

**Thank You!**

**Community@NE66 Charitable Trust**





## Foreword

The Community@NE66 is a Charitable Trust run by five trustees on a voluntary basis, and is registered under charity number 1171202.

The Trust became operational in January 2017 and is pleased to report a successful first year.

Throughout the first year the Trust has been able to support numerous activities in line with its charitable objectives and has raised substantial funds to support the Youth & Community Development Project.

Further opportunities are arising to broaden the Trust's activities and to continue to move forward.

*Lalage Bosanquet*

## Mission Statement

Community@NE66 Charitable Trust is a Community and Youth Development Project whose mission is to advocate, empower and support individuals who are considered vulnerable and Communities in North Northumberland that are considered 'disadvantaged'.

Our organisation recognises that both individual and community wellbeing is underpinned by healthy relationships, whether these are with oneself, family members, partners, peers or the wider community. Our Community and Youth Work focuses on the promotion of healthy relationships.

## Our Organisational Structure

### Community@NE66 Charitable Trust, CIO

Trustees: Mrs Lalage Bosanquet (Chair), Dr. Carol Jagger (Treasurer), Mr Charles Westendarp (Secretary), Mrs Michaela Nichol and Mr Chris Friend.

### Working in partnership with Northumberland Youth Service - Northumberland County

**Council:** Owners of Alnwick Community Centre, Community and Youth management support and supervision.



## Our Thanks

2017 was a fantastic first year for Community@NE66 Charitable Trust. We would like to thank the following funders for their grants and donations, without their support our work would not be possible:

- Alnwick and Denwick Relief Fund
- Alnwick Baptist Church
- Alnwick Lions
- Alnwick Rotary Club
- Alnwick Town Council
- The Community Foundation, Comic Relief, The Pea Green Boat
- Community First Fund, Local Environment Action Fund, Northumberland High Sheriff
- Newcastle Building Society
- Northumberland County Council Community Chest
- Northumberland Youth Service
- MACPI, Alnwick
- Readman Family Grassroots Fund
- Schoelfied Foundation
- Sir James Knott Trust
- St Paul's Educational Fund, Alnwick
- St Michaels, Alnwick - congregational giving
- The Key

### Partner agencies;

- Berwick Youth Project
- Children's Centre North Northumberland
- Contagious Youth
- Community Safety - Northumberland County Council. Community Alcohol Partnership
- Duchess Community High School, Alnwick
- Dukes Middle School, Alnwick
- Easy Fundraiser
- Gallery Youth (Alnwick Young People's Association)
- Homes for Northumberland
- Lindisfarne Middle School, Alnwick
- Northern Learning Trust
- Northumbria Police
- Northumberland Youth Service
- St Michael's First School, Alnwick
- The Bridge Project
- VoiCeS

If you would like to find out more about our Trust and Project and how you can support our work please follow us on Facebook: **Communityat NE66** or

Twitter: **@communityatne66** or contact **admin@communityatne66.co.uk**

## Accounts Summary

### INCOME AND ENDOWMENT

#### Donations and legacies

Grant funding	29,060
Donations	50
	<u>29,110</u>

#### Other Trading Activities

Sessional donations	6,738
Room hire	2,522
Income from Easyfundraising website	24
	<u>9,284</u>
	<u>38,394</u>

#### Total Incoming resources

### EXPENDITURE

#### Raising donations and legacies

Direct expenses for activities provided	(34,561)
	<b>(34,561)</b>

### SUPPORT COSTS

#### Management

Depreciation	(92)
	<b>(92)</b>

#### Governance costs

Governance, premises, office, repairs & travel	(3,997)
	(3,997)
Total resources expended	<u>(38,650)</u>
<b>Net Expenditure</b>	<u><b>(256)</b></u>

## Our Organisational Structure

**Project Manager:** Hannah Moeini; Community and Youth Worker - Centre Manager. (Northumberland County Council employed and funded).

**Play Workers:** Lydia Allen and Samantha Swordy (Northumberland County Council employed and externally funded by the Trust).

**Volunteers:** Michael Armstrong (caretaker), Gemma Bates (play work/ admin), Avril Huntly (play work), Marilyn Iley (play work), Thelma Pallas (admin/finance), Rebecca Mallaburn (play work), Siena Mayhew (youth work), Imogen Niles (play work), Andrea Renton (play work) and Jennifer Surtees (play/youth work and social media).

### Reviewing our Year and Looking Forward

Pages 3 to 10 of this report show the positive impact our work has had in our community. However we cannot share our successes without first acknowledging and thanking our superb team of volunteers - their support has been an integral part of our sustainability and growth during our first year.

Working with our Trustees, Partners and Service Users, we have assessed community need alongside a review of our resources which has allowed us to identify three key areas of need:

- Vulnerable children and young people.
- Sexual health, safeguarding and child sexual exploitation
- Supporting families.

These key areas are the focus of all our provision and future developments. As with any fledgling charity we have faced challenges of sustainability and not having an audited set of accounts for our first year<sup>1</sup>, both of which have hampered funding applications. Nevertheless, with the support of local funders such as the Sir James Knott Fund and the Community Foundation, as well as restructuring how we work to enable increased room hire, we have managed to gain funding for existing and new projects.

*Hannah Moeini, Project Manager.*

<sup>1</sup> (you can find a summary of our end of year accounts in our report or in full [www.charitycommission.gov](http://www.charitycommission.gov))



## Our Community Impact in 2017

### Vulnerable Children and Young People

#### **Universal services building positive relationships of trust and safety**

Impact Youth's weekly term time sessions for 9-14 year olds aim to build confidence, aspirations and the ability to make healthy choices at this transitional age. We offer activities focussing on life skills, as well as facilitating young people to make positive contributions to their community and celebrating them. Young people can also access 1-2-1 active listening during these sessions. The group became so popular that in September 2017 we had to split the sessions into Impact Juniors and Impact Seniors.

**Total attendees 87; Impact Juniors 42 and Impact Seniors 45**

**Issues explored: Safe spaces, learning and having fun, life skills, school, friendship and family, drug and alcohol, healthy relationships, sexting, safeguarding, ASB and Child sexual exploitation awareness.**

### Shine Girl

#### **Single gender issues based work**

Working in partnership with Contagious Youth and the former Dukes and Lindisfarne Middle Schools we delivered Shine Girl, a workshop based programme designed for older young women to reflect on their decision making, build self esteem and promote mindfulness. This was an exciting opportunity to redesign the programme for younger young women, to make its preventative message more relevant to this age group. Using our experience in arts practices we opened the workshop content to mixed ability groups and individuals with specific learning needs.

**Issues raised: Who do I want to be? What is a good friend? What makes a strong woman? How to care for ourselves? What do we like about ourselves? Stop, think, act. The strength in uniqueness.**



## Supporting Families

### Tots Stay and Play

These Play sessions for under 5s and their carers are volunteer led and started in September 2017. In four months our volunteers have worked with 13 children and 11 parent/carers. The sessions include; arts & crafts, music and movement, baking and sensory play.

### Mindful Play

We wanted to build on the previous Play Work delivery at Alnwick Community Centre developing informal education that promotes resilience and mindfulness amongst 4-8 yr olds. Our practitioners were observing the local needs that were identified in the Children's Commissioners Briefing; Children's Mental Healthcare in England; the need to build resilience and emotional vocabulary.

**51 children attended our Mindful Play sessions in 2017**

### The Learning Hive

Community@NE66 supported Homes for Northumberland and the Northern Learning Trust to consult with community members around their employability needs. This resulted in the Northern Learning Trust delivering a Learning Hive for adults twice a week at the Alnwick Community Centre. The Hive gives support and information on interview technique, CV writing and short accredited courses.

### School Holiday Activities

Community@NE66 has delivered holiday activities during all 2017 school holidays with the exception of Christmas. Our holiday activities offer positive diversionary activities for children and young people and continued support for vulnerable families when school-based services are not available. 121 children and young people attended these sessions.

### Friday Night Outreach Work

The Community Alcohol Partnership identified a need for young people in Alnwick to have a safe point of contact and alcohol risk reduction on Friday nights. Initially working with Alnwick Baptist Church and Mighty Oaks, our youth workers with NYS workers offered advice, information, hot drinks and food donations from Greggs. 89 known contacts and 71 unknown contacts aged 10-19 accessed the service. We were able to support young people with issues such as: safeguarding, bereavement, drug and alcohol use, skills and employability, family and school issues, parenting and personal safety.

### Healthy Relationships and Sexual Health Education at DCHS Yrs 9&10

504 young people attended workshops

“I thought these sessions would be cringe but I feel like I know what is safe now and where to get help.”

Our work at the Pop Inn and with partner agencies identified there were significant needs amongst young people to have greater tools to make informed decisions, safeguarding themselves and their peers as well as increased knowledge of their rights to support and treatment. Community@NE66 created a programme of workshops in line with the SRE in Northumberland Curriculum, working with NYS and commissioning the Berwick Youth Project and Gallery Youth to deliver the workshops to 504 young people at Duchess Community High School (DCHS).

### Developments for Winter - Spring 2018

Targeted healthy relationships work with small groups at DCHS.  
Wooler Middle School healthy relationship workshop delivery to school years 5,6,7 & 8.  
DCHS Yr 8 healthy relationship workshops.

### Girls' Group

Our work in the community and with partner agencies demonstrated a substantial need for young women to have their own space as formal education and leisure spaces often remain male dominated. Girls group is a youth-led project that allows young women to explore the issues they face in a confidential and non-judgemental environment, empowering them to take a lead and explore their identities.

When asked what they got out of attending the group young women replied;

*“How we make new friends...”*

*“We get loads of help”*

*“How to be sensible and that”*

*“How to keep safe.”*

29 young people

Issues explored: culture and arts, human rights, friendship and family, drug and alcohol, healthy relationships, safeguarding, online safety and child sexual exploitation awareness.

### Lads' Group

The need for a lads group came top of our summer 2017 consultation with young people so we were thrilled to be able to provide this with the support of Comic Relief. This weekly group has provided a range of issues-based workshops and diversionary activities for young men aged 12-16. The group have led on the programme content and improving their immediate environment. They have successfully applied to the Key for funding to set up a games room at the Centre, and have contacted Town and County Councils requesting for play areas to be improved.

27 young people

Issues explored: the local environment, friendship and family, accepting learning differences, drug and alcohol awareness, healthy relationships, safeguarding, ASB and child sexual exploitation awareness.

## Sexual health, safeguarding and child exploitation

### The Alnwick Radgies

“We basically were at the Centre every night asking if we could come in, we were bored of hanging around, there wasn’t a group we all could go to, so we started one.”

The Alnwick Radgies have had a fantastic year completing the second stage of the Key applications and working towards a residential session. The group are responsible for their own planning and funding.

5 Young People

“We have realised we achieved if we work together”

### Active Listening, Support and Information 1-2-1 Sessions

Community@NE66 offers 1-2-1 active listening and supported referrals to any young people who request the service. We also accept referrals from our local High School as we share the same service delivery area.

These sessions are confidential and offer long-term support that many statutory agencies are unable to offer. We enable clients to access more specialised services and remain with them whilst they are on ‘waiting lists’ or being assessed to ensure that they don’t ‘fall through the net’ moving from one service to another.

We have supported clients with issues of:

- Self harm and suicidal ideation.
- Sexual abuse.
- Issues around learning differences.
- Harassment and coercive control.
- Depression and low mood.
- Healthy relationships
- Child sexual exploitation.
- Eating disorders.
- Housing and employment issues.
- Pregnancy options.

23 young people have accessed these services during 2017-2018

**Providing an accessible, safe space for other community and youth wellbeing services to meet their clients.**

### Developments for Winter - Spring 2018

Barndale Residential Youth Group are developing a volunteer youth-led session for Barndale House residential home, enabling young people with significant learning differences to access youth work.

**The Ginger Goats** is a Key fund group focussed on building young women’s self confidence in partnership with the Duchess’s Community High School.

### Youth Wellbeing Sessions

#### ***Sexual Health, Safeguarding and Child Sexual Exploitation***

The NHS rationalisation of services has led to the closure of all school-based clinics and the Alnwick based Genito-Urinary Medicine (GUM) and Family Planning clinics and young people have been left with very poor access to services. Community@NE66 developed a partnership with Duchess’s Community High School to deliver an external lunchtime wellbeing drop-in. Young people can access confidential and non-judgemental support for any issues. We offer the NHS C-card and chlamydia & gonorrhoea screening services as well as supported referrals to other specialist services. These sessions promote healthy relationships, education on consent and delay, and Safeguarding assessments especially focussed on Child Sexual Exploitation. In 2017 we worked with 115 13-19 year olds. We have supported: 5 young people to access GUM clinics, 7 GP referrals, 3 young people to access additional support from Children’s Services and Northumbria Police, 4 young people referrals to Plan B Services, 2 referrals to Children Young People’s Psychological Services, and 1 referral to NHS Stop Smoking.

115 young people accessed this service