

# Meal Plan August 2024

Key:, **Breakfast**,**Lunch**,**Snack**

	Mon	Tue	Wed	Thu	Fri	Info
<b>Breakfast</b>  Lunch  <u>Snack</u>				1 <b>Mini Muffins /Yogurt / Milk</b>  Fish Sticks Carrots Apple Slices / Milk  <u>Chocolate Cream Pies /Water / Juice</u>	2*** <b>Assorted Cereal/Fruit / Milk</b>  Cheese Pizza Corn Pineapple / Milk  <u>Potluck Snack / Juice / Water</u>	<b>*MENU ITEMS SUBJECT TO CHANGE*</b>
<b>Breakfast</b>  Lunch  <u>Snack</u>	5 <b>Assorted Cereal/Fruit / Milk</b>  Grilled Chicken Nuggets Green Beans Peaches / Milk  <u>Mini Pretzel Twist / Water / Juice</u>	6*** <b>Pancakes/Fruit /Milk</b>  Macaroni & Cheese Roasted Broccoli Mixed Fruit / Milk  <u>Fruit Bars/ Water / Juice</u>	7 <b>Bagels / Fruit / Milk</b>  Country Fried Steak Mixed Vegetables Pears / Milk  <u>Goldfish Crackers / Water / Juice</u>	8 <b>French Toast/Fruit/ Milk</b>  Turkey Meatballs Corn Apple Slices / Milk  <u>Animal Crackers / Water / Juice</u>	9 <b>Assorted Cereal/Fruit / Milk</b>  Mini Burger Sliders Tater Tots Mandarin Oranges / Milk  <u>Wheat Crackers / Cheese / Water / Juice</u>	<b>*We use Whole grain pasta, Wheat Bread and Brown Rice in our lunches.</b>
<b>Breakfast</b>  Lunch  <u>Snack</u>	12 <b>Assorted Cereal/Fruit / Milk</b>  Turkey Corn Dog Nuggets Mixed Vegetables Pears / Milk  <u>Fig Newtons / Water / Juice</u>	13*** <b>Jelly Biscuit /Fruit / Milk</b>  Cheese Quesadilla Corn Pineapple / Milk  <u>Cheese Whales / Water / Juice</u>	14*** <b>Waffles / Fruit / Milk</b>  Sliced Ham Mashed Potatoes Apple Slices / Milk  <u>Vanilla Wafers / Raisins / Water / Juice</u>	15 <b>Blueberry Pancakes/ Milk</b>  Steak Fingers Carrots Mixed Fruit / Milk  <u>Cheese Chex Mix / Water / Juice</u>	16 <b>Assorted Cereal/Fruit / Milk</b>  Chicken Sandwich Green Beans Peaches / Milk  <u>Rice Krispy Treats / Water / Juice</u>	<b>***Indicates the lunch may contain Dairy**</b>
<b>Breakfast</b>  Lunch  <u>Snack</u>	19 <b>Assorted Cereal/Fruit / Milk</b>  Fish Shapes Carrots Pineapple / Milk  <u>Oyster Crackers / Raisins / Water / Juice</u>	20 <b>Mini Muffins/ Yogurt / Milk</b>  Dino Nuggets Mixed Vegetables Mandarin Oranges / Milk  <u>Oatmeal Cream Pies / Water / Juice</u>	21 <b>Pancakes / Fruit / Milk</b>  Chicken Tenders Green Beans Apple Sauce / Milk  <u>Cheese it's / Water / Juice</u>	22*** <b>French Toast / Fruit / Milk</b>  Turkey & Cheese Roll ups Roasted Broccoli Pears / Milk  <u>Chocolate Chip Cookies / Water / Juice</u>	23*** <b>Assorted Cereal/Fruit / Milk</b>  Cowboy Casserole Corn Mixed Fruit / Milk  <u>Rich &amp; Crisp Crackers / Water / Juice</u>	<b>*All sausage, hot dogs, and corn dog nuggets are TURKEY.</b>
Breakfast  Lunch  <u>Snack</u>	26 <b>Assorted Cereal/Fruit / Milk</b>  Chicken Nuggets Green Beans Mixed Fruit / Milk  <u>Strawberry Yogurt Chex Mix / Water / Juice</u>	27*** <b>Waffle Sticks/ Fruit /Milk</b>  Meatloaf Mashed Potatoes Peaches / Milk  <u>Snack Crackers / Cheese Slices / Water / Juice</u>	28 <b>Bagels /Fruit / Milk</b>  Steak Fingers Carrots Pears /Milk  <u>Chocolate Animal Crackers / Water / Juice</u>	29*** <b>Blueberry Pancakes/ / Milk</b>  Beef Tacos Corn Apple Slice / Milk  <u>Potluck Snack / Water / Juice</u>	30*** <b>Assorted Cereal/Fruit / Milk</b>  Cheese Pizza Salad Pineapple / Milk  <u>Chocolate Cream Pies / Water / Juice</u>	