


Meal Plan July 2024

Key: Breakfast, Lunch, Snack

	Mon	Tue	Wed	Thu	Fri	Info
Breakfast Lunch Snack	1 Assorted Cereal/Fruit / Milk Macaroni & Cheese Roasted Broccoli Pears / Milk <u>Snack Crackers / Cheese Slices / Water / Juice</u>	2 Waffles / Fruit / Milk Grilled Chicken Nuggets Mixed Vegetables Peaches / Milk <u>Oatmeal Cookies / Water / Juice</u>	3 Assorted Cereal/Fruit / Milk Turkey Meatballs Corn Mixed Fruit / Milk <u>Goldfish / Water / Juice</u>	4 <div style="border: 1px solid black; padding: 10px; text-align: center;"> CLOSED FOR THE 4th  </div>	5 Assorted Cereal/Fruit / Milk Hot Dog on Bun Tater Tots Mandarin Oranges / Milk <u>Chocolate Animal Crackers / Water / Juice</u>	*MENU ITEMS SUBJECT TO CHANGE*
Breakfast Lunch Snack	8 Assorted Cereal/Fruit / Milk Cheese Quesadilla Corn Mixed Fruit / Milk <u>Graham Crackers / Raisins / Water / Juice</u>	9 French Toast/Fruit/ Milk Ham Patty Carrots Pineapple / Milk <u>Chex Mix / Water / Juice</u>	10 Assorted Cereal/Fruit / Milk Pasta / Red Sauce / Cheese Salad Pears / Milk <u>Fruit Bars / Water / Juice</u>	11 Mini Muffins/Yogurt/Milk Fish Shapes Green Beans Apple Slices / Milk <u>Wheat Cracker / Cheese / Water / Juice</u>	12 Assorted Cereal/Fruit / Milk Chicken Sandwich Mixed Vegetables Peaches / Milk <u>Rice Krispy Treats / Water / Juice</u>	*We use Whole grain pasta, Wheat Bread and Brown Rice in our lunches.
Breakfast Lunch Snack	15 Assorted Cereal/Fruit / Milk Chicken Nuggets Mixed Vegetables Pineapple / Milk <u>Cheese Whales / Water / Juice</u>	16 Blueberry Pancakes / Milk Tuna Macaroni Salad Green Peas Apple Slices / Milk <u>Teddy Grahams / Water / Juice</u>	17 Assorted Cereal/Fruit / Milk Cheese Pizza Salad Mandarin Oranges / Milk <u>Wheat Crackers / Water / Juice</u>	18 Mini Bagels/Fruit/ Milk Country Fried Steak Mashed Potatoes Mixed Vegetables / Milk <u>Chocolate Chip Cookies / Water / Juice</u>	19 Assorted Cereal/Fruit / Milk Turkey & Cheese Roll up Roasted Broccoli Peaches / Milk <u>Ritz Bits with Cheese / Water / Juice</u>	***Indicates the lunch may contain Dairy**
Breakfast Lunch Snack	22 Assorted Cereal/Fruit / Milk Mini Corn Dog Nuggets Carrots Peaches / Milk <u>Oatmeal Cream Pies / Water / Juice</u>	23 Waffles/Fruit/Milk Cheese Tortellini Roasted Broccoli Mixed Fruit / Milk <u>Cheese Crackers / Water / Juice</u>	24 Assorted Cereal/Fruit / Milk Steak Fingers Green Peas Pineapple / Milk <u>Vanilla Wafers / Raisins / Water / Juice</u>	25 Pancakes/Fruit/ Milk Chicken Tenders Corn Mandarin Oranges / Milk <u>Sun Chips / Juice / Water</u>	26 Assorted Cereal/Fruit / Milk Hamburger on Bun Mixed Vegetables Pears / Milk <u>Granola Bars / Water / Juice</u>	
Breakfast Lunch Snack	29 Assorted Cereal/Fruit / Milk Dino Nuggets Green Beans Mandarin Oranges / Milk <u>Mini Pretzel Twist / Water / Juice</u>	30 French Toast/Fruit/ Milk Turkey & Cheese Sliders Mixed Vegetables Peaches / Milk <u>Animal Cracker / Water / Juice</u>	31 Assorted Cereal/Fruit / Milk Grilled Chicken Nuggets Roasted Broccoli Peaches / Milk <u>Cheese Whales / Water / Juice</u>	8/1 Mini Muffins/Yogurt/Milk Fish Sticks Carrots Apple Slices / Milk <u>Chocolate Cream Pies / Water / Juice</u>	8/2 Assorted Cereal/Fruit / Milk Cheese Pizza Corn Pineapple / Milk <u>Potluck Snack / Water / Juice</u>	