team, but the pandemic showed me I was wrong. However, if we go back to Jan 2020, Community@NE66 were looking forward to our 2020 focus on sustainability, upskilling team members to meet the continued safeguarding needs of our community, and developing family support provision.



Hannah Moeini
Hannah Moeini, Project Manager



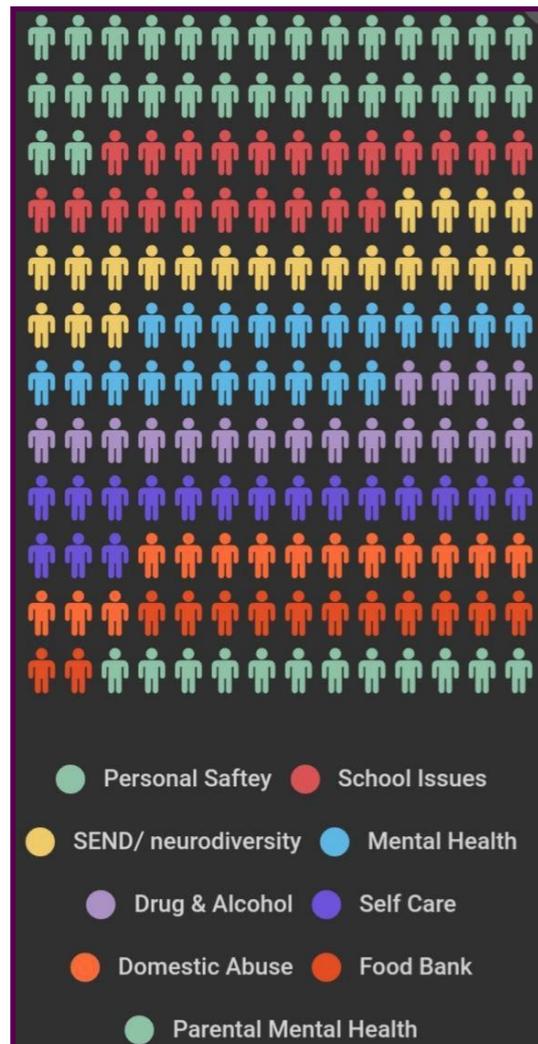
Our Community Impact in 2019

Children in Need's Investment in our Project



In April 2019 we secured £98,000 funding from BBC Children in Need. This grant is issued over 3 years and is to support the continuation and development of our 9-12 yr olds single gender provision, and to establish detached youth work, focussing on the Clayport Ward of Alnwick and antisocial behaviour 'hotspots'; as highlighted by our crime prevention and community partners. This grant also enabled us to welcome Youth Workers Dan Straughan, Lisa Muer and Hannah Gregory to the team bringing their knowledge of sports development, safeguarding, neurodiverse learning and Looked After Children; these being important issues that our young people face.

Supporting vulnerable children and young people - building positive relationships founded on trust and safety.



Our Community Impact in 2019

Children in Need's Investment in our Project

Impact Youth Group (9-12 year olds)

Weekly term-time sessions aimed at building confidence, aspirations and encouraging healthy decision-making at an important transitional age. We offered young people activities focussing on life skills designed to facilitate positive contributions to their community; and we celebrated their achievements. Young people could also access 1-2-1 active listening during these sessions.

“The Centre where you are safe and respected”

(as seen on a poster made by an 11 year old young women.)



Our Community Impact in 2019

Children in Need's Investment in our Project

Senior and Junior Girls' Group

Our Girls' Groups for ages 9-13 were open to anyone of any gender who wanted to explore female issues and identity. The Girls' group were a youth-led project that allowed young women to explore the issues they faced in a confidential and non-judgemental environment, empowering them to take a lead and explore their identities.



These girls can!



Our Community Impact in 2019

Children in Need's Investment in our Project

Lads' Group

This weekly group provides a range of issue-based workshops and diversionary activities for young men aged 13-16 years old.

The group led on the programme content and improved their immediate environment.

Friday Night Detached Youth Work.

Our Youth Work Team has delivered detached youth work focussing on informal education through conversations on young people's terms in their spaces. Detached work has enabled the project to safeguard, engage, and learn with young people who do not wish to come to the Centre, and to retain positive relationships with those who are unable to work safely in the building.

Junior Lads' Group

Following on from feedback from young men and parents/carers in the summer, we developed a Junior Lads' Group for young men aged 9-12. The group wanted to focus on sports based activities and cooking and the number of participants has steadily increased, with 18 young men attending between Sept and Dec 2019.

(Funded by the Percy Trust)



Our Community Impact in 2019

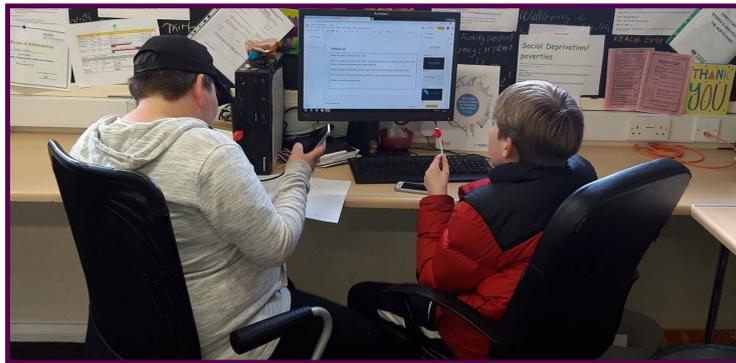
Children in Need's Investment in our Project

Inspiring Aspiration

The Alnwick Radgies

"We basically were at the Centre every night asking if we could come in, we were bored of hanging around, there wasn't a group we all could go to, so we started one."

The Alnwick Radgies had a fantastic third year completing their 3rd stage Key Project, organising a day trip for their community to Flamingo Land.



Duchess's Community Developers



Working with the Duchess's Community High School, Alnwick we developed a program for young people at risk of exclusion. We provided meaningful work placement and project opportunities for young people to enable them to improve their local environment, learn new skills, and be recognised and valued for their positive impact on their community. The project combined design, construction, sensory education and ecology to expand and improve their self-esteem, resilience and our outdoor space. The group created a community resource where young people can experience and learn about small-scale conservation, ecology, outdoor play, as well as fruit and vegetable growing.

(Funded by the Nineveh Trust)



Targeted, Issues Based Youth Work

Active Listening, Support and Information, 1-2-1 Sessions

Community@NE66 offered 1-2-1 active listening and supported referrals to any young people who requested the service.

These sessions were confidential and offered long-term support that many statutory agencies were unable to offer. We supported clients to access more specialised services, and remained with them whilst they were on 'waiting lists' or being assessed to ensure that they didn't 'fall through the net' moving from one service to another. Our Youth Team completed additional training on listening and counselling skills funded by Awards for All.

We have supported clients with issues of:

- Self-harm and suicidal ideation
- Sexual harm
- Domestic Abuse
- Low mood
- Healthy relationships
- Child sexual exploitation
- Housing and employment issues
- Anger and behavioural issues
- Drug and alcohol misuse
- Grief and loss

34 young people accessed 1-2-1 support sessions

14 parents/carers were supported with information and active listening

29 community members were given support and information via social media or phone call

(Funded by: Weightman Foundation, REEDS foundation, Fergus of Blyth Fund and Big Lottery - Awards for All.)



Commissioned Work Helping us to Build Stability

Sexual Health, Safeguarding and Child Sexual Exploitation

Supporting the safety and resilience of young people and promoting risk reduction by providing information, advice and access to contraception. Specialist input into PHSE curriculum areas, targeted information workshops and targeted outreach work.

Providing Confidential and Non-judgemental Information, Advice and Access to Contraception

Youth Wellbeing Sessions

The NHS rationalisation of services led to the closure of all school-based clinics, the Alnwick based Genito-Urinary Medicine (GUM) and Family Planning clinics. Young people were left with very poor access to services. Duchess's Community High School provided us with free room hire and using the school as a base allowed more young people to access our services, especially those who experience rural isolation.

We offered the NHS C-card and chlamydia & gonorrhoea screening services as well as supported referrals to other specialist services. These sessions promoted healthy relationships, education on consent and delay, and safeguarding assessments especially focussed on Child Sexual Exploitation.

In 2019 young people were supported to access additional/specialist services:

- 16 young people supported to access GP and nurse lead serves.
- 28 young people supported to access NHS 1-2-1 Centres.
- 6 young people supported to access Pharmacy based services.
- 7 young people referred and supported by Safeguarding Agencies.

136 young people attended our school based sexual health service.

42 young people accessed our Centre based sexual health service.



Commissioned Work Helping us to Build Stability

Specialist Input to “PHSE Curriculum Areas Working with Duchess’s Community High School (DCHS) and Coquet and Wooler Middle School

In 2019, we were commissioned to deliver the RSE in Northumberland plan to Duchess’s Community High School and Coquet Middle School. Our workshops incorporate our learning from our safeguarding and sexual health provision, ensuring that the content of sessions is relevant to young people.

“I think would be a proper cringe but it was actually funny and interesting”

“I learnt more about my body”

“can Hannah talk more about mental health, it helped”

“It’s better to learn about these things now than later”

(Feedback from a range of age groups.)

804 young people attended a minimum of 2 workshops.



Supporting Local Youth Events

Eco-crafts at Gallery Youth's Safer Environments Day

Youth workers delivered Eco-Christmas Crafts activities with 140 Yr 9 pupils at Duchess's Community High School with the intention of sparking inspiration and facilitating change. We had the pleasure of working with Friends of the Earth, Sustainable Transport Group, The Alnwick Garden and Fourth Action.

Alcohol Awareness at Alnwick Garden

Working in partnership with Alnwick Gardens, Contagious and Gallery Youth, our youth team showcased our sexual health provision focussing on how alcohol affects decision making around health and consent.

30 young people participated in our activities.



Supporting Families



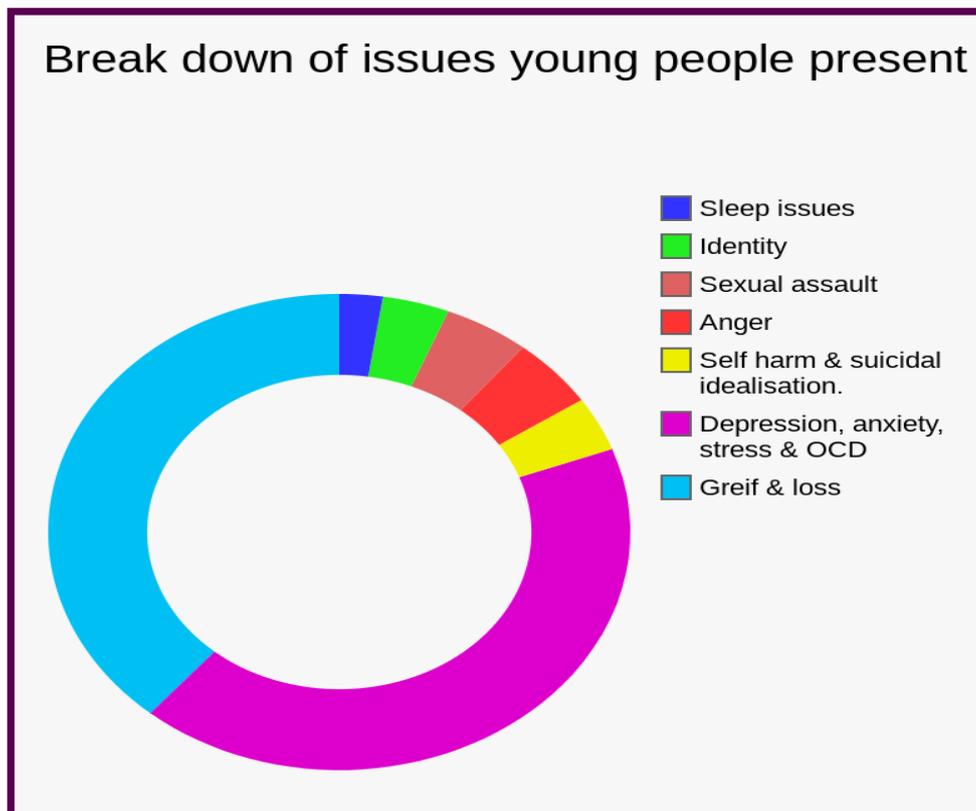
Promoting Positive Mental Wellbeing

Community Mental Wellbeing Project

Building on the success of our 3 month trial in 2018 delivering free counselling and psychotherapy to children, young people, families and others in need; the Trust continued to invest and develop the Community Mental Wellbeing Project in partnership with Duchess's Community

High School who kindly allowed us to use spaces in school to meet with those experiencing rural isolation. The project secured investment from the REEDS Foundation, Sir James Knott and Northumberland Children's Trust. Nine trainee Psychologists and Counsellors were overseen by Psychotherapist and Project Lead, Mikala Richards. Additional funding allowed us to employ a Psychotherapeutic Counsellor and develop support for Looked After Children.

77 people in total accessed regular counselling or therapy sessions in 2019, 67 of whom were children and young people, and 10 adults. As of 31st December 4 children and 1 adult had also been assessed and were waiting to start sessions.



Supporting Families

Fighting Food poverty

Surplus Food Project

Teaming up with Neighbourly and local supermarkets we have developed the Surplus Food Project. The team collects supermarket surplus and has a weekly collection point that is open to all. 37 families accessed food support along with our youth group attendees.

Becoming an Alnwick District Food Bank satellite in September, Community@NE66 formalised their partnership with ADFB by becoming a distribution Hub.

We issued **36** emergency food parcels.

Mission Christmas with the Early Help Team.

On Christmas Eve we had the pleasure of hosting and supporting Mission Christmas organised by the Early Help Team. Volunteers from statutory and voluntary organisations came together to make Christmas hampers for families who have struggled financially throughout the year with goods donated from local businesses and supermarkets.



Supporting Children's Right to Learn Through Play

Mindful Play

Building on our successes in 2018, we continued to develop our weekly mindful playwork sessions - informed by the Governments 2017 'need to build resilience and emotional vocabulary in children', and working with free and sensory play to support children build their self regulation and expression. This resulted in a greater sense of sharing, negotiation, self expression and empathy amongst the group.

71 children attended sessions supported by 7 young people volunteers.



(Funded by Newcastle Building Society)



Supporting Children's Right to Learn Through Play

Barndale Youth Group

Barndale School & Residential Care supports children with additional needs and their families to have respite care. Barndale Youth Group is a weekly youth group for young people from Barndale Residential focussing on life skills and learning through play.



Integrated Youth Work.

Integrating the junior girls' group and Barndale Youth Group focussed on gaining social skills and acceptance of difference, creating an inclusive environment for all young people to thrive. We paired young people in a buddy system so that support networks built at the Centre could extend into the Community.



Tots Stay & Play

This weekly volunteer led playgroup for under 5's and accompanying carers used play as a vehicle to facilitate early year's skill development. It incorporated greater and fine motor skills, coordination,



resilience, social and emotional sharing, empathy and tolerance, boundaries and supervision.

43 children and carers attended



Supporting Children's Right to Learn Through Play

Summer 2019

132 children and young people attended our busiest Summer yet. Supported by the Squires and Community Foundation we were able to offer a wide range of activities. This Summer holiday our community experienced its steepest rise in food poverty. Working with our supermarket partners we were able to provide a meal for all children attending and we were able to provide 4-8 year olds with breakfast and lunch. Our greatest learning this summer was that we need to provide quiet, low sensory activities to meet all children's needs - our reading tips were a massive success.

51 4-8 year olds attended Centre based sessions, trips and or outings

43 young people aged 9-16 engaged in youth - led activities

this included 7 new contacts to the project

62 young people engaged with detached and outreach work making

13 new contact



Supporting Children's Right to Learn Through Play

Half Term Activities

Community@NE66 provides activities during all school holidays for children aged 4-16, whilst also continuing our Children in Need funded Youth Work provision.



Intergenerational learning

When asked what was “good stuff for the community”, the group wanted to visit older people and learn about their lives. The young people supported by their workers arranged 3 trips to Abbeyfields Care Home, taking activities, games and Christmas presents.

The visits sparked discussion around how older people are treated in society, loneliness, identity and caring careers. We would like to thank Abbeyfields Care Home for all their support and hospitality during our visits.

In 2019 our venue was used by over 600 people attending external agencies, community engagement projects, or as a very low cost community space for hire.

Our Total Community Engagement is estimated at 1,929 people (we adjusted this figure by 15% to account for clients who attended multiple sessions).



Training and Team Member Achievements of 2019

- Level 3 Safeguarding Children and Vulnerable People Training : full team & 2 Trustees
- Designated Person (Safeguarding Level 8) : Project Manager
- 12 hr (OFSTED approved) Paediatric First Aid Course : full team
- Level 2 Food Hygiene : full team
- Counselling and Listening Skills (2 day course) : full team
- C-card Training : 2 workers
- Child Sexual Exploitation Awareness : 3 workers and 2 volunteers
- Domestic Abuse & Stalking Awareness : full team
- GDPR : full team
- Infection Protection and Control : Project Manager
- Modern day Slavery & Human Trafficking : Project Manager and 2 workers
- Health & Safety (numerous) : full team



Accounts Summary

| | |
|------------------------------------|--------------|
| Total Income 31 December 2019 | £ 100,170.00 |
| Total Expenditure 31 December 2019 | £ 96,351.00 |
| Year End 2019 cash in hand | £ 37,351.46 |
| Reserves 31st December 2019 | £ 9,712.00 |

| Income from donations and legacies | 2019 | 2018 |
|--|---------|----------|
| Restricted and Unrestricted Funds | | |
| Grant funding received | £90,892 | £46,279 |
| Legacies received | £ 0 | £ 959 |
| | £90,892 | £47,238 |
| Income earned from other activities | | |
| Restricted and Unrestricted funds | | |
| Sessional donations | £ 5,649 | £ 3,182 |
| Room Hire | £ 3,629 | £ 3,071 |
| Other activities for generating funds | £ 0 | £ 6,342 |
| | £ 9,278 | £12,595 |
| Expenditure on generating donations and grant funding | | |
| Restricted and Unrestricted funds | | |
| Cost of generating donations and grant funds | £63,181 | £55,698 |
| Analysis of support costs | | |
| Depreciation charge | £ 92 | £ 92 |
| Governance costs | £ 4,879 | £2,234 |
| | £ 4,971 | £2,326 |
| Net Income (expenditure) for the year | | |
| This is stated after charging (crediting) | | |
| Depreciation of owned fixed assets | £ 92 | £ 92 |
| Accountancy fees | £ 672 | £ 660 |
| Staff pension contributions | | £160 |
| Staff costs and emoluments | | |
| (Total staff cost: Y/E 31st December 2018) | | |
| Salaries and wages | £40,530 | £ 19,139 |
| Pension costs | | £ 160 |
| | £40,530 | £19,299 |



Our Thanks

2019 was a year of consolidation and growth for Community@NE66 Charitable Trust. We would like to thank the following funders for their grants and donations. Without their support our work would not be possible:

- Alnwick and Denwick Relief Fund
- Alnwick Baptist Church
- Alnwick Lions
- Alnwick Rotary Club
- Alnwick Town Council
- Appletree Trust
- Awards for All - National Lottery
- BBC Children in Need
- Community Foundation
- Easyfund Raising
- Greggs Foundation
- Homepage, Alnwick
- InKind
- John D Endowment Fund
- Newcastle Building Society
- Nineveh Trust
- Northumberland Children's Trust
- Northumberland High Sheriff Award
- Pea Green Boat Community First Fund
- REEDS Foundation
- Readman Family Grassroots Fund
- Rural Youth Work Fund
- Sir James Knott Trust
- St Paul's Educational Fund, Alnwick
- St James' Church
- St Michael's Church, Alnwick - congregational giving
- The Balloon Company
- The Key
- Weightman Trust
- The Willan Trust



Our Thanks

Partner agencies:

- Alnwick Gardens
- Barndale School & Residential Care
- Children's Centre North Northumberland
- Children Young People Services
- Contagious Youth
- Community Safety - Northumberland County Council
- County Councillors Gordon Castle & Robbie Moore
- Clarty Commandos Outdoor Learning for All
- CYGNUS support
- Duchess's Community High School, Alnwick
- Gallery Youth (Alnwick Young People's Association)
- Homes for Northumberland
- NHS C-card & Morpeth 1-2-1 Centre
- Northern Guild of Psychotherapists
- Northern Rights
- Northumberland Community Safety
- Northumberland Domestic Abuse Service
- Northumbria Police
- Northumberland Youth Service
- Mikala Richards - Psychotherapist
- School Nurse Team
- St Michael's First School, Alnwick
- The Bridge Project
- Thorndale Care Home
- VoiCeS
- Women's Workshop

If you would like to find out more about our project and how you can support our work please follow us on Facebook: **Communityat NE66** or Twitter: **@communityatne66**, visit our website **<https://communityatne66.co.uk>** or contact **admin@communityatne66.co.uk**

