

# Dr. Heather Ulrich

## Parenting Coordination Services

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### Professional Background & Expertise

Dr. Ulrich brings over 20 years of clinical experience serving children and families across residential treatment facilities, community mental health centers, and private practice. Her clinical depth is supported by a distinguished academic career, having served as an Assistant Professor of Psychology and an Adjunct Professor/Guest Lecturer at the University of North Carolina Asheville, Western Carolina University, and the University of Montana.

She holds specialized training in Parenting Coordination, allowing her to integrate expertise in child development, family systems, trauma, and high-conflict dynamics to aid families caught in the constant cycle of legal battles and custodial fights. Dr. Ulrich has served as a Parenting Coordinator for families in multiple states for over 7 years.

### A Child-Centered Approach

Dr. Ulrich views every case through a unique psychological lens to empower parents by focusing on the best interest of their children. Through psychoeducation and direct guidance, she helps parents understand how their specific behaviors and decisions directly impact their children’s well-being. By keeping the parents' love for their children at the forefront, she guides them toward a more regulated, peaceful, and productive co-parenting dynamic.

### Mediation & Decision-Making

Dr. Ulrich believes it is always best for parents to decide for their own children whenever possible. As a mediator, she first attempts to have co-parents reach a resolution on disagreements themselves. If a resolution is not possible, she utilizes the latest research and field guidance to make a decision based strictly on the best interest of the children involved.

### Fee Structure & Investment

Parenting Coordination is a specialized service requiring unique and extensive training. This professional rate covers direct engagement, record review, professional consultation, document preparation, and correspondence, and any other service provided related to the family parenting coordination.

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|----------------|---------------------|
| Rate           | Billing Increment   |
| \$300 per hour | 5-minute increments |

**Additional Clinical Theory of the Fee:** This rate encourages parents to consider whether a specific issue is worth the time and cost before raising it. Through psychoeducation with Dr Ulrich, parents will learn the importance of this discernment for their children’s peace and well-being.